



KiDsource

OCTOBER 2016

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org. Under Schools in the top menu, choose Community Education and from there select Programs. Scroll down the page until you see KIDsource. Then select the issue you would like to see.

KIDsource is distributed to all elementary students in Moorhead. Copies of KIDsource are available in the Horizon main office each month for your middle school student to pick up if interested.



Haunted Mall

October 31 • 4:00-8:00pm
Moorhead Center Mall

**ALL GHOULS, WITCHES, AND GOBLINS ARE INVITED TO THE ANNUAL HAUNTED MALL!
COME DRESSED IN YOUR BEST HALLOWEEN COSTUME AND TRICK-OR-TREAT
THROUGHOUT THE MONSTROUS MALL. ENJOY HAIR-RAISING HANDS-ON ACTIVITIES
AS WILL AS THE HAUNTED SPOOK HOUSE, AND PUMPKIN PAINTING!
FOOD WILL BE AVAILABLE FOR PURCHASE.**



**EVENT SPONSORED BY MOORHEAD PARKS & RECREATION,
MOORHEAD CENTER MALL AND THE FORUM OF FARGO-MOORHEAD**
MOORHEADPARKS.COM

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Center for Education at 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



MOORHEAD
AREA PUBLIC SCHOOLS

FREE AFTERSCHOOL WRESTLING CAMP

presented by:

MOORHEAD WRESTLING &
COMMUNITY EDUCATION



ONLY 60 SPOTS
PER CAMP!!!

Register NOW!!!

online at

<https://communityed.moorheadschoools.org>

or stop in:
Moorhead Community Education
1587 30th Ave. S.
Moorhead, MN 56560

or stop in:
Probstfield Center for Education
2410 14th St. S.
Moorhead, MN 56560

Locations:

YAS15A

SGR - Oct 10th-13th

YAS15B

* Ellen Hopkins - Oct 10th-13th*

YAS15C

Robert Asp - Oct 24th - 27th

TIME: 2:45-4:00pm

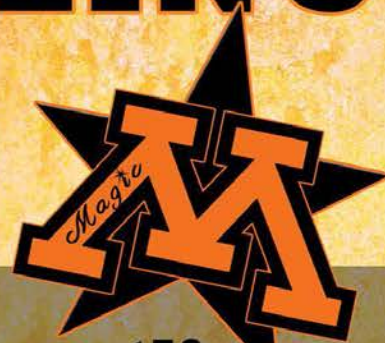


MOORHEAD WRESTLING CLUB
(chartered club with USA wrestling)

presents

MOORHEAD MAGIC YOUTH WRESTLING

Who: all PreK-6th



What: Youth Wrestling

When: Nov 14th - March
(practice details online)

Where: MHS Wrestling Room

Cost: **FREE**
(required to purchase
USA wrestling card - \$40)

REGISTER TODAY
www.moorheadwrestling.com

YMCA OF CASS AND CLAY COUNTIES

WWW.YMCACASSCLAY.ORG



YMCA of Cass and Clay Counties



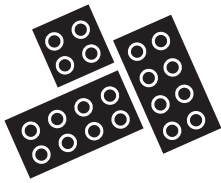
@ymcacassclay



@ymcacassclay

YOUTH PROGRAMS – REGISTRATION OPEN!

Fall Sessions: Sept 6 – Oct 22 (You can still jump into this session!) | Oct 24 – Dec 10



LEGO® Club
Ages 6-12



Rock Climbing
Ages 7-15



Basketball
Ages 4-7



Baton Twirling
Ages 4-18

See all programs at ymcacassclay.org/programs

THE Y IS HIRING!

We have many full and part-time opportunities available! Join our team and make a difference in your community!

Have an older child looking for an after school or weekend job? We have openings for:

- > Lifeguards | Ages 15+
- > Swim Lesson Instructor | Ages 16+
- > School Age Assistants | Ages 16+

Learn more and apply online at ymcacassclay.org/jobs

MAKE A SPLASH!

Join us in our NEW Aquatic Center for aquatics activities!

Swim School | Ages six months+
Learn water safety, lifelong skills and make new friends in Y Swim School! Sessions NOW ENROLLING!

FM Gator Swim Team | Ages 6+
Join the Y's swim team! Build skills, teamwork and sportsmanship!

Zero-Depth Kids' Pool | All Ages
Join us for all-day open swim in our kids' pool! Fun water features included!



Upcoming Events

Saturday Fun Night

October 1 | 4:30-9:30pm
Schlossman Y

Join us for fun-filled night in the Gym, Climbing Wall, Xerzone and more!

Ages 5-12
Y Mbr: \$18/child
Non-Mbr: \$25/child



Holiday Parent's Night Out

October 28 | 5-8pm
Fercho Y

Parents enjoy a night out kid-free! Kids will enjoy activities in the gym, Xerzone and more! Register by Oct 26.

Ages 6 weeks-11 years
Y Mbr: \$15 first child, \$10 addtl.
Non-Mbr: \$25 first child, \$15 addtl.

Spooky School Bus



October 29 | 5:30-8:30pm
Fercho Y

Join us for a spooky adventure in Lindenwood Park! We'll be joined by all your favorite Toy Story characters!

All Ages
Y Mbr: \$10/child*
Non-Mbr: \$12/child *

*Adults accompanying a child get in FREE!

Fall Fun In the Xerzone

October 29 | 1-3pm
Fercho Y

Enjoy fitness activities, fun themes, wacky games healthy snacks and family fun!

FREE and open to the community!

All Ages



Fercho Y 400 1st Ave N, Fargo | Schlossman Y 4243 19th Ave S, Fargo



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!
NO CONTRACT REQUIRED!

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com



kidquest

FREE fun for the whole family!

Registration begins two weeks prior to each event.
Call 701.551.6100 or visit plainsart.org.

TEE PARTY Saturday, October 8 • 1 – 4 PM • FREE

Decorate a t-shirt with a pre-designed silkscreen of your choice AND create your own, one-of-a-kind print with colorful markers. Kid-sized white t-shirts will be provided, and adults are welcome to provide their own t-shirt to print.

ARTSY ANCESTRY Saturday, November 5 • 1 – 4 PM • FREE

Create a mixed media mosaic to represent your family's heritage. Coming to this Kid Quest with some family history information will help you create a colorful collage that represents the unique background we each carry through our family history.

AFTER SCHOOL CLASSES register at plainsart.org • 701.551.6100

ART LAB Tues, Oct. 6 • 4 - 5:30 pm • \$24 / \$19 members

PAINT + PAPER Tues, Oct. 11 • 4 - 5:30 pm • \$24 / \$19 members

POTTERY ON THE WHEEL Mon, Oct 17 • 4 - 6 pm • \$24 / \$19 members



Kid Quest is made possible by a grant from Xcel Energy. With additional support from Minnesota Public Radio.

PLAINS ART MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY
704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org

U-Pick Organic Heirloom Pumpkin & Squash Patch

Over 20 varieties of squash & pumpkins including :

Uncle David's Dakota Dessert, Red Kuri, Early Dakota Howden, Blue Hubbard, Marina di Chioggia, Jack Be Little, Butternut, Delicata, and Much More!

Located 3 miles north of Moorhead adjacent to the Community Garden at the intersection of 11th St N/Oakport St & 43rd Ave N.

**Last Two Weekends in September & First Two Weekends
in October from 11am-3pm**

The Patch will be also be open during our Fall Harvest Festival on Probstfield Farm on October 8th from 1-5pm

(More info can be found on our Facebook Page closer to the date)



Est. 1868

Probstfield Farm

LIVING THE LEGACY

All Proceeds Benefit the Restoration &
Upkeep of the Historic Probstfield Farm!

Patch Information: www.probstfieldfarm.org, Facebook,
pumpkin@probstfieldfarm.org, or 612-558-4216



Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN

1-218-233-7524

www.lmhc.org

24 hour Emergency/Crisis

1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

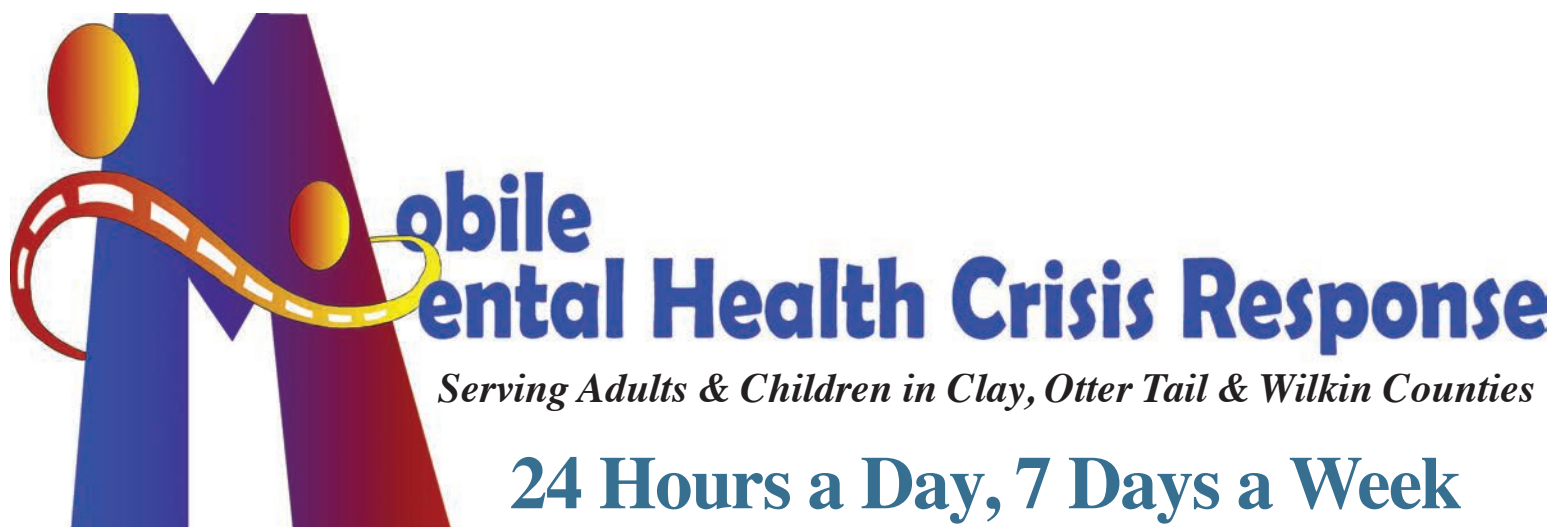
Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Help for you on the Phone or in your Home

1-800-223-4512

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.



2016 DRAGON DRIBBLERS



WHERE: Alex Nemzek Fieldhouse

GRADES: Pre-K -8th Boys & Girls COST: \$50

DATES: Saturdays - Oct. 8th, 15th, 22nd, 29^h

INCLUDES: Instruction & Dragon Gear

TIMES: Oct. 8th - 1-2pm Weeks 2-4: 9-10am

****Week 1 is FREE as a part of MSUM Homecoming**



Join the Dragon Basketball Family for an opportunity to mix fun & excitement while learning basic basketball fundamentals. Instruction will focus on basic basketball fundamentals including dribbling, passing, shooting, footwork & more. This is a great opportunity to meet & interact with current members of the MSUM Men's Basketball Team!

Name: _____ Grade: _____ Age: _____ Email: _____ School: _____

Address: _____ City: _____ State: _____ Zip: _____

Make Checks Payable to: MSUM Basketball Camp - Send To: Justin Wieck - 1104 7th Ave South - Moorhead, MN 56563

****Walk Up Registration is Accepted****

**NDSU Department of
Animal Sciences
Proudly Presents**



Sat, Oct 8, 2016

10 a.m. to 2 p.m.

NDSU Equine Center

5140 19th Ave North, Fargo

FREE indoor family event!

Rain or Shine

**Meet the animals that call NDSU home,
taste ice cream samplers, see cows
being milked, horsemanship
demonstrations, wagon rides
and MUCH more!**

For more information call 231-7641

**[https://www.ag.ndsu.edu/ansc/news-
events/moos-ewes-and-more](https://www.ag.ndsu.edu/ansc/news-events/moos-ewes-and-more)**



Storyland™

A Trip Through Childhood Favorites

September 24 - November 30
Moorhead Public Library
118 5th St. S., Moorhead

The Moorhead Public Library is thrilled to present Storyland: A Trip Through Childhood Favorites.

Featured books include
The Tale of Peter Rabbit by Beatrix Potter
Where's Spot by Eric Hall
A Snowy Day by Ezra Jack Keats

Explore a hands-on exhibit featuring these popular titles, made possible by the Minnesota Children's Museum, and brought to Moorhead by funding from the Minnesota Arts and Cultural Heritage Fund.



**LAKE AGASSIZ
REGIONAL LIBRARY**



The exhibit was created by Minnesota Children's Museum and is sponsored by Bremer Bank. The Moorhead Public Library is hosting Storyland: A Trip Through Childhood Favorites with funding from the Minnesota Arts and Cultural Heritage Fund.

This is No Halloween Costume

Don't just dress up for Halloween; dress up all year long. This cool costume is the best treat you can give this Halloween. Ask about our American Taekwondo Association trick-or-treat special. It includes two classes, an official ATA uniform and an introductory meeting with one of our certified instructors.



Kids • Teens • Adults

www.ATAfargo.com

701.237.6800
4480 23rd Ave. S, Fargo



“ATA Martial Arts of Fargo”

Time to Play! - Youth Basketball Tournament



Inspire Wellness Youth Basketball Tournament

Saturday, November 19th and Sunday, November 20th

Join us for our first ever Inspire Wellness Youth Basketball Tournament! All winning teams take home trophy's at this officiated tournament. 100% of proceeds from the tournament go directly towards the Inspire Wellness Initiative which supports need based community wellness programs for children, adults, and families in our area which aims to help people cook well and move well for life. Games will be played at Family Wellness and other area gymnasiums. Complete a Team Registration Form and submit to Angie Hasbrouck with \$150 entry fee prior to registration deadline. **The deadline to register is Friday, November 4th.**

Divisions

Boys 5th, 6th, 7th, & 8th grades

Girls 5th & 6th grades

Please contact Angie for more information at 701-234-7294 or at angela.hasbrouck@sanfordhealth.org or visit www.familywellnessfargo.org/inspire-wellness

Fall Into Fun! - School's Out Day Camp

October 20th & 21st from 9:00 AM – 4:00 PM for Ages: 6-11

This two day camp will provide your child with high amounts of fun and excitement during their days off from school. Participants will spend their time in the gym playing a variety of games and sports, along with creating waves in the Family Wellness pool. Don't spend your days off bored at home, fall into some fun at Family Wellness! *\$70 Members / \$90 Non-Members. Financial Assistance, Before, and After Care are also available.*

Sport Sampler

Tuesday/Thursdays October 11th – 27th from 5:45-6:45 PM for Ages: 5-8

Sports Sampler is packed with a variety of fun sports for kids. Participants will learn and play sports of all sorts in a positive and encouraging environment that focuses on teamwork, sportsmanship and doing your best. Come join the team at Family Wellness! *\$30 Members / \$60 Non-Members*

Call 701-234-2400 to register or if you have questions contact: Matt at matthew.melchior@sanfordhealth.org
Check out all of our upcoming fall programming on our fall program guide at www.familywellnessfargo.org/fitness/program-guide/

2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org

Red River Zoo Fall Programs

Pint Size Explorers

Children will be introduced to age-appropriate animal themed topics through activities, animal guests and crafts.

Ages 4-6. Dates: Oct 11, Nov 11, Dec 13

Parents Night Out

Parents enjoy a night out while your children spend an evening at the zoo. They will enjoy a night walk, animal guests, a movie and more.

Ages 3-12. Dates: Oct 28, Nov 18, Dec 16

Zoocation

Schools out? Come spend the day at the zoo investigating wildlife topics explored through animal guests, zoo tours and science experiments.

Grades 1-5. Dates: Nov 11

For registration and costs please visit:

www.redriverzoo.org

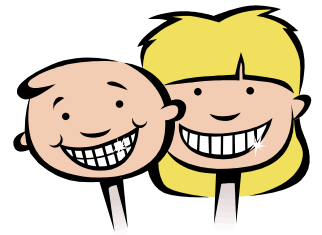


Children's Dental Services

Children's Dental Services and Smiles Across Minnesota provide preventive dental services, such as teeth cleaning, sealants, oral hygiene and dental fluoride, to uninsured or underinsured children, birth to 18 years, in the district. CDS makes the dental appointment for your child to be seen at his or her school.

Forms are available at the school office and should be returned to the Health Office in your child's school. Contact Children's Dental Services at 612-746-1530 with questions.

*A child's smile
says the same thing
in any language*



YOUR Family counts

Being counted on the school district census is important, so your family can take advantage of early childhood programs and receive important school information when you need it. If you or someone you know recently moved into our district or had an addition to the family, including birth or adoption, complete the online census form at www.moorheadschoools.org/census or call Community Education at 218-284-3400.



Want to play Spud Hockey?

*The legend of Moorhead
Hockey starts with our youth...*

Moorhead Youth Hockey offers a variety of programs for boys and girls who are 4-18 years-old. Players learn teamwork, sportsmanship, and the fundamentals associated with the game of hockey while having fun and learning life-long social skills. Our programs are as follows:

| | | |
|--|---|-----------------------------------|
| Rookies: boys & girls ages 4-6 (<i>must turn 4 by June 30th, 2016</i>) | Mites/8U girls: ages 7-8 | Squirrels/10U girls: ages 9-10 |
| PeeWees/12U girls: ages 11-12 | Bantams/15U girls: ages 13-14 (& 15 YO girls) | JR gold boys: ages 15-18 |

Online registration opens August 1st!

Register online at USA Hockey first, then come to the MYHA site and complete our registration. Our player registration opens on August 1st and offers an easy payment plan!!

For more details, go to our website and click the “Registration” tab.

www.moorheadyouthhockey.com

Sign up online!

**Online Player
Registration:
Opens August 1st**

**To register with
USA Hockey:
www.usahockey.com**

**Be watching the
site for details on
Fall Parent
Orientation
meetings**

**Fun and
affordable!!**

MOORHEAD YOUTH HOCKEY

707 SE Main Ave
Moorhead MN 56560
218-233-5021

www.moorheadyouthhockey.com



1335 Main • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Classes for All Ages AUTHENTIC...

REAL...

TRADITIONAL...



**Grand Master Jim Grimestad
with 38 years experience**

7th Degree Grand Master Jim trains & tests in Korea

This is a traditional martial arts school not a sport

277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to **RRTKD.COM** for more information

FREE 2 week trial



TRI-CITY STORM SOCCER CLUB

IGNITE THE PASSION

Experience the world's most popular sport with TC Storm Soccer Club; Fargo, Moorhead and West Fargo's largest and longest running club. With programs, leagues, and teams for players of all ages, abilities, and commitment levels, you can be sure to find an environment that is just right for you. Come join us and experience the excitement first hand!



SELECT



RECREATIONAL



ADULT

(218) 233-6139

www.tricitystorm.org



SUNSET LANES

www.bowlingsunset.com

620 Hwy 75 N., Moorhead

218-233-6153

Earn Scholarship Money Just By Competing!

Join a

Youth Bowling League at Sunset Lanes

All Kids Welcome K-12 - Bring a Friend

Free Instruction Included

Tuesday's Starting Oct. 25th at 4:30 pm - 2 person teams - 3 games

Register: Oct. 11th, 4:30 pm - Free Hot Dogs & Pop provided

Saturday's Starting Sept. 24th at 10 am - 2 to 4 person teams - 3 games

Register: Sept. 10th, 10 am - Free Hot Dogs & Pop provided

Sunset Lanes has the Best Birthday Parties in the FM Area!

Birthday Party Packages include bowling, pizza & pop!

We **BELIEVE** that every individual is able to unlock their potential through movement.

**Gymnastics * Special Needs * Ninja Kids * OT
Cheer * Birthday Parties * After School Program**

Special Needs Classes



NOW offering a variety of special needs classes including:

1:1 Private Sessions: Child has the opportunity to participate at their own pace

Small Group Sessions: Child participates with 3-6 individuals with similar abilities

Inclusive Sessions: Child participates in regular recreational gymnastics or fitness classes with simple modifications

Contact **Nate@tntkidsfitness.org** to sign up your child today!

Fall II Session:

Oct. 24 - Dec. 17

Register Online Oct. 10 at tntkidsfitness.org!

Classes for girls and boys ages 18 months and older including:

- Preschool Gymnastics
- Recreational Gymnastics
- Ninja Kids
- Cheer
- School's Out Day Camps

You're invited!

Want an unforgettable birthday?
Celebrate your birthday at TNT
Saturday or Sunday
Visit tntkidsfitness.org
for more information



School's Out Day Camps

If school is out for the day, come to TNT and play!



Includes: Fitness & gymnastic stations, sports & games, arts & crafts, educational lessons, healthy lunch & snacks

2016-2017 dates now available at tntkidsfitness.org

Open Gyms

Preschool Open Gyms
August 25 - May 13

Ages 18 months - 5 years*
Thursday: 11:00am - 12:00pm
Friday: 10:00am - 11:00am
Saturday: 8:15am - 9:15am
*One active helper needed for every two children

School Age Open Gyms
Ages 6-14 years
7:00-8:30pm

October 7, October 28,
November 11, December 2

Register online at tntkidsfitness.org

Register online at tntkidsfitness.org