



**Early
Childhood
Family
Education**

PARENTING PRESS

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Teacher Feature: Nancy Fix-Shelton



Nancy Fix-Shelton joined the ECFE teaching staff as an Early Childhood teacher in the late 1980s. You know her as the beloved "Teacher Nancy." Read the following

piece for the rest of her story.

I graduated from Minnesota State University Moorhead with a degree in Early and Exceptional Childhood Education and Parent Education. I worked with special needs students, provided care for abused/neglected and medically at-risk infants and toddlers and have been a foster parent. I was interim director for an accredited childcare center, taught parenting to developmentally disabled adults, worked with a literacy and parenting program and with a minor mother program. I have spoken at MeritCare Parents' Fair and at local, regional and state conferences. Hummmm. Not bad for someone from Bismarck who just thought she would come out here to go to school — without a place to live and no roommate!

I found my passion at ECFE, working with our youngest learners and helping parents obtain resources, tips, tricks and techniques to help them through the hurdles of raising young children. I can't

say I have a favorite age group to work with since each group brings its own joys and worries. What I do love is when I am working with the children and an "ah ha moment" happens. An "ah ha moment" is an "I get this!" moment that many people don't see because they aren't watching for it. I love getting to point these moments out to parents too.

There is nothing like a child's voice in the hallway or classroom calling a gleeful, "Teacher Nancy!" and a hug around the knees to brighten the moment. My job is a real job but many ask, "Don't you just play?" Why yes, we do, because that is how children learn best. ECFE teachers work to exceed the state and national standards for Early Education while playing and teaching social skills, problem solving, creativity, imagination, divergent thinking, and beginning math, reading, science and literacy skills. This skilled teaching and playing is also the groundwork for success at school and in life. That can be hard for many people to conceptualize when they look at a room full of colorful toys.

Beyond work I love the lake. I like to attend plays, music and sporting events. I am a competitive person — just like the other members of my family. We play together whether it is lawn games outside or board games at the table. Our friends often join us, which makes our

rare nights together even more fun.

My advice to parents is — relax — do what your heart tells you is right for you and your family. The things we worry about often self correct. Spend time with your children, guide with a gentle hand and love them with all your heart. Time is short, and life is precious.

Families from Moorhead, Fargo and the surrounding area are all welcome to attend our ECFE classes!

Early Fall Classes - Register Now!

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ECFE Mission: to strengthen families and support parents in providing the best possible environment for the healthy growth and development of their children.

REGISTRATION BEGINS AUGUST 27 AT 9 A.M.



A Community Education program of the Moorhead Schools • <https://communityed.moorhead.k12.mn.us>



Parent Child Classes

What is Early Childhood Family Education (ECFE)?

It's a program for every family with young children birth to kindergarten entry, offered by the Moorhead School District. ECFE offers a wide variety of classes and services to families. The current offerings are listed here. Put on your play clothes, call your friends, and sign up now to begin building skills and making memories.

Super Sibling Child Care

Sibling care is available to the birth to 6-year-old brothers and sisters of the child enrolled in many of our classes. You'll find sibling care listed below the class descriptions in this catalog. Our caregiver Janeen has more than 20 years of care experience with infants through preschoolers. Sign up early so she can plan activities especially designed for your child's age and stage of development.

Separating Parent-Child Classes

The general format is the same for all separating classes. Parents and children spend the first hour of class together, working at all of the activities the teacher and room provide. A special learning time called "circle time" may consist of music, finger plays, movement activities, a book, flannel board stories, puppets and anything else our teachers can dream up! The second hour, parents discuss topics of interest with each other and a licensed Parent Educator. Children enjoy play time and gym time with a licensed Early Childhood Educator.

Family Fun on Fridays

(Birth to kindergarten entry)

This Family Fun is a two-week sampler class before the longer fall session begins. Get a jump on your learning this fall by joining us on these two special Fridays.

EPC199A – Anna & Teresa, Fridays, 9/10 & 9/17, 8:45-10:45 a.m., Probstfield, \$16 (\$14)

Family Fun

(Birth to kindergarten entry)

Bring us your moms, your dads, your grandparents, your infants, toddlers, and preschoolers! We will enjoy our time together in theme-related activities, play, and learning. Young children learn best by exploring materials first hand.

Family Fun Enrollments Limited:

Because of the extremely high interest

in attending our Family Fun classes, each family may take only one Family Fun class per week. Families interested in attending Family Fun and additional classes within the same session are welcome to do so.

EPC110A - Nancy & Sally, Wednesdays, 9/8 & 9/15, 9-11 a.m., Probstfield, \$16 (\$14)

EPC110B - Nancy & Ruth, 8 Mondays, 9/20-11/8, 9-11 a.m., Probstfield, \$64 (\$56)

EPC110C - Nancy & Sally, 7 Wednesdays, 9/22-11/10 (no class 10/20), 9-11 a.m., Probstfield, \$56 (\$49)

EPC110D - Teresa & Anna, 6 Fridays, 9/24-11/5 (no class 10/22), 8:45-10:45 a.m., Probstfield, \$48 (\$42)

EPC110E - Nancy & Ruth, 8 Fridays, 9/24-11/19 (no class 10/22), 9:15-11:15 a.m., Probstfield, \$64 (\$56)

EPC110F - Janeen & Bette, 7 Fridays, 10/1-11/19 (no class 10/22), 9:30-11:30 a.m., Probstfield, \$56 (\$49)

EPC110G - Ann & Bette, 6 Wednesdays, 10/6-11/17 (no class 10/20), 5:30-7:30 p.m., Probstfield, \$48 (\$42)

EPC110H - Janeen & Bette, 5 Fridays, 12/3-1/14 (no class 12/24 & 12/31), 9:30-11:30 a.m., Probstfield, \$40 (\$35)

EPC110J - Teresa & Anna, 7 Fridays, 11/12-1/14 (no class 11/26, 12/24 & 12/31), 8:45-10:45 a.m., Probstfield, \$56 (\$49)

EPC110K - Nancy & Ruth, 8 Mondays, 11/15-1/10 (no class 12/27), 9-11 a.m., Probstfield, \$64 (\$56)

EPC110L - Nancy & Sally, 6 Wednesdays, 11/17-1/12 (no class 11/24, 12/22 & 12/29), 9-11 a.m., Probstfield, \$48 (\$42)

EPC110M - Nancy & Ruth, 5 Fridays, 12/3-1/14 (no class 12/24 & 12/31), 9:15-11:15 a.m., Probstfield, \$40 (\$35)

Thinking Threes

(36-48 months/toilets independently)

This class is uniquely designed with the needs of three-year-olds in mind. Mondays each week are run like a typical ECFE class with parents and children engaged in activities and play for half of the class. Parents separate to a nearby room to discuss development and issues relevant to parenting a three-year-old. Wednesday mornings each week are for the children only. This is a collaborative venture with Early Intervention Services. Children working on special areas of development will participate with typically developing peers. Fee is per month.

EPC300A – Sally, Mondays & Wednesdays, 9/20-5/25, 8:30-10:30 a.m., Probstfield, \$60/month (\$50/month)

ESIB300A – Janeen, Mondays only, 9/20-5/23, 8:30-10:30 a.m., Probstfield, \$20/month

All About Fall

(Birth to kindergarten entry)

Enjoy sharing the basics of this beautiful season with your child. We'll talk about colorful leaves, crisp apples, homegrown pumpkins, the harvest, shorter days and cooler weather and much more!

EPC99A - Amie & Anna, Tuesdays, 10/5, 10/12 & 10/19, 6:15-7:45 p.m., Probstfield, \$18 (\$16)

School Skills

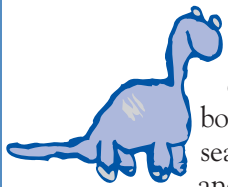
(3 years to kindergarten entry)

We will use wooden shapes, songs, a wise puppet and other tips and tools to make learning to write enjoyable for your young child. Learn more about school readiness skills during parent discussion.

EPC187A - Rachel & Ruth, 6 Wednesdays, 10/6-11/17 (no class 10/20), 6-8 p.m., Probstfield, \$48 (\$42)
EPC187B - Rachel & Ruth, 5 Wednesdays, 12/1-1/12 (no class 12/22 & 12/29), 6-8 p.m., Probstfield, \$40 (\$35)

Dynamic Dinos

(Birth to kindergarten entry)



Bring your little paleontologists and dig for "dinosaur bones," make a fossil, search for dinosaur eggs and maybe even

discover a new type of "giant lizard."

EPC139A - Amie & Sally, Saturday, 10/9, 9:30-11:30 a.m., Probstfield, \$8 (\$7)
EPC139B - Ally & Sally, Sunday, 10/10, 3-5 p.m., Probstfield, \$8 (\$7)

Planes, Trains and Automobiles

(Birth to kindergarten entry)

All aboard for a transportation adventure! We will study how we get from here to there with the aid of wheels, engines and more.

EPC155A - Amie & Sally, Saturday, 11/13, 9:30-11:30 a.m., Probstfield, \$8 (\$7)
EPC155B - Ally & Sally, Sunday, 11/14, 3-5 p.m., Probstfield, \$8 (\$7)

Eat Your Vegetables

(Birth to kindergarten entry)

Would you like mealtime to be more fun? Peaceful? We'll discuss picky eating, nutrition, mealtime battles, manners and more. Based on the book "How To Get Your Child To Eat But Not Too Much" by Ellyn Satter.

EPC106A - Amie & Anna, Tuesdays, 1/4 & 1/11, 6:15-7:45 p.m., Probstfield, \$12 (\$11)

Monday Fun-day

(Birth to kindergarten entry)

Start your week out with Monday Fun-day, featuring puppets, flannel board stories and toys for you to make and take with you. Continue the fun and learning at home, all week long.

EPC132A - Janeen & Ruth, 6 Mondays, 9/20-10/25, 12:30-2:30 p.m., Probstfield, \$48 (\$42)
EPC132B - Janeen & Ruth, 8 Mondays, 11/1-12/20, 12:30-2:30 p.m., Probstfield, \$64 (\$56)

Ones and Twos

(12 to 36 months)

Explore and play during the parent/child interaction time. Then help your child make a gradual transition to separating. We will not separate the first few weeks, but during informal discussion, children can still explore. Eventually, parents may move to another room to discuss parenting issues.

EPC183A - Teresa & Anna, 8 Mondays, 9/20-11/8, 9:15-11:15 a.m., Probstfield, \$64 (\$56)
ESIB183A - Janeen, 8 Mondays, 9/20-11/8, 9:15-11:15 a.m., Probstfield, \$40
EPC183B - Teresa & Anna, 8 Mondays, 11/15-1/10 (no class 12/27), 9:15-11:15 a.m., Probstfield, \$64 (\$56)
ESIB183B - Janeen, 8 Mondays, 11/15-1/10 (no class 12/27), 9:15-11:15 a.m., Probstfield, \$40

Fun-damentals

(2 ½ years to kindergarten entry)

A-B-Cs and 1-2-3s are the fundamentals while social skills and problem solving round out the class with fun from A to Z or 1 to infinity!

EPC104A - Nancy & Bette, 8 Tuesdays, 9/21-11/9, 12:30-2:30 p.m., Probstfield, \$64 (\$56)
ESIB104A - Janeen, 8 Tuesdays, 9/21-11/9, 12:30-2:30 p.m., Probstfield, \$40
EPC104B - Nancy & Bette, 8 Tuesdays, 11/16-1/11 (no class 12/28), 12:30-2:30 p.m., Probstfield, \$64 (\$56)
ESIB104B - Janeen, 8 Tuesdays, 11/16-1/11 (no class 12/28), 12:30-2:30 p.m., Probstfield, \$40

Simple Gifts

(Birth to kindergarten entry)

Create something for the special loved ones in your lives with this make-and-take class.

EPC129A - Sally & Amie, Saturday, 12/11, 9:30-11:30 a.m., Probstfield, \$8 (\$7)
EPC129B - Sally & Ally, Sunday, 12/12, 3-5 p.m., Probstfield, \$8 (\$7)

Ten in a Bed

(Birth to kindergarten entry)

There were ten in the bed and the little one said, "Roll over, roll over!" Roll on over to ECFE for an afternoon of exploring this fun rhyme and story through activities, art, books and song.
EPC122A - Ally & Sally, Sunday, 1/9, 3-5 p.m., Probstfield, \$8 (\$7)

Fun with Little Critter

(Birth to kindergarten entry)

Bring your Little Critter fan for fun with art, music and plenty of stories about Mercer Meyer's famous Little Critter.

EPC195A - Ally & Sally, Sunday, 1/16, 3-5 p.m., Probstfield, \$8 (\$7)

Cooking with Kids

(2 years to kindergarten entry)

If kids help prepare foods, they are more likely to try them. Help your child learn simple cooking skills in a stress free environment. We plan the menu, collect the supplies and do the shopping! You assist and enjoy a sample with your little chef.



EPC185A - Teresa & Ruth, 5 Thursdays, 9/23-10/28 (no class 10/21), 12:30-2:30 p.m., Probstfield, \$40 (\$35)
ESIB185A - Janeen, 5 Thursdays, 9/23-10/28 (no class 10/21), 12:30-2:30 p.m., Probstfield, \$25
EPC185B - Teresa & Ruth, 6 Thursdays, 11/4-12/16 (no class 11/25), 12:30-2:30 p.m., Probstfield, \$48 (\$42)
ESIB185B - Janeen, 6 Thursdays, 11/4-12/16 (no class 11/25), 12:30-2:30 p.m., Probstfield, \$30

Ooey Gooley Fun

(Birth to kindergarten entry)

Dress for a mess! We will play with play dough, glurch, goop, finger paint, plus a lot of other ooey, gooey stuff. You will get a recipe booklet so you can make your own concoctions at home.

EPC165A - Amie & Sally, Saturdays, 1/8 & 1/15, 9:30-11:30 a.m., Probstfield, \$16 (\$14)

*Terrific Twos

(24 to 36 months)



Two-year-olds really work at playing and that work can be messy! There will be lots of activities just right for this age group.

Gather new ideas for at-home play, too!

EPC112A - Nancy & Bette, 8 Tuesdays, 9/21-11/9, 9:30-11:30 a.m., Probstfield, \$64 (\$56)

ESIB112A - Janeen, 8 Tuesdays, 9/21-11/9, 9:30-11:30 a.m., Probstfield, \$40

EPC112B - Nancy & Bette, 8 Tuesdays, 11/16-1/11 (no class 12/28), 9:30-11:30 a.m., Probstfield, \$64 (\$56)

ESIB112B - Janeen, 8 Tuesdays, 11/16-1/11 (no class 12/28), 9:30-11:30 a.m., Probstfield, \$40

Thrilling Threes

(36 to 48 months)

Three-year-olds have great imaginations. Our teachers do too! Join other parents and children in creative learning and play. Songs, stories, table activities, gym play, and messy art are all waiting here for you.

EPC119A - Nancy & Bette, 7 Thursdays, 9/23-11/11 (no class 10/21), 9:30-11:30 a.m., Probstfield, \$56 (\$49)

ESIB119A - Janeen, 7 Thursdays, 9/23-11/11 (no class 10/21), 9:30-11:30 a.m., Probstfield, \$35

EPC119B - Nancy & Bette, 6 Thursdays, 11/18-1/13 (no class 11/25, 12/23 & 12/30), 9:30-11:30 a.m., Probstfield, \$48 (\$42)

ESIB119B - Janeen, 6 Thursdays, 11/18-1/13 (no class 11/25, 12/23 & 12/30), 9:30-11:30 a.m., Probstfield, \$30

Skill Building for School

(3 years to kindergarten entry)

Learn skills needed for transitioning to preschool or kindergarten. Includes social/emotional concepts from the "Learning To Get Along" book series. We will also work on enjoyable pre-reading and pre-writing activities.

EPC98A - Teresa & Ruth, 6 Wednesdays, 9/22-11/3 (no class 10/20), 9-11 a.m., Probstfield, \$48 (\$42)

EPC98B - Teresa & Ruth, 7 Wednesdays, 11/10-1/12 (no class 11/24, 12/22 & 12/29), 9-11 a.m., Probstfield, \$56 (\$49)

But I'm Not Tired

(Birth to kindergarten entry)

Bedtime will be easier with the projects you will make during parent-child time. How much sleep do children really need? Learn how to help kids get to sleep and stay asleep as we explore the work of Mary Sheedy Kurcinka and her book, "Sleepless In America. Is Your Child Misbehaving or Missing Sleep?"

EPC107A - Amie & Anna, Tuesdays, 11/9 & 11/16, 6:15-7:45 p.m., Probstfield, \$12 (\$11)

Family Date Night

(Birth to kindergarten entry)

No phone calls, no doorbells, no interruptions. Just you and your family enjoying time together. It's family date night, and you are invited to join us for some educational toy exploration and snuggle (circle) time.

EPC146A - Amie & Sally, Friday, 12/3, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

EPC146B - Amie & Sally, Friday, 2/4, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

Night Time Fun

(Birth to kindergarten entry)

Join us for an evening of theme-related play and learning. We will start each class with moving activities and action. The last 15 minutes will be calming stories and quiet activities to ease your way to bedtime.

EPC96A - Rachel & Ruth, 6 Mondays, 9/20-10/25, 6-8 p.m., Probstfield, \$48 (\$42)

EPC96B - Rachel & Ruth, 8 Mondays, 11/1-12/20, 6-8 p.m., Probstfield, \$64 (\$56)



Make-It-Take-It

(Birth to kindergarten entry)

Come to a creative class where you can make your projects and take them home to extend the learning and fun.

Music

EPC97A - Janeen & Sally, Tuesday, 9/28, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

Itsy Bitsy Spider

EPC97B - Janeen & Sally, Tuesday, 10/26, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

I Spy

EPC97C - Janeen & Sally, Tuesday, 11/16, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

Winter Wonderland

EPC97D - Janeen & Sally, Tuesday, 12/14, 6:15-7:45 p.m., Probstfield, \$6 (\$5)

Ice Fishing

EPC97E - Janeen & Sally, Tuesday, 1/11, 6:15-7:45 p.m., Probstfield, \$6 (\$5)



Non-Separating Parent-Child Classes

These classes are designed to help parents and children get familiar with our building and teachers without leaving each other's side! It also enables families to spend more time together in play activities. Parents who work away from home love this option. You will have the opportunity to learn finger plays and songs, create art and activities, run during gym time, and anything else our creative teachers plan for you!

Baby Connection (Birth to 12 months)

Gather with your baby and other parents for relaxing playtime and conversation. Spend time exploring large and small muscle development and simple activities that are sensory in nature. Learn and share parenting tips.

EPC237A - Anna, Tuesdays, 9/7 & 9/14, 9:30-10:30 a.m., Probstfield, \$8 (\$7)

ESIB237A - Janeen, Tuesdays, 9/7 & 9/14, 9:30-10:30 a.m., Probstfield, \$5

EPC237B - Anna, Tuesdays, 9/21 & 9/28, 9:30-10:30 a.m., Probstfield, \$8 (\$7)

ESIB237B - Janeen, Tuesdays, 9/21 & 9/28, 9:30-10:30 a.m., Probstfield, \$5

EPC237C - Anna, Wednesdays, 9/22 & 9/29, 6:30-7:30 p.m., Probstfield, \$8 (\$7)

EPC237D - Anna, 4 Tuesdays, 10/5-10/26, 9:30-10:30 a.m., Probstfield, \$16 (\$14)

ESIB237D - Janeen, 4 Tuesdays, 10/5-10/26, 9:30-10:30 a.m., Probstfield, \$10

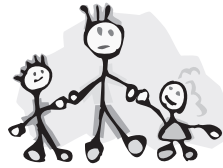
EPC237E - Anna, Wednesdays, 10/6, 10/13 & 10/27, 6:30-7:30 p.m., Probstfield, \$12 (\$11)

EPC237F - Anna, 5 Tuesdays, 11/2-11/30, 9:40-10:40 a.m., Probstfield, \$20 (\$18)

ESIB237F - Janeen, 5 Tuesdays, 11/2-11/30, 9:40-10:40 a.m., Probstfield, \$13

EPC237G - Anna, 4 Tuesdays, 12/7-1/11 (no class 12/21 & 12/28), 9:40-10:40 a.m., Probstfield, \$16 (\$14)

ESIB237G - Janeen, 4 Tuesdays, 12/7-1/11 (no class 12/21 & 12/28), 9:40-10:40 a.m., Probstfield, \$10



Thursday Play Group

(Birth to kindergarten entry)

Meet new friends when you come to this play group for fun, art, and play activities. Bring comfy shoes for time in the gym.

EPC215A - Janeen, 4 Thursdays, 9/30-10/28 (no class 10/21), 3:30-5 p.m., Probstfield \$24 (\$21)

EPC215B - Janeen, 6 Thursdays, 11/4-12/16 (no class 11/25), 3:30-5 p.m., Probstfield, \$36 (\$32)

Wake Up and Run Gym Time

(Birth to kindergarten entry)

If your kids are up early and ready to run and climb, come to our gym to start your day. Class will include a short circle time.

EPC251A - Anna, 5 Tuesdays, 11/2-11/30, 8:30-9:30 a.m., Probstfield, \$20 (\$18)

EPC251B - Anna, 4 Tuesdays, 12/7-1/11 (no class 12/21 & 12/28), 8:30-9:30 a.m., Probstfield, \$16 (\$14)

Ice Fishy

(2 ½ to kindergarten entry)

Try your luck at fishing in our indoor ice pond. No license required.

EPC252A - Janeen, Thursday, 1/6, 3:30-5 p.m., Probstfield, \$6 (\$5)

Family Fun With Little Ones

(Birth to 3 years)

A fun-filled family class just for the wee ones in your lives! We'll play, paint, sing, and probably laugh out loud, all in a child-friendly environment where we can connect with others in similar stages.

EPC212A - Anna, Thursdays, 9/9 & 9/16, 9-10:30 a.m., Probstfield, \$12 (\$11)

ESIB212A - Janeen, Thursdays, 9/9 & 9/16, 9-10:30 a.m., Probstfield, \$8

EPC212B - Anna, 6 Thursdays, 9/23-11/4, (no class 10/21) 9-10:30 a.m., Probstfield, \$36 (\$32)

ESIB212B - Janeen, 6 Thursdays, 9/23-11/4, (no class 10/21) 9-10:30 a.m., Probstfield, \$23

EPC212C - Anna, 7 Thursdays, 11/11-1/13 (no class 11/25, 12/23 & 12/30), 9-10:30 a.m., Probstfield, \$42 (\$37)

ESIB212C - Janeen, 7 Thursdays, 11/11-1/13 (no class 11/25, 12/23 & 12/30), 9-10:30 a.m., Probstfield, \$26

Jumpin' in the Gym

(Birth to kindergarten entry)

Do you get the late afternoon blahs? Do you need some fun and exercise? Join us for running, riding, throwing, block building and more. The weather is always fine in our action-packed gym!

EPC219A - Amie, Tuesdays, 1/4 & 1/11, 4:30-5:30 p.m., Probstfield, \$8 (\$7)

Gym Dads

(Birth to kindergarten entry)

Join other fathers and kids for some exciting learning adventures while we run, jump and play. Bring your kids and lots of energy, there's a great big gym to explore!

EPC216A - Sally, Thursdays, 12/2, 12/9 & 12/16, 6:15-7:45 p.m., Probstfield, \$18 (\$16)

Gym Fun

(Birth to kindergarten entry)

The weather is iffy, but the gym is guaranteed dry and ready for strollers and rovers and runners. We will have free play for 45 minutes and end with a structured movement activity the last 15 minutes before we say goodbye.

EPC244A - Rachel, Saturdays, 1/8 & 1/15, 10-11 a.m., Probstfield \$8 (\$7)



School Census!

It's very important that all residents of the Moorhead School District (ISD 152) be included on the school census – even the youngest babies. If you or someone you know recently moved into our district or had an addition to the family, including a birth or adoption, call us at 284-3800 or go to our website: <https://communityed.moorhead.k12.mn.us>.

Being counted is important because:

- * You will be informed of all Early Childhood Family Education activities and other Community Education programs.
- * You will be notified of Early Childhood Screening.
- * The elementary school will be ready for your child when it is time for kindergarten.

Early Childhood Screening

In Minnesota, all children are required to complete Early Childhood Screening before they enter school. Please schedule a screening soon after your child's third birthday.

The screening includes a developmental assessment, vision and hearing test, height and weight measurement, social/emotional indicator, immunization and health history review, and a parent visit.

Phone 284-3800 to schedule an appointment. There is no charge for this screening.

Daytime and evening appointments available:

October 20, 21, 22
January 18, 19, 20, 21
February 22
March 16, 17, 18
June 1, 2, 3

Calling all Young Babies!

Did you know that we have a Certified Infant Massage Instructor on our staff? She will visit any Moorhead School District family with an infant up to 8 months old, free of charge. Ann will show you how to do infant massage to relax and calm your baby. You will also receive a gift certificate for a free class at Early Childhood Family Education. Call 284-3800 to schedule your appointment.



Are you busy during the day?

Check closely for evening and weekend sections of your favorite ECFE classes.

School Readiness

If your child will be 4 years old by September 1, 2010, consider our preschool options. Sliding fees and scholarships are available. Our preschools are offered to 4 and 5-year old children living in the Moorhead Public School District who will be attending kindergarten the following fall. All three preschools offer the same age-appropriate activities, curriculum and assessment. All preschools include circle time, snack, art, gym and learning centers.

Time For Me Preschool

Time For Me Preschool has a special emphasis on social development.
KCC10A – Teresa, Tuesdays & Thursdays, 9/7-5/26, 9-11:30 a.m., Probstfield, \$85/month

Preschool Partners

Preschool Partners has a larger group size, with more teachers that work with small groups.

KCC11A – Nancy, Mondays, Wednesdays, & Thursdays, 9/8-5/26, noon-2:30 p.m., Probstfield, \$95/month

Before We Read Preschool

Before We Read Preschool has a special emphasis on pre-literacy skills.

KCC12A – Allison, Mondays & Wednesdays, 9/8-5/25, 9-11:30 a.m., Probstfield, \$85/month

Although preschool sections may be full, you can call and be added to our waiting list. We will contact families as space becomes available during the year.

You are invited...

Early Childhood Family Education and School Readiness programs are advised by a 15-member committee. We are currently looking for parents (dads and moms) to serve on this committee. Please pick up an application from your teacher or phone the office at 284-3800 to have one mailed to you. Our required business meetings are held September, November, January and March. Meetings run from 6:30-8 p.m. at Probstfield Early Learning Center.

Early Childhood Family Education (ECFE)

ONLINE

Go to <https://communityed.moorhead.k12.mn.us> to pick a class or classes. Register each child into desired class under the child's name. Enter your name on address line one. Enter your address on address line two. Enter the gender and birth date of your child. Hit submit. Register for selected courses. Enter your Visa, MasterCard or Discover credit card number.

PHONE-IN

Phone: 284-3400
You may phone in your registration by using VISA, MasterCard, or Discover Card. Have credit card number and expiration date ready when you call.

MAIL-IN

Send registration forms and payment to:
Community Education
2410 14th Street South
Moorhead, MN 56560
Allow three days for mail delivery.

IN-PERSON

Bring registration form and payment to:
Community Ed. Office
Rm. 313, 2410 14th St. S.
Moorhead, MN
Office hours:
8:30 a.m. - 4:30 p.m.

Location

Classes are held at Probstfield Center for Education, 2410 14th Street South.

Staff

All ECFE instructors are licensed teachers. They each hold a minimum of a baccalaureate degree with specialized training in child and family development.

Registration

Early Childhood Family Education classes fill quickly. Register early so you won't be disappointed. It's easy to register! Mail, phone, 218-284-3400, online go to <https://communityed.moorhead.k12.mn.us> or come in to the Community Education office at Probstfield. **Cancellation of a class could occur if the number of participants required to hold the class do not register. Tell a friend about Early Childhood Family Education!**

Class Fees

Tuition rates are indicated with each class description and are payable upon registration. All families are welcome. In-district tuition is designated within parentheses. Fee is per family except where noted.

Sliding Fees and Scholarships for Moorhead School District Residents

If your budget is too tight to allow for an ECFE class, call Kim at 218-284-3830 for sliding fee or scholarship information.

Super Sibling Child Care – \$2.50/hr./child

Sibling care is available to the birth to 6-year-old brothers and sisters of the child enrolled in many of

our classes. When available, you'll find sibling care listed in the shaded boxes below the class descriptions in this newsletter.

Age Requirements

Child must be required age for classes by the first day of the class. State funding requires that only children ages birth through kindergarten entry may participate in our ECFE programs.

Weather Related Cancellations

If Moorhead School District classes are canceled, Early Childhood classes will not be held that day or evening. Listen to the radio or television to receive the latest update on any storm-related cancellations or late starting time for classes. Emergency announcements will be made by: WDAY - TV 6, KVLV - TV 11, KXJB - TV 4, KVRN - TV Fox, KPFX - 107.9 FM, KDSU - 91.9 FM, KQWB - 1660 AM & 98 FM, KLTA - 105 FM, KVOX - 99.9 FM, KFGO - 790 AM, KCCD - 90.3 FM, KCCM - 91.1 FM, KEGK - 106.9 FM and public information radio - 1610 AM.

Cancellation Policy

Unless otherwise specified, if you have to cancel, we can give a full refund only if you notify the Community Education Office at least 24 hours prior to the first class meeting. Refunds after a class has begun will be given only in extreme circumstances and will be subject to a \$5 processing fee. In the unlikely event your class is canceled, we will give a full refund.

Parent/Guardian (please print) _____ (Fill in if applicable) First Last				
Child's Name _____		Birthdate ____/____/____ Sibling care (age) _____		
<input type="checkbox"/> Male <input type="checkbox"/> Female				
Address _____ City, State, Zip _____				
Phone (day) _____		Phone (evening) _____		
Special Needs: _____				
COURSE NO.	COURSE TITLE	BEG. DATE	TIME	FEE
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
Make checks payable to ISD 152 or charge to: <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover				
Card No. _____ - _____ - _____		Exp. Date: _____		
Email address: _____				

Independent School District 152



Community Education
2410 14th Street South
Moorhead, MN 56560

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Independent School District 152,
2410 14th Street South, Moorhead,
284-3400
Kim Bushaw
Early Childhood Program Manager
Lauri Winterfeldt
Director of Community Education
Lynne Kovash
Superintendent of Schools, District 152

FALL CALENDAR

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
9:00	Before We Read 9-11:30 9/8-5/25	Family Fun 9-11 9/20-11/8 11/15-1/10	Thinking Threes 8:30-10:30 9/20-5/25	Time For Me 9-11:30 9/7-5/26	Wake Up & Run 8:30-9:30 11/2-11/30 12/7-1/11	Baby Connection 9:30-10:30 9/7 & 9/14 9/21 & 9/28 10/5-10/26	Before We Read 9-11:30 9/8-5/25	Family Fun 9-11 9/8 & 9/15 9/22-11/10 11/17-1/12	Thinking Threes 8:30-10:30 9/20-5/25	Time For Me 9-11:30 9/7-5/26	Family Fun w/Little Ones 9-10:30 9/9 & 9/16 9/23-11/4 11/11-1/13	Thrilling 3's 9:30-11:30 9/23-11/11 11/18-1/13	Family Fun 8:45-10:45 9/10 & 9/17 9/24-11/5 11/12-1/14	Family Fun 9:30-11:30 10/1-11/19 12/3-1/14	Family Fun 9:15-11:15 9/24-11/19 12/3-1/14	Dynamic Dinos 9:30-11:30 10/9	Planes, Trains, Automobiles 9:30-11:30 11/13	Simple Gifts 9:30-11:30 12/11
10:00		1's & 2's 9:15-11:15 9/20-11/8 11/15-1/10			Baby Connection 9:40-10:40 11/2-11/30 12/7-1/11	Terrific Twos 9:30-11:30 9/21-11/9 11/16-1/11		Skill Building for School 9-11 9/22-11/3 11/10-1/12								Gym Fun 10-11 1/8 & 1/15	Ooey Goocy 9:30-11:30 1/8 & 1/15	
11:00																		
12:00	Preschool Partners 12-2:30 9/8-5/26	Monday Fun-day 12:30-2:30 9/20-10/25 11/1-12/20			Fun-damentals 12:30-2:30 9/21-11/9 11/16-1/11		Preschool Partners 12-2:30 9/8-5/26			Preschool Partners 12-2:30 9/8-5/26	Cooking w/Kids 12:30-2:30 9/23-10/28 11/4-12/16							
1:00																		
2:00																SUNDAY	SUNDAY	SUNDAY
3:00										Thursday Play Group 3:30-5 9/30-10/28 11/4-12/16	Ice Fishy 3:30-5 1/6					Dynamic Dinos 3-5 10/10	Planes, Trains, Automobiles 3-5 11/14	Simple Gifts 3-5 12/12
4:00				Jumpin' in the Gym 4:30-5:30 1/4 & 1/11												Ten in a Bed 3-5 1/9	Fun With Little Critter 3-5 1/16	
5:00				Eat Your Vegetables 6:15-7:45 1/4 & 1/11			Family Fun 5:30-7:30 10/6-11/17											
6:00	Night Time Fun 6-8 p.m. 9/20-10/25 11/1-12/20			All About Fall 6:15-7:45 9/28, 10/26, 10/5-10/19	Make It/Take 6:15-7:45 9/28, 10/26, 11/16, 12/14, 1/11	But I'm Not Tired 6:15-7:45 11/9 & 11/16	Baby Connection 6:30-7:30 9/22 & 9/29 10/6-10/27	School Skills 6-8 10/6-11/17 12/1-1/12	Gym Dads 6:15-7:45 12/2-12/16				Family Date Night 6:15-7:45 12/3 2/4					