



KIDsource

MARCH 2017

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org. Under Schools in the top menu, choose Community Education and from there select Programs. Scroll down the page until you see KIDsource. Then select the issue you would like to see.

KIDsource is distributed to all elementary students in Moorhead. Copies of KIDsource are available in the Horizon main office each month for your middle school student to pick up if interested.

Leader-Licous

ATTENTION 3RD AND 4TH GRADE GIRLS! JOIN US FOR LEADER-LICOUS!

Girls become "LEADER-LICOUS" when they learn leadership skills, develop a strong positive self-image, and are empowered. Each of us was born with our own unique talents, gifts, and abilities. Through this fun-filled leadership program, girls will focus on their inner selves and take the steps or dance as they move forward, leaving behind negativity that discourages and prevents them from reaching their full potential. Topics include: importance of education, bullying, breaking negative habits, relationships, my best self, communication, overcoming obstacles and more. At the final class, girls will shine as they demonstrate the leadership skills they have learned. Once these skills are learned, the results in our girls will be life changing.

Leader-Licous is led by Rachel Stone, former Mrs. North Dakota Intl. 2006.

YAS12A - Girls Grades 3-4, Mondays, March 13-May 22,
Ellen Hopkins, 3:30-5 p.m., \$65

Register online at <https://communityed.moorheadschoools.org>
or call 218-284-3400.



KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Center for Education at 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



Constructing *Dreams*



For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*

Learn more. Ask questions. Get answers. Here's how.

Coffee with the Mayor & Superintendent

Visit with the mayor and superintendent to learn more about the city and school district, ask questions and share your thoughts. Sessions will be at **10 a.m. in the Moorhead Center Mall Atrium** on:
May 17

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually, in the fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Website

Visit ***www.moorheadschoools.org*** for news, School Board meeting updates, calendars and much more.

Social Media

Follow Moorhead Schools on Facebook (***facebook.com/MoorheadSchools***) and Twitter (***@MoorheadSchools***).

Learn new skills in Moorhead Community Education classes

Take a healthy cooking class, learn to crochet, paint with watercolor, or take a Rourke Art class.

Spring class registration begins March 10
online at
https://communityed.moorheadschoools.org
or call 218-284-3400

MOORHEAD AREA PUBLIC SCHOOLS

*proudly serves the communities of
Moorhead, Georgetown, Sabin and surrounding area.
Learn more about the district at www.moorheadschoools.org.*

Ever had a great
idea for a game?

Want to learn
how to make your
OWN Video Games?



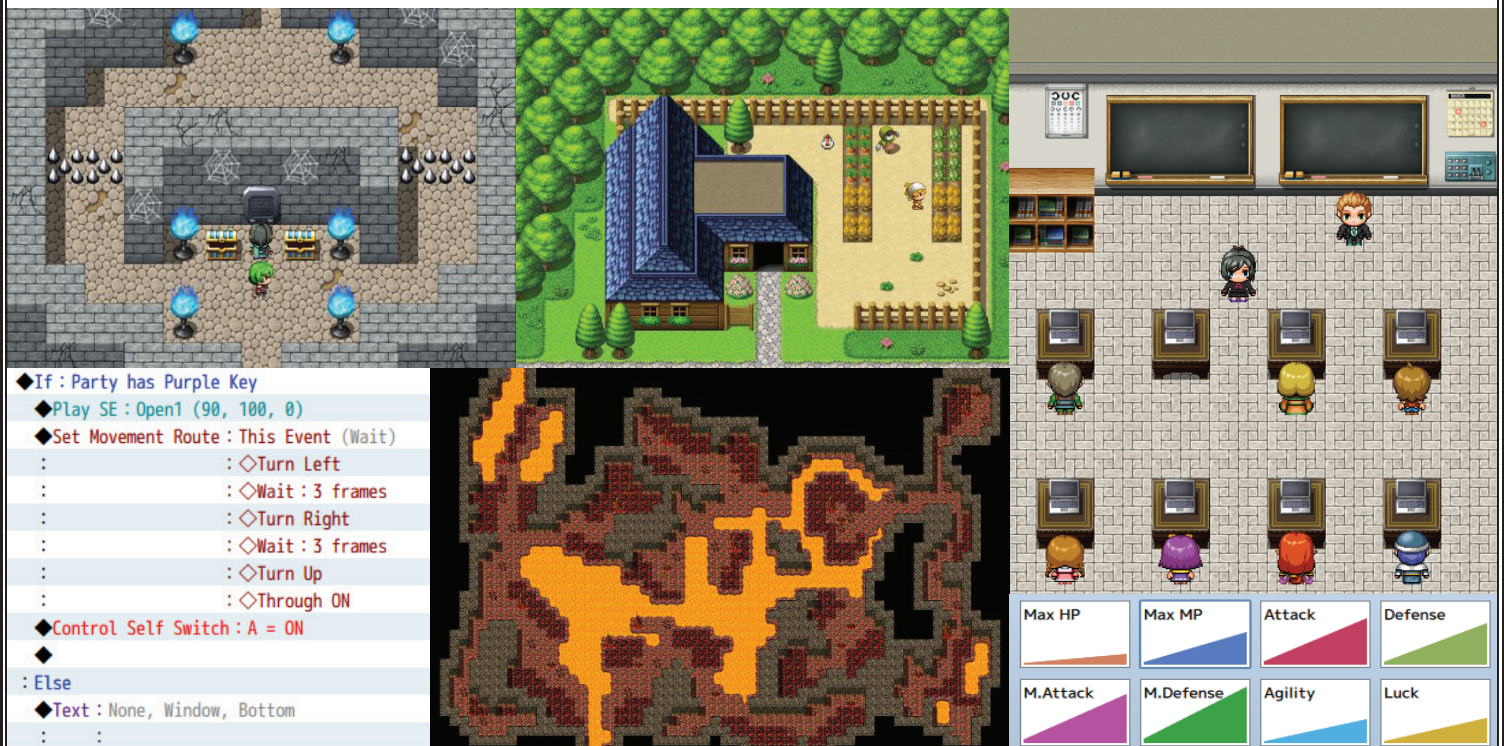
Classes in Moorhead
for 4th and 5th graders!

Creating Video
Games - Beginner

\$110/child

<u>CODE</u>	<u>LOCATION</u>	<u>DATES & TIMES</u>
YAS20C	Robert Asp Elementary	(Mar 30, Apr 6, 13, 20, 27; 3:00 - 5:00)

To register for classes, visit Moorhead Community Education at <https://communityed.moorheadschoools.org> and check out our website at www.podsgamedesign.com!



Facebook: PODSgamedesign Twitter: @podsgamedesign
Email: podsgamedesign@gmail.com



Moorhead Area Public Schools Jump Start Preschool Now Enrolling for 2017-2018

Register at Probstfield Center for Education, 2410 14th St. S.
or online at communityed.moorheadschoools.org

Students must be in the Moorhead School District



Jump Start Preschool – Must be 4-years-old by September 1, 2017

- Four days a week, Monday through Thursday, \$175/month
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

Jump Start for Threes – Must be 3-years-old by September 1, 2017

- Two days a week, Monday and Wednesday or Tuesday and Thursday, \$88/month
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

Children will develop skills needed for success as they enter kindergarten.

- Language and literacy
- Mathematical experiences
- Movement activities
- Social skills

Children will learn through

- Creative arts
- Discovery activities
- Hands-on experience



* Transportation is not provided *

For more information about Jump Start and other early childhood programs call Moorhead Community Education at 218-284-3400 or visit us at Probstfield Center for Education, 2410 14th St. S.

Legally Blonde The Musical JR - Musical Theater Camp

(For students completing grades 5-8 in Spring of 2017)

A Moorhead Community Education and
Fargo Moorhead Community Theatre (FMCT) collaboration



Students completing grades 5-8 can join us for this adventure in musical theater! Everyone who enrolls in this G-rated musical will be cast. Our four-week program will balance theater education with performance rehearsals. Students will receive voice instruction, develop dance skills, delve into character development, and master theater vocabulary and concepts.

During the rehearsal portion of the day, students will interact through ensemble-building exercises and block, choreograph and sing the elements of their characters.

A parent meeting is scheduled for June 1 from 6-7 p.m in the Moorhead High School Auditorium.

Auditions are the first day of rehearsals on June 5. The program will culminate in performances on June 28 and 29 at 2 p.m. and 7 p.m.

To register, go online at <https://communityed.moorheadschoools.org> and select Courses for Youth and Family then Summer Enrichment Camps or call Moorhead Community Education at 218-284-3400.



MOORHEAD PUBLIC LIBRARY

presents



1,000 BOOKS before KINDERGARTEN

Promoting reading readiness,
one book at a time.

Prepare your child for reading success by reading to them 1,000 times before they enter kindergarten. 1,000 Books Before Kindergarten is a nation-wide movement of parents and caregivers dedicated to getting children ready to read before kindergarten, creating the foundation of a lifetime of learning.

Visit the Moorhead Public Library (or a Lake Agassiz Regional Library location near you) to sign up for 1,000 Books before Kindergarten, collect your welcome kit, and start reading today!

2017 MOORHEAD ICE SHOW

Let the Games Begin

MOORHEAD ICE SHOW 2017

Enjoy this tribute to all the popular summer and winter Olympic sports featuring skaters in our Learn To Skate and Advanced Skate programs, with performances by a nationally ranked guest skater!

March 24 & 25 - 7 pm
March 26 - 1 pm

Tickets: \$5 (ages 4-11) | \$7 (ages 12 & up)

Moorhead Sports Center

Tickets available at the Parks & Recreation office between 8:00 am and 4:30 pm, Monday - Friday or at the door beginning 1 ½ hours before the show.



218.299.5340
moorheadparks.com

Midwest Elite Volleyball Clinic

Saturday, April 1st

Grades 1-4	1-3pm	\$28
Grades 5-9	9am-12pm	\$35

Rustad Recreation Center
601 26th Ave E West Fargo

To register go to online registration at wfparks.org



FMCTED   FARGO MOORHEAD Community Theatre
engage | enrich | create | grow

Check out our **Summer Education** program for elementary and middle school students!

Disney THE Aristocats KIDS

This program features hands-on instruction in a fun and fast paced learning environment with area educators and artistic professionals culminating in a public production of The Aristocats.

Classes:

Grades: K-2 AM 9:00am-12:00pm, June 5-June 24 | Monday -Friday
Grades: K-2 PM 1:00pm - 4:00pm, June 5 - June 24 | Monday - Friday
Grades: 3-4 AM 9:00am - 12:00pm, June 5 - June 24 | Monday - Friday

Enrollment: Grade most recently completed

Parent Meeting: June 2, 2017 at 6:00pm at The Stage at Island Park

Children will be placed in roles the first week of classes; no auditions will take place

Registration will begin March 1, 2017 • visit fmct.org or call 701.235.6778 for more info

LEGALLY BLONDE The Musical JR.

In Collaboration with Moorhead Community Education

Elle Woods is coming to town!

Moorhead Community Education and the Fargo-Moorhead Community Theatre collaborate to produce Legally Blonde The Musical JR. Students completing grades 5-8 can join us for this adventure in musical theater!

To register please call Moorhead Community Education:
218-284-3400 or online at: <https://tinyurl.com/zj5yp4f>

Parent Meeting: Thursday, June 1 at 6:00-7:00pm at Moorhead High School Auditorium
Auditions: Thursday, June 5th at 6:00pm

All rehearsals and performances take place at Moorhead High School

Registration now open • visit fmct.org or call 701.235.6778 for more info

Get up, Get out & MOVE!

Is your family feeling the **SPRING FEVER** coming on?

Get up, Get out & MOVE with us 6 - 7:30 pm, March 29 at Concordia

FREE
Schools alive!
FAMILY FUN Night

Join us for a GROOVY good time with The Groove EDGEducation founder Michelle Hillier and other healthy community partners.

Michelle will lead two high-energy routines that will get everyone's blood pumping. Plus, learn fun activities families can do at home inside or out!

6 - 7:30 pm, March 29
Concordia Olson Forum Gym
No registration or fee required!

Engaging Activities

Various activities will be available for children and parents to take part in including...

**Imagination
Playground**

Yummyland
(life size board game)

**Science
Experiments**

**Carnival &
Yard Games**

**Stationary
Bike Rides**

... and more!!

Activities provided by:

- Great Rides
- Boys and Girls Club
- Concordia Science Academy
- YMCA
- Fargo-Cass Public Health
- NDSU Extension

Questions?

Contact Keely Ihry
701-446-3168 | ihryk@ndseec.com



**NORTH DAKOTA
DEPARTMENT of HEALTH**

**DMF
DAKOTA MEDICAL
FOUNDATION**



NDSU



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!

NO CONTRACT REQUIRED!

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com





THURSDAY, MAY 18
FARGODOME

WWW.FARGOMARATHON.COM

2017 Youth Fargo Marathon Registration Form (duplicates acceptable)

1 Mile Youth Run, 1/2 Mile Youth Run

(Race fees are non-refundable, bib numbers are non-transferable, and changing of races is prohibited)

First Name _____ Last Name _____

Address _____

City _____ State/Province _____ Postal Code _____ Country _____

Gender: M F Date of Birth _____ Age on Race Day _____

Parents # on race day _____

Youth Shirt Sizes: S M L XL Adult Shirt Size: S M Special Needs/Wheelchair Entry? Yes No

Parents Email* _____

(*this e-mail address will only be used to send proofs of photos taken of your child during the race)

Official Youth
Run Sponsors:



1/2 Mile Youth Run
Thursday, May 18 • 6:30pm
____\$10 Thru race day

1 Mile Youth Run
Thursday, May 18 • 7:00pm
____\$10 Thru race day

• 6:30pm at the Fargodome
• Open to Kids of ALL AGES up to age 12
RUN with kids from around the region! RECEIVE
a finisher's medal and official t-shirt!

Things to Remember:

- Please fill out a separate entry form for each child runner.
- One adult runner may accompany each child runner, no charge.
- Race fees are non-refundable, bib numbers are non-transferable, and the changing of races is not allowed
- Shirts and medals to ALL race finishers!

RACE PACKET PICK-UP*

REGISTER ON-SITE & RACE PACKET PICK-UP*

At the FargoDome:

- Wednesday, May 17: 4:00pm-8:00pm
- Thursday, May 18: Noon-4:30pm

* For T-shirts, bib number, and other necessary race info, you must pick-up packets!

Submit Registration to:

Fargo Marathon, Inc.
405 West Main Ave, Suite 1-D
West Fargo, North Dakota 58078

Waiver: In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors and administrators, waive any and all rights, claims, and damages I may have against Fargo Marathon, Inc., Go Far Events, Inc., the sponsors, coordination groups, City of Fargo, and any individuals associated with said event. Also, none of the above is responsible for neither the loss of personal items nor any aggravation in connection with said event. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of the event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

Signature of Parent or Guardian _____ Date _____

REGISTRATION OPTIONS

- REGISTER BY MAIL: No later than May 11, 2017
- REGISTER BY ON-LINE: No later than May 11, 2017
Complete this entry form (duplicates acceptable)
or register on-line @ fargomarathon.com

Cobber Soccer Camp

Longest Running Soccer Camp in the Region



July 10-13, 2017 at Concordia College



Morning Camp (ages 4-12)

Ages 4-5, 9-11 AM: \$85

Ages 6-12, 9 AM - Noon: \$125

Afternoon Camp (ages 13-18)

Ages 13-18, 1:30-4:30 PM: \$125

Extra Goal Scoring and Goalkeeping Session (ages 13-18)

Ages 13-18, 6-7:30 PM on Monday, Tuesday, and Wednesday only: \$75

ATTEND BOTH THE AFTERNOON AND EXTRA SESSION FOR \$185!

Visit www.cobbersoccercamp.com to register!

2017 Concordia Youth Volleyball Camp: July 10-12

- For girls and boys entering Grades 3-5
- From 9:00-11:15 am each day
- Cost: \$85
- Check-in at 8:30 am on Monday, July 10
- Campers grouped by age and ability
- Held at Concordia's Memorial Auditorium
- Each camper receives a free t-shirt and volleyball
- A fun introduction to volleyball: no experience necessary! ☺
- Register Online
- Website: www.CobberVolleyballCamps.com





Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN

1-218-233-7524

www.lmhc.org

24 hour Emergency/Crisis

1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Mobile Mental Health Crisis Response

Serving Adults & Children in Clay, Otter Tail & Wilkin Counties

24 Hours a Day, 7 Days a Week

Help for you on the Phone or in your Home

1-800-223-4512

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.

FOCUS



Looking

for a way to help
your child stay
fit and in shape?
Try Martial Arts.

At this ATA- certified
school, we **help** children
look and stay fit as they
learn how to
defend themselves.
CALL TODAY
and ask about our new
student special.



ATA
MARTIAL ARTS
4480 23rd Avenue South
Fargo ND 58104

Bring in this ad for
One **FREE** Week!!

701.237.6800

www.ATAfargo.com



"ATA Martial Arts of Fargo"

on Fitness

News Flash – Dads play an important role in a child's life.



More than just the “other parent” a child turns to when mom says “No”, dads direct involvement makes a difference with kids. Research tells us that children benefit in a variety of ways when there is positive involvement from fathers and father figures. It also tells us that fathers benefit from being positively involved with their kids. How cool is that?!

When fathers are involved their children learn more and typically perform better in school. Involved fathers help develop in their child a stronger ability to problem solve, increase self-esteem, confidence, social competence and life skills. Fathers who play an active role in caring for their infant child contribute to higher levels of secure attachment for the child

Five Tips to being an involved Dad

1. Spend time with your children: Our lives are so busy and unfortunately some of that busyness takes away from time with our children. Make time every day whether at dinner, attending one of your child's activities, or reading a bedtime story to connect with your child. Ask them how their day went; share your day with them. With all of the new “technology” even dads who live apart from their children can find ways to connect with their child. Missed opportunities are forever lost.
2. Be a role model: Whether you realize it or not, kids are watching what you say and do. Respect their mother in your words and actions and your children will grow up to respect her as well. When helping someone in need, even something as small as shoveling the sidewalk for a neighbor, it teaches your children the importance of helping others.
3. Listen to your children. Take time to listen to their ideas and problems. Start talking with them when they are young and the conversations you will need to have as teenagers about drugs and alcohol will be that much easier to have with them.
4. Get involved in your child's education: Attend school meetings and school functions. How excited would your child be if you attended their class music performance? Help them with their homework. Read to your child. When your child is young, make an effort to read to them every day. Besides the benefits of one on one time with your child you are instilling in them the love of reading. As they become readers, have them read to you! As they progress in school, find out what books they are reading at school. You might want to consider checking that book out of the library and reading it at the same time so you can discuss it with your child.
5. Show affection: Tell your kids every day that you love them and then tell them again!

A dad's job is never done. Even after children grow up and leave home, they will still look to their fathers for wisdom and advice. There will always be something special about fathers.

Kids and Dads. Building trust. Shaping lives. Sharing love.

For more information on Dads check out www.mnfathers.org

Local Advisory Council for Children's Mental Health



March on in to Spring at Family Wellness!

NEW DATE: Camp Carnival | Tuesday, March 7th from 5:00-7:00 PM

Camp Carnival is a fun, free, family event where you get to sample activities from our upcoming youth summer camps! Participants will get the opportunity to dip their toes into a little bit of each camp theme from sports to art, and even the wild wilderness. Summer camp registration will be available at a discounted, early bird price, for all who are interested in signing up at the carnival. All ages are welcome! Suggested \$5 per Family Donation. 100% of proceeds benefiting the Inspire Wellness Initiative.

FIT Start | Thursdays, March 2nd-May 4th from 6:00-7:00 PM

10 week program for 7-12 year olds

- Program includes 10 classes: 7 fun fitness sessions and 3 healthy cooking sessions
- Pre and post measurements will be taken.
- Parents will attend (with their child) all 3 of the healthy cooking classes
- Parents will need to set up a time to complete a facility orientation and pre-testing for their child before they start the program.
- Program Cost \$60 Members / \$100 Non-Members
(includes Family Wellness individual membership for 10 weeks) Financial assistance is also available.

Youth Boot Camp | Mondays, March 6th- April 10th 5:30- 6:30 PM

Youth boot camp is an optimal, exciting, intense, and enjoyable workout program for all kids with modifications for all fitness levels. The kids will be doing courses and drills designed for their age and developmental level. Each session will be unique which will keep them interested and challenged. The program will stimulate their minds and bodies for an all-around fun class! Ages 5-8. \$30 Members/ \$60 Non-Members

Sports Sampler | Tuesdays/Thursdays, March 7th–23rd from 6:15-7:15 PM

Sports Sampler is packed with a variety of fun sports for kids. Participants will learn and play sports of all sorts in a positive and encouraging environment. This camp will focus on teamwork, sportsmanship and giving your best effort at all times. Ages 4-7. \$30 Members / \$60 Non-Members

Register Online, at the Family Wellness Front Desk or call 701.234.2400!

If you have questions contact Matt at matthew.melchior@sanfordhealth.org

2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org



MOORHEAD PARKS and RECREATION

Check out our Spring and Summer Program Guide
and Register today!

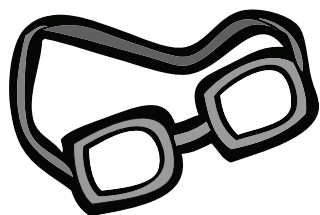
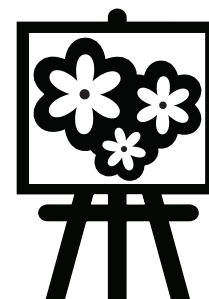
moorheadparks.com

SPRING ART CLASSES

March 11: Mixed Media Lion (Ages 6-8)

April 5 & 12: Everything is Coming Up Daisies (Ages 6-8 and 9-12)

May 6: Soaring Hearts (Ages 7-9 and 10-14)



SPRING SWIM LESSONS

Learn to swim for fun and safety! All classes are taught
in accordance with the Red Cross standard.

Spring Classes: March 20 to April 6 at the Moorhead High School Pool

EVERYBODY DANCE NOW!

APRIL 1 6:00-9:00 PM
HJEMKOMST CENTER

If you like great music and dancing, then bring the family out for an evening of high energy entertainment! The dance floor will be rockin' with tons of interactive musical favorites, refreshments, photos, and memories to be made for a lifetime!

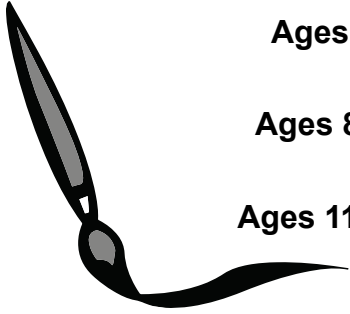
This event is for youth ages 4-12 and their family. Semi-formal dress is encouraged.

Tickets are \$10 per person and will be available for purchase beginning March 6, at the Moorhead Parks and Recreation office (324 24th St S, inside the Moorhead Sports Center) or via phone providing a credit card (218.299.5340).

A limited number of tickets will be available so be sure to purchase yours early!

SUMMER ART CAMPS

These popular art classes give kids the opportunity to explore their creative side and meet new friends! Art encourages growth in many ways, giving confidence, observation skills, self expression, and a feeling of accomplishment. Various class times, Monday-Thursday, June through August.



Ages 6-7: Each session will offer a variety of projects that include painting, drawing, construction, and sculpture.

Ages 8-10: Participants will learn about artists, experiment with a variety of 2D and 3D art materials, and create original artwork.

Ages 11-14: This level allows artists to build on what they have learned and offers the chance to try new techniques, creating challenging 2D and 3D projects.

YOUTH BASEBALL

Big Bopper

Grade: Kindergarten or 5 years old | \$35

Monday/Wednesday or Tuesday/Thursday from June 5 to July 13 | 5:15-6:00 pm

T-Ball

Grade: 1st | \$40/\$60 after April 14

Monday/Wednesday from May 15 to July 12 | 6:15 OR 7:15pm (time assigned by Parks office)

Rookie

Grade: 2nd and 3rd | \$40/\$60 after April 14

Tuesday/Thursday from May 16 to July 13 | 6:15 OR 7:15 pm (time assigned by Parks office)

Pop-Up *NEW! 5th Grade Added!*

Grade: 4th and 5th | \$40/\$60 after April 14

Tuesday/Thursday from May 16 to July 13 | 6:15 OR 7:15 pm (time assigned by Parks office)



FM CHALLENGERS BASEBALL LEAGUE

The Fargo-Moorhead Challenger Baseball League was formed to provide more athletic opportunities for children with special needs in the metro area. The Miracle Field has a rubberized surface, giving people with mobility challenges a safe place to play.

Scholarships are available for participants who live outside of the Moorhead area.

Contact Jordan at 218.299.5078 for more information.

Age: 12+ | Mondays from June 5 to July 31 | 6:00-7:00 pm and 7:00-8:00 pm

Age 5-8 | Tuesdays from June 6 to August 1 | 6:00-7:00 pm

Age 9-11 | Tuesdays from June 6 to August 1 | 7:00-8:00 pm



Register online today! **moorheadparks.com**

Parks and Recreation



COLLEGE FOR

▷▷ KIDS & TEENS ◁◁

Registration open NOW!

*Register for 3 classes and the 4th one is free!

 **Learn more at mnstate.edu/collegeforkids**

2017 DATES

June 12-15

June 19-22

July 10-13

July 17-20

Minnesota State University Moorhead is an equal opportunity educator and employer and is a member of the Minnesota State system.

MSUM Regional Science Center



MINNESOTA STATE UNIVERSITY
MOORHEAD®

Attend a Summer Language Camp!

\$1,000 Stipends Available

The Minnesota Office of Higher Education (OHE) provides \$1,000 stipends on a first-come, first-served basis for students in grades 3-11 who qualify for free or reduced lunch to attend eligible summer academic enrichment programs, including Concordia Language Villages. Additional need-based scholarship are also available.

Apply today!

LEARN MORE:

www.ConcordiaLanguageVillages.org/OHE
(800) 222-4750 | clv@cord.edu



A program of
CONCORDIA
COLLEGE



Warning Signs of a Reading Difficulty

If a child exhibits 3 or more of the following warning signs, they may be displaying signs of Dyslexia.

Kindergarten and First Grade

- Difficulty connecting letters to sounds
- Failure to understand that words come apart
- Difficulty learning sight words quickly and recognizing them in stories
- Difficulty sounding out words that are not already memorized
- Difficulty sounding out even the simplest words in Kindergarten, such as mat, cup, bit, pot, or pin.
- Reading errors that show no connection to the sounds of the letters
 - Saying *big* for *goat*, or *fish* for *from*
- Reading that is very choppy and labored in mid-late First Grade
- Difficulty spelling
- History of reading difficulty in the family
- Complaints about how hard reading is or avoiding the task

Mid-Late Elementary

- Slow, choppy, inaccurate reading
 - Guesses at unknown words
 - Skips or misreads small, common words (at, to, the, of, for)
 - Ignores suffixes, such as -ed
 - Difficulty sounding out unknown words and fixing errors independently
- Terrible spelling
 - May memorize words for test each week, but forgets them after the test & doesn't use them when writing
- Difficulty reading multi-syllable words, leaving out sounds or complete syllables
 - conible for convertible; rebersbal for reversible
- Homework that never seems to end
- Very slow progress in learning to read
- Lowered self-esteem and lack of confidence in their academic ability.



Middle School and High School

- History of reading difficulty
- Limited vocabulary
- Poor written expression
 - Difficulty putting thoughts down on paper
- Reading continues to be slow and labored
- Continues to guess or skip unknown words
- May have to read something 2 or 3 times to understand it
- Embarrassment caused by oral reading
- Terrible speller
- Difficulty pronouncing unfamiliar names of people or places
- May drop out of high school
- Has difficulty passing entrance exams for college



***20% of children have dyslexia.
Waiting to see if they will
catch up is not the answer.***

***Call 218-359-0505 today to
schedule an evaluation***



IGNITE THE PASSION

TRI-CITY STORM SOCCER CLUB

Experience the world's most popular sport with TC Storm Soccer Club; Fargo, Moorhead and West Fargo's largest and longest running club. With programs, leagues, and teams for players of all ages, abilities, and commitment levels, you can be sure to find an environment that is just right for you. Come join us and experience the excitement first hand!



ADULT



SELECT



RECREATIONAL



www.tricitystorm.org



(218) 233-6139



We **BELIEVE** that every individual is able to unlock their potential through movement.

**Gymnastics * Special Needs * Ninja Kids * OT
Cheer * Birthday Parties * After School Program**

Special Needs Classes



NOW offering a variety of special needs classes including:

1:1 Private Sessions: Child has the opportunity to participate at their own pace

Small Group Sessions: Child participates with 3-6 individuals with similar abilities

Inclusive Sessions: Child participates in regular recreational gymnastics or fitness classes with simple modifications

Contact **Nate@tntkidsfitness.org** to sign up your child today!

Spring Session: March 6 - May 13

Register Online
at tntkidsfitness.org!

Classes for girls and boys ages 18 months and older including:

- Preschool Gymnastics
- School Age Gymnastics
- Ninja Kids
- Cheer
- School's Out Day Camps

You're invited!

Want an unforgettable birthday?
Celebrate your birthday at TNT
Saturday or Sunday
Visit tntkidsfitness.org
for more information



School's Out Day Camps

If school is out for the day, come to TNT and play!



Includes: Fitness & gymnastic stations, sports & games, arts & crafts, educational lessons, healthy lunch & snacks

2016-2017 dates now available at tntkidsfitness.org

Open Gyms

Preschool Open Gyms August 25 - May 13

Ages 18 months - 5 years*
Thursday: 11:00am - 12:00pm
Friday: 10:00am - 11:00am
Saturday: 8:15am - 9:15am

*One active helper needed for every two children

School Age Open Gyms Ages 6-14 years 7:00-8:30pm

March 24 - Ninja Warrior Theme
April 7 - Space Adventure Theme

Register online at tntkidsfitness.org

Register online at tntkidsfitness.org



YMCA OF CASS AND CLAY COUNTIES

YMCACASSCLAY.ORG



facebook.com/ymcacassclay



@ymcacassclay



@ymcacassclay

WHAT WILL YOUR CHILD BE DOING THIS SUMMER?

YMCA summer camp and summer school age care registration now open!

SUMMER CAMPS

Camp Cormorant

Resident Camp | Ages 7-15

Join us for a traditional sleepaway camp experience! Choose from specialty camps like ropes course, art, wilderness and more!

Camp Koda

Day Camp | Ages 6-11

Try a new and unique each week at Camp Koda! Campers will swim, laugh, sing and make new friends during themed camp weeks!

Busy Beaver Camp

Half-Day Camp | Ages 3-5

Keep little minds and bodies busy all summer long with a half-day "camping" experience designed just for preschoolers!

EARLY BIRD
PRICING
AVAILABLE

Learn more about all our camps and download a registration form at ymcacassclay.org/camp

SUMMER SCHOOL AGE CARE – Y EXPLORER PROGRAM

Give your child the gift of a screen-free summer in the Y Explorer Program! In addition to regular summer activities like swimming, outdoor games and field trips – kids will have the chance to participate in a special, engaging curriculum! This summer's theme is "Back to the Future" – we'll going back in time and exploring all the different eras leading up to present day!

We also offer flexible scheduling options! Kids can join us two, three or five days per week!

We have 20+ area summer sites – maybe one right in your school!

Registration night for new families: March 29, 4-6pm at School Age sites – see list of summer sites online!

Visit us online to learn more: ymcacassclay.org/schoolage

LEARN. PLAY. GROW.

Spring Youth Program Registration NOW OPEN!

UPCOMING SESSIONS: March 20 – April 22 | April 24 – May 27

- > Rock Climbing & Advanced Climbing Clubs | Ages 7-15
- > Swimming Lessons | Ages 6 months and up
- > Baton Twirling and Competitive Show | Ages 4-18
- > Youth Basketball | Ages 4-7
- > Gymnastics | Ages 2 and up
- > and more!



See all programs and register at
ymcacassclay.org/programs

Join us for upcoming events!

Visit ymcacassclay.org/events or call 701.293.9622 for registration info.

Saturday Fun Night

March 4 | 4:30-9:30pm

Schlossman Y | Ages 5-12

Kids can join us for a fun-filled night in the Xerzone, Climbing Wall, Basketball Gym and Kids' Gym!

Holiday Parent's Night Out

March 10 | 5-8pm

Fercho Y | Ages 6wks – 11 years

Enjoy a night out while kids participate in St. Paddy's Day fun and games!

St. Patrick's Day in the Xerzone

March 25 | 1-3pm

Fercho Y | All Ages

Join us for an afternoon of wacky games, healthy snacks and FUN! FREE and open to the community!

Fercho YMCA – 400 1st Ave S, Fargo, 701.293.9622 | Schlossman YMCA – 4243 19th Ave S, Fargo, 701.281.0126



Awesome Art Afternoon

Saturday, March 18

Anytime Between 1:00-3:00 pm

RDJ Rec Center, 1104 2 Ave S, Fargo

FREE!

Thanks to a grant from
Xcel Energy.

Spend an afternoon
creating fun art
projects to take home.



701-499-7788 | fargoparks.com

Cosmic Bowling



Sunday, March 19

1:00 - 3:00 pm

West Acres Bowl (3402 Interstate Blvd SW)

Bring the whole family & enjoy bowling at its wildest times.
Music & lights add to the party atmosphere.
Prizes given away throughout the event.

Register Early! Limited spots available.

Forms are available at fargoparks.com

Fee: \$9/person (groups of 4 or 5 preferred)



701-499-6060
fargoparks.com



Celtic Festival

Saturday March 11

10a.m. - 4p.m.

BRITTANY • CORNWALL • ISLE OF MAN
GALICIA • IRELAND • SCOTLAND • WALES

Hjemkomst Center

202 1ST AVE N • MOORHEAD

Free Admission

2 ENTERTAINMENT STAGES

HERITAGE PRESENTATIONS

ARTS & CRAFTS

CELTIC FOODS & TREATS

INTERACTIVE BOOTHS & SHOPPING

fargoparks.com

701.499.7788



Arts Partnership

Support for this project is provided by the cities of Fargo, Moorhead and West Fargo through The Arts Partnership

Teddy Bear Tea Party

Saturday, March 4

Rheault Farm, 2902 25 St S

9:00-10:00 am or 11:00 am - 12:00 pm

Ages 4-8

Fee: \$6 per child

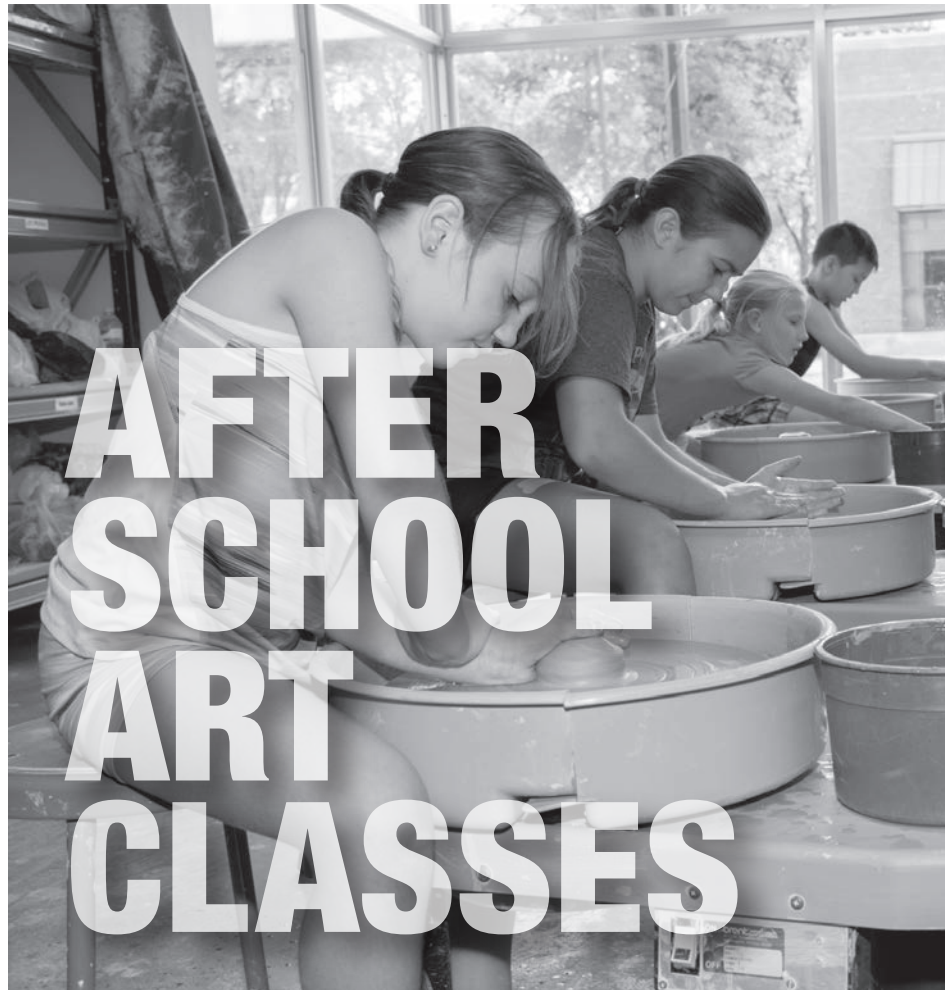


Come dressed for a tea party
& bring your teddy bear.
Learn etiquette through
games while enjoying
bite-size snacks &
refreshments.

Pre-registration required.
Register at fargoparks.com



701-499-7788 | fargoparks.com



Pottery, Painting, Printmaking and more.

Mondays beginning at 4 pm and take place in the Center for Creativity. Classes are designed for students ages 6 – 14.

POTTERY ON THE WHEEL

Monday, March 6 • 4 – 6 PM

Monday, March 20 • 4 – 6 PM

IMAGINATION COLLAGE*

Monday, March 27 • 4 – 6 PM

\$24 / \$19 members • *\$20 / \$16 members
Register at plainsart.org / 701.551.6100

SCHOOL BREAK CAMP: ANIMATED CERAMIC HOUSES

Thursday & Friday, March 16 – 17

1 – 4 PM • \$65 / 52 members

Join this fun two day workshop to create your own architectural house form out of clay.

PLAINS **Art** MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY
704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org

Register Early for Spring & Summer Programs!

Swimming Lessons

March 27-April 17 Register By: March 17
April 24-May 15, Register By: April 17
June 12-23, Register By: June 9
July 6-19, Register By: July 5
July 24-August 4, Register By: July 21

Sports Sampler

March 27-April 27, Register By: March 23
June 13-July 11, Register By: June 8

Youth Baseball/T-ball

June 5-July, Register By: April 17

Youth Golf Lessons

June 5-29 Register By: June 2
July 10-August 3, Register By: July 7

Youth Track & Field

June 5-29, Register By: May 22

Youth Flag Football

August 7-October, Register By: June 30

Girls Volleyball League

March 27-May 25, Register By: March 15

Girls Volleyball Camp

June 6-9, Register By: June 1

Coed Sand Volleyball Camp

July 31- August 3, Register By: July 21

All programs are first come, first serve and may fill prior to the deadline.
Registration now open online at fargoparks.com



499-6060 | fargoparks.com





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The Area's Only Traditional TaeKwonDo School

Classes for All Ages

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**Grand Master Jim Grimestad
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7th Degree Grand Master Jim trains & tests in Korea

This is a traditional martial arts school not a sport

277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to **RRTKD.COM** for more information

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