



KiDsource

JANUARY 2017

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org. Under Schools in the top menu, choose Community Education and from there select Programs. Scroll down the page until you see KIDsource. Then select the issue you would like to see.

KIDsource is distributed to all elementary students in Moorhead. Copies of KIDsource are available in the Horizon main office each month for your middle school student to pick up if interested.



BONNIE HANEY DANCE & PERFORMING CO.

BALLET | POINTE | TAP | JAZZ | HIP HOP | LYRICAL | IRISH | CLOGGING | BALLROOM | LATIN
3051 25th St S Suite S Fargo (Family Fare Plaza) | 701-232-9900 | www.bonniehaneydance.com

***NEW FALL DANCE CLASSES STARTING SOON!**
Classes for Beginners, Intermediate, and Advanced Dancers! (Ages 3 1/2 years old - Teen/Adult)
Over 40 classes weekly for all ages! Register before your choice is filled!

****GUYS NUTCRACKER & HOLIDAY SHOW AUDITIONS****
(September 6th-29th)

15% OFF FIRST MONTHS TUITION
(New Students Only - Expires September 30th - One Discount Per Dancer)

Bonnie Haney Dance & Performing Co. Presents:
The Nutcracker & Holiday Show
(Dec. 2016)



SWAN LAKE BALLET



TAP



IRISH



JAZZ/HIP HOP/LYRICAL



PRE-BALLET/CREATIVE MOVEMENT

701-232-9900

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Center for Education at 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



Constructing *Dreams*



For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*

Learn more. Ask questions. Get answers. Here's how.

Coffee with the Mayor & Superintendent

Visit with the mayor and superintendent to learn more about the city and school district, ask questions and share your thoughts. Sessions will be at **10 a.m. in the Moorhead Center Mall Atrium** on:
Jan. 18 May 17

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually, in the fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Website

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars and much more.

Social Media

Follow Moorhead Schools on Facebook ([facebook.com/MoorheadSchools](https://www.facebook.com/MoorheadSchools)) and Twitter (@MoorheadSchools).

Learn new skills in Moorhead Community Education classes

Take a healthy cooking class, try new dance moves, make a mail basket or learn how to worm compost.

Register online at
<https://communityed.moorheadschoools.org>
or
call 218-284-3400

MOORHEAD AREA PUBLIC SCHOOLS

*proudly serves the communities of
Moorhead, Georgetown, Sabin and surrounding area.
Learn more about the district at www.moorheadschoools.org.*

Ever had a great
idea for a game?

Want to learn
how to make your
OWN Video Games?



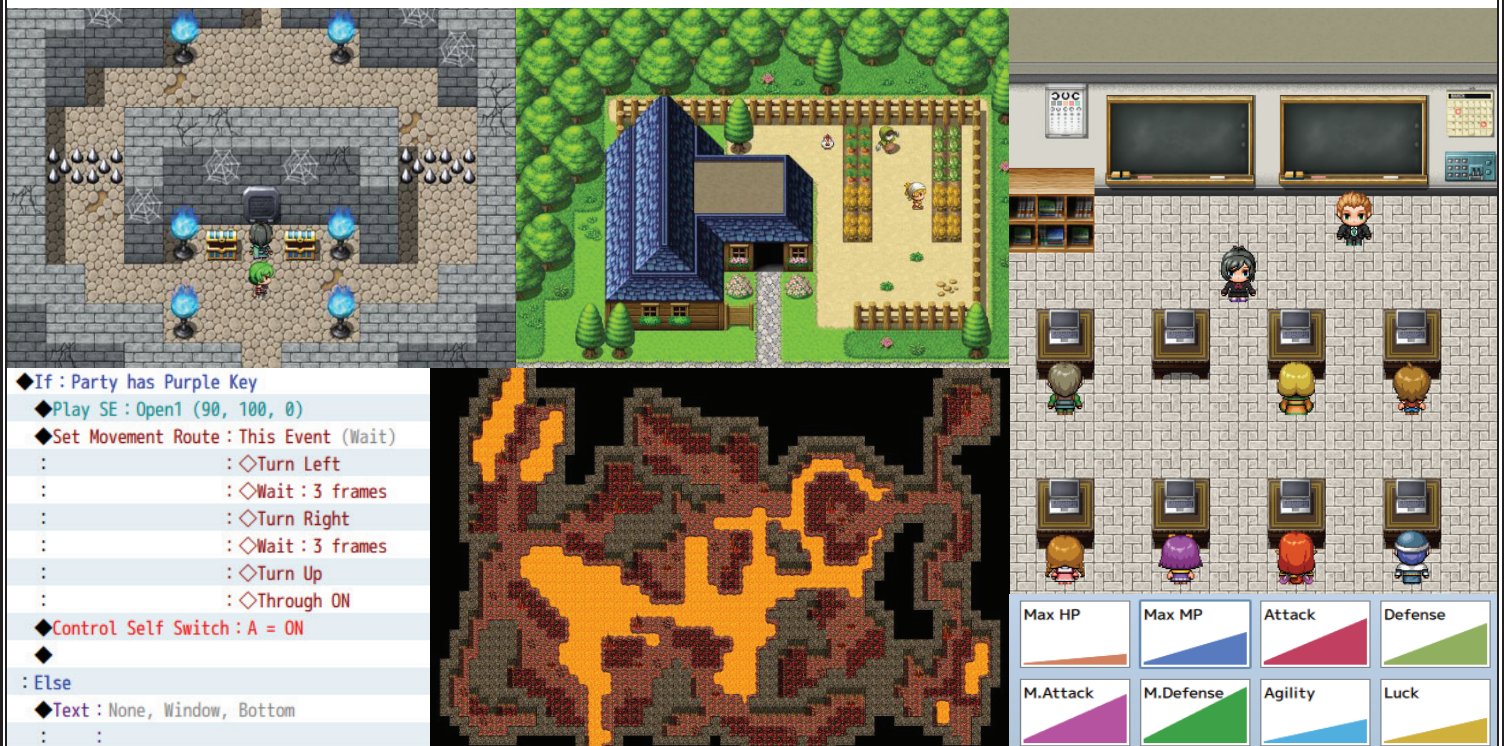
Classes in Moorhead
for 4th and 5th graders!

Creating Video
Games - Beginner

\$110/child

CODE	LOCATION	DATES & TIMES
YAS20A	Reinertsen Elementary	(Jan 12, 19, 26, Feb 2, 9; 3:00 - 5:00)
YAS20B	Hopkins Elementary	(Feb 16, 23, Mar 2, 16, 23; 3:00 - 5:00)
YAS20C	Robert Asp Elementary	(Mar 30, Apr 6, 13, 20, 27; 3:00 - 5:00)

To register for classes, visit Moorhead Community Education at <https://communityed.moorheadschoools.org> and check out our website at www.podsgamedesign.com!



Facebook: PODSgamedesign Twitter: @podsgamedesign
Email: podsgamedesign@gmail.com

FROSTIVAL

JANUARY 27-28



Cardboard Sled Racing

REGISTRATION IS NOW OPEN
FOR OUTDOOR COMPETITIONS

frostival.com

FARGO - MOORHEAD - WEST FARGO

AFTER SCHOOL ART CLASSES

Pottery, Painting, Printmaking and more.

After school classes begin at 4 pm and take place in the Center for Creativity. Classes are designed for students ages 6 – 14.

ARCHITECTURE AND LIGHT

Thursday, January 5 • 4 – 5:30 PM

BLOWN AWAY BY ABSTRACTION

Tuesday, January 10 • 4 – 5:30 PM

POTTERY ON THE WHEEL

Monday, January 23 • 4 – 6 PM

\$24 / \$19 members

Register at plainsart.org / 701.551.6100

FAMILY CLAY DAY

Saturday, January 14 • 1 – 3:30 PM • \$10

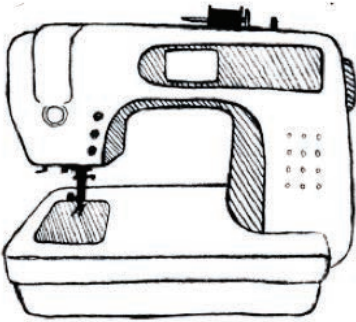
For families and art explorers of all ages.

PLAINS ART MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY

704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org

kids! SEWING CLASSES



sign up today!

Modern Textiles

+++++

17 7th St South, Downtown fargo

www.moderntextiles.net

Fargo Moorhead Community Theatre

FMCT 

Acting Classes

Winter 2016

Stories of Dr. Seuss Frozen Furry Friends

Ages 5-6

10-11 a.m.

Tuition: \$70

Grades 1-2

11:15 a.m.-12:15 p.m.

Tuition: \$70

Play in the Play

Grades 5-8

1:45 p.m. - 3 p.m.

Tuition: \$75

The Songs of Aladdin

Grades 1-4

1:45 p.m.-2:45 p.m.

Tuition: \$85

Superheroes & Superpowers

Grades 3-4

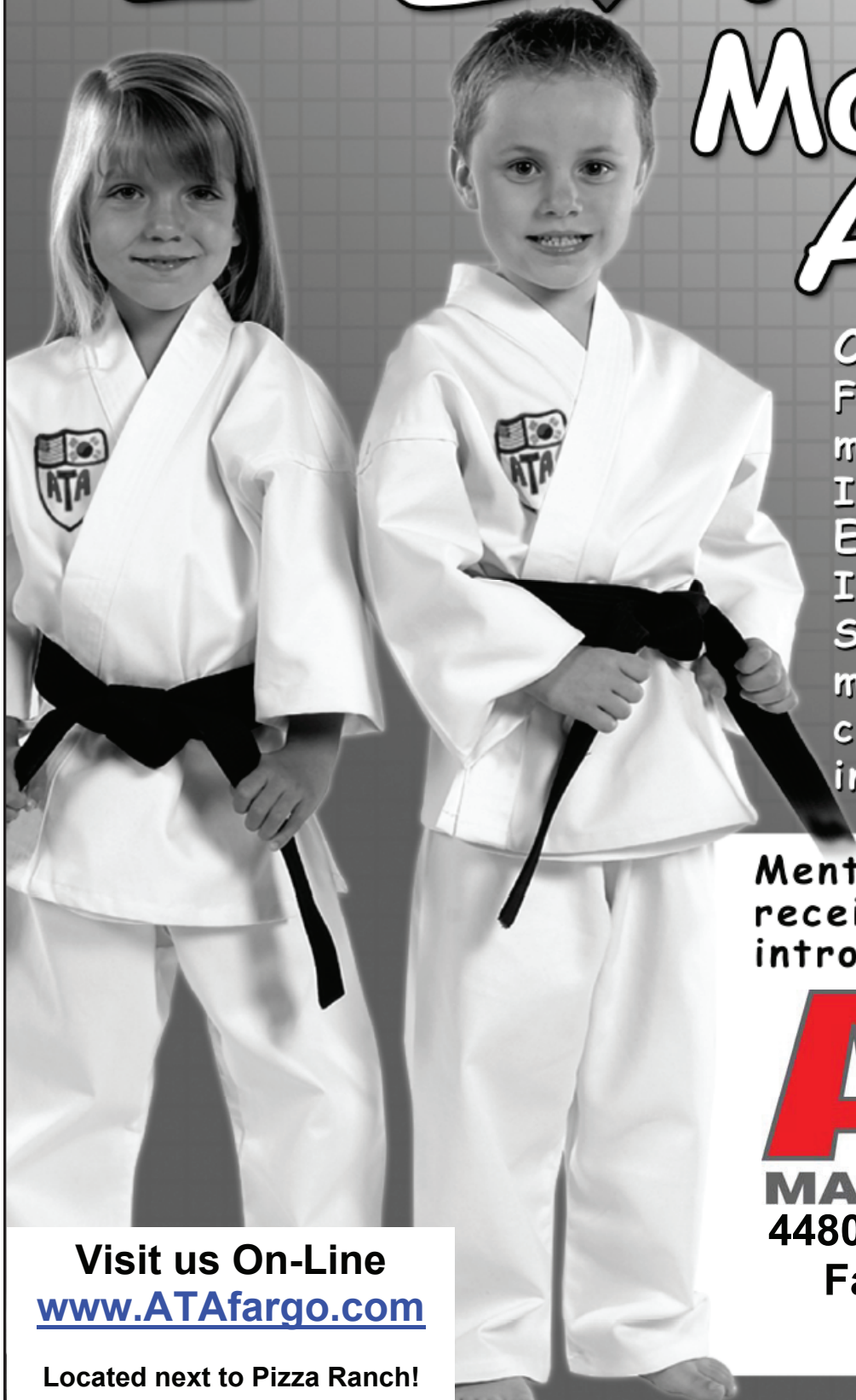
12:30 p.m.-1:30 p.m.

Tuition: \$70

Call 701.235.6778 or visit fmct.org to register or receive more information!

Winter classes are on Saturdays beginning January 28 and run through March 4

I Love Martial Arts



Come try a
FREE CLASS at
my ATA School.
It is FUN,
EXCITING and
I really love it.
Stop by and meet
my instructor or
call for more
information.

Mention this ad and
receive a special
introductory offer.



MARTIAL ARTS

4480 23rd Ave South
Fargo ND 58104
701.237.6800

Visit us On-Line
www.ATAfargo.com

Located next to Pizza Ranch!

We **BELIEVE** that every individual is able to unlock their potential through movement.

**Gymnastics * Special Needs * Ninja Kids * OT
Cheer * Birthday Parties * After School Program**

Special Needs Classes



NOW offering a variety of special needs classes including:

1:1 Private Sessions: Child has the opportunity to participate at their own pace

Small Group Sessions: Child participates with 3-6 individuals with similar abilities

Inclusive Sessions: Child participates in regular recreational gymnastics or fitness classes with simple modifications

Contact **Nate@tntkidsfitness.org** to sign up your child today!

**Winter Session:
Jan. 2 - March 4**
Register Online
at tntkidsfitness.org!

Classes for girls and boys ages 18 months and older including:

- Preschool Gymnastics
- School Age Gymnastics
- Ninja Kids
- Cheer
- School's Out Day Camps

You're invited!

Want an unforgettable birthday?
Celebrate your birthday at TNT
Saturday or Sunday
Visit tntkidsfitness.org
for more information



School's Out Day Camps

If school is out for the day, come to TNT and play!



Includes: Fitness & gymnastic stations, sports & games, arts & crafts, educational lessons, healthy lunch & snacks

2016-2017 dates now available at tntkidsfitness.org

Open Gyms

**Preschool Open Gyms
August 25 - May 13**

Ages 18 months - 5 years*
Thursday: 11:00am - 12:00pm
Friday: 10:00am - 11:00am
Saturday: 8:15am - 9:15am
*One active helper needed for every two children

School Age Open Gyms
Ages 6-14 years
7:00-8:30pm

January 13, January 27,
February 10, February 24

Register online at tntkidsfitness.org

Register online at tntkidsfitness.org

SCORCH SQUAD

- **FREE** Erbert & Gerbert's kid's meal when a member checks in at a game
- A Scorch Squad Membership ID
- \$5 off Dragon Summer Camps
- T-Shirt and Lunchbag
- Sign up at games for chances to present the game ball, be a floor sweeper, or participate in the Scorch Squad Members only media timeout.



ONE WORLD, ONE SKY BIG BIRD'S ADVENTURE

Big Bird, Elmo and their friend from China, Hu Hu Zhu, take viewers on a journey of discovery!

Shows Starting January 7th
MSUM Planetarium | Bridges 167

UPCOMING EVENTS 2017

Stars of PBS

One Day Only – February 4th

LaserFest 2017

March 16 – 20th

► See website for more information



Plan your next birthday party with the MSUM Planetarium.

Minnesota State University Moorhead is an equal opportunity educator and employer and is a member of the Minnesota State system.



IGNITE THE PASSION

TRI-CITY STORM SOCCER CLUB

Experience the world's most popular sport with TC Storm Soccer Club; Fargo, Moorhead and West Fargo's largest and longest running club. With programs, leagues, and teams for players of all ages, abilities, and commitment levels, you can be sure to find an environment that is just right for you. Come join us and experience the excitement first hand!



ADULT



SELECT



RECREATIONAL



www.tricitystorm.org



(218) 233-6139





We would like to invite you to be part of the Moorhead Crush Girls Fastpitch program! We offer girls ages 7-18 skills in teamwork, confidence, skill building and lifelong friendships on and off the field.

Teams include:

8U (ages 7-8) * ***New for Summer 2017***
10U (ages 9-10)
12U (ages 11-12)
14U (ages 13-14)
18U (ages 15-18)

Travel Teams will also be available for 10u-18u

Registration starts Monday, January 2nd and runs through Friday, March 23rd. Mark your calendars because it's going to be AWESOME!

Other ways to get involved before the summer season starts include:

- Winter clinics
- Spring ball (For grades 6,7 and 8)
- Spring Kick Off events
- and MORE...*

Parents - Interested in coaching, being on a committee, or just getting involved in a great organization? Please feel free to contact us with interest, questions or concerns at info@moorheadcrush.org or...

Alicia Gulbranson- President 701.552.1590

Todd Kiser- Vice President 701.388.5057

Check us out at www.moorheadcrush.org and Like us on Facebook (facebook.com/moorheadcrush) or Twitter (twitter.com/moorheadcrush)!!!!



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!
NO CONTRACT REQUIRED!

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com



The Fargo-Moorhead Youth Choir

FMYC is more than a choir! **It's where I meet friends.** It's where I learn great works of music. **It's where I can perform.** It's a sense of belonging. **It's where I work hard and play hard.** It's where I am inspired and can inspire others. **It's something I am proud of.** It's more than a Choir!

Join Us January 2017 !

Fmyouthchoir.org or
bethjansen@fmyouthchoir.org



Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN

1-218-233-7524

www.lmhc.org

24 hour Emergency/Crisis

1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

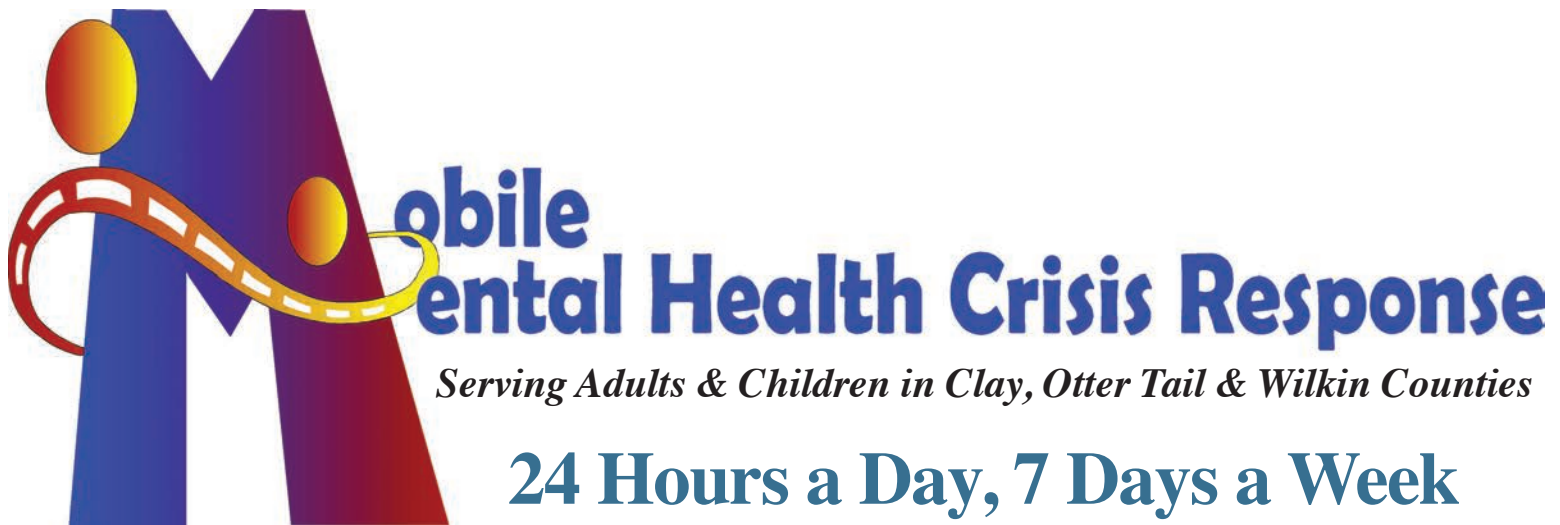
Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Serving Adults & Children in Clay, Otter Tail & Wilkin Counties

24 Hours a Day, 7 Days a Week

Help for you on the Phone or in your Home

1-800-223-4512

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.

My Oh Me!

Raising Resilient Children in the 21st Century

Life is complicated for adults and even more so for children, who don't have an emotional maturity yet to sort through all the "stuff" going on. The number of children exposed to what we often call "traumatic stress" (events or situations that upset and overwhelm a child and their ability to cope) is growing and while we can't stop the world from happening around us we can help our children become resilient, to be happy and to thrive in spite of what is happening in their lives and the lives around them.

Signs that a child is struggling with stress include such things as loss of appetite, fearful of being separated from the caregiver, returning to bed wetting, thumb sucking and baby talking, and nightmares. For older children stress shows up at school with trouble concentrating, changes in their school work and worrying about their safety or others.

The good news, it's never too late to help your child develop resiliency skills! Resilience is the ability to bounce back from a stressful or traumatic experience. Here are some ideas to help your child experiencing over the top stress or who has experienced situations that overwhelmed them. And they are good for adults too!

- Did you know that doing one deliberate act of kindness a day increases a feeling of well-being? Simple things like holding a door open for someone makes your brain happy! Why stop at one a day, go for three. 😊
- Encourage your child to share the positive in his/her day.
- If your child feels like he/she can't do anything right, set small goals that would be easy to accomplish so they can experience the feeling of success. An example of a small goal might be reading a page in a book or setting the silverware at the dinner table.
- Sleep!!! Getting the proper amount of sleep helps with focus, memory, and steady those mood swings. For children that means 10 – 12 hours a night depending on their age. And don't forget about you! You need a minimum of eight hours a night.
- Everyone off the couch! Sitting all the time, fogs the brain.
- Healthy eating not only helps our overall physical health it is good for our brains too.
- Set aside a "no electronics" time in the daily schedule. The constant stimulation of video games, checking Facebook and texting our friends does not allow time for our brain to be calm.
- Provide consistent discipline that is appropriate for the child's age and development and that promotes learning and not punishing.
- Show affection through your words and actions. Let your child know it is okay to have their own feelings and opinions. Help them to learn ways to express them in way that gets their needs met.
- Care for yourself! Take time to do something you enjoy, eat healthy, get your rest, and seek out friends who are supportive and caring.





YMCA OF CASS AND CLAY COUNTIES

WWW.YMCACASSCLAY.ORG



facebook.com/ymcacassclay



@ymcacassclay



@ymcacassclay

LEARN. PLAY. GROW.

Winter/Spring Youth Program Registration NOW OPEN!



Kids will discover new passions, meet new friends and develop healthy habits in youth programs at the Y! Join us for programs including:



- > **Rock Climbing & Advanced Climbing Clubs** | Ages 7-15
- > **Baton Twirling and Competitive Show** | Ages 4-18
- > **Gymnastics** | Ages 2 and up
- > **Swimming Lessons** | Ages 6 months and up
- > **Youth Basketball League** | Grades 2-4



Visit ymcacassclay.org/programs to see all upcoming programs and session details.

Scholarship assistance is available.

Join us for upcoming events!

Visit ymcacassclay.org/events or call 701.293.9622 for registration info.

Saturday Fun Night

January 7 | 4:30-9:30pm
Schlossman Y | Ages 5-12

Kids can join us for a fun-filled night in the Xerzone, Climbing Wall, Basketball Gym and Kids' Gym!

Sherlock Holmes in the Xerzone

January 28 | 1-3pm
Fercho Y | All Ages

Join us for an afternoon of wacky games, healthy snacks and FUN! FREE and open to the community!

Youth Olympics

January 28 | 1-3:30pm
Fercho Y | All Ages

Come and be an olympian in the pool and gym! All participants take home a prize!

BUILD MORE THAN MUSCLE. JOIN OUR CAUSE!

Join the Y this January and pay **NO ENROLLMENT FEE!**

Get access to two facilities, member discounts on programs and events, 150+ group classes per week, and more!

Learn more about membership by visiting us online! ymcacassclay.org/membership

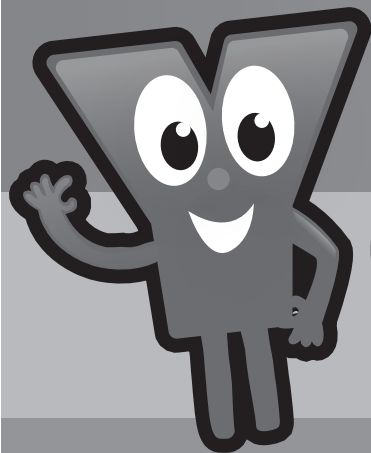


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIME TO
EXPLORE



LET'S GO!



“Get ready to become an expert!
You and I will dive deep into the world’s coolest,
wackiest and most interesting topics! - Y Guy

YMCA Explorer Enrichment Program

Grades K – 5th | 25+ Locations in the FM Area (many in elementary schools!)
Set your schedule! Options for M-F, MWF or TH and also before and/or after school.

The Y’s Explorer Program offers a variety of activities based on the monthly themes below. Children will also participate in activities like outdoor play, character development, science experiments, arts and crafts and even homework club to supplement what is taught in the classroom.

Upcoming Themes:

Book-ology (Jan 3-13) Explore the art of bookmaking and discover that there’s more to a book than meets the eye! These works of art can be sketchbooks, journals, graphic novels, or gifts! Everyday after-school, we will create a variety of book forms such as accordion books, books with secret panels, pockets and pop-ups. The result is a production that sparks interest in books, stimulates imagination and encourages reading.

Zoo-ology (Jan 16-27) Peek in to the world of a zoologist. Discuss animal behaviors as well as the history behind zoos and aquariums. Kids bake edible animal cells, play a dolphin-echolocation game, and design an exhibit. Kids “train” their friends, mold a tiger’s jawbone, and perform field research. Calling all Jr. Zoologists to an insider’s look at how zoologists apply their knowledge every day.

Anthrop-ology (Jan 30-Feb 3) Anthropology isn’t as simple as digging a hole in your backyard. Did prehistoric people eat pizza for supper? Did they ride a dinosaur to work? Find out what life was like thousands of years ago by digging into the history of mankind.

Rainforest-ology (Feb 6-17) Dodge poison dart frogs, listen for howler monkeys, and discover plants used in modern medicine as you travel through the rainforest. Children uncover the secrets of the rainforest through hands-on experiments, learn the importance of conservation through exploration, and gain appreciation for one of the earth’s most amazing habitats!

Ready to learn and grow with us?

218.359.2323 | www.ymcacassclay.org/schoolage

To view themes for the rest of the school year, visit us online!

Scholarships available and assistance accepted.

Frozen Fantasy

Avalon Event Center, Fargo
Saturday, January 28
6:30-9:00 pm

Create some winter magic by bringing the whole family to this semi-formal dance affair.

Music ~ Dancing ~ Refreshments

Professional Photographer Available
to take your Family Photos

Tickets available at the door only.
\$5 per person

Official event of:
FR  **STIVAL**



701-499-7788 | fargoparks.com

K-2ND GRADE COED BASKETBALL LEAGUE

Tuesdays & Thursdays, February 7 - March 16
Centennial Elementary, 4201 25th St S

Program focuses
on learning the fundamentals
of basketball, teamwork,
sportsmanship and
having FUN!



Fee: \$57.00
Register online at
fargoparks.com



K-1ST GRADERS: Can sign up for specific time at
5:00, 5:45, or 6:30 pm

2ND GRADERS: Meet from 7:15-8:00 pm

701-499-6060

fargoparks.com



Awesome Art Afternoon

Saturday, January 14
Anytime Between 1:00-3:00 pm
RDJ Rec Center, 1104 2 Ave S, Fargo

FREE!

Thanks to a grant from
Xcel Energy.

Spend an afternoon
creating fun art
projects to take home.



XCELERATE!



701-499-7788 | fargoparks.com



Free event for the public with a FREE matinee movie
(announced on fargoparks.com), open skate and much more!

Pepsi products and popcorn will be served, while supplies last.

JAN 16

1-5pm • Scheels Arena
5225 31st Ave S



SCHEELS arena



Cardboard Sled Races

Build a Cardboard Sled! Prizes for Best Design!
Races begin at 10:30 am for youth + families.
Pre-register at Frostival.com

Mickelson Park + Softball Fields
901 Oak Street North

Saturday, January 28
8:30am-Noon

Official event of:
FRSTIVAL



701-499-6060 | fargoparks.com

Cross Country Ski Race

Saturday, January 30
Edgewood Golf Course
Races begin at 9:00 am

Skating Style 3K Race for ages 17 & under
Classic Style 1K Race for ages 9 & under
Classic Style 3K Race for ages 16 & under

Youth Races \$10 in advance, \$12 onsite

Official event of:
FRSTIVAL

Register online at frostival.com



701-499-6060 | fargoparks.com




the nitty nurse

Professional In-Home Lice Removal Services

- *Shepherd Trained and Certified in Head Lice Removal
- *Get rid of lice with one treatment
- *Safe and Non-toxic products used for treatments
- *Education about cleaning and lice prevention tips
- *Serving Fargo/Moorhead/West Fargo and

Surrounding Communities

*facebook.com/thenittynurse; www.thenittynurse.com



-AMANDA BRUNS, RN

701-353-5292

JAN-FEB
10-2
FEB-MAR
14-9



EHP KIDS

Functional movements, strength building, and fun for kids ages 4-12 to learn healthy habits that will last a lifetime!

Tuesdays & Thursdays

4:15-5:00pm

January 10th-February 2nd & February 14th-March 9th


**EHP CrossFit
3333 9th ST S, Moorhead MN**

Give your child the opportunity to grow strong both physically and mentally by improved self confidence and self awareness during these 4 week mini sessions!

**Cost \$64 for each session.
Register at ehpcrossfit.com and email
ehpcrossfit@gmail.com for further questions!**



Familywellness

A PARTNERSHIP BETWEEN **SANFORD** HEALTH 

Don't be left out in the cold, register now for our Winter Programs!

Indoor Triathlon | Sunday, January 15th | Youth Event begins at 10:30 AM

Swim, run, bike or scoot your way to victory in the fourth annual Family Wellness Indoor Triathlon! Participants must register by December 31st in order to get a shirt! There are also adult and relay sections!

\$15 Kids & Youth / \$35 Members / \$40 Non-Members / \$75 Relay Team

Engineer the Future | Mondays, January 16th-February 20th from 5:30-6:30 PM

Engineer the future allows your kids to expand their minds through real world engineering and design projects made easy for kids. Children will get the chance to construct and test multiple projects from weight bearing bridges to building a one bedroom house. Ages 8-13. \$30 Members / \$60 Non-Members

Just Keep Kicking | Tuesdays/Thursdays, February 7th-23rd from 5:00-5:45 PM

Just Keep Kicking offers the chance to learn and practice the basic fundamentals of Soccer. Each day there is a new skill to focus on along with challenging games to help enhance those skills. Athletes will learn everything from dribbling to shooting while having fun learning the game. Ages 4-7.

\$30 Members / \$60 Non-Members

Register Online, at the Family Wellness Front Desk or call 701.234.2400!

If you have questions contact Matt at matthew.melchior@sanfordhealth.org

2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org



2017 BABE RUTH BASEBALL PLAYER REGISTRATION

DEADLINE FOR BASEBALL February 28th

BASEBALL REGISTRATION: Dec.15th – FEB. 28th
YOU MUST REGISTER BY THIS DATE TO GUARANTEE A ROSTER SPOT

AGES: 5 – 15 YEAR OLD

ON – LINE REGISTRATION AVAILABLE AT
WWW.MOORHEADBASEBALL.COM
LOOK ON HOME PAGE

IF YOU HAVE QUESTIONS PLEASE CALL 218-284-2777
BETWEEN 10 AM – 2 PM MONDAY - THURSDAY



Children's Dental Services

Smiles Across Minnesota

Children's Dental Services and Smiles Across Minnesota provide preventive dental services, such as teeth cleaning, sealants, oral hygiene and dental fluoride, to uninsured or under-insured children, birth to 18 years, in the district. CDS makes the dental appointment for your child to be seen at his or her school.



Forms are available at the school office and should be returned to the health office in your child's school. Contact Children's Dental Services at 612-746-1530 with questions.





Open the door to your child's future!

Topics for Children:

- Produce letter sounds
- Letter recognition
- Rhyming words
- Colors and shapes
- Counting and number recognition
- Following directions
- Listening Skills
- Interacting with peers
- Sorting objects
- Syllable awareness
- Making logical predictions
- Other essential skills

Class Location

KCC10A - Probstfield Center for Education, 2410 14th Street South

To Register call Community Education at 218-284-3400 or go online at <https://communityed.moorheadschoools.org> listed under ECFE-School Readiness.

Keys to Kindergarten is for children who live in the Moorhead Area School District and will be starting kindergarten in the fall of 2017 and their parents.

Keys to Kindergarten is a free program that offers important school readiness activities to improve your child's academic, social and emotional skills.

Keys to Kindergarten Schedule:

6 to 7 - Parents and Keys to Kindergarten children will participate in classroom activities.

7 to 7:25 - Parents will attend a parent session while the children participate in school readiness activities with the classroom teacher.

7:25 to 7:30 - Clean up and good bye!

(Sibling-care will be provided)

**Thursday evenings from
6 to 7:30 p.m.,
January 19 — April 6
(no class March 2 & 9)**

Becky Gulsvig (stage actress) • Mark Voxland (electrician)
Dean Hornbacher (CEO) • Olaus Murie (wildlife biologist)
Louise Dovre Bjorkman (judge) • Phil Seljevoll (athletic director)
Matt Cullen (professional hockey player) • Paula Bauck (coach)
T. L. Solien (artist / professor) • Julie Buckley, M.D. (radiologist)

What do these individuals all have in common?

They are members of the Moorhead High School Hall of Honor

The Moorhead High School Hall of Honor recognizes alumni, faculty, staff and other community members who have demonstrated notable accomplishments or provided significant contributions to their school, community or society.

Nominations are being accepted for the Moorhead High School Hall of Honor.

Nomination guidelines and forms are available on the district's website at www.moorheadschoools.org or at Moorhead High School. Nominations received after Jan. 15, 2016, will be considered for future recognition. Nominations previously received are kept to be considered for future recognition.

WE'RE READY FOR OUR NEW SPUDS!

Moorhead Area Public Schools Kindergarten Registration

February 7, 2017 • 7 a.m. – 6 p.m.

February 8, 2017 • 7 a.m. – 3:30 p.m.

Register at Probstfield Center
for Education, 2410 14th St. S.

Students must be 5 years of age
on or before Sept. 1, 2017.

Please bring proof of your child's birthday.

Register for
free all-day
kindergarten



MOORHEAD
AREA PUBLIC SCHOOLS

Considering the district's K-5 Spanish Immersion Program for your child?

Learn more by meeting with the principal, speaking to immersion parents or visiting the school. Call the Probstfield Elementary office at 218-284-3800 or the Ellen Hopkins Elementary office at 218-284-4300.

To enroll your child in the Spanish Immersion Program register Feb. 7-8, 2017, at Probstfield.



Registration packets with Spanish Immersion Program information will be mailed to age-eligible students on the school district census in mid January. For more information call 218-284-3370, email info@moorheadschoools.org or visit www.moorheadschoools.org.

YOUR Family counts

Being counted on the school district census is important, so your family can take advantage of early childhood programs and receive important school information when you need it. If you or someone you know recently moved into our district or had an addition to the family, including birth or adoption, complete the online census form at www.moorheadschoools.org/census or call Community Education at 218-284-3400.



1335 Main • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Classes for All Ages

AUTHENTIC...

REAL...

TRADITIONAL...



**Grand Master Jim Grimestad
with 38 years experience**

7th Degree Grand Master Jim trains & tests in Korea

This is a traditional martial arts school not a sport

277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to **RRTKD.COM** for more information

FREE 2 week trial