



# KiDsource

APRIL 2018

Dear Families,

An online version of KIDsource is on the school district's website at [www.moorheadschoools.org/KIDsource](http://www.moorheadschoools.org/KIDsource). KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

## *Space remains in spring and summer Community Education and ECFE classes — register now!*

The Moorhead Community Education spring/summer catalog includes more than 200 learning opportunities for people of all ages and interests.

See the spring/summer catalog for adult enrichment classes, youth and family classes, and Early Childhood Family Education classes. Registration is underway.

To request a free catalog or to register for a class by credit card, call Community Education at 218-284-3400 or register online at <https://communityed.moorheadschoools.org>.



*Moorhead Community Education is a program of Moorhead Area Public Schools.*

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

**Visit the Moorhead Area Public Schools website at [www.moorheadschoools.org](http://www.moorheadschoools.org).**

Publication in KIDsource does not constitute school district endorsement of a program.



# PURSUE EXCELLENCE



**MOORHEAD**  
AREA PUBLIC SCHOOLS

For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*



## Learn more. Ask questions. Get answers. Here's how.

### ***Coffee with the Mayor & Superintendent***

Visit with the mayor and superintendent to learn more about the city and school district, ask questions and share your thoughts. Sessions will be at **10 a.m. in the Moorhead Center Mall Atrium** on:

May 16

### ***Moorhead Community Education Learning Opportunities Catalog***

Read district updates included in the Community Education catalogs published three times annually, in the fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

### ***Website***

Visit ***www.moorheadschoools.org*** for news, School Board meeting updates, calendars and much more.

### ***Social Media***

Follow Moorhead Schools on Facebook (***facebook.com/MoorheadSchools***), Twitter (***@MoorheadSchools***) and Instagram (***moorheadschoools***).

Learn new skills in Moorhead Community Education classes! Register now for spring and summer classes online at <https://communityed.moorheadschoools.org> or call 218-284-3400.

*Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area. Learn more about the district at [www.moorheadschoools.org](http://www.moorheadschoools.org).*

# KIDS FEST

**Saturday, April 7**  
**10 a.m. - 2 p.m.**

**Moorhead Center Mall**

Dental varnishing for kids, child IDs, petting zoo, stage performances, face painting, and more all free of charge!

*For more info visit the Moorhead Center Mall on Facebook*



Early  
Childhood  
Family  
Education

Moorhead  
Community  
Education



# PURSUE EXCELLENCE



*Moorhead Area Public Schools has a tradition of educational excellence. Help us celebrate our students and schools!*



# CELEBRATION *of Schools*

*Celebrate the opening of our new and renovated K-8 schools.*

## Open Houses

**Saturday, April 21 • 9-10:30 a.m.**

Horizon Middle School East Campus, 3601 12th Ave. S., Door E1  
Horizon Middle School West Campus, 3601 12th Ave. S., Door W1  
Dorothy Dodds Elementary School, 4400 24th Ave. S.  
Ellen Hopkins Elementary School, 2020 11th St. S.  
Robert Asp Elementary School, 910 11th St. N.  
S.G. Reinertsen Elementary School, 1201 40th Ave. S.

## Celebration of Schools & Dedication

**Saturday, April 21 • 11 a.m.**

Horizon Middle School Campus Auditorium  
3601 12th Ave. S., Moorhead

*Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area.  
Learn more about the district at [www.moorheadschoools.org](http://www.moorheadschoools.org).*



1

## SAMPLE MEETINGS

Visit [www.gsdakotahorizons.org/join](http://www.gsdakotahorizons.org/join) to find sample troop meetings in your community during April and May.



2

## ATTEND BIG EVENT

You've never seen so many hands-on STEM activities in one place! Join us on May 5 from 1:00-4:00 PM at the Red River Valley Fairgrounds.

Visit [gsdakotahorizons.org/events](http://gsdakotahorizons.org/events) and search "BIG Event" to learn more.



3

## NEW EXTENDED YEAR MEMBERSHIP

Beginning May 1, new girls can purchase an Extended Year Membership and receive up to 17 months of our one-of-a-kind Girl Scout Leadership experience for only \$35. Attend camp and other summer events. No need to wait for fall.



Questions? Contact Member Services at 1-800-666-2141 or email [help@gsdakotahorizons.org](mailto:help@gsdakotahorizons.org)

# Junie B. Jones



## JINGLE BELLS, BATMAN SMELLS!

by ALLISON GREGORY

**APRIL**  
ASKANASE AUDITORIUM

20 • 7:30 PM  
21 • 2 + 7:30 PM  
26 • 10 AM  
27 • 7:30 PM  
28 • 2 + 7:30 PM



NDSU THEATRE  
ARTS  
SEASON 2017-2018

Tickets: [ndsuh.edu/performingarts](http://ndsuh.edu/performingarts)  
or 701.231.7969

## Check out Community Education Art Camps for Grades K-4

Join art teacher Sara Brady for one or more of these one-time painting experiences at Ellen Hopkins Elementary.

### Grades K-2 Camps

#### Magical Starry Night Owl Painting

YAS14F – Thursday, April 5, 2:45-4:15 p.m.,  
Ellen Hopkins Elementary Room 125, \$15

#### Ice Cream Cone Treats Painting

YAS14G – Monday, May 21, 2:45-4:15 p.m.,  
Ellen Hopkins Elementary Room 125, \$15

### Grades 3-4 Camps

#### Magical Starry Night Owl Painting

YAS14E – Tuesday, April 3, 2:45-4:15 p.m.,  
Ellen Hopkins Elementary Room 125, \$15

#### Ice Cream Cone Treats Painting

YAS14H – Thursday, May 24, 2:45-4:15 p.m.,  
Ellen Hopkins Elementary Room 125, \$15

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.



# Want to build a VIDEO GAME?

**PODS**  
Game Design

## Horizon Middle School East & West

East	March 19, 23, 26, 28, Apr 4	4:00-6:00	Beginner RPG
West	April 6, 9, 11, 13, 16	4:00-6:00	Beginner RPG
East & West	April 18, 20, 23, 25, 30	4:00-6:00	Advanced RPG

(Mechanics & Formulas)

## Video Game Design Camp – MHS Media Center

Dates: June 11-15      8:00-12:00 (Ages 9-13)      1:00-5:00 (Ages 13-18)

## Advanced Class – MHS Media Center

Dates: July 30-Aug 3      3:30 – 5:30      (Ages 9 – 18) (Dungeons)



- Learn the building blocks of video game design!
- Create a Role-Playing Game (RPG) of your very own!
- Bring your work home at the end of class to show your family and friends!
- Move on to the Advanced Class after the Beginner Class for more fun!
- Register at  
<https://communityed.moorheadschoools.org/>
- Find more information about the classes at [www.podsgamedesign.com/](http://www.podsgamedesign.com/)
- Questions? Contact PODS at 701-936-4716 or [podsgamedesign@gmail.com](mailto:podsgamedesign@gmail.com)!



## TRI-CITY STORM SOCCER

## IGNITE THE PASSION



Recreational  
pre-k to 8th grade  
weekly games,  
optional training



Camps & Clinics  
ages 4-18  
take your game to the next level!



Academy  
ages 3-9  
learn soccer with  
professional coaches



Adult  
17+ year round  
leagues



Select  
ages 9-18  
competitive,  
travel soccer



**REGISTER ONLINE:**  
<http://www.tricitystorm.org/>



# Summer Orchestra Camp

Monday, July 30 - Friday, August 3, 2018

Horizon Middle School, 3601 12th Ave. S., Moorhead

Register by May 19, 2018

## Camp Activities Included in the Fee

- Lessons
- Ensembles
- Guest Recitals
- Music History
- Ice Cream Social
- Guest Artist
- Music Theory
- Pet Show
- Talent Shows
- Concert

## Optional Camp

**Activities-** More information on these activities will be in the informational email.

- Golf Tourney
- Guitar Hero & Dance Revolution Tourney
- Thursday Activity Night
  - Thunder Canyon
  - Bingo
  - Movie

There will be an additional registration and fees for these opportunities.

### Camp

Camp	Time	Fee
<input type="checkbox"/> YSC75A - Completing Grade 5	9 a.m.-3 p.m.	\$95
<input type="checkbox"/> YSC76A - Completing Grade 6	9 a.m.-3 p.m.	\$95
<input type="checkbox"/> YSC77A - Completing Grade 7	12:15-3:15 p.m.	\$67

### Instrument

☐ Violin      ☐ Viola      ☐ Cello      ☐ Bass

Student's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian(s): \_\_\_\_\_

Address/City/State: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

\*\*Email \_\_\_\_\_

\*\* (An informational email will be sent two weeks prior to the camp)

Current School: \_\_\_\_\_

**\*\* Now accepting enrollments and liability waivers online \*\***

### 3 Ways to Register

**Online:** Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

**Bring In Person or Mail In:** Bring in or mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

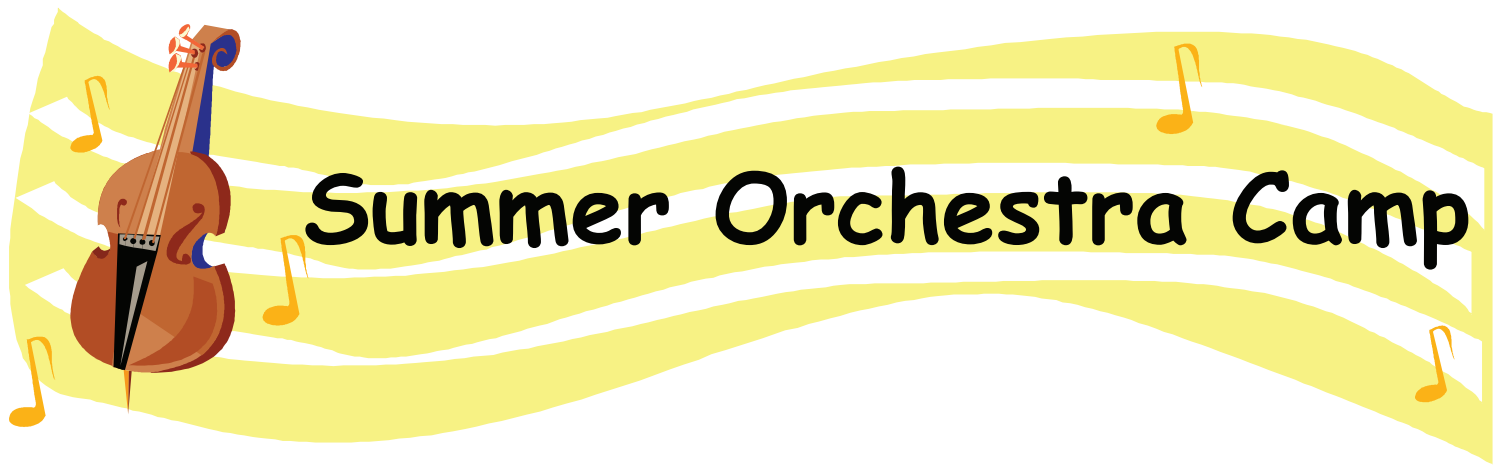
**Make checks payable to ISD 152 or charge to:**

☐ VISA      ☐ MasterCard      ☐ Discover

Card No. \_\_\_\_\_ Exp. date: \_\_\_\_\_

\*Phone registrations will not be accepted. Please see reverse side for Liability Waiver and Tennesen Warning\*

Summer Orchestra is a Community Education program of the Moorhead School District  
Register online at <https://communityed.moorheadschoools.org>



**All registrants MUST have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.**

**\*\* NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE\*\***

**Release of Liability**

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

**Parent/legal guardian signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Tennessen Warning, Minn.Stat.13.04, Subd. 2**

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.



**\*See previous page for camp information\***

**Register online at <https://communityed.moorheadschoools.org>**





(701) 212-8775 | [WWW.FMATHLETICS.COM](http://WWW.FMATHLETICS.COM) | [FMAFOOTBALL@GMAIL.COM](mailto:FMAFOOTBALL@GMAIL.COM)

**REGISTRATION FOR THE 2018 SEASON IS NOW OPEN!**

**STUDENTS ENTERING 4 - 8TH GRADE\* (FALL OF 2018)  
ARE ELIGIBLE TO PLAY.**

**2018 Dates to Note:**

<b>May 15</b>	Priority pricing ends at <b>11:59pm TONIGHT</b> . Fees increase by \$50 May 16th.
<b>June 20</b>	<b>All registrations submitted after June 20th may not be accepted based upon availability, and <u>must</u> include the fundraiser buyout of \$120.</b>
<b>July 30</b>	Non-contact practice begins this week.
<b>August 3, 4, 5</b>	Equipment Pick-Up and Mandatory Weigh-In. <i>Metro Rec Center, 3110 Main Avenue, Fargo</i>
<b>August 6</b>	Contact (padded) practice starts this week.
<b>August 8</b>	Alternate weigh-in and equipment pick-up date. <i>No practice this date!</i>
<b>August 18</b>	Jamboree Day for 4, 5 and 6th grade teams. <i>Southside Regional Park, 2000 40th Avenue S., Moorhead</i>
<b>August 20</b>	Regular season games for all grade levels begin this week.
<b><i>NO games will be scheduled Labor Day Weekend (September 1-3)</i></b>	

\*7/8th grade programs available in FM Metro Area only

**ONLINE REGISTRATION  
AND SEASON DETAILS  
AVAILABLE HERE:  
[FMATHLETICS.COM](http://FMATHLETICS.COM)**



# MARQUART'S MARTIAL ARTS

## "JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



2615 12<sup>th</sup> Ave. S  
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION  
OR VISIT [www.marquartstk.com](http://www.marquartstk.com)



## Learn Ping Pong in Community Education Summer Camps

**Grades 5-12 Camp (June 11-22)**

### Ping Pong Summer Camp

June 11-June 22, 8:30 a.m.-3:30 p.m.

Horizon Middle School East Campus

Room 361

Course No: YSC58A

Instructor: Xuejun Zhang

Fee: \$129



**Grades 5-12 Camp (June 25-July 13)**

### Ping Pong Summer Camp

June 25-July 13, 8:30 a.m.-3:30 p.m. (no class July 2-6)

Horizon Middle School East Campus

Room 361

Course No: YSC58B

Instructor: Xuejun Zhang

Fee: \$129



Students will learn the essential foundations of playing Ping Pong (single and double play). This includes holding the paddle in two ways; serving the ball with different strategies; receiving the ball properly; chopping/spinning the ball; striking the ball; how to move your body; how to cooperate with your teammates in double play, and more. There will be a one-hour break for lunch. Students should bring lunch, water bottle and snack.

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.

# SUMMER BAND

## 5TH AND 6TH GRADERS

Session: August 20-24, 2018

Students enrolled in summer band will learn and practice the three foundations of becoming a successful instrumentalist. 1) Producing a characteristic sound, 2) Reading and playing music, 3) Proper assembly and care of their band instrument. The summer band curriculum covers in one week what usually takes one month for a beginning band student. Accelerate your student's musical experience and join us this summer.

The fee for this program is \$40. Scholarships are available. Please enroll in only one session for your instrument. Lessons will be held at the Horizon Middle School Band Room.

### *Session: August 20-24, 2018*

- ☐ YSC54A-8:30-9:20 - Saxophone/Percussion/Trumpet
- ☐ YSC55A-9:30-10:20 - Flute & Oboe/Trumpet/French Horn
- ☐ YSC56A-10:30-11:20 - Clarinet/Trombone, Baritone, Bassoon
- ☐ YSC57A-11:30-12:20 - Clarinet/Tuba

Student's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian(s): \_\_\_\_\_

Address/City/State: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

\*\*Email \_\_\_\_\_ Current School: \_\_\_\_\_

### **3 Ways to Register**

**Online:** Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

**Mail In:** Mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560

**Bring In Person:** Bring in person this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

**Make checks payable to ISD 152 or charge to:**

☐ VISA ☐ MasterCard ☐ Discover Card No. \_\_\_\_\_ Exp. date: \_\_\_\_\_

*\*Phone registrations will not be accepted. Please see reverse side for Liability Waiver and Tennesen Warning\**

**Summer Band Camp is a Community Education program of the Moorhead School District**  
**Register online at <https://communityed.moorheadschoools.org>**

# Summer Band

All registrants **MUST** have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.

**\*\* NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE\*\***

## Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian name printed \_\_\_\_\_

Parent/legal guardian signature \_\_\_\_\_

Date \_\_\_\_\_

## Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.



\*See previous page for camp information\*

Register online at <https://communityed.moorheadschoools.org>



## Fargo Safety Town

*For kids entering kindergarten  
Fall of 2018*

Sessions held at  
Lewis & Clark Elementary  
June 4-15 & June 18-29

*Safety Town is a 20 hour course on safety  
procedures. Taught by professional  
teachers and includes visits from  
Fargo Police & Fire Department.*

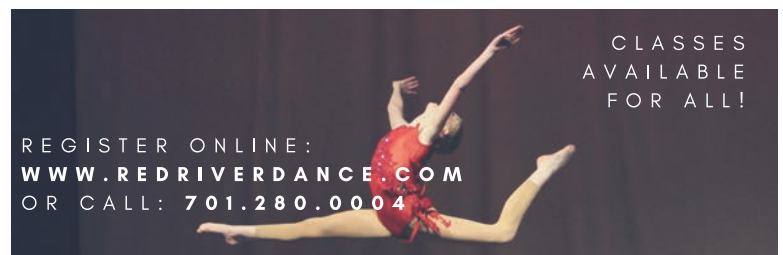
Registration information and forms  
can be found at  
[www.fargooptimist.org](http://www.fargooptimist.org)

Sponsored by Fargo Optimist Club



**DANCE WITH US THIS SUMMER**

RED RIVER  
**DANCE**  
& PERFORMING CO



## PLAN YOUR SUMMER TODAY!

### Art Programs and Summer Art Camps

April - August • Ages 6-14 • \$9.00-\$35.00

Get creative and make new friends! Art encourages your child to grow confidence, observation skills, and gain a feeling of accomplishment.

### Youth Baseball

May - July • Grades K-5 • \$35.00-\$42.00

This program teaches basic fundamentals and teamwork of baseball for boys and girls.

Registration Deadline: April 16

### Youth Tennis

June-July • Ages 5-17 • \$22.00-\$50.00

This program introduces youth to the game of tennis with skill development, drills, tennis strokes, terminology, and gameplay.

**REGISTER NOW AT MOORHEADPARKS.COM**



# JOIN THE WOLFPACK AT WWW.UNITEDSCRRV.ORG

United SC (formerly West Fargo SC and FM United SC)  
strives to create a fun, challenging, and collaborative  
soccer community in the Red River Valley

## RECREATIONAL

- pre-k to 5th grade
- Thursday evening games
- fun environment for all abilities

## TRAVEL ACADEMY

- U9 & U10
- skill development combined with  
travel for competitive games

## ACADEMY

- birth years 2012, 2011, 2010
- technical training weekly
- includes Rec program

## COMPETITIVE

- U11 +
- travel soccer for committed players
- no tryout fee

## MINNESOTA UNITED FC IS COMING TO FARGO!

REGISTER AT [WWW.MNUFC.COM/CAMPS/LOCATIONS](http://WWW.MNUFC.COM/CAMPS/LOCATIONS)



## CAMPS

*MNUFC at United SC*

Our innovative "Play the Minnesota United Way" curriculum includes fundamental and tactical activities that move to small-sided games where players will be encouraged to use the new skills they have learned.

**LOCATION:** Pepsi Soccer Complex: 3101 Co Rd 81, Fargo, ND

**DATE:** July 30 – August 2

**Future Loons | Boys/Girls | Ages 3 to 4 | \$70**

**Little Loons | Boys/Girls | Ages 5 to 6 | \$105**

**Junior Loons | Boys/Girls | Ages 7 to 12 | \$179**

**High School Loons | Boys/Girls | Ages 13 to 18 | \$179**

*Programming provided by MNUFC Youth Development Staff*

**FOR MORE INFORMATION, PLEASE CONTACT:**

Joe Burger: [joe.b@mnufc.com](mailto:joe.b@mnufc.com)

#SCARVESUPMN





# YMCA OF CASS AND CLAY COUNTIES



[ymcacassclay.org](http://ymcacassclay.org) | [#ymcacassclay](https://twitter.com/ymcacassclay) | 701.293.9622

## GET READY FOR THE BEST SUMMER EVER!

Stay active all summer long with summer camp, programs and school age care!

### SUMMER SCHOOL AGE CARE – Y EXPLORER PROGRAM

#### SUMMER 2018 THEME: WONDEROPOLIS

Get more details and register online: [ymcacassclay.org/schoolage](http://ymcacassclay.org/schoolage)

- Program runs 6:30am – 6pm
- Weekly off-site field trips
- Flexible scheduling options
- 20+ area sites – maybe even one in your neighborhood!
- Interactive STEM, literacy, and arts activities
- Fun summer activities like swimming, outdoor games, crafts, and more!
- Breakfast, lunch, and snack included
- Financial assistance available
- And so much more!



Welcome to Wonderopolis, where natural curiosity and imagination lead to exploration and discovery! From tinkering in the Tech Workshop, to getting your creative juices flowing in the Wonder Studio, the Y Explorer Program is your summer learning destination that's full of fun!

### SUMMER CAMPS

Weekly sessions run June – August for all camps!

Get more details and register online: [ymcacassclay.org/camp](http://ymcacassclay.org/camp)



#### Camp Cormorant Resident Camp | Ages 7-15

Join us for a traditional sleepaway camp experience! Choose from camps like ropes course, art, wilderness, waterski, and more!

#### Camp Koda Day Camp | Ages 6-11

Campers will swim, laugh, sing, go on field trips, make new friends and more during themed camp weeks!

#### Busy Beaver Camp Half-Day Camp | Ages 3-5

Keep little minds and bodies busy all summer long with a half-day "camping" experience designed just for preschoolers!

### YOUTH PROGRAMS

Registration OPENS April 2! | Summer Session runs June 4 – August 18th

Get more details and register online: [ymcacassclay.org/programs](http://ymcacassclay.org/programs)



Basketball Skills  
Ages 3 – 7



Swimming Lessons  
Ages 6 months +



Rock Climbing  
Ages 7 – 14



Gymnastics  
Ages 2+



Soccer Skills  
Ages 3 – 7



FM Gator  
Swim Team  
Ages 6+



Babysitting Training  
Ages 11+  
Great for older siblings!

### Upcoming Events

#### Parent's Night Out

April 21 | May 19 | 4 – 7:30pm

Parents, need a break? Your kids will have a blast in the Aquatic Center, Gyms, Climbing Wall, Xerzone, PlayTown and more! A healthy meal is included! To register, call 701.293.9622 or visit [ymcacassclay.org/register](http://ymcacassclay.org/register)

- Ages 6 weeks – 14 years
- Members: \$25 first child (\$15 each additional child)
- Non-Members: \$32 first child (\$22 each additional child)



#### School Out Day Camp

April 2 & April 27 | 9am – 4pm

School's out for the day! Join us for gym games, rock climbing, swimming, crafts, off-site field trips, and more! Extended care is available. MUST register at least one week in advance. To register, call 701.293.9622 or visit us online: [ymcacassclay.org/register](http://ymcacassclay.org/register)

- Ages 6 – 11
- Members: \$40/child
- Non-Members: \$50/child

#### Healthy Kids' Day

April 21 | 1 – 3pm | Fercho Y

Kick off your summer with Healthy Kids Day! We have TONS of fun activities planned, including: FM Walleyes Fishing Demo, Interactive Games/Bouncy Houses from Games Galore, Family Fun and Games, FREE Healthy Snacks and a Goody Bag for each kid, and more!

- All Ages
- FREE & Open to the community!!





# INTRO TO ALL STAR

## WHEN

**April 16<sup>th</sup> – May 8<sup>th</sup>**

**Mondays and Tuesdays from 6-7pm With a Performance  
on May 8<sup>th</sup>**

## WHERE

**North Dakota Elite**

**758 34<sup>th</sup> ST N Suite K, Fargo ND 58102**

**AGES: 5-17 YEARS OLD**

## WHAT THE CLASS IS ALL ABOUT

**A GREAT CLASS TO SEE WHAT ALL STAR IS ALL ABOUT. THE  
CLASS WILL CONSIST OF A SHORT ROUTINE OF DANCING,  
TUMBLING, AND STUNTING. EACH ATTENDEE WILL ALSO  
RECEIVE A SHIRT AND BOW!**

**VISIT OUR WEBSITE OR SEND US AN EMAIL  
FOR MORE INFORMATION**

**[WWW.NDELITE.COM](http://WWW.NDELITE.COM)  
[NDELITECHEER@OUTLOOK.COM](mailto:NDELITECHEER@OUTLOOK.COM)**



**BE FEARLESS**

**BE EMPOWERED**

**BE YOU**

**BE ELITE**



## ALSO OFFERING

**All Star Cheer & Dance  
Competitive Teams  
Performance Teams  
Adaptive teams  
Tumbling Classes  
Private Lessons  
Birthday Parties  
Open Gym**





# MOORHEAD COMMUNITY EDUCATION

## 2018

### SUMMER ATHLETIC CAMPS

*Register now and join us for our exciting summer camps!*

**ALL ELIGIBLE GRADES LISTED FOR CAMPS BELOW REFER TO THE STUDENT'S GRADE NEXT FALL.**

<b>Camp #</b>	<b>Camp Title</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
<b>FOOTBALL CAMPS • MHS FOOTBALL FIELD • HEAD COACH: KEVIN FEENEY</b>				
YSC21A	Football Camp (Grades K-4)	T-TH, 7/10-7/12	noon- 2 p.m.	\$50
YSC22A	Football Camp (Grades 5-7)	T-TH, 7/10-7/12	2:00- 4:30 p.m.	\$70
YSC23A	Football Camp (Grades 8-9)	T-TH, 7/24-7/26	1:30- 4 p.m.	\$70
YSC20A	Football Camp (Grades 10-12)	T, 6/12 (TBD) W, 6/13 (TBD) TH, 6/14 (TBD) T-TH, 7/24-7/26	TBD TBD TBD 6-8:00 p.m.	\$80
<b>VOLLEYBALL CAMPS • MHS FIELDHOUSE • HEAD COACH: CHAR LIEN</b>				
YSC15A	Volleyball Camp (Grades 5-7)	M-F, 6/7-6/20	12-1:30 p.m.	\$79
YSC16A	Volleyball Camp (Grades 8-9)	M-F, 6/7-6/20	1:30- 3 p.m.	\$79
YSC14A	Volleyball Camp (Grades 10-12)	M-F, 6/7-6/20	9-11:30 a.m.	\$79
<b>BASEBALL CAMPS • MHS BASEBALL FIELD • COACH: GREG SALVEVOLD</b>				
YSC17A	Baseball Camp (Grades K-4)	M-TH 6/18-6/21	10-11:30 a.m.	\$75
YSC19A	Baseball Camp (Grades 5-7)	M-TH 6/18-6/21	11:30 a.m.-1:00 p.m.	\$75
<b>BOYS BASKETBALL CAMPS • HORIZON WEST GYM / MHS MAIN GYM • HEAD COACH: TYLER BORMANN</b>				
YSC29A	Boys Basketball Camp (Grade K-2), Horizon West	M-TH, 6/11-6/14	9:15-10:30 a.m.	\$45
YSC30A	Boys Basketball Camp (Grade 3-4), Horizon West	M-TH, 6/11-6/14	10:45 a.m.- noon	\$45
YSC31A	Boys Basketball Camp (Grade 5-6), MHS MAIN GYM	M/T/TH, 6/18-6/28	10 -11:30 a.m.	\$65
YSC32A	Boys Basketball Camp (Grade 7-8), MHS MAIN GYM	M/T/TH, 6/18-6/28	8:30-10 a.m.	\$65
YSC33A	Boys Basketball Camp (Grade 9-12), MHS MAIN GYM	M/T/TH, 6/18-6/28	12:30- 2:30 p.m.	\$65
<b>STRENGTH AND SPEED CAMPS • MHS WEIGHT ROOM • HEAD COACH: KEVIN FEENEY, no class July 2-6</b>				
YSC60A	Boys Strength and Speed (Grades 6- 8)	M-TH, 6/11-8/2	11:00 a.m.-12:30 p.m.	\$115
YSC25A	Boys Strength and Speed (Grades 9-10)	M-TH, 6/11-8/2	10:30 a.m.- noon	\$115
YSC26A	Boys Strength and Speed (Grades 11- 12)	M-TH, 6/11-8/2	8:30-10 a.m.	\$115
YSC27A	Girls Strength and Speed (Grades 6- 12)	M-TH, 6/11-8/2	9:30-11:10 a.m.	\$115
<b>OLYMPIC WEIGHTLIFTING CAMPS • MHS WEIGHT ROOM • HEAD COACH: CORY HERRMANN, no class July 2-6</b>				
YSC50A	Olympic Weightlifting Camp (Grades 6- 8)	M & W 6/11-8/1	7:30- 8:30 a.m.	\$75
YSC51A	Olympic Weightlifting Camp (Grades 9-12)	T & TH 6/12-8/2	7:30- 8:30 a.m.	\$75
<b>SOCCER CAMPS • MHS JIM GOTTA STADIUM • COACHS: NICOLE WIESNER &amp; BEN PATRIE</b>				
YSC71A	Soccer Camp (Grades 6-7)	M-TH 7/16-7/19	4:30- 6:00 p.m.	\$60
YSC72A	Soccer Camp (Grades 8-12)	M-TH 7/16-7/19	6:15-7:45 p.m.	\$60



# MOORHEAD COMMUNITY EDUCATION

## RELEASE OF LIABILITY CAMP/PROGRAM WAIVER

FOR PROGRAMS DURING THE SCHOOL YEAR, REFER TO THE STUDENT'S CURRENT GRADE.  
For summer athletic camps, refer to the student's grade next fall.

### Registration Form

All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education camp or program.

**\*\*Also accepting enrollments and liability waivers online \*\***

#### Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature \_\_\_\_\_ Date \_\_\_\_\_

#### Tennessee Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

### 3 Easy Ways to Register:

#### MAIL-IN or WALK-IN:

Moorhead Community Education  
2410 14th St. S.  
Moorhead, MN 56560

#### ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the Courses for Youth and Family category, and select the course and session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

**\*Phone registrations will not be accepted\***

A parent/guardian must submit a signed liability form for each participating student.

### EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): \_\_\_\_\_

Student's Grade Next Fall: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian(s)(please print): \_\_\_\_\_

Address/City/State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Camp Number	Camp Title	Beginning Date	Fee

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

## Exploring Laura Ingalls Wilder: A Summer Reading Adventure

In 1932, Laura Ingalls Wilder published "Little House in the Big Woods," the first of her "Little House" books. In this summer reading camp, students (Grades 3-4) will make the book come alive by participating in several hands-on projects directly from the book. We also will look at Little House on the Prairie and what life might have been like if we lived over 100 years ago. Students will read the books on their own, or with parent help, and then come to school to participate in making their own butter, creating their own cornhusk doll, and many more activities. If your child likes to imagine what it was like when Laura lived, this summer camp is for them! Fee includes book, "Little House in the Big Woods."

YSC86A - Exploring Laura Ingalls Wilder: A Summer Reading Adventure  
June 11, 18 and 25 from 9-11:30 a.m.  
S.G. Reinertsen Room 130  
Fee: \$65, includes book  
Instructor: Carrie Hartwig



Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information

# AFTER SCHOOL ART CLASSES



## Pottery, Painting, Printmaking and more.

Mondays beginning at 4 pm.

Classes are designed for students ages 6 – 18.

### POTTERY ON THE WHEEL

Monday, April 2 • 4 – 6 PM

Monday, April 16 • 4 – 6 PM

Monday, May 7 • 4 – 6 PM

### HAND-BUILDING WITH CLAY

Monday, April 9 • 4 – 5:30 PM

Monday, May 14 • 4 – 5:30 PM

### CALLIGRAPHY

Monday, April 23 • 4 – 5:30 PM

### REGISTER TODAY!

[plainsart.org](http://plainsart.org) / 701.551.6100

### RECYCLING THE CLAY DAY

Saturday, April 21, 10 AM - 3 PM • \$5 per person

Create original art out of recycled clay!

## PLAINS **ART** MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY

704 1st Ave., N, Fargo • 701.551.6100 • [plainsart.org](http://plainsart.org)

# Concordia 2018 Summer Swimming Lessons



Concordia offers American Red Cross swimming lessons. To find lesson times, dates, fees and registration information, please visit our website at [www.concordiacollege.edu/swim](http://www.concordiacollege.edu/swim) or call (218) 299-4469.

## REGISTRATION OPENS APRIL 16 at 9 AM!

Summer sessions are M-TH :

- June 4-14, 2018
- June 18-28, 2018
- July 9-19, 2018
- July 23-August 2, 2018
- August 6-16, 2018

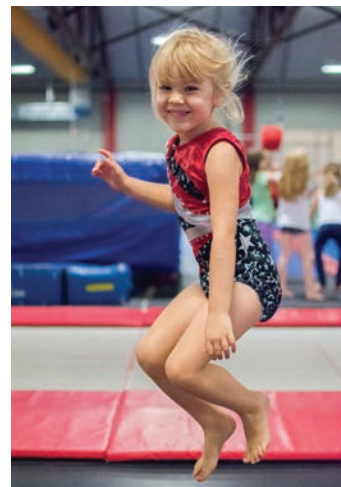


We **BELIEVE** that every individual is able to unlock their potential through movement.

**Gymnastics \* Special Needs \* Ninja Kids \*  
Cheer \* Birthday Parties \* Summer Camps**

## Now Enrolling for Spring Classes

**Spring Session: March 12 - May 12**



### Baby Classes

#### Rockin' Rollers

Ages 1 - 6 months | 30 minutes

#### Curious Crawlers

Ages 6 - 12 months | 30 minutes

**Register at**  
**tntkidsfitness.org**

### Friday Night Open Gyms

**March 16, 23,  
April 6, 13,**

Time: 7:00 - 8:30pm

Ages: 6-14 years

Cost: \$15 per child

### No Bummers Summer



Looking for an exciting activity for your child this summer? Check out our weekly camps for ages 6 - 14.

**June 4 - August 24**

**Register at tntkidsfitness.org**

### Preschool Open Gyms

Ages walking - 5 years\*

Thursday: 11:00am - 12:00pm

Friday: 8:30am - 9:30am

Friday: 10:00am - 11:00am

Saturday: 8:00am - 9:00am

\*One active helper needed for every two children

\$6 per child

\$50 punchcard for 10 open gyms

**Register online at tntkidsfitness.org**



# Garden Party

Saturday, April 28  
1:30-4:30 pm  
Rheault Farm, 2902 25 St S

Get in the gardening mood at this free spring event. Discover unique plants & take home your own seedling. See creepy, crawly bugs from Don Carey the Bug Man. Learn about local foods with Prairie Roots Food Co-op. Make flower bombs & get introduced to composting with Growing Together Community Gardens. Get your face painted, take home a balloon animal, make spring crafts & more!



701.499.6060  
FargoParks.com



# Register Early

for Spring & Summer Programs!

## Swimming Lessons

April 16-May 7, Register By: April 13  
June 11-22, Register By: June 8  
July 9-20, Register By: July 6  
July 25-August 7, Register By: July 20

## Youth Golf Lessons

June 4-28 Register By: June 1  
July 5-August 28, Register By: July 6

## Sports Sampler

June 12-July 19, Register By: June 8

## Youth Track & Field

June 4-28, Register By: May 21

## Girls Volleyball Camp

June 4-7, Register By: June 1

## Youth Flag Football

August 6-October, Register By: June 29

## Coed Sand Volleyball Camp

July 30-August 2, Register By: July 27

All programs are first come, first serve  
and may fill prior to the deadline.

Registration now open online at [FargoParks.com](http://FargoParks.com)



701.499.6060  
FargoParks.com



# Youth T-ball & Baseball

Keep the kiddos active with  
Youth T-ball & Baseball!

This day league is set up to  
allow youth to play with kids  
their own age/grade level  
(ages 5-9) and still learn about  
America's favorite pastime.

Registration Deadline:  
Monday, April 16



701.499.6060  
FargoParks.com



# Awesome Art Afternoon

Saturday, April 21

Anytime Between 1:00-3:00 pm  
RDJ Rec Center, 1104 2 Ave S, Fargo

**FREE!**

Thanks to a grant from  
Xcel Energy.

Spend an afternoon  
creating fun art  
projects to take home.



**XCELERATE!**

701.499.6060 | [FargoParks.com](http://FargoParks.com)



## Lakeland Mental Health Center

*Help Today for a Better Tomorrow*

**1010 32nd Avenue South, Moorhead, MN**

**1-218-233-7524**

**[www.lmhc.org](http://www.lmhc.org)**

**24 hour Emergency/Crisis**

**1-800-223-4512**

**Depressed?**

**Grieving?**

**Anxious?**

**Stressors?**

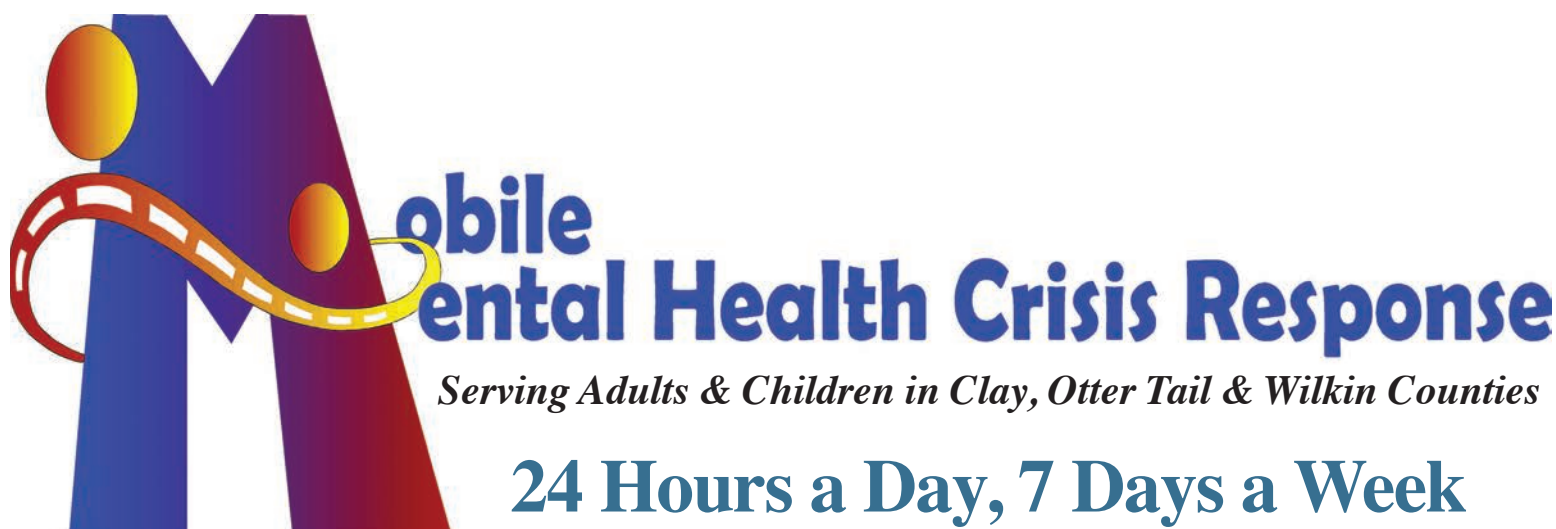
**Problems Sleeping?**

**Difficulty Coping?**

**Feeling Confused?**

**Overwhelmed?**

**Negative Thoughts?**



***Help for you on the Phone or in your Home***

**1-800-223-4512**

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.





# Moorhead Area Public Schools Jump Start Preschool

**Registration opens February 20, 2018!**

Register at Probstfield Center for Education, 2410 14th St. S.  
or online at <https://communityed.moorheadschoools.org>

*Students must be in the Moorhead School District*



## **Jump Start Preschool – Must be 4-years-old by September 1, 2018**

- Four days a week, Monday through Thursday
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

## **Jump Start for Threes – Must be 3-years-old by September 1, 2018**

- Two days a week, Monday and Wednesday or Tuesday and Thursday
- 8:30 a.m. to 11 a.m. or noon to 2:30 p.m.

Children will develop skills needed for success as they enter kindergarten.

- Language and literacy
- Mathematical experiences
- Movement activities
- Social skills

Children will learn through

- Creative arts
- Discovery activities
- Hands-on experience



\* Transportation is not provided \*

For more information about Jump Start and other early childhood programs call Moorhead Community Education at 218-284-3400 or visit us at Probstfield Center for Education, 2410 14th St. S.

## **Do you have a preschooler or know someone who does?**

**All Minnesota children are required  
to attend a free screening.  
Please schedule screening soon after  
your child's third birthday.**

Early Childhood Screening is a quick  
and simple check of how your child is  
growing and developing.

**Call 218-284-3800  
for appointments.**



**Tuesday-Thursday, June 12-14  
Tuesday-Thursday, August 7-9**

To make an appointment for your  
child's screening or if you have  
questions please call the  
Early Learning Center at  
218-284-3800 or visit us at  
Probstfield Center for Education,  
2410 14th St. S., Moorhead

## **Ready...Set...Grow!**





## **BISON SOCCER DAY CAMP**

**JUNE 11<sup>TH</sup>-15<sup>TH</sup>, 2018**

**9:00 AM TO 11:30 AM**

**ELLIG SPORTS COMPLEX**

**(CORNER OF 15<sup>TH</sup> AVE & 18<sup>TH</sup> ST N)**

**AGES 5-14 COST \$125**

**(INCLUDES SOCCER BALL & T-SHIRT)**

**SOCCER DAY CAMP IS TO ENHANCE SKILLS, TECHNIQUES AND GAME EXPERIENCE IN A FUN ENVIRONMENT WHERE YOU INTERACT WITH COACHES AND PLAYERS FOR BOTH THE YOUNG AND THE EXPERIENCED PLAYERS**

**FOR MORE INFORMATION PLEASE VISIT [NDSUSOCCERCAMPS.COM](http://NDSUSOCCERCAMPS.COM) OR EMAIL [KARLI.KOPIETZ@NDSU.EDU](mailto:KARLI.KOPIETZ@NDSU.EDU) OR CALL 701-231-5755**

## **We're ready For our new SPUDS!**

**Moorhead Area Public Schools  
Kindergarten Registration began Feb. 6-7.**

*Do you still need to register  
your child for kindergarten  
for Fall 2018?*

Register at the elementary school in your attendance area or at Probstfield Center for Education, and complete kindergarten registration through PowerSchool by April 15.

Students must be 5 years of age on or before Sept. 1, 2018.  
Please bring proof of your child's birthday.

**Registration packets with Spanish Immersion Program information were mailed in mid-January.**

**For more information visit [www.moorheadschoools.org](http://www.moorheadschoools.org), email [info@moorheadschoools.org](mailto:info@moorheadschoools.org) or call 218-284-3370.**



**Camp Invention®**

**Led by local educators**

Inspire Innovation Lab

August 6 - 10, 2018.

Directed by Carrie Leopold

[inspireinnovationlab@gmail.com](mailto:inspireinnovationlab@gmail.com)

Visit **CAMPINVENTION.ORG** by  
**MAY 4** to secure your spot and  
**—SAVE \$15—**

Promo Code: **REGCAMP15**



**GRADES K-6**



**TAKE HOME TWO ROBOTS**



**HANDS-ON STEM FUN**



**National Inventors  
Hall of Fame®**

In Partnership with the United States  
Patent and Trademark Office



# Summer Reading Camp

Session I - June 11, 13, 18, 20, 25

Session II - June 27, July 2, 9, 11, 16

Designed for students entering Grades 1-3

Time: 9:30am - 11:00am

Location: Robert Asp Elementary Media Center

Teachers: Lori Schroeder & Pam Kiser

Cost: \$55 - one session \$100 - both sessions



The summer reading camp is designed to prevent summer reading loss. Studies have shown that students who do not read over the summer can lose up to 60% of their reading skills. Each session will include a small group guided reading lesson at your child's instructional level, building comprehension skills, writing about reading, word work instruction, and inspiring a love of reading. Students will also have the opportunity to check out books at their reading level to support reading at home.



Registration Opens April 1st through Moorhead Community Education	*Course Numbers*
Session I	YSC83A
Session II	YSC84A
Both Sessions I & II	YSC85A

Register online at <https://communityed.moorheadschoools.org>

## Parent Aware 4 Star Rated!

### Little Stars Preschool

- ★Awesome teachers, small classes
- ★Creative Curriculum
- ★TNT fitness program onsite
- ★Bi-monthly school year music enrichment program
- ★Monthly intergenerational visits at River Pointe Senior Living Center
- ★Summer swimming lessons at MSUM for full year students
- Monthly school year yoga

### Summer School Age Program

- ★Swimming lessons at MSUM
- ★Fun and Educational Field trips
- ★Playground and large outdoor green space
- ★Piano lessons available on site
- ★Summer intergenerational visits at River Pointe Senior Living Center
- ★Bussing to S. G. Reinertsen School



### Child Care Hours:

Monday-Friday, 7am-6pm  
Ages 3-12



401 40th Ave. South,  
Moorhead, MN 56560  
(701) 212-6637

[www.bethesdaallstars.com](http://www.bethesdaallstars.com)

**Now Enrolling:  
Summer and Fall full time  
preschool and school age  
also Fall Morning Only Preschool**

**Call for a tour today!**

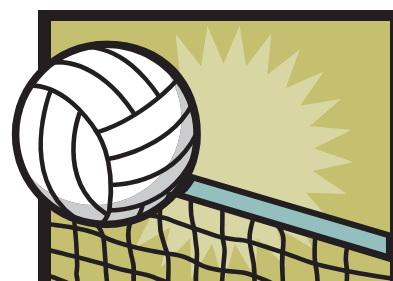
Morning preschool options:  
3 Days a week: Mon, Wed, & Fri or  
5 days a week: Monday thru Friday  
7:30am-12pm (September—May)

### Requirements:

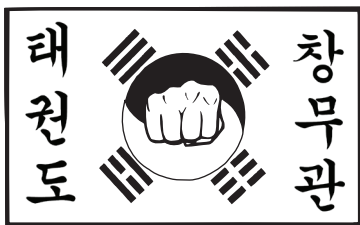
Students must be 3 years old  
and toilet trained

### 2018 Concordia Youth Volleyball Camp: July 10-12

- For girls and boys entering Grades 2-5
- From 9:00-11:15 am each day
- Cost: \$75
- Check-in at 8:30 am on Tuesday, July 10
- Campers grouped by age and ability
- Held at Concordia's Memorial Auditorium
- Each camper receives a free t-shirt and volleyball
- A fun introduction to volleyball: no experience necessary! 😊
- Register Online
- Website: [www.CobberVolleyballCamps.com](http://www.CobberVolleyballCamps.com)







1335 Main • 277-1TKD

# Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

## Classes for All Ages Self-Discipline...

## Fitness...

## Self-Control...



**Grand Master Jim Grimestad  
with 40 years experience**

8th Degree Grand Master Jim teaches every class

This is a traditional martial arts school

277-1TKD • 1335 Main Ave Fargo • [rrtkd.com](http://rrtkd.com)

go to **RRTKD.COM** for more information

# FREE 2 week trial

# DRAGON

# SWIM SCHOOL



## DRAGON SWIM SCHOOL BENEFITS

- Dragon Swim School maintains prestigious accreditation by the U.S. Swim School Association, ensuring your child receives ethical and professional teaching. MSUM is the only accredited program in North Dakota and one of only six in Minnesota.
- Student to instructor ratio is 3:1 [Levels 1-2] or 4:1 [Levels 3-8].
- All of our highly trained instructors are MSUM college students. Many of our instructors are education major.
- We are the only program in the area to serve the special needs community by offering specialized one-on-one instruction.



**CELEBRATING 20 YEARS**



**8 SWIM LEVELS**



**3:1 INSTRUCTOR RATIO  
(LEVELS 1-2)**



**4:1 INSTRUCTOR RATIO  
(LEVELS 3-8)**

## KEEP YOUR KIDS SAFE AROUND WATER

Dragon Swim School offers the highest quality swimming lessons in the Fargo-Moorhead area, providing your child exceptional teaching, increased safety awareness, and growing comfort and confidence in and around water.



## **DATES & TIMES** [40-minute classes]

Spring Session II: April 9 - May 24th

Summer Session I: June 4 - July 12 Summer

Session II: July 16 - August 16

Monday, Tuesday, Wednesday & Thursday

> 4:10 p.m., 4:50 p.m., 5:30 p.m., 6:10 p.m.

Morning Session I: June 4 - 14

Morning Session II: June 18 - 28

Monday, Tuesday, Wednesday & Thursday

> 9:20 a.m., 10 a.m., 10:40 a.m., 11:20 a.m.

## **Sign up for classes early as sessions fill quickly**

1. Register online with a credit or debit card at [msumdragons.com/swim](http://msumdragons.com/swim)
2. Register with our Dragon Swim School mobile app available on Apple or Google Play.

## **SESSION PRICING**

### **5 weeks**

Group: \$60/student

Private: \$180/student

### **6 weeks**

Group: \$72/student(Spring  
2, 7 Wk for \$84.00)

Private: \$216/student

### **8 Lessons**

[summer mornings]

Group: \$96/student

Private: \$288/student

## **SWIM LEVEL DESCRIPTIONS**

Swim level descriptions can be found at [msumdragons.com/swim](http://msumdragons.com/swim) or on the Dragon Swim School mobile app.

One-on-one lessons provide more individualized attention for students of all ages in a flexible, first-rate environment. Call 218.477.2313 to arrange lessons.

Participants who pass Levels 6-8 are encouraged to register for Springboard Diving or Red Dragon Swim Team.



## **ADDITIONAL SWIM OPPORTUNITIES**

### **Dragon Swim Camp 2018**

June 10-15 OR June 17-22

### **Dragon Dive Camp 2018**

July 29-August 3 OR August 5-10

### **Red Dragon Swim Team**

(Youth and Adult Swimmers)

The Red Dragon Swim Team is a USA Swimming program for all ages. In addition to the monthly fee, team members also pay a yearly \$64 fee to be a USA Swimming member. Contact Coach Diana Cobbs at [reddragonswimming@outlook.com](mailto:reddragonswimming@outlook.com)



For more information on additional offerings, visit [msumdragons.com/swim](http://msumdragons.com/swim)

- ▶ Open swim
- ▶ Lap swim
- ▶ Pool rental
- ▶ Adult classes
- ▶ Triathlete and master's training
- ▶ Lifeguard certification
- ▶ Springboard diving class

## **CONTACT US**

Monday - Thursday | 9 a.m. - 6:30 p.m.  
[msumdragons.com/swim](http://msumdragons.com/swim) | 218.477.2313 |  
[msumswim@mnstate.edu](mailto:msumswim@mnstate.edu)  
Alex Nemzek Hall  
17th Street South & 6th Avenue South  
Moorhead, MN 56563



# Familywellness

A PARTNERSHIP BETWEEN

SANFORD  
HEALTH



June 4th – June 8th | *Creative Cooking*  
June 11th – June 15th | *Creative Builders Camp*  
June 18th – June 22nd | *Soaking in the Sun*  
June 25th – June 29th | *Super Summer Sports Camp*  
July 9th – July 13th | *Family Wellness Imagination Station*  
July 16th – July 20th | *Wild Wilderness Camp*  
July 23rd – July 27th | *Camp Summer Splash*  
July 30th – August 3rd | *Camp Universe*  
August 6th – August 10th | *Cookapalooza*  
August 13th – August 17th | *Spectacular Sports Camp*

## Registration Open

Visit [Familywellnessfargo.org](http://Familywellnessfargo.org) or the Front Desk for more details!

Family Wellness and YMCA Members \$185 / Non-Members \$205

*Camps run from 9am to 4pm (before & after care is available)  
Camps are for children ages 6 -11. Financial Assistance is available.*



2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | [www.familywellnessfargo.org](http://www.familywellnessfargo.org)

Family Wellness Fargo | @FamilyWellFGO | familywellnessfgo

# SUMMER 2018 CAMPS

**June 4th – June 8th | Creative Cooking** | Creative Cooking Camp is here to test your culinary skills. In this camp we will focus on creating healthy recipes and enhancing your skills and knowledge within the kitchen. Each child will be able to learn hands on skills that will help bring out their inner chef. Come test your taste buds this summer at Creative Cooking Camp!

**June 11th – June 15th | Creative Builders Camp** | If your child likes a challenge and is always wondering “why?” come find out at Family Wellness Creative Builders Camp. Children will be able to create and experiment with a variety of fun hands on science and engineering projects designed for kids. Come explore why and how at Creative Builders Camp!

**June 18th – June 22nd | Soaking in the Sun** | Soaking in the Sun is the ultimate summer camp experience combined with high energy activities and a boat load of water fun. Campers will be able to create a splash in our pool and participate in a variety of outdoor activities. Soak up the fun and excitement this summer at Family Wellness!

**June 25th – June 29th | Super Summer Sports Camp** | This sports camp is packed with fun for campers of all ability levels. Campers will learn and play sports of all sorts in a positive and encouraging environment. This camp will focus on teamwork, sportsmanship and giving your best effort at all times. Campers will learn new skills, make new friends and have a blast exploring new sports and activities. Come join our Super Summer Sports Camp to start your summer out with a Homerun!

**July 9th – July 13th | Family Wellness Imagination Station** | Family Wellness Camp Imagination will provide an exciting, hands on learning environment filled with activities and healthy choices. Campers will have the opportunity to dive into their imagination through art projects and theatrical play. This camp will also provide our campers with a variety of activities in the gym and our swimming pool. Dream big with Family Wellness Camp Imagination!

**July 16th – July 20th | Wild Wilderness Camp** | Explore the world around you this summer during the Wild Wilderness Camp. Kids will learn about different animals, climates, and even survival skills. Come find your wild side at Family Wellness!

**July 23rd – July 27th | Camp Summer Splash** | At Camp Summer Splash our campers will experience a variety of water activities. Campers will also learn the importance of water safety. From swimming to creating waves at the water park campers will have an outstanding time with new friends and staff. Come create a splash this summer at Family Wellness!

**July 30th – August 3rd | Camp Universe** | At Camp Universe we are all about exploring the unknown. Your future astronauts will learn about the galaxy in a variety of ways along with participating in various activities. From constellations and planets to galaxies and black holes, this camp is out of this world!

**August 6th – August 10th | Cookapalooza** | At Camp Cookapalooza, campers will not only rock out in the kitchen creating healthy new recipes, they will also get to participate in a variety of fitness classes, activities, and swimming. Come get your party started this summer with Cookapalooza!

**August 13th – August 17th | Spectacular Sports Camp** | Spectacular Sports Camp will explore the wide world of sports. From soccer to racquetball campers will experience all aspects of the game in a positive and encouraging environment. This camp will focus on teamwork, sportsmanship and giving your best effort at all times. Join the Family Wellness team this summer at Spectacular Sports Camp!





# PERFORMING ARTS TRAINING AND FUN FOR CHILDREN AGES 6-11



## DREAM IT. LEARN IT. LIVE IT.

Five, one-week sessions, 8:30am-4:30pm daily  
**June 4-8, June 11-15, June 18-22, July 16-20, & July 23-27, 2018**

- ★ ArtSpark provides children the opportunity to explore the performing arts, guided by music and theatre artists/educators. Each day, students will participate in theatre games, singing, storytelling, movement, and more—all centered around creative, fun themes.
- ★ Best of all, kids become more confident, more creative, and better communicators!
- ★ Each session concludes with a showcase for family and friends.
- ★ Fee includes team-taught instruction by arts educators, class supplies, and t-shirt.
- ★ Students must provide their own lunches, snacks and beverages.

**Register NOW!** Students are encouraged to enroll early; program is filled on a first come, first served basis. Space is limited and sessions fill up quickly.

- Deadline is Friday, May 18 for June sessions and Friday, June 8 for July sessions (Registration remains open after this deadline. However, a \$25 late fee will be assessed.)
- See reverse side for locations, fee information and REGISTRATION FORM.
- West Fargo Public Schools offers a \$100 voucher for West Fargo School District enrolled students.
- ALL FORMS also available for download at [www.trollwood.org](http://www.trollwood.org) or by contacting Trollwood.

*\* All ages refer to age by August 31, 2018*

**trollwood**  
 PERFORMING ARTS SCHOOL  
 — at Bluestem Center for the Arts —

**[www.trollwood.org](http://www.trollwood.org)**  
 801 50th Ave S, Moorhead MN 56560  
**Phone** 218.477.6500 **Fax** 218.477.6501  
[trollwood@fargo.k12.nd.us](mailto:trollwood@fargo.k12.nd.us)  
 A program of the Fargo (ND) Public Schools





# ARTSPARK REGISTRATION FORM 2018

Return this completed form along with fee payment, West Fargo voucher, and/or financial aid form (if applicable, available at [www.trollwood.org](http://www.trollwood.org)).  
Mail, email or fax completed registration form and payment to Trollwood Performing Arts School.  
Mail: 801 50th Ave S, Moorhead, MN 56560 | Email: [trollwood@fargo.k12.nd.us](mailto:trollwood@fargo.k12.nd.us) | Fax: 218-477-6501

Student Name \_\_\_\_\_  
Date of Birth (M/D/Y) \_\_\_\_\_ Gender \_\_\_\_\_  
Age (as of August 31, 2018) \_\_\_\_\_  
Grade Completed (Spring 2018) \_\_\_\_\_  
Current School (Spring 2018) \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_

Living with (check one): ☐ Mother ☐ Father ☐ Both ☐ Other

**Check Relationship and Print Name:**

☐ Mother ☐ Stepmother ☐ Guardian \_\_\_\_\_  
Address (if different than above) \_\_\_\_\_  
Employer \_\_\_\_\_  
Job Position/Title \_\_\_\_\_  
Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Mobile Phone \_\_\_\_\_  
E-mail Address \_\_\_\_\_

**Check Relationship and Print Name:**

☐ Father ☐ Stepfather ☐ Guardian \_\_\_\_\_  
Address (if different than above) \_\_\_\_\_  
Employer \_\_\_\_\_  
Job Position/Title \_\_\_\_\_  
Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Mobile Phone \_\_\_\_\_  
E-mail Address \_\_\_\_\_

**Check the one category that best describes your predominant racial/**

**ethnic identity:** ☐ American Indian or Alaskan Native  
☐ Asian or Pacific Islander ☐ Black or African American  
☐ Bosnian ☐ Caucasian (white) ☐ Hispanic or Latino  
☐ Middle Eastern or Arab American ☐ Other \_\_\_\_\_

**T-shirt Size:** YOUTH ☐ S ☐ M ☐ L ADULT ☐ S ☐ M ☐ L ☐ XL ☐ XXL

**Parent/Guardian: Please read, sign, and date below:**

Consent is granted to Trollwood for the use of media images, interviews, and survey responses involving my child for publicity and marketing purposes for the organization.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Note any conflicts with session schedule:** \_\_\_\_\_

**Emergency contact (English speaking):**

Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Day Phone (very important!) \_\_\_\_\_

**Please note medical issues/allergies or special needs including social, emotional or behavioral issues Trollwood should be aware of (this information is confidential):**

**Please note your preferred health care provider** (only to be used in case of emergency): \_\_\_\_\_

**Check Desired Session:**

**AGES 6-8** (age by August 31, 2018)

- ☐ **June 4-8** Ben Franklin Middle School, 1420 8th St N, Fargo  
☐ **June 11-15** Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo  
☐ **June 18-22** Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo  
☐ **July 16-20** Trollwood, 801 50th Ave S, Moorhead  
☐ **July 23-27** Trollwood, 801 50th Ave S, Moorhead

**AGES 9-11** (age by August 31, 2018)

- ☐ **June 4-8** Ben Franklin Middle School, 1420 8th St N, Fargo  
☐ **June 11-15** Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo  
☐ **June 18-22** Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo  
☐ **July 16-20** Trollwood, 801 50th Ave S, Moorhead  
☐ **July 23-27** Trollwood, 801 50th Ave S, Moorhead

**Fee: \$250 per one week session**

\$15 Early Registration Discount (if by April 1) - \$ \_\_\_\_\_  
West Fargo Voucher (if applicable; attach to form) - \$ \_\_\_\_\_  
\$25 Late Fee if after May 18 or June 8 + \$ \_\_\_\_\_

**Total Fee \$** \_\_\_\_\_

**Payment Enclosed \$** \_\_\_\_\_

**Balance Due \$** \_\_\_\_\_

**Payment Options** (please check one):

- ☐ **Option 1:** Fee payment in FULL with completed form.  
☐ **Option 2:** Choose a payment plan (**Credit Card REQUIRED**):  
☐ \$75 down payment w/2 equal monthly payments of \$ \_\_\_\_\_ to complete balance due.  
☐ \$75 down payment w/3 equal monthly payments of \$ \_\_\_\_\_ to complete balance due.  
☐ **Option 3:** Financial Aid application submitted. (In the event financial aid is not fully awarded, please indicate your payment preference. By completing option 2, monthly payment amounts may be determined after financial aid award has been decided.)

**Payment Method** (please check one):

☐ Check or Money Order/payable to Trollwood Performing Arts School  
☐ Cash ☐ Visa ☐ MasterCard ☐ Discover  
Card # \_\_\_\_\_  
Exp. Date \_\_\_\_\_ CVV# (3 digit # on back of card) \_\_\_\_\_  
Signature \_\_\_\_\_





SANFORD  
Children's

Kids Rock!

# Fargo<sup>TM</sup> YOUTH RUN

Thursday, May 17 • 6:30pm

\$10 per child

No additional charge for parent running with child, if desired

1/2 mile or 1 mile

Ready, Set, Register Online at [FargoMarathon.com](http://FargoMarathon.com)





SANFORD  
children's

Kids Rock!

TM

# Fargo

## YOUTH RUN

TNT Fitness will be there with fun music, stretches and warm ups to get them all ready to run!

The race is open to all children 12 and under. Parents/Guardians are welcome to run alongside their children or push them in a stroller, if necessary.

All runners must be registered by 5:30pm at the Fargodome Youth Run Registration booth. At 6:30pm, youth runners (and any parent participants) will be lined up in their particular age group and race wave.



Ready, Set, Register Online at [FargoMarathon.com](http://FargoMarathon.com)

