

KiDsource

JUNE 2018

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org/KIDsource. KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

Tri-City Summer Camp

German International ID Camp
July 16th-19th, 9am to 3pm
Pepsi Soccer Complex



**FOR BOYS AND GIRLS
BETWEEN 4-19 YEARS**

REGISTER NOW!

*More Tri-City program information inside

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



PURSUE EXCELLENCE



MOORHEAD
AREA PUBLIC SCHOOLS

For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*



Learn more. Ask questions. Get answers. Here's how.

State of the District

Each fall district administrators host a State of the District session to discuss improvement plans and progress on goals. Watch for the fall Community Education catalog in August, which will include the date of this year's State of the District session, or check our district website this fall for more information.

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually, in the fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Website

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars and much more.

Social Media

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools), Twitter (@MoorheadSchools) and Instagram ([moorheadschoools](https://www.instagram.com/moorheadschoools)).

Learn new skills in Moorhead Community Education classes! Register now for spring and summer classes online at <https://communityed.moorheadschoools.org> or call 218-284-3400.

Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area. Learn more about the district at www.moorheadschoools.org.



Parks and Recreation

SUMMER SPECIAL EVENTS

Summers are made for adventures, memories, and fun! Moorhead Parks & Recreation fills your days with a variety of events to make your summer one to remember!

River Paddling Excursions

May - August • 6-8 pm • Hjemkomst Center Landing

Join Moorhead Parks and Recreation and River Keepers as they host monthly River Paddling Excursions. Take a relaxing river tour as local guest speakers share their expertise in a variety of topics including history, animals, and nature habitats.



Dive into SUMMER

Dive into Summer

June 14 • 6:30-8:30 pm • Moorhead Municipal Pool

Kick off the summer with a night of family fun at the pool! Enjoy free open swim and water games, hotdogs, chips, and pop (while supplies last), and enter for a chance to win prizes!

Moorhead Farmers Market

Open Tuesdays • June 19-September 25 • 3:30-6:30pm

Moorhead Center Mall Parking Lot (Center Ave and 4 St N)

Get Fresh. Go Local. Items for sale include fresh vegetables, fruit, baked goods, honey, jams, jellies, pet products, hand crafted items, food trucks, music and so much more!

Moorhead Farmers Market



Get Fresh. Go Local.



RiverArts

June - August • 5:30-8:00 pm • Memorial Park

There's always something to enjoy at Moorhead RiverArts! Each night features a performance, free horse-drawn carriage rides, inflatable games, food, hands-on kids activities, and more!

Summer Splash

July 19 • 2-4 pm • Moorhead Municipal Pool

The days are hot but the pool is cool! Jump in for an afternoon of fun with open swim, free inflatable games, a diving contest, and so much more to help you beat the heat and stay cool!



Don't Forget...

Registration for Youth Flag Football is open!

Grades K-6 • August 13 - October 4 • \$42.00

This program introduces the basics of football, with each participant receiving equal playing time and a chance to try each position throughout the season.

VISIT MOORHEADPARKS.COM FOR MORE INFORMATION!



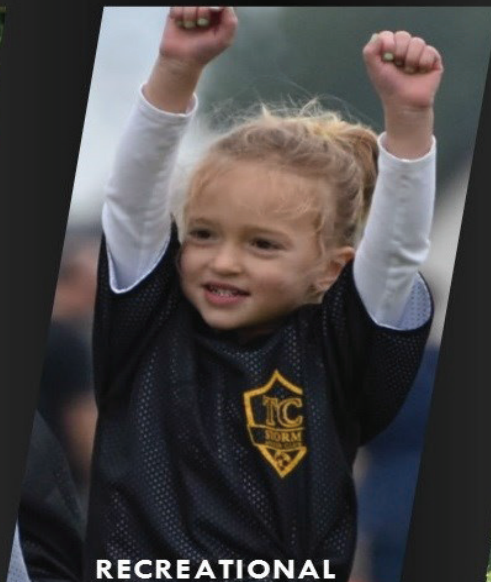
Tri-City Storm Soccer

IGNITE THE PASSION



SELECT

- Birth year of 2000-2006
- Registration ends June 24th
- Fall competitive tryouts



RECREATIONAL

- Pre-K to 8th grade
- Registration ends July 27th
- Weekly practice and games



ACADEMY

- Birth year of 2012-2016 (Register by July 27th)
- Birth year of 2007-2011 (Register by June 24th)
- Training with licensed coaches

*Players may participate in both Recreational and Academy

ARTIST-LED SUMMER ART CAMPS!

ADVENTURE ART CAMP WITH ARTIST HAYDEN SWANSON

June 26 – 28 • 1 – 4 PM • Ages 8 – 12

\$100 / \$80 members

FROM PLANTS TO PAPER TO ART WITH ARTIST SU LEGATT

July 25 – 26 • 9 AM – 12 PM • Ages 6 – 9

\$65 / \$52 members

MONSTER MASH WITH ARTIST PUNCHGUT

August 1 – 2 • 9 AM – 12 PM • Ages 9 – 12

\$65 / \$52 members

IN THE BEGINNING... WITH ARTIST LAURA YOUNGBIRD

August 15 – 16 • 1 – 4 PM • Ages 12 – 16

\$65 / \$52 members

**GO TO PLAINSART.ORG
FOR FULL CAMP DESCRIPTIONS AND REGISTRATION**

PLAINS  MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY

704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org



Summer Orchestra Camp

Monday, July 30 - Friday, August 3th, 2018
Horizon Middle School, 3601 12th Ave. S., Moorhead

Camp Activities Included in the Fee

- Lessons
- Ensembles
- Guest Recitals
- Music History
- Ice Cream Social
- Guest Artist
- Music Theory
- Pet Show
- Talent Shows
- Concert

Optional Camp

Activities- More information on these activities will be in the informational email.

- Golf Tourney
- Guitar Hero & Dance Revolution Tourney
- Thursday Activity Night
 - Thunder Canyon
 - Bingo
 - Movie

There will be an additional registration and fees for these opportunities.

Camp	Time	Fee
<input type="checkbox"/> YSC75A - Completing Grade 5	9 a.m.-3 p.m.	\$95
<input type="checkbox"/> YSC76A - Completing Grade 6	9 a.m.-3 p.m.	\$95
<input type="checkbox"/> YSC77A - Completing Grade 7	12:15-3:15 p.m.	\$67

Instrument

☐ Violin ☐ Viola ☐ Cello ☐ Bass

(please print)

Student's name: _____ Birthdate: _____

Parent/Guardian(s): _____

Address/City/State: _____

Work Phone: _____ Home Phone: _____

**Email _____

**(An informational email will be sent two weeks prior to the camp)

Current School: _____

****Now accepting enrollments and liability waivers online.****

3 Ways to Register

Online: Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

Bring In Person or Mail In: Bring in or mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

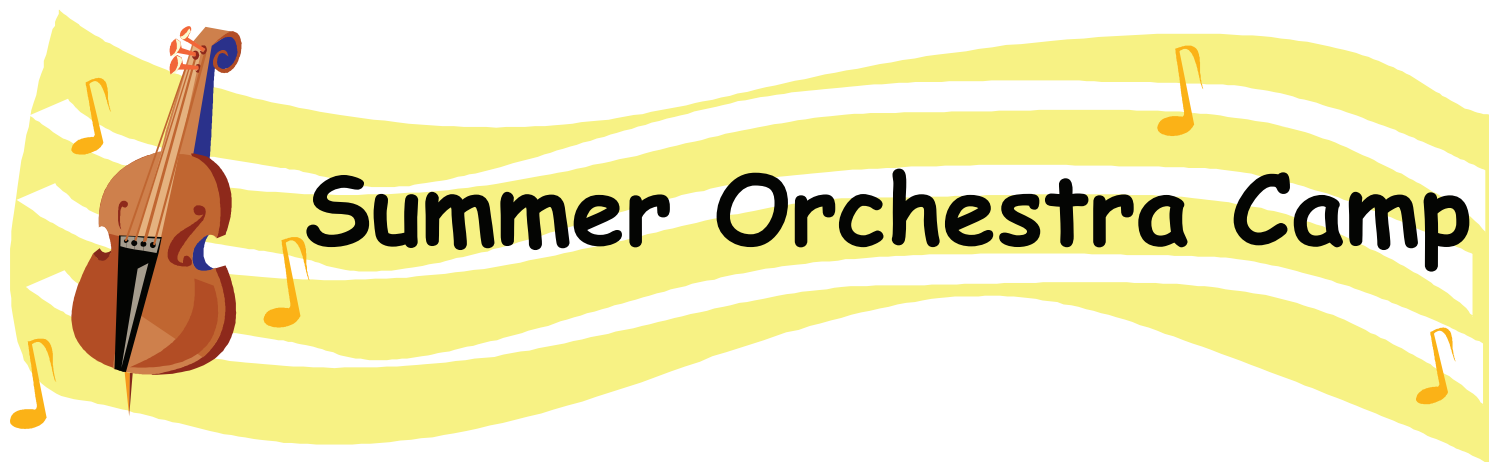
Make checks payable to ISD 152 or charge to:

☐ VISA ☐ MasterCard ☐ Discover

Card No. _____ Exp. date: _____

Phone registrations will not be accepted. Please see reverse side for Liability Waiver and Tennesen Warning

Summer Orchestra is a Community Education program of the Moorhead School District
Register online at <https://communityed.moorheadschoools.org>



All registrants MUST have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.

**** NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____

Date _____

Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.



See previous page for camp information

Register online at <https://communityed.moorheadschoools.org>



(701) 212-8775 | WWW.FMATHLETICS.COM | FMAFOOTBALL@GMAIL.COM

REGISTRATION FOR THE 2018 SEASON IS NOW OPEN!

**STUDENTS ENTERING 4 - 8TH GRADE* (FALL OF 2018)
ARE ELIGIBLE TO PLAY.**

2018 Dates to Note:

May 15	Priority pricing ends at 11:59pm TONIGHT . Fees increase by \$50 May 16th.
June 20	All registrations submitted after June 20th may not be accepted based upon availability, and <u>must</u> include the fundraiser buyout of \$120.
July 30	Non-contact practice begins this week.
August 3, 4, 5	Equipment Pick-Up and Mandatory Weigh-In. <i>Metro Rec Center, 3110 Main Avenue, Fargo</i>
August 6	Contact (padded) practice starts this week.
August 8	Alternate weigh-in and equipment pick-up date. <i>No practice this date!</i>
August 18	Jamboree Day for 4, 5 and 6th grade teams. <i>Southside Regional Park, 2000 40th Avenue S., Moorhead</i>
August 20	Regular season games for all grade levels begin this week.
<i>NO games will be scheduled Labor Day Weekend (September 1-3)</i>	

*7/8th grade programs available in FM Metro Area only

**ONLINE REGISTRATION
AND SEASON DETAILS
AVAILABLE HERE:
FMATHLETICS.COM**



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!
NO CONTRACT REQUIRED!

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com



Learn Ping Pong in Community Education Summer Camps

Grades 5-12 Camp (June 11-22)

Ping Pong Summer Camp

June 11-June 22, 8:30 a.m.-3:30 p.m.

Horizon Middle School East Campus

Room 361

Course No: YSC58A

Instructor: Xuejun Zhang

Fee: \$129



Grades 5-12 Camp (June 25-July 13)

Ping Pong Summer Camp

June 25-July 13, 8:30 a.m.-3:30 p.m. (no class July 2-6)

Horizon Middle School East Campus

Room 361

Course No: YSC58B

Instructor: Xuejun Zhang

Fee: \$129



Students will learn the essential foundations of playing Ping Pong (single and double play). This includes holding the paddle in two ways; serving the ball with different strategies; receiving the ball properly; chopping/spinning the ball; striking the ball; how to move your body; how to cooperate with your teammates in double play, and more. There will be a one-hour break for lunch. Students should bring lunch, water bottle and snack.

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.

SUMMER BAND

5TH AND 6TH GRADERS

Session: August 20-24, 2018

Students enrolled in summer band will learn and practice the three foundations of becoming a successful instrumentalist. 1) Producing a characteristic sound, 2) Reading and playing music, 3) Proper assembly and care of their band instrument. The summer band curriculum covers in one week what usually takes one month for a beginning band student. Accelerate your student's musical experience and join us this summer.

The fee for this program is \$40. Scholarships are available. Please enroll in only one session for your instrument. Lessons will be held at the Horizon Middle School Band Room.

Session: August 20-24, 2018

- ☐ YSC54A-8:30-9:20 - Saxophone/Percussion/Trumpet
- ☐ YSC55A-9:30-10:20 - Flute & Oboe/Trumpet/French Horn
- ☐ YSC56A-10:30-11:20 - Clarinet/Trombone, Baritone, Bassoon
- ☐ YSC57A-11:30-12:20 - Clarinet/Tuba

Student's name: _____ Birthdate: _____

Parent/Guardian(s): _____

Address/City/State: _____

Work Phone: _____ Home Phone: _____

**Email _____ Current School: _____

3 Ways to Register

Online: Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

Mail In: Mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560

Bring In Person: Bring in person this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

Make checks payable to ISD 152 or charge to:

☐ VISA ☐ MasterCard ☐ Discover Card No. _____ Exp. date: _____

Phone registrations will not be accepted. Please see reverse side for Liability Waiver and Tennesen Warning

Summer Band Camp is a Community Education program of the Moorhead School District
Register online at <https://communityed.moorheadschoools.org>

Summer Band

All registrants **MUST** have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.

**** NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian name printed _____

Parent/legal guardian signature _____

Date _____

Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.



See previous page for camp information

Register online at <https://communityed.moorheadschoools.org>



Six Steps to Cool Down

“Kids will be kids.”

“Boys will be boys.”

“They’ll grow out of that stage; just be patient.”

Sound familiar? Parenting a child at any age can be a challenging, sometimes frustrating experience. At the same time it can be the most rewarding experience as the fun and precious years fly by all too quickly. Each stage of childhood has its own challenges for moms and dads. First, its “babies don’t stay colicky forever,” which turns into “the terrible twos,” all leading up to the adolescent stage with all its eye rolling, arguing, avoiding chores and refusing to do homework. When your child is in one of these tough stages, the days can seem to last forever, but before you know it, they are walking across that graduation stage and you wonder where the years went!

Even the best of parents will have a bad day – days where the challenges of work, bills, chauffeuring the kids, laundry and supervising homework can get the best of us. At times like that, we can feel our bodies becoming tense, and sometimes we lose our patience and raise our voices. When you find yourself having one of these moments, know that, just like kids sometimes need a “time out,” adults sometimes need to take a few moments to calm down, too.

When you feel the pressures of the day coming down on you and transferring to your child in the form of yelling, criticizing or punishing, try these strategies for giving yourself a grown-up “time out”:

1. Take a deep breath. And another. Remember that you are the adult.
2. Close your eyes and imagine you are hearing what you’re planning to say to your child.
3. Press your lips together and count to 10. Keep going until 20, or as high as you need until you feel calmer.
4. Phone a friend.
5. Turn on some music; maybe even sing or dance along with it. You can even have a short dance party with your child to give both of you a break from a stressful situation.
6. Remove yourself from the situation for a few minutes to go drink a glass of cold water.

Prevent Child Abuse Minnesota www.pcamn.org

Brought to you by the Clay County Local Advisory for Children’s Mental Health and the Clay County Child Abuse Prevention Council.



UNITED SOCCER CLUB OF THE RED RIVER VALLEY

Formerly West Fargo and FM United, we strive to create a fun, challenging, and collaborative soccer community in the Red River Valley.

REGISTER AT UNITEDSCRRV.ORG



RECREATIONAL

- pre-k to 5th grade
- summer season June 4-28
- register by May 10
- \$50

ACADEMY

- birth yrs 2010, 2011, 2012
- summer season June 4-28
- register by May 10
- \$50

FALL SEASON information for Competitive and Rec will be announced mid summer!

MINNESOTA UNITED FC IS COMING TO FARGO!
REGISTER AT WWW.MNUFC.COM/CAMPS/LOCATIONS



CAMPS

MNUFC at United SC

Our innovative "Play the Minnesota United Way" curriculum includes fundamental and tactical activities that move to small-sided games where players will be encouraged to use the new skills they have learned.

LOCATION: Pepsi Soccer Complex: 3101 Co Rd 81, Fargo, ND

DATE: July 30 – August 2

Future Loons | Boys/Girls | Ages 3 to 4 | \$70

Little Loons | Boys/Girls | Ages 5 to 6 | \$105

Junior Loons | Boys/Girls | Ages 7 to 12 | \$179

High School Loons | Boys/Girls | Ages 13 to 18 | \$179


Programming provided by MNUFC Youth Development Staff

FOR MORE INFORMATION, PLEASE CONTACT:

Joe Burger: joe.b@mnufc.com



FOSTERING
A LOVE
FOR
LEARNING




LITTLE LIGHTS PRESCHOOL

at TRIUMPH LUTHERAN BRETHREN CHURCH • 2901 20TH STREET SOUTH, MOORHEAD MN 56560
218-233-4048 • WWW.LITTLELIGHTSPRESCHOOL.ORG

GROUNDNED IN FAITH, WITH AN EMPHASIS ON SOCIAL
DEVELOPMENT & KINDERGARTEN READINESS

PRE-KINDERGARTEN: 5 DAY
4 & 5 YEAR-OLDS: 3 DAY
3 YEAR-OLDS: 2 DAY

BUILDING AN EXCELLENT FOUNDATION!



BONNIE HANEY DANCE
& PERFORMING CO.



COME DANCE WITH US!

15% OFF
Fall Dance Session
Starting in August
**Discount applies to first month.
New students only. Expires 9.15.18.
One discount per dancer.

5-10% OFF
3 SUMMER DANCE SESSIONS
*Including our 4-Day workshop
with a special guest instructor
from Royal Winnipeg Ballet!

701-232-9900
3051 25th St. S. Suite S.
(Family Fare Plaza)
Fargo, ND 58103
bonniehaneydance.com





Want to build a VIDEO GAME?

Video Game Design Camp – MHS Media Center


PODS
Game Design

<u>June 11-15</u>	<u>8:00-12:00</u>	<u>(Ages 9-13)</u>
<u>June 11-15</u>	<u>1:00-5:00</u>	<u>(Ages 13-18)</u>

Advanced Class – MHS Media Center (Dungeons)

<u>July 30-Aug 3</u>	<u>3:30 – 5:30</u>	<u>(Ages 9 – 18)</u>
----------------------	--------------------	----------------------

- Learn the building blocks of video game design!
- Create a Role-Playing Game (RPG) of your very own!
- Bring your work home at the end of class to show your family and friends!
- Move on to the Advanced Class after the Camp for more fun!
- Register at
<https://communityed.moorheadschoools.org/>
- Find more information about the classes at www.podsgamedesign.com!
- Questions? Contact PODS at 701-936-4716 or podsgamedesign@gmail.com!

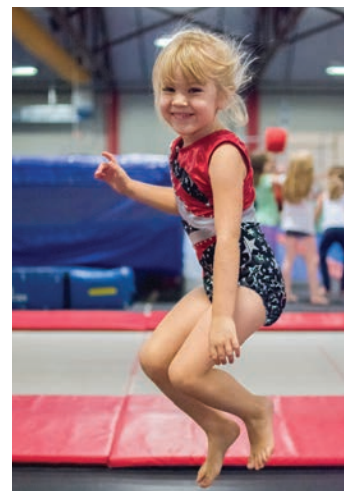



We **BELIEVE** that every individual is able to unlock their potential through movement.

**Gymnastics * Special Needs * Ninja Kids *
Cheer * Birthday Parties * Summer Camps**

Now Enrolling for Summer Session

Summer Session: June 4 - August 18



Baby Classes

Rockin' Rollers

Ages 1 - 6 months | 30 minutes

Curious Crawlers

Ages 6 - 12 months | 30 minutes

**Register at
tntkidsfitness.org**



No Bummer Summer

Looking for an exciting activity for your child this summer? Check out our weekly camps for ages 6 - 14.

June 4 - August 24

Register at tntkidsfitness.org



Ninja Tots | Ages 3

Ninja Minis | Ages 4 - 5

Ninja Kids | Ages 6 - 11

Ninja Legends | Ages 11 +

Ninja classes consist of jumping, swinging, climbing, hanging, leaping, balancing, and rolling. Kids use obstacles and circuit based activities to increase endurance, strength, flexibility, and balance.

Register for summer classes today!

Register online at tntkidsfitness.org



Summer Reading Camp

Session I - June 11, 13, 18, 20, 25

Session II - June 27, July 2, 9, 11, 16

Designed for students entering Grades 1-3

Time: 9:30am - 11:00am

Location: Robert Asp Elementary Media Center

Teachers: Lori Schroeder & Pam Kiser

Cost: \$55 - one session \$100 - both sessions



The summer reading camp is designed to prevent summer reading loss. Studies have shown that students who do not read over the summer can lose up to 60% of their reading skills. Each session will include a small group guided reading lesson at your child's instructional level, building comprehension skills, writing about reading, word work instruction, and inspiring a love of reading. Students will also have the opportunity to check out books at their reading level to support reading at home.



Registration Opens April 1st through Moorhead Community Education	*Course Numbers*
Session I	YSC83A
Session II	YSC84A
Both Sessions I & II	YSC85A

Register online at <https://communityed.moorheadschoools.org>



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER FOOD PROGRAM

FREE & OPEN
TO THE
COMMUNITY!

ALL kids under the age of 18 can get FREE
healthy meals at many area locations!

No eligibility requirements!



June 11 – August 31

Monday – Friday

- 11:30am – 12:30pm | Lunch
- 4:00 – 5:00pm | Cold Supper

MOORHEAD LOCATIONS:

Robert Asp Elementary – 910 11th St. N

Ellen Hopkins Elementary – 2020 11th St. S

Learn more online: ymcacassclay.org/summerfood





MOORHEAD COMMUNITY EDUCATION

2018

SUMMER ATHLETIC CAMPS

Register now and join us for our exciting summer camps!

ALL ELIGIBLE GRADES LISTED FOR CAMPS BELOW REFER TO THE STUDENT'S GRADE NEXT FALL.

Camp #	Camp Title	Dates	Time	Fee
FOOTBALL CAMPS • MHS FOOTBALL FIELD • HEAD COACH: KEVIN FEENEY				
YSC21A	Football Camp (Grades K-4)	T-TH, 7/10-7/12	noon- 2 p.m.	\$50
YSC22A	Football Camp (Grades 5-7)	T-TH, 7/10-7/12	2:00- 4:30 p.m.	\$70
YSC23A	Football Camp (Grades 8-9)	T-TH, 7/24-7/26	1:30- 4 p.m.	\$70
YSC20A	Football Camp (Grades 10-12)	T, 6/12 (TBD) W, 6/13 (TBD) TH, 6/14 (TBD) T-TH, 7/24-7/26	TBD TBD TBD 6-8:00 p.m.	\$80
VOLLEYBALL CAMPS • MHS FIELDHOUSE • HEAD COACH: CHAR LIEN				
YSC15A	Volleyball Camp (Grades 5-7)	M-F, 6/7-6/19	12-1:30 p.m.	\$79
YSC16A	Volleyball Camp (Grades 8-9)	M-F, 6/7-6/19	1:30- 3 p.m.	\$79
YSC14A	Volleyball Camp (Grades 10-12)	M-F, 6/7-6/19	9-11:30 a.m.	\$79
BASEBALL CAMPS • MHS BASEBALL FIELD • COACH: GREG SALVEVOLD				
YSC17A	Baseball Camp (Grades K-4)	M-TH 6/18-6/21	10-11:30 a.m.	\$75
YSC19A	Baseball Camp (Grades 5-7)	M-TH 6/18-6/21	11:30 a.m.-1:00 p.m.	\$75
BOYS BASKETBALL CAMPS • HORIZON WEST GYM / MHS MAIN GYM • HEAD COACH: TYLER BORMANN				
YSC29A	Boys Basketball Camp (Grade K-2), Horizon West	M-TH, 6/11-6/14	9:15-10:30 a.m.	\$45
YSC30A	Boys Basketball Camp (Grade 3-4), Horizon West	M-TH, 6/11-6/14	10:45 a.m- noon	\$45
YSC31A	Boys Basketball Camp (Grade 5-6), MHS MAIN GYM	M/T/TH, 6/18-6/28	10 -11:30 a.m.	\$65
YSC32A	Boys Basketball Camp (Grade 7-8), MHS MAIN GYM	M/T/TH, 6/18-6/28	8:30-10 a.m.	\$65
YSC33A	Boys Basketball Camp (Grade 9-12), MHS MAIN GYM	M/T/TH, 6/18-6/28	12:30- 2:30 p.m.	\$65
GIRLS BASKETBALL CAMPS • HORIZON EAST/WEST GYM • HEAD COACH: JED CARLSON				
YSC34A	Girls Basketball Camp (Grade K-2), Horizon West	M-F, 6/11-6/15	8-9:00 a.m.	\$45
YSC35A	Girls Basketball Camp (Grade 3-4), Horizon East	M-F, 6/11-6/15	12:15-1:30 p.m.	\$50
YSC36A	Girls Basketball Camp (Grade 5-6), Horizon East	M-F, 6/11-6/15	9:15 -10:30 a.m.	\$50
YSC37A	Girls Basketball Camp (Grade 7-9), Horizon East	M-F, 6/11-6/15	10:30-11:45 a.m.	\$50
YSC38A	Girls Basketball Camp (Grade 10-12), Horizon East	M-F, 6/11-6/15	1:30- 3:30 p.m.	\$55
STRENGTH AND SPEED CAMPS • MHS WEIGHT ROOM • HEAD COACH: KEVIN FEENEY, no class July 2-6				
YSC60A	Boys Strength and Speed (Grades 6- 8)	M-TH, 6/11-8/2	11:00 a.m.-12:30 p.m.	\$115
YSC25A	Boys Strength and Speed (Grades 9-10)	M-TH, 6/11-8/2	10:30 a.m.- noon	\$115
YSC26A	Boys Strength and Speed (Grades 11- 12)	M-TH, 6/11-8/2	8:30-10 a.m.	\$115
YSC27A	Girls Strength and Speed (Grades 6- 12)	M-TH, 6/11-8/2	9:30-11:10 a.m.	\$115
OLYMPIC WEIGHTLIFTING CAMPS • MHS WEIGHT ROOM • HEAD COACH: CORY HERRMANN, no class July 2-6				
YSC50A	Olympic Weightlifting Camp (Grades 6- 8)	M & W 6/11-8/1	7:30- 8:30 a.m.	\$75
YSC51A	Olympic Weightlifting Camp (Grades 9-12)	T & TH 6/12-8/2	7:30- 8:30 a.m.	\$75
SOCCER CAMPS • MHS JIM GOTTA STADIUM • COACHS: NICOLE WIESNER & BEN PATRIE				
YSC71A	Soccer Camp (Grades 6-7)	M-TH 7/16-7/19	4:30- 6:00 p.m.	\$60
YSC72A	Soccer Camp (Grades 8-12)	M-TH 7/16-7/19	6:15-7:45 p.m.	\$60



MOORHEAD COMMUNITY EDUCATION

RELEASE OF LIABILITY CAMP/PROGRAM WAIVER

FOR PROGRAMS DURING THE SCHOOL YEAR, REFER TO THE STUDENT'S CURRENT GRADE.
For summer athletic camps, refer to the student's grade next fall.

Registration Form

All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education camp or program.

****Also accepting enrollments and liability waivers online ****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____ Date _____

Tennessee Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

3 Easy Ways to Register:

MAIL-IN or WALK-IN:

Moorhead Community Education
2410 14th St. S.
Moorhead, MN 56560

ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the Courses for Youth and Family category, and select the course and session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

Phone registrations will not be accepted

A parent/guardian must submit a signed liability form for each participating student.

EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): _____

Student's Grade Next Fall: _____ Birthdate: _____

Parent/Guardian(s)(please print): _____

Address/City/State: _____

Phone: _____ Email: _____

Camp Number	Camp Title	Beginning Date	Fee

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: _____ Exp. Date: _____

T-Shirt Size:

- ☐ YS
- ☐ YM
- ☐ YL
- ☐ YXL
- ☐ S
- ☐ M
- ☐ L
- ☐ XL
- ☐ XXL



Exploring Laura Ingalls Wilder: A Summer Reading Adventure

In 1932, Laura Ingalls Wilder published "Little House in the Big Woods," the first of her "Little House" books. In this summer reading camp, students (Grades 3-4) will make the book come alive by participating in several hands-on projects directly from the book. We also will look at Little House on the Prairie and what life might have been like if we lived over 100 years ago. Students will read the books on their own, or with parent help, and then come to school to participate in making their own butter, creating their own cornhusk doll, and many more activities. If your child likes to imagine what it was like when Laura lived, this summer camp is for them! Fee includes book, "Little House in the Big Woods."

YSC86A - Exploring Laura Ingalls Wilder: A Summer Reading Adventure
June 11, 18 and 25 from 9-11:30 a.m.
S.G. Reinertsen Room 130
Fee: \$65, includes book
Instructor: Carrie Hartwig



Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information



Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN

1-218-233-7524

www.lmhc.org

24 hour Emergency/Crisis

1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

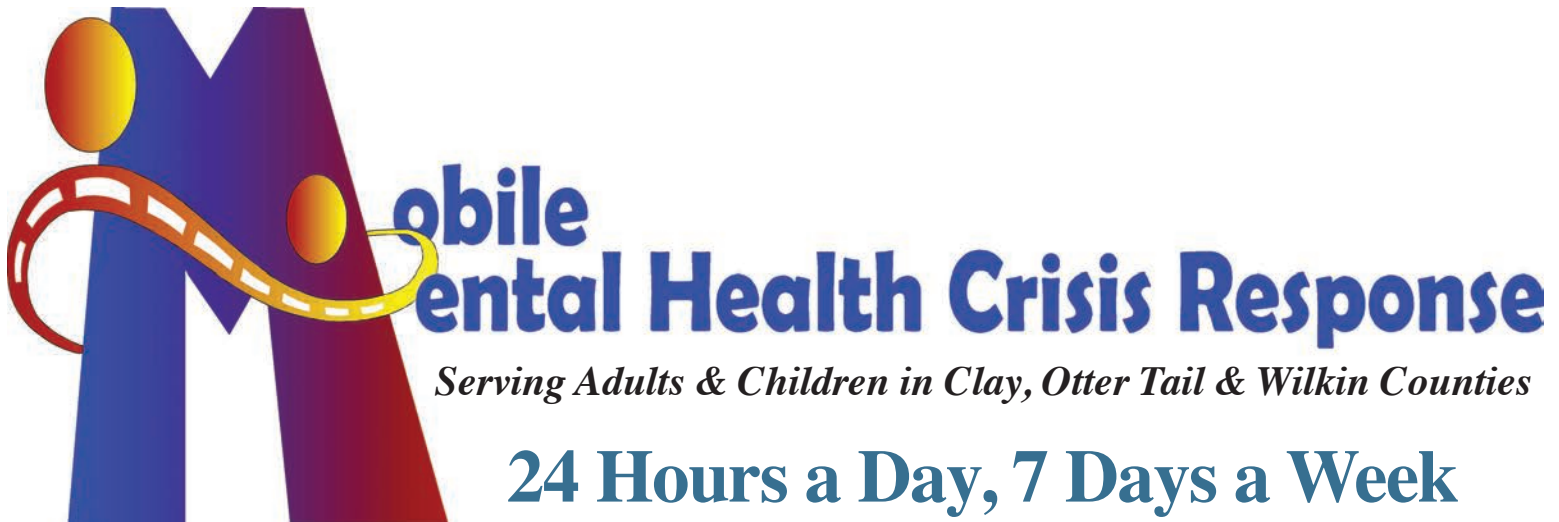
Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Help for you on the Phone or in your Home

1-800-223-4512

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.



YMCA OF CASS AND CLAY COUNTIES



ymcacassclay.org | #ymcacassclay | 701.293.9622

GET READY FOR THE BEST SUMMER EVER!

SUMMER YOUTH PROGRAMS

Unplug, learn new things, meet new friends, and stay active!

Summer Programs kick off June 4 – visit us online for all session dates!

- Soccer Skills: Ages 3 – 7
- Gator Swim Team: Ages 5+
- Gymnastics: Ages 2+
- Swimming Lessons: Ages 6 months+
- Sports Performance: Ages 11 – 17
- and more!



Learn more and view all Youth Programs online: ymcacassclay.org/programs

SUMMER CAMPS

Weekly sessions run June – August for all camps!



Camp Cormorant

Resident Camp | Ages 7-14

Join us for a traditional sleepaway camp experience! Choose from camps like ropes course, art, wilderness, waterski, and more!

Camp Koda

Day Camp | Ages 6-11

Campers will swim, laugh, sing, go on field trips, make new friends and more during themed camp weeks!

Busy Beaver Camp

Half-Day Camp | Ages 3-5

Keep little minds and bodies busy all summer long with a half-day "camping" experience designed just for preschoolers!

Swimming & Diving Camps

Training Camp | Ages 3+

Join us for Summer Swim Lesson Camps or Gator Swim/Dive camps to gain confidence and hone your skills in the pool!

Rock Climbing Mini Camps – NEW!

Half-Day Camp | Ages 7-14

Learn rock climbing basics like safety, harnessing, bouldering and more on our 32 foot rock climbing wall!

Get more details and register for all camps online: ymcacassclay.org/camp

SUMMER MEMBERSHIPS

Join the YMCA for the summer and take advantage of HUGE savings! PLUS, get 50% off your enrollment fee, an additional \$25 savings!



Here's how the savings stack up:

MEMBERSHIP TYPE	REGULAR	SUMMER
Family/Household Package	\$361	\$290
Family/Household	\$280	\$232
Exclusive Child Care Family	\$252	\$202
Single	\$186	\$150
Senior	\$168	\$135
Student/Youth	\$112	\$90

SUMMER MEMBERSHIP DETAILS

- Summer memberships start May 14 and run through September 3, 2018
- Questions? Contact Ben Eastwell at benjamin.eastwell@ymcacassclay.org

ymcacassclay.org/summermemberships



Familywellness

A PARTNERSHIP BETWEEN **SANFORD** HEALTH 



June 4th – June 8th | *Creative Cooking*
June 11th – June 15th | *Creative Builders Camp*
June 18th – June 22nd | *Soaking in the Sun*
June 25th – June 29th | *Super Summer Sports Camp*
July 9th – July 13th | *Family Wellness Imagination Station*
July 16th – July 20th | *Wild Wilderness Camp*
July 23rd – July 27th | *Camp Summer Splash*
July 30th – August 3rd | *Camp Universe*
August 6th – August 10th | *Cookapalooza*
August 13th – August 17th | *Spectacular Sports Camp*

Registration Open

Visit Familywellnessfargo.org or the Front Desk for more details!

Family Wellness and YMCA Members \$185 / Non-Members \$205

*Camps run from 9am to 4pm (before & after care is available)
Camps are for children ages 6 -11. Financial Assistance is available.*



2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org



Family Wellness Fargo |



@FamilyWellFGO |



familywellnessfgo



SPUD GYMNASTICS CAMP



Gymnastics can provide many cognitive and psychological benefits that will continue throughout your child's life. They learn social interaction, discipline, improved mental focus and concentration, flexibility and coordination. Gymnasts will improve overall fitness, strength, balance and body control in class. Your child may be at a beginner, intermediate, or advanced level of gymnastics to be eligible. Coaches will strive to provide a fun and challenging environment for your gymnasts as they practice appropriate skills on the vault, bars, beam and floor. Girls must wear a leotard and workout shorts. Email Toni Kleber, tkleber@moorheadschoools.org with gymnastics questions.

Beginning Junior Spud Recreational Gymnastics (K-8) - YSC40A and YSC40B

This is a beginning level course. No prior gymnastics skills necessary.

Advanced Junior Spud Recreational Gymnastics (K-8) - YSC41A and YSC41B

Your child must be at an advanced level of gymnastics to be eligible (round offs, front/back walkovers, and back handsprings without assistance).

High School Off -Season Gymnastics Training (7-12) - YSC42A and YSC42B

Gymnasts will improve overall fitness, strength, balance and body control at class. Your child must be committed to competing for the Spud Gymnastics team.



Register online at <https://communityed.moorheadschoools.org>
You can find more registration information on the reverse side of this form.
For further information contact Moorhead Community Education at 218-284-3400



MOORHEAD COMMUNITY EDUCATION GYMNASTICS CAMP

ALL GRADES LISTED FOR CAMPS REFER TO THE STUDENT'S GRADE NEXT FALL.

EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): _____ Birthdate: _____

Student's Grade Next Fall: _____

Parent/Guardian(s)(please print): _____

Address/City/State: _____

Phone: _____ Email: _____

GYMNASTICS CAMP • MHS-FIELDHOUSE • Toni Kleber					
Select one	Camp #	Camp Title	Dates	Time	Fee
<input type="checkbox"/>	YSC40A	Beginning Junior Spud Recreational Gymnastics (Grades K-8)	T-Th, June 12-28	10 a.m.-12 p.m.	\$225
<input type="checkbox"/>	YSC40B	Beginning Junior Spud Recreational Gymnastics (Grades K-8)	T-Th, July 10-26	10 a.m.-12 p.m.	\$225
<input type="checkbox"/>	YSC41A	Advanced Junior Spud Recreational Gymnastics (K-8)	T-Th, June 12-28	1-3 p.m.	\$225
<input type="checkbox"/>	YSC41B	Advanced Junior Spud Recreational Gymnastics (K-8)	T-Th, July 10-26	1-3 p.m.	\$225
<input type="checkbox"/>	YSC42A	High School Off Season Gymnastics Training (7-12)	T-Th, June 12-28	5-7 p.m.	\$225
<input type="checkbox"/>	YSC42B	High School Off Season Gymnastics Training (7-12)	T-Th, July 10-26	5-7 p.m.	\$225

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: _____ Exp. Date: _____

.....
All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education summer athletic camp program.

****NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____ Date _____

Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

3 Easy Ways to Register:

MAIL-IN or WALK-IN:

Moorhead Community Education
2410 14th St. S.
Moorhead, MN 56560

ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the YOUTH SUMMER ATHLETIC CAMPS category, and select the session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

Phone registrations will not be accepted

A parent/guardian must submit a signed liability form for each participating student.

**Now Enrolling:
Full Time
School Age
and Fall Morning
Only Preschool**

Little Stars Preschool

- ★Awesome teachers, small classes
- ★Creative Curriculum
- ★TNT fitness program onsite
- ★Bi-monthly school year music enrichment program
- ★Monthly intergenerational visits at River Pointe Senior Living Center
- ★Summer swimming lessons at MSUM for full year students
- Monthly school year yoga

Summer School Age Program

- ★Swimming lessons at MSUM
- ★Fun and Educational Field trips
- ★Playground and large outdoor green space
- ★Piano lessons available on site
- ★Summer intergenerational visits at River Pointe Senior Living Center
- ★Bussing to S. G. Reinertsen School



Child Care Hours:

Monday-Friday, 7am-6pm
Ages 3-12



401 40th Ave. South,
Moorhead, MN 56560
(701) 212-6637

www.bethesdaallstars.com

**Parent Aware 4 Star
Rated!!
Call for a tour today!**

Morning preschool options:

3 Days a week: Mon, Wed, & Fri or

5 days a week: Monday thru Friday

7:30am-12pm (September—May)

Requirements:

Students must be 3 years old
and toilet trained

**Children's
MUSIC ACADEMY**

For Children Ages 3-8

- Ear Training
- Note Reading
- Rhythm and Harmony
- Keyboard and Singing

Music Skills That Last A Lifetime

www.childrensmusicacademy.org

701-771-0116 or jackiez@childrensmusicacademy.org

**FREE SUMMER
LIBRARY EXPERIENCE**

EXPLORE

SUMMER LIBRARY EXPERIENCE



at the MOORHEAD PUBLIC LIBRARY

Join the Summer Library Experience at the Moorhead Public Library to read, learn and have fun all summer long! This program will allow kids to explore their imaginations and their communities with activities, projects and reading challenges. Join us for any of these free programs, and stop by the library to pick up a reading log!

Kick-Off Nature Party

Wednesday, June 6 at 2:00 PM

Kick off the Summer Library Experience with a Nature Party! Explore fun stations to discover the great outdoors.

I'll Take You There: A Musical Trip Through Time

Wednesday, June 13 at 2:00 PM

Music has taken pianist Nate Hance and fiddler Evie Andrus across the globe. Travel along as they sing and play music through history from around the world. Admission is free thanks to funding from the MN Arts and Cultural Heritage Fund.

Visit with Peter the Slug!

Wednesday, June 20 at 2:00 PM

Join us as author and special guest Peter Schultz of "Peter the Slug" performs a story about confidence, determination and courage.

Bugs, Bugs, Bugs

Wednesday, June 27 at 2:00 PM

Bugs are coming to the library! Join Don Carey to learn about our favorite critters.

Nature Scavenger Hunt

July 2, 3, 5, 6 and 7 - All Day

Even though the library is closed for Independence Day, join us during the rest of the week for a Nature Scavenger Hunt! Explore and discover outdoor items that have found their way into the library.

InspireLabs

Wednesday, July 11 at 2:00 PM

It's always time to explore when InspireLabs comes to visit! Don't miss these cool activities.

We Speak For The Trees

Wednesday, July 18 at 2:00 PM

The Lake Agassiz Learning Center will help us discover what it means to speak for the trees. During this interactive story time our little learners will become a part of the timeless book, "The Lorax". Then, create a special project that will allow them to plant seeds of their own.

Chemistry Fun!

Wednesday, July 25 at 2:00 PM

Are you ready for science fun? The Concordia Science Academy will demonstrate amazing experiments!

Coming to America

Wednesday, August 1 at 2:00 PM

Explore fascinating immigration history with this interactive group game, hosted by the Historical and Cultural Society of Clay County.

Garden Art

Wednesday, August 8 at 2:00 PM

Let's break out the paint and craft with food from the garden! Make sure to wear clothes that you can get messy in.

Pet Show

Wednesday, August 15 at 2:00 PM

Show off your pet (real or stuffed animal) at the Pet Show! All participants will receive a prize. Participants are required to keep their pet on a leash or in a carrier and are responsible for cleaning up after them. This event will be held at the Moorhead Public Library's north side parking lot.

Find us here:

Moorhead Public Library
118 5th St. S.

More Info:

www.larl.org/explore



**LAKE AGASSIZ
REGIONAL LIBRARY**



Elite ID Camp June 9th

Open to: High School and Eligible College-Age Females (As of Fall 2018)

The objective of the Elite ID Camp is to give players an opportunity to train at a high level and experience the demands of the collegiate game. There will be two training sessions throughout the day. The first will be on individual skill instruction and the second will be games with an emphasis on tactical decisions. There will also be a classroom presentation on leadership to help elevate each player's game. *Goalkeepers will receive position specific training.

Camp cost: \$75 (Includes a camp t-shirt & lunch) Tentative Camp Time: 9:00am-4:00pm

Premier Youth Camp August 6th – 10th

Open to all 4-13 year olds (As of Fall 2018)

The Premier Youth Camp is designed to introduce younger players to the fundamental skills needed to play soccer at the next level. This camp is a well-rounded mix of age appropriate technical & tactical work as well as activities designed to increase players' love of the game. The quality staff is comprised of college soccer coaches and college players.

Price: \$100/\$90 Early Bird *Includes a camp t-shirt

Tentative Camp Check-In: 8:30am Monday August 6th Camp Times: 9-11:30

Camp Location: Nemzek Hall (Game Field, Practice Field)

Early Bird Discount

Campers can save \$5 for the Elite ID Camp and \$10 Premier Youth Camp if they register for camp on or before May 1, 18

MSUM Employee Discount Available *Must be verified by contacting Coach Christie Kopietz, email below

To get more information on each camp or to register online, please go to: <http://www.msumdragons.com/camps>

Or See back side of paper for registration form

Please direct all camp-related questions to Coach Christie Kopietz at christie.chappell@mnstate.edu

(Camps require a minimum number of registrants to run successfully, should they not reach that number the registrants will be given a full refund and be notified 2 weeks prior)

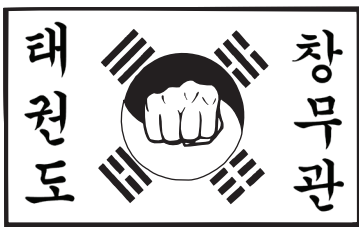
The NCAA stipulates that these camps are open to any and all entrants (limited only by number, age, grade level and/or gender).

Camp fees must be paid in full prior to participation. There is a \$50 cancellation fee/camp.

2018 Concordia Youth Volleyball Camp: July 10-12

- **For girls and boys entering Grades 2-5**
- **From 9:00-11:15 am each day**
- **Cost \$75**
- **Check-in at 8:30 am on Tuesday, July 10**
- **Campers grouped by age and ability**
- **Held at Concordia's Memorial Auditorium**
- **Each camper receives a free t-shirt and volleyball**
- **A fun introduction to volleyball: no experience necessary! 😊**
- **Register Online**
- **Website: www.CobberVolleyballCamps.com**





1335 Main • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Classes for All Ages Self-Discipline...

Fitness...

Self-Control...



**Grand Master Jim Grimestad
with 40 years experience**

8th Degree Grand Master Jim teaches every class

This is a traditional martial arts school

277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to **RRTKD.COM** for more information

FREE 2 week trial