



# FREE Workshop for Parents!



## Transforming the Challenging Child: The Nurtured Heart Approach

Created by Howard Glasser, M.A.

**Tuesday, July 28, 2009**

**6:30 – 8:30 p.m.**

**NDSU Festival**

**Concert Hall**

12th Ave. N & Bolley Drive  
Fargo, ND



Presented by:

**Tina Feigal, M.S., Ed.**

- Parent and Teacher Coach
- Former school psychologist
- Author – “The Pocket Coach for Parents: Your Two-Week Guide to a Dramatically Improved Life with Your Intense Child”

Visit Tina's website @  
[www.nurturedheart.com](http://www.nurturedheart.com)

Ever wonder why typical parenting, therapy, and teaching techniques are ineffective with some children? Learn ways to bring about real change with proven, positive and esteem-building techniques. The Nurtured Heart Approach is helpful to children with ADHD, oppositional defiant disorder, autism, giftedness, or any child, ages 2-18 whose behavior does not improve with typical techniques.

Arguments, tantrums, time-outs, bad language, sibling fights, trouble at school, video games, overindulgence, problems with peers, refusal to cooperate, difficult mornings, challenging bedtimes? Resolve them all!!

Learn how to replace your old role as Behavior Police, reacting intensely to unwanted behavior, with a new role as Success Mentor. Tina is confident your child's behavior will reflect your new approach and improve in a surprisingly positive way.

**Cost: FREE**

**Registration required:** Call 701.241.5700 or email [diane.langer@ndsu.edu](mailto:diane.langer@ndsu.edu)

**Parking:** FREE in NDSU “T Lot” (across the street)

*Sponsored by: NDSU Extension/Cass County, Region V Parenting Resource Center, CSCC, Cass County Social Services, Dakota Medical Foundation Children's Mental Health Initiative, Fargo Cass Public Health, Fargo Public Schools, Lakes and Prairies Child Care Resource & Referral, Red River Valley Asperger Network, SENDCAA Head Start & Early Head Start, Southeast Human Service Center, West Fargo Public Schools*

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Extension Service

Requests for accommodations related to disability should be made by calling Angela Berge at 701-241-5700, one week before the class. NDSU is an equal opportunity institution.