

MARCH 2018

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschools.org/KIDsource. KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

Check out Community Education Art Camps for Grades K-4

Join art teacher Sara Brady for one or more of these one-time painting experiences at Ellen Hopkins Elementary.

Grades K-2 Camps

Love You to the Moon and Back Black Silhouette Pet Painting

YAS14B – Thursday, March 22, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Spring Bunny Painting

YAS14D – Thursday, March 29, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Magical Starry Night Owl Painting

YAS14F – Thursday, April 5, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Ice Cream Cone Treats Painting

YAS14G – Monday, May 21, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Grades 3-4 Camps

Love You to the Moon and Back Black Silhouette Pet Painting

YAS14A – Monday, March 19, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Spring Bunny Painting

YAS14C – Monday, March 26, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Magical Starry Night Owl Painting

YAS14E – Tuesday, April 3, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Ice Cream Cone Treats Painting

YAS14H – Thursday, May 24, 2:45-4:15 p.m., Ellen Hopkins Elementary Room 125, \$15

Register online at https://communityed.moorheadschools.org or call 218-284-3400 for more information.

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



PURSUE EXCELLENCE





For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*





Learn more. Ask questions. Get answers. Here's how.

Coffee with the Mayor & Superintendent

Visit with the mayor and superintendent to learn more about the city and school district, ask questions and share your thoughts. Sessions will be at **10 a.m. in the Moorhead Center Mall Atrium** on:

May 16

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually, in the fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Website

Visit *www.moorheadschools.org* for news, School Board meeting updates, calendars and much more.

Learn new skills in Moorhead Community Education classes! Spring class registration begins March 16 online at https://communityed. moorheadschools.org or call 218-284-3400

Social Media

Follow Moorhead Schools on Facebook (*facebook.com/MoorheadSchools*), Twitter (*@MoorheadSchools*) and Instagram (*moorheadschools*).

Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area. Learn more about the district at www.moorheadschools.org. Build your own video game!



Build your own video game!

BEGINNER RPG

Robert Asp Elementary

Dates:

Jan 10, 17, 24, 31, Feb 7

Time:

3:00 - 5:00

BEGINNER RPG

Dorothy Dodds Elementary

Dates:

Feb 14, 21, 28, Mar 14, 21

Time:

3:00 - 5:00

BEGINNER RPG

Horizon Middle EAST

Dates:

Mar 19, 23, 26, 28, Apr 4

Time:

4:00 - 6:00

BEGINNER RPG

Horizon Middle WEST

Dates:

April 6, 9, 11, 13, 16

Time:

4:00 - 6:00

ADVANCED RPG

(Mechanics & Formulas)

Horizon Middle EAST & WEST

Dates:

April 18, 20, 23, 25, 30

Time:

4:00 - 6:00



IN SUMMER 2018...

Video Game Design Camp

Moorhead High School Media Center

Dates: June 11 - 15

8:00 - 12:00 (Ages 9 - 13)

1:00 - 5:00 (Ages 13 - 18)

ADVANCED RPG (Dungeons)

Moorhead High School Media Center

Dates: July 30 - Aug 3

3:30 - 5:30 (Ages 9 - 18)

- Learn the building blocks of video game design!
- Create a Role-Playing Game (RPG) of your very own!
- Bring your work home at the end of class to show your family and friends!
- Move on to the Advanced Class after the Beginner Class for more fun!
- Register at https://communityed.moorheadschools.org/
- Find more information about the classes at www.podsgamedesign.com!
- Questions? Contact PODS at 701-936-4716 or podsgamedesign@gmail.com!



Moorhead Area Public Schools Jump Start Preschool

Registration opens February 20, 2018!

Register at Probstfield Center for Education, 2410 14th St. S. or online at https://communityed.moorheadschools.org

Students must be in the Moorhead School District





Jump Start Preschool – Must be 4-years-old by September 1, 2018

- Four days a week, Monday through Thursday
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

Jump Start for Threes – Must be 3-years-old by September 1, 2018

- Two days a week, Monday and Wednesday or Tuesday and Thursday
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

Children will develop skills needed for success as they enter kindergarten.

- Language and literacy
- Mathematical experiences
 - Movement activities
 - Social skills

Children will learn through

- Creative arts
- Discovery activities
- Hands-on experience



* Transportation is not provided *

For more information about Jump Start and other early childhood programs call Moorhead Community Education at 218-284-3400 or visit us at Probstfield Center for Education, 2410 14th St. S.

Moorhead Community Education Camp

Register online at https://communityed.moorheadschools.org or call 218-284-3400 for more information.

Hey 5th and 6th Graders! JOIN ART CAMP TODAY

Art camp is a fun way to get to do projects outside of the art room. It is a way for you to explore a variety of art materials while making new friends. You also will get to spend

more time with Mrs. Stowman and Mrs. K! We will be doing all types of projects ranging from oil pastels to clay to murals. Please join us for an awesome art experience! All materials provided.

YAS11C - 12 Wednesdays, 3/14-5/30, Horizon Middle School West Campus Grade 5 Maker Space, 7:45-8:45 a.m., \$85





Saturday, April 7 10 a.m. - 2 p.m. Moorhead Center Mall

Dental varnishing for kids, child IDs, petting zoo, stage performances, face painting, and more all free of charge!

For more info visit the Moorhead Center Mall on Facebook



















YMCA OF CASS AND CLAY COUNTIES



ymcacassclay.org | #ymcacassclay | 701.293.9622

SUMMER SCHOOL AGE CHILD CARE

Get ready for a summer of adventure and curiosity with the Y Explorer Program!

PROGRAM FEATURES Get more details and register online: ymcacassclay.org/schoolage

- Program runs 6:30am 6pm
- · Weekly off-site field trips
- · Flexible scheduling options
- 20+ area sites maybe even one in your neighborhood!
- Interactive STEM, literacy, and arts activities
- · Fun summer activities like swimming, outdoor games, crafts, and more!
- · Breakfast, lunch, and snack included
- · Financial assistance available
- And so much more!



SCHOOL AGE AND EARLY LEARNING SUMMER REGISTRATION NIGHT

March 28 | 4:00 - 6:00pm

Stop by any School Age or Early Learning site and tour our outstanding facilities, meet our teachers, learn more about our programs, and get registered! View a full list of sites and addresses online: ymcacassclay.org/childcare

SUMMER 2018 Y EXPLORERS THEME: WONDEROPOLIS

Welcome to Wonderopolis, a place where natural curiosity and imagination lead to exploration and discovery in learners of all ages! Each week, we pose an intriguing guestion—the Wonder of the Week-and explore it in a variety of ways. From tinkering in the Tech Workshop, to getting your creative juices flowing in the Wonder Studio, the Y Explorer Program is your summer-learning destination that's full of fun!



SPRING YOUTH PROGRAMS

Spring Session of Spring Youth Programs runs March 19 – May 19. Learn more, view session details and register online: ymcacassclay.org/programs



Baseball Ages 3-7



Swimming Lessons Ages 6 months +



Wacky Science and LÉGO® Club Ages 6-12



Rock Climbing Ages 7-14



Gymnastics and Dance Anes 2+



Soccer Skills Ages 3 - 7



Babysitting Training Ages 11+ Great for older siblings!

Upcoming Events

Parent's Night Out

March 24 | April 21 | 4 - 7:30pm

Parents, need a break? Your kids will have a blast in the Aquatic Center, Gyms, Climbing Wall, Xerzone, PlayTown and more! A healthy meal is included! To register, call 701.293.9622 or visit ymcacassclay.org/register

- > Ages 6 weeks 14 years
- > Members: \$25 first child (\$15 each additional child)
- > Non-Members: \$32 first child (\$22 each additional child)

School Out Day Camp

March 29 - 30 | 9am - 4pm

School's out for the day! Join us for gym games, rock climbing, swimming, crafts, off-site field trips, and more! Extended care is available. MUST register at least one week in advance. To register, call 701.293.9622 or visit us online: ymcacassclay.org/register

- > Ages 6 11
- > Members: \$40/child
- > Non-Members: \$50/child

Easter Eggstravaganza

March 24 | 2 - 4pm | Fercho Y

Join us for some Easter fun with an Easter Egg Maze, swimming, face painting, arts and crafts, a bunny hop, obstacle course, photo booth with the Easter Bunny, and so much more! Parents and/or quardians get in for FREE!

- > All Ages
- > Members: \$8
- > Non-Members: \$10





COLLEGE FOR

>>KIDS & TEENS

Registration NOW OPEN!

*Register for 3 classes and the 4th one is free!



Learn more at mnstate.edu/collegeforkids

2018 DATES

June 11-14 June 18-21 July 16-19 July 23-26



Minnesota State University Moorhead is an equal opportunity educator and employer.



Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN 1-218-233-7524 www.lmhc.org

> 24 hour Emergency/Crisis 1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

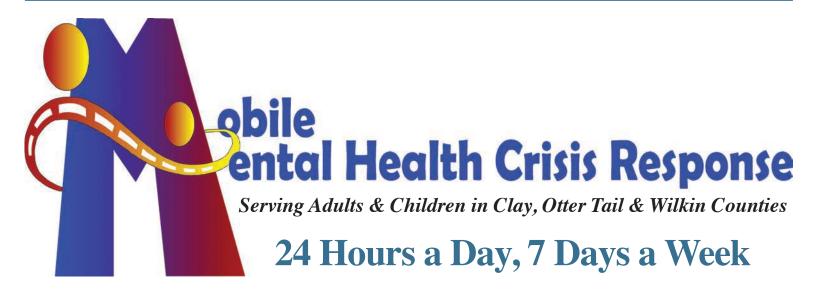
Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Help for you on the <u>Phone</u> or in your <u>Home</u> 1-800-223-4512

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.

YOUTH BASEBALL REGISTRATION IS NOW OPEN!

Big Bopper (Kindergarten/5 year olds) - \$35.00 Monday and Wednesday or Tuesday and Thursday June 4-July 12, 5:30-6:15 pm

> T-Ball (First Grade) - \$42.00 Monday and Wednesday May 14-July 11, 6:15 pm or 7:15 pm

Rookie (Second and Third Grade) - \$42.00 Tuesday and Thursday May 15-July 12, 6:15 pm or 7:15 pm

Pop-Up (Fourth and Fifth Grade) - \$42.00 Tuesday and Thursday May 15-July 12, 6:15 om or 7:15 pm

Registration Deadline: April 16.



218.299.5340 MOORHEADPARKS.COM

2018 Moorhead Tce Show



March 23 and 24 - 7 pm March 25 - 1 pm Moorhead Sports Center

Tickets \$5.00 (ages 3-11) \$8.00 (12 and older)

Join us on a magical journey as we tour the bookstore!

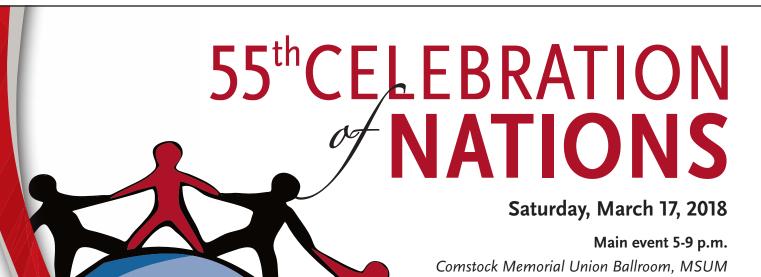
Featuring our Learn to Skate and Advanced Skate program participants as your favorite storybook characters, coming to life on the ice!

Enjoy National Level guest skaters and over 150 local skaters of all ages!

Tickets available at the Parks & Recreation office Monday-Friday, from 8:00 am - 4:30 pm, or at the door beginning $1\frac{1}{2}$ hours before the show.



218.299.5340 moorheadparks.com



Activities

Fashion Show T Flag Parade Entertainment Food and Cultural Booths



Minnesota State University Moorhead is an equal opportunity educator and employer



We would like to invite you to be part of the Moorhead Crush Girls Fastpitch program! We offer girls ages 7-18 skills in teamwork, confidence, skill building and lifelong friendships on and off the field.

Teams include:

8U (ages 7-8)

10U (ages 9-10)

12U (ages 11-12)

14U (ages 13-14

18U (ages 15-18)

Travel Teams will also be available for 10u-18u

Registration starts Monday, January 2nd and runs through Friday, March 16th. Mark your calendars because it's going to be AWESOME!

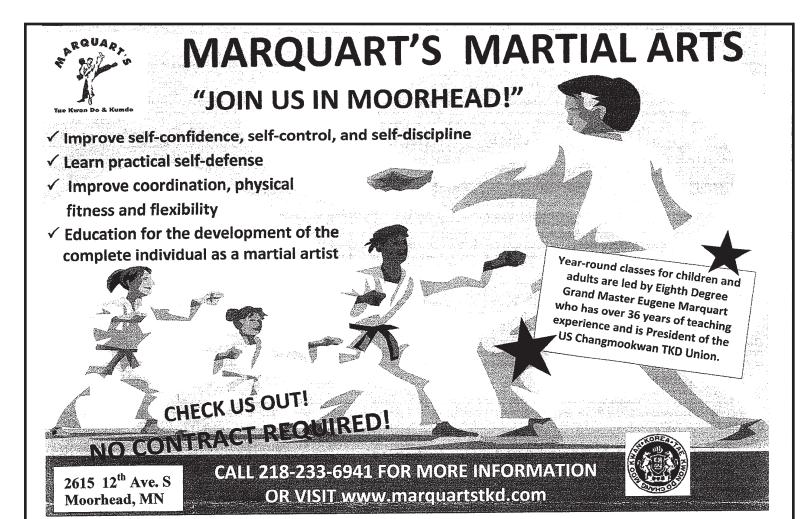
Other ways to get involved before the summer season starts include:

- Winter clinics
- -Spring ball (For grades 6, 7, and 8)
- -Spring Kick Off events and MORE...

Parents - Interested in coaching, being on a committee, or just getting involved in a great organization? Please feel free to contact us with interest, questions or concerns at info@moorheadcrush.org or...

Todd Kiser - President 701.388.5057 Vance Christianson - Program Director 701.238.5276

Check us out at <u>www.moorheadcrush.org</u> and Like us on Facebook (facebook.com/moorheadcrush)





Pottery, Painting, Printmaking and more.

Mondays beginning at 4 pm. Classes are designed for students ages 6 – 18.

POTTERY ON THE WHEEL

Monday, March 19 • 4 – 6 PM Monday, April 2 • 4 – 6 PM Monday, April 16 • 4 – 6 PM

HAND-BUILDING WITH CLAY

Monday, March 12 • 4 − 5:30 PM Monday, April 9 • 4 − 5:30 PM Monday, May 14 • 4 − 5:30 PM

BOOK ARTS

Monday, March 26 • 4 − 5:30 PM

CALLIGRAPHY

Monday, April 23 • 4 − 5:30 PM

REGISTER TODAY!

plainsart.org / 701.551.6100

PLAINS ARTI MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY 704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org

2018 Concordia Youth Volleyball Camp: July 10-12

- For girls and boys entering Grades 2-5
- From 9:00-11:15 am each day
- Cost: \$75
- Check-in at 8:30 am on Tuesday, July 10
- Campers grouped by age and ability
- Held at Concordia's Memorial Auditorium
- Each camper receives a free t-shirt and volleyball
- A fun introduction to volleyball: no experience necessary!
- Register Online
- Website: www.CobberVolleyballCamps.com



The ORCCC

- Offers a loving Christian Environment.
- Help students build strong, positive relationships with adults.
- Provide an environment that helps students develop positive relationships with peers.
- Provide fun, enriching, creative activities that promote growth in mind, body and spirit.

We also offer:

Child Care Hours: 6:45 AM to 5:45 PM

Programs for Infants through School Age (6 weeks to 12 years of age)

Located at: 1000 14th Street South Moorhead- just south of MSUM

We can be reached at 218-233-8270



Now Enrolling
Call Today!
218-233-8270

Summer School Program Activities

- STEM activities
- Weekly trips to the Library
- Public pool passes
- Intergenerational events with Eventide residents
- Weekly bike and scooter days
- Field trips to: Courts plus, Movie Theater, Red River Zoo, Picnics at Lindenwood Park, Buffalo River State Park, Rheault Farms,

Powling allow and more

More information can be found at http://www.ourredeemermoorhead.org or on Facebook at Our Redeemer Christian Children's Center Moorhead, MN



UPCOMING YOUTH ACTIVITIES

After School Healthy Cooking

Tuesdays, Apr. 3rd - May 8th OR Wednesdays, Apr. 4th - May 9th from 3:15-4:15 PM

Family Wellness wants to invite you to join us in the kitchen this school year with our After School Healthy Cooking Program! This hands on learning experience will have you slicing and dicing your way to become the next top chef! It is a 6 class program that allows kids to cook and taste test a new recipe each day. So grab your apron and a spatula and come see what we are stirring up in the Family Wellness After School Healthy Cooking Program!

\$60 Members/ \$66 Nonmembers.



Summer Camp Registration is now open! Save 5% with Early Bird Registraion February 1st - March 6th \$185 Family Wellness & YMCA Members / \$205 Non-Members. Financial Assistance is available.

Camps are for children ages 6-11 years old.



Camp Carnival | Tuesday, March 6th from 5:00PM – 7:00PM Camp Carnival is a fun, free, family event where you get to sample activities from our upcoming youth summer camps! Participants will get the opportunity to dip their toes into a little bit of each camp theme from sports to art, and even the wild wilderness. Come on by to see the sights, explore the hands on activities, and enjoy some yummy carnival treats. Activities include: large bounce houses, family dance, obstacle courses and much more. Summer camp registration will be available at a discounted, early bird price. All ages are welcome! Free for

Other Programs and Classes available at www.FamilyWellnessFargo.org

members and nonmembers

Call 701-234-2400 or register online at www.familywellnessfargo.org
If you have questions contact Matt at matthew.melchior@sanfordhealth.org





We **BELIEVE** that every individual is able to unlock their potential through movement.

Gymnastics * Special Needs * Ninja Kids * Cheer * Birthday Parties * Summer Camps

Now Enrolling for Spring Classes

Spring Session: March 12 - May 12











Baby Classes

Rockin' Rollers

Ages 1 - 6 months | 30 minutes

Curious Crawlers

Ages 6 - 12 months | 30 minutes

Register at tntkidsfitness.org

No Bummer Summer



Looking for an exciting activity for your child this summer? Check out our weekly camps for ages 6 - 14.

June 4 - August 24

Registration Opens March 5

Friday Night Open Gyms March 16, 23, 30 April 6, 13, 20

Time: 7:00 - 8:30pm Ages: 6-14 years Cost: \$15 per child

Preschool Open Gyms

Ages walking - 5 years*
Thursday: 11:00am - 12:00pm
Friday: 8:30am - 9:30am
Friday: 10:00am - 11:00am
Saturday: 8:00am - 9:00am
*One active helper needed for
every two children
\$6 per child
\$50 punchcard for 10 open gyms

Register online at tntkidsfitness.org



UNITED SOCCER CLUB

OF THE RED RIVER VALLEY



UNITED UNITED SOCKER COLUB

United Soccer Club (formerly West Fargo SC and FM United SC) strives to create a fun, challenging, and collaborative soccer community in the Red River Valley.

RECREATIONAL

- pre-K to 5th grade
- Thursday evening games
- tun environment for all abilities

TRAVEL ACADEMY

- ♥ U9 & U10
- skill development combined with travel for competitive games

ACADEMY

- © birth years 2012, 2011, 2010
- technical training Monday evenings
- includes Recreational program

COMPETITIVE

- ⊕ U11 +
- travel soccer for committed players
- no tryout fee

For the strength of the pack is the wolf, and the strength of the wolf is the pack.

~ Rudyard Kipling ~



Register at WWW.UNITEDSCRRV.ORG



Red River Traditional TaeKwonDo

1335 Main •277-1TKD

The Area's Only Traditional TaeKwonDo School

Classes for All Ages Self-Discipline...

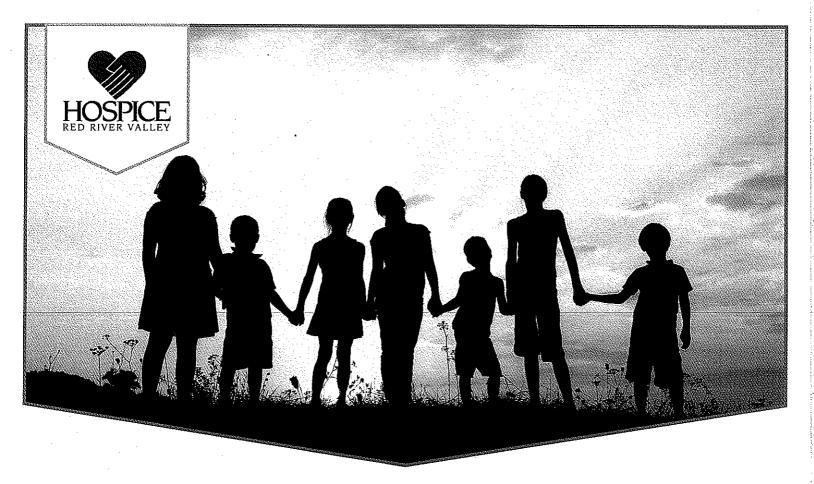


Grand Master Jim Grimestad with 40 years experience

8th Degree Grand Master Jim teaches every class
This is a traditional martial arts school
277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to RRTKD.COM for more information

FREE 2 week trial



Youth Journeys

Saturday, April 14, 2018 9 a.m. to 3:30 p.m.

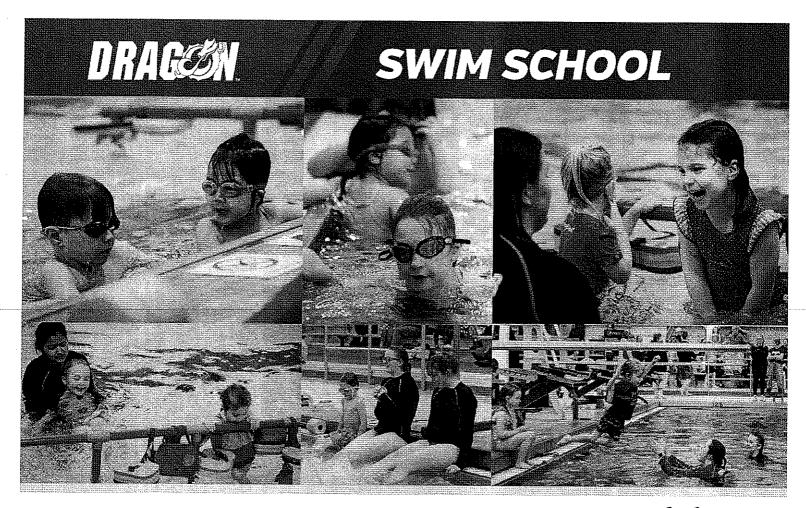
Registration is required by Monday, April 9.

Youth Journeys is a day-long program for youth, ages 6 to 18, who have lost a loved one to death. This program allows youth a chance to explore how the death of their loved one has affected their lives, their feelings, self-care and how to embrace memories. The day ends with a celebration of life service. Parents/guardians are also required to attend a portion of the day.

Come and meet our therapy dogs!

This program is free, but pre-registration and pre-screening are required. To register, please call **(800) 237-4629** and ask to speak to the bereavement department or visit **bit.ly/griefclassregistration**.

Youth Journeys will be held at the Hospice of the Red River Valley office located at 1701 38th St. S. in Fargo (use west door).



DRAGON SWIN SCHOOL BENEFITS

- Dragon Swim School maintains prestigious accreditation by the U.S. Swim School Association, ensuring your child receives ethical and professional teaching. MSUM is the only accredited program in North Dakota and one of only six in Minnesota.
- Student to instructor ratio is 3:1 (Levels 1-2) or 4:1 (Levels 3-8).
- All of our highly trained instructors are MSUM college students. Many of our instructors are education major.
- We are the only program in the area to serve the special needs community by offering specialized one-on-one instruction.



GELERRATING 20 YEARS



8 SWIN LEVELS



3:1 INSTRUCTOR RATIO (LEVELS 1-2)



4:1 INSTRUCTOR RATIO (LEVELS 3-8)

KEEP YOUR KIDS SAFE AROUND WATER

Dragon Swim School offers the highest quality swimming lessons in the Fargo-Moorhead area, providing your child exceptional teaching, increased safety awareness, and growing comfort and confidence in and around water.

DATES & TIMES [40-minute classes]

Spring Session II: April 9 - May 17 Summer Session I: June 4 - July 12 Summer Session II: July 16 -August 16

Monday, Tuesday, Wednesday & Thursday

> 4:10 p.m., 4:50 p.m., 5:30 p.m., 6:10 p.m.

Morning Session I: June 4 - 14 Morning Session II: June 18 -28

Monday, Tuesday, Wednesday & Thursday

> 9:20 a.m., 10 a.m., 10:40 a.m., 11:20 a.m.

Sign up for classes early as sessions fill quickly

- 1. Register online with a credit or debit card at msumdragons.com/swim
- 2. Register with our Dragon Swim School mobile app available on Apple or Google Play.

SESSION PRICING

5 weeks

Group: \$60/student Private: \$180/student

6 weeks

Group: \$72/student Private: \$216/student

8 Lessons

(summer mornings)

Group: \$96/student Private: \$288/student

IUSAL SWIMMING FOUNDATION MAKE A SPLASH

SWIM LEVEL DESCRIPTIONS

Swim level descriptions can be found at msumdragons.com/swim or on the Dragon Swim School mobile app.

One-on-one lessons provide more individualized attention for students of all ages in a flexible, first-rate environment. Call 218.477.2313 to arrange lessons.

Participants who pass Levels 6-8 are encouraged to register for Springboard Diving or Red Dragon Swim Team.



ADDITIONAL SWIM OPPORTUNITIES

Dragon Swim Camp 2018

June 10-15 OR June 17-22

Dragon Dive Camp 2018

July 29-August 3 OR August 5-10

Red Dragon Swim Team

(Youth and Adult Swimmers)

The Red Dragon Swim
Team is a USA Swimming
program for all ages. In
addition to the monthly fee,
team members also pay a
yearly \$64 fee to be a USA
Swimming member. Contact
Coach Diana Cobbs at

SAVES LIVES FOUNDATION US MASTERS SWIMMING

reddragonswimming@outlook.com

For more information on additional offerings, visit msumdragons.com/swim

- ▶ Open swim
- ▶ Lap swim
- ➤ Pool rental
- ▶ Adult classes
- ► Triathlete and master's training
- ► Lifeguard certification
- ▶ Springboard diving class

Contact us

Monday - Thursday | 9 a.m. - 6:30 p.m. msumdragons.com/swim | 218.477.2313 | msumswim@mnstate.edu
Alex Nemzek Hall
17th Street South & 6th Avenue South
Moorhead, MN 56563