

OCTOBER 2018

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschools.org/KIDsource. KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

Bowling = Scholarship \$\$\$!

Start earning as early as 3 years of age just by participating in a Youth League at Sunset Lanes!

Kids have earned



THOUSANDS OF DOLLARS

towards their Education!

Call for more information!



www.bowlingsunset.com 620 Hwy 75 N., Moorhead 218-233-6153 Nobody Sits on the Bench!

Join us Saturday

Mornings "Bowling" the

Original Social Media

Benefits:

Earning Scholarships,
Building Friendships,
Learning a Life Long Sport
Free Coaching

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschools.org.

Publication in KIDsource does not constitute school district endorsement of a program.









Moving Forward logether

For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community*.

Learn more. Ask questions. Get answers. Here's how.

State of the District Session

The district leadership team will share the troubles and triumphs of leading one of the largest school districts in Minnesota, including information about the instructional goals and building projects.

Call Moorhead Community Education at 218-284-3400 to RSVP for this free session or register online at https://communityed.moorheadschools.org.

Nov. 1 7 p.m. Probstfield Center Board Room, 2410 14th St. S.

Website

Visit *www.moorheadschools.org* for news, School Board meeting updates, calendars and much more.

Social Media

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools), Twitter (@MoorheadSchools) and Instagram (moorheadschools).

MOORHEAD AREA PUBLIC SCHOOLS

Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area.

Learn more about the district at www.moorheadschools.org.

Learn new skills in Moorhead Community Education classes!

Take a healthy cooking class, try new dance moves, learn about India, or make a bracelet. Register now for fall classes online at https://communityed.moorheadschools.org or call 218-284-3400.



Haunted Wal



October 31 · 5:00-7:00 pm Moorhead Center Mall

ENJOY HAUNTED SPACES, GAMES, TRICK-OR-TREATING, AND SPOOKY FUN!
FREE ADMISSION!

Sponsored by Moorhead Parks & Recreation and the Moorhead Center Mall

Basketball for Boys & Girls

Saturdays, January 5 - February 23
Ellen Hopkins Elementary
2020 11 St S

Mini Basketball (Grades 1 & 2)

Dribble, pass, shoot, and learn the game of basketball! Have fun using junior size basketballs and six-foot baskets.

10:15-11:15 am | 11:30am-12:30 pm | Fee: \$40

Youth Basketball (Grades 3 & 4)

This eight-week program focuses on participation and not on high levels of competition.

9:00-10:00 am | Fee: \$45, \$67.50 after December 7



218.299.5340 moorheadparks.com





Open Gym

Youth 1:00-4:00 pm | Boys & girls, Ages 15 & under Adult 4:15-5:45 pm | Ages 16+

Sundays, Oct 7, 14, 21, 28 Nov 4, 11, 18, Dec 9, 16 Community Life Center

Jan 6, 13, 20, 27, Feb 3, 10, 17, 24

Ellen Hopkins Elementary

Regular & junior basketballs/volleyballs are available. One gym for volleyball and one gym for basketball. No Adult session on Feb 3.

Tae Kwon Do

Beginner, Advanced, and Adult Classes!
Tuesdays and Thursdays
4:30-5:30pm and 5:30-6:30pm
Ellen Hopkins Elementary
Classes are offered monthly.

RED RIVER -

DANCE

& PERFORMING CO

At Red River Dance, we offer classes for ALL ages & abilities! With over 100 classes, we are sure you'll find something you'll LOVE!

Hip Hop - Jazz - Tap - Lyrical - Ballet - Pointe Creative Movement - Mommy & Me Father & Daughter - Acro

Also, check out our Darby's Dancers program! This is a FREE program for children and adults with special needs!

CONTACT US:

Call: 701.280.0004 | Email: info@redriverdance.com Or Visit: www.redriverdance.com to learn more!





Pottery, Painting, **Printmaking and more.**

Mondays beginning at 4 & 4:30 pm. Classes are designed for students ages 6 - 18.

POTTERY ON THE WHEEL

Monday, October 15 • 4 − 6 PM Monday, October 29 • 4 − 6 PM

HAND-BUILDING WITH CLAY

Monday, October 8 • 4:30 − 6 PM Monday, November 5 • 4:30 − 6 PM

SCREENPRINTING

Monday, October 22 • 4:30 − 6 PM

REGISTER TODAY! plainsart.org/learn

ARTIST-LED SCHOOL BREAK CAMPS

DECONSTRUCT RECONSTRUCT ages 8 – 18 **October 18-19, 9 AM – 12 PM •** \$65 / \$52 members

ANIMATION 101 ages 8 – 18 **November 12, 9 AM – 12 PM • \$28 / \$22** members

PLAINS ART MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY 704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org

Shoù Shù Martial Arts

Teaching Self-Defense Skills for Life!

Our Programs

Little Ninjas (3 - 5 yrs.)

Designed for children who are ready to participate independently. Children will learn basic self-defense skills while working on improving their motor skills, increasing their ability to pay attention and follow directions.

• Monday – Thursday 5:30 pm – 6:00 pm

Little Warriors (5 - 7 yrs.)

Children will learn self-defense skills to prepare emergency situations with strangers. Children will motor skills and character development.

• Monday – Thursday 5:30 pm – 6:00 pm



themselves for interactions and also work on improving their



Shou Shu Kids (8 yrs. & up)

Kids will learn a variety of different self-defense techniques to deal with a wide range of situations. Through the program students will work on their physical fitness and develop higher levels of confidence.

• Monday - Thursday 6:00 - 7:00 pm

Teens (12 & up) *

A class specifically designed for teens who want to learn martial arts. Teens will learn self-defense skills while working on physical fitness & having fun.

• Mondays & Wednesdays 4:30 - 5:30 pm (*10 & 11 yrs. old with approval)

Teens/Adult Classes (13 yrs. & up)

We believe it is our responsibility to help you develop the ability to defend yourself and your family in an unavoidable encounter. This is a hands-on, fun, learning experience with practical applications to everyday dangers.

• Monday, Wednesday, and Thursday @ 7pm – 8 pm

Women's Self-Defense (13 yrs. old & up)

Learn different ways to defend yourself in various situations. Boost your confidence and learn to be safe all while getting in a work out, having fun, meeting other

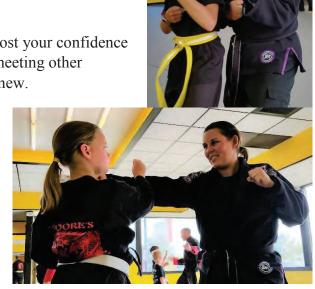
women, and learning something new.



Tuesdays @ 7 pm – 8 pm

Register @ shoushufm.com or call 218-512-0142

900 1st Ave N. Moorhead, MN 565650



RED RIVER VALLEY UNITE

TEAMWORK • INTEGRITY • RESPECT • PLAYER DEVELOPMENT • COMMUNITY



RECREATIONAL | PREK-5TH ACADEMY | U6-U8 TRAVEL ACADEMY | U9-U10 COMPETITIVE | U11-U16

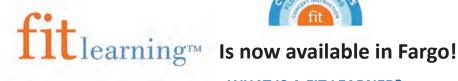


FM United and West Fargo soccer clubs merged in 2017. Together as the Wolfpack, we strive to create a fun, challenging, and collaborative soccer community in the Red River Valley.

RRVUNITED.ORG F











WHAT IS A FIT LEARNER?

A confident, empowered student that demonstrates strong memory skills, possesses the ability to expertly perform in any classroom environment, and shows a newfound capacity for learning

The Fit Learning Model has been researched and developed over the last 20 years. By combining the latest in behavioral and cognitive sciences, Fit Learning offers a program that transforms children as learners, and consistently produces 1 year's growth in 40 hours.

10% discount for the first two students enrolled this fall!

Located at Knowlton, O'Neill & Associates Call Dr. Brenda Bratton @ 701-364-0060 or email drbrenda@fitlearningfargo.com Visit our website at www.fitlearning.com



ATTENTION ALL 5TH and 6TH GRADE GIRLS MOORHEAD JUNIORS VOLLEYBALL WANTS YOU!

New Parent and Player Information Meeting:

- October 22nd at 7:00 pm
 - **New Parents Only**

Visit our website for more information and to register:

www.moorheadjuniors.com

MOORHEAD JUNIORS VOLLEYBALL **PO BOX 135 MOORHEAD, MN 56561**



presents

MOORHEADINIAGI **THWRESTLING**

Who: PreK-6th Grade





Youth Wrestling

Nov. 13th-March

PreK & K Mondays 6:15-6:45 Tues & Thurs 6:15-7:00 Grades 1-3 Tues & Thurs 7:00-8:15 Grades 4-6

MHS Wrestling Room

PreK-K → Free Cost: Grades 1-6 → \$40/wrestler; \$80 max/family

(All wrestlers are required to purchase a USA wrestling card-\$40) Scholarships are available on our website for those with financial need

tration Opens September 1st, www.moorheadwrestling.com



Basketball!

Lil Stars Basketball

Tuesdays and Thursdays, October 9th - 25th from 5:00PM - 5:45PM

Lil' Stars Basketball is a fun and high-energy program that allows children (ages 4-6) to explore the game. They will be introduced to a variety of basketball skills such as dribbling, passing and shooting. Kids will get the opportunity to play games and experience how fun it can be to "have a ball" at Family Wellness!

Youth Basketball

Tuesdays and Thursdays, October 9th - 25th from 5:45PM - 6:45PM

The Youth Basketball program focuses on the fundamentals of the game while developing teamwork. The kids (ages 7-9) will take their skills to the next level and get the opportunity to compete in games. Advance your basketball skills this fall at Family Wellness with Youth Basketball!

\$30 Members/ \$60 Nonmembers.

Fall Into Fun Camp

Thursday & Friday, October 18th & 19th from 9:00AM - 4:00PM

This two-day camp will provide your child with fun and excitement during their days off from school with a combination of our sports sampler and splash camp. Participants will spend their time in the gym playing a variety of games and sports along with creating waves in the pool. Don't spend your days off bored at home, fall into some fun at Family Wellness! Financial Assistance and Before & After Care is also available. Ages 6-11.

\$70 Members/ \$90 Nonmembers.

Spooktacular Night

Thursday, October 25th from 5:00PM - 7:00PM

Family Wellness invites your family to get together for a spooky night jam packed with Halloween fun! Young, old, and everyone in between is encouraged to participate. Enjoy bouncy houses, healthy festive snacks, face painting and more! Free and open to the community.



Other programs and classes available at www.familywellnessfargo.org

Call 701.234.2400 or register online at www.familywellnessfargo.org
If you have questions contact Matt at matthew.melchior@sanfordhealth.org

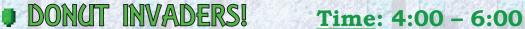




Build your own video game!



Wanna Build a Video Game?



Stop the alien donuts from outer space with your laser cannon before they destroy the planet!

Reinertsen: Oct 10 & 12

Robert Asp: Nov. 14 & 16



Mouse Maze Time: 4:00 - 6:00

Guide the mouse through the maze to get the cheese. But if that cat gets you...

Ellen Hopkins: Nov 7 & 9

Dorothy Dodds: Nov 28 & 30





Advanced RPGs (Minigames) Take your Role-Playing Game Further by adding some awesome minigames! From fishing systems to treasure hunting to the mighty battle arena! Build on your Beginner class game or make a whole new one!

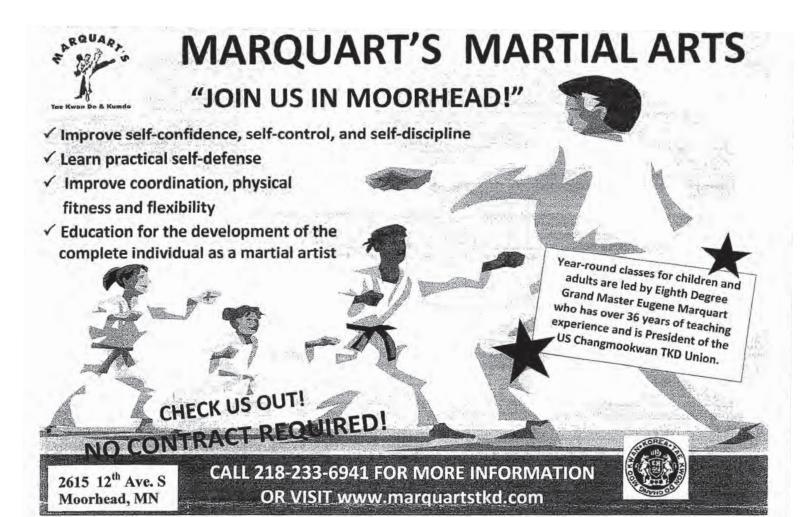
Horizon Middle School East - Mondays, Nov 5 - Dec 10

- Create a game of your very own!
- Learn the building blocks of video game design!
- Bring your work home at the end of class to show your family and friends!
- Register at



https://communitved.moorheadschools.org/

Learn more at www.podsgamedesign.com!





Attention 5th Graders! Join Choir



Are you a 5th grader who enjoys singing a variety of music and being part of a group? This experience is for you! Students will rehearse on Tuesday and Thursday mornings from 8:00-8:45 a.m., at Horizon West. Students must attend rehearsal at least once per week.

This course is taught by Ms. Gaffney, Music Instructor at Horizon West. Scholarships are available.

Class will take place in the Horizon Middle School West Campus - Music Room 416



YAS30A - Tuesdays & Thursdays, 10/2/2018 - 5/28/2019 (no class 10/18, 11/22, 12/25-27, 2/14, 3/7, 4/18), 16 weeks, 8:00-8:45 a.m., \$100.

Register online at https://communityed.moorheadschools.org or call 218-284-3400 for more information

COMMUNITY CARNIVAL

OCTOBER 31 3:30-5:30PM

COURTS PLUS | 3491 S UNIVERSITY DR

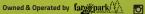
Free carnival for kids of all ages featuring inflatables, carnival games, face painting, candy and more! Open to the public.

Come in costume & join the fun!



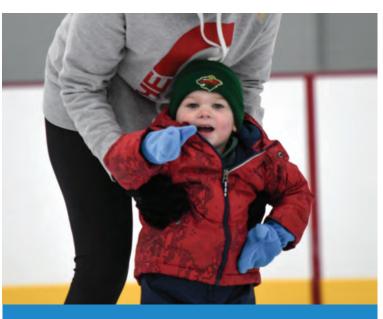
CourtsPlus.org • 701.237.4805 • 3491 University Dr. S











IGESTATING LESSONS

These classes offer basic professional skating instructions for boys and girls ages 2 to adult. Classes teach beginners the correct way to skate.

Register online at FargoParks.com



701.499.6060 FargoParks.com











December 1, 8, 15 & 22 Rheault Farm | 2902 25th St S

\$8 for ages 2 & up

Tickets on sale November 8 at 8:00 am

Get tickets and details online at FargoParks.com, tickets sold online only & must be purchased in advance.













HOCKEY SKILLS TRAINING

Learn beginner skating & hockey skills. Skaters will gain basic forward & backward skating skills, hockey stances, stops & turns. Variety of levels offered.

Register online at FargoParks.com



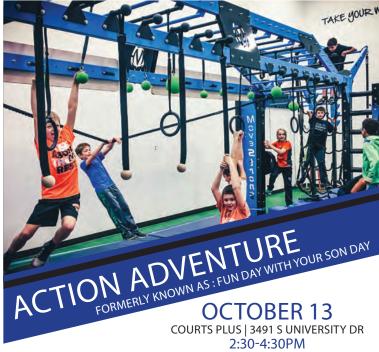












Spend quality time together, while being active during group fitness classes, 7-level indoor playground time & Big Blue ninja activities for the little man (ages 4-12) & his female role model.

\$10 / CHILD (ACCOMPANYING ADULT FREE)



701.499.6060 FargoParks.com





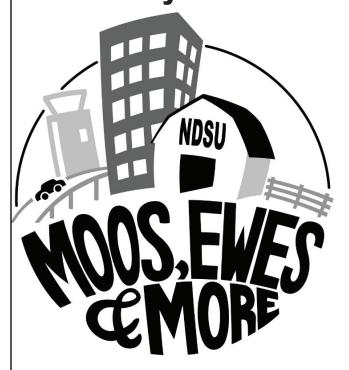


NDSU Department of Animal Sciences Proudly Presents

FargoParks.com

f y o o o o

farge park



Sat, Oct 27, 2018 10 a.m. to 2 p.m. **NDSU Equine Center** 5140 19th Ave North, Fargo **FREE indoor family event! Rain or Shine**

Meet the animals that call NDSU home, see wool spinning, watch dog agility and horsemanship demos, wagon rides and MUCH more! FREE breakfast for the first 500 guests sponsored by



For more information call 231-7641

https://www.ag.ndsu.edu/ansc/newsevents/save-the-date-moos-ewes-more



STEM, Fine Arts, Service Learning and more!

We are now accepting registrations for the 2018-19 school year.

Complete the google form at

https://goo.gl/forms/Wj1JWv91ggg5pCvA3



New to DI?

Check out the website at www.destinationimagination.org

or

Attend the information meeting at 7-8 p.m. Monday, October 22 Horizon Performing Arts Center (Students welcome)

Questions?

Contact Kris Thompson at 218-284-3411



YMCA OF CASS AND CLAY COUNTIES

f ymcacassclay.org | #ymcacassclay | 701.293.9622

YMCA FALL YOUTH PROGRAMS

Fall Sessions: September 4 - October 21 (You can still jump into this session!) | October 22 - December 8

Learn more about YMCA Fall Youth Programs and register online: ymcacassclay.org/youth



Wacky Science and LÉGO® Club Ages 5-11



Rock Climbing Ages 7-14



Dance Ages 3-7



Basketball Skills & League Ages 3 years-4th grade



Gymnastics Ages 2+



Babysitting Training Ages 11+ Great for older siblings!

SCHOOL OUT DAYS 6:30am – 6pm

Need something for your kids to do when there's no school? Join us for a day packed with activities that will keep minds sharp and bodies moving! **MUST** register at least one week in advance. To register, call 701.364.4117.

Grades K-5 Fercho YMCA \$42/day

Oct 17-19 Nov 21-23 Dec 26-28, 31

MAKE A SPLASH!

Swimming Lessons | Infant – Adult Learn water safety, lifelong skills and make new friends in swimming lessons at the YMCA! ymcacassclay.org/swimschool

FM Gator Swim Team | Ages 6+ Join a team with a 50+ year history of sportsmanship, teamwork and skill building! All levels of skill and experience are welcome! ymcacassclay.org/gators

SCHOOL AGE LEARNING CENTERS

Grades K-5 | 25+ Area Sites

STILL LOOKING FOR BEFORE OR AFTER SCHOOL CARE?

We have openings in many of our School Age Learning Centers maybe in your own school!

More than just child care, we help kids learn, grow, and discover with STEM activities, homework help, reading, art projects, and more! Financial assistance available.

ymcacassclay.org/schoolage

Upcoming Events

Parent's Night Out

October 20 | 4 - 7:30pm Schlossman YMCA Ages 6 weeks - 14 years



Parents need a break? Your kiddos will have a blast playing in the Aquatic Center. Xerzone, Climbing Wall, PlayTown and more, so you can have a night out without the kids! Healthy dinner included!

Register: ymcacassclay.org/register

- Members: \$25/first child, \$15/each additional
- Non-Members: \$32/child, \$22/each additional

Spooky School Bus Ride

October 27 | 4:30-7:30pm Fercho YMCA | All ages

Join us for a Moana-inspired Halloween adventure in Lindenwood Park! Put on your Halloween costume and have fun with Maui, Moana, and more! Plus, join us in the gym for fun and games like face painting, bouncy houses, and more!

Register: 701.293.9622

• Members: \$8 | Non-Members: \$10

Thanksgiving Day Burn the Bird 5/10k

November 22 | 8:30am Fercho YMCA | All ages

Get some fresh air and a good 'burn' going before you sit down for your Thanksqiving Day dinner! Details and prices online: solemotionrace.com

Event includes food drive for **Great Plains Food Bank!**





Red River Traditional TaeKwonDo

3509 4th Ave S •277-1TKD

The Area's Only Traditional TaeKwonDo School

Same Great Classes



Kids Teens Adults



New, Bigger Gym



Grand Master Jim Grimestad with 40 years experience

8th Degree Grand Master Jim teaches every class
This is a traditional martial arts school
277-1TKD • 3509 4th Ave S • rrtkd.com

go to RRTKD.COM for more information

FREE 2 week trial

DRAGEN

SWIM SCHOOL



DRAGON SWIM SCHOOL BENEFITS

- Dragon Swim School maintains prestigious accreditation by the U.S. Swim School Association, ensuring your child receives ethical and professional teaching. MSUM is the only accredited program in North Dakota and one of only six in Minnesota.
- Student to instructor ratio is 3:1 (Levels 1-2) or 4:1 (Levels 3-8).
- All of our highly trained instructors are MSUM college students. Many of our instructors are education major.
- We are the only program in the area to serve the special needs community by offering specialized one-on-one instruction.



CELEBRATING 20 YEARS



8 SWIM LEVELS



3:1 INSTRUCTOR RATIO (LEVELS 1-2)



4:1 INSTRUCTOR RATIO (LEVELS 3-8)

KEEP YOUR KIDS SAFE AROUND WATER

Dragon Swim School offers the highest quality swimming lessons in the Fargo-Moorhead area, providing your child exceptional teaching, increased safety awareness, and growing comfort and confidence in and around water.

DATES & TIMES [40-minute classes]

FALL SESSION ONE: M, T, W, or TH 4:50pm, 5:30pm, or 6:10pm

September 4th - October 18th

*NO LESSONS ON MONDAY SEPT 3rd DUE TO LABOR DAY

- 1. Register online with a credit or debit card at msumdragons.com/swim
- 2. Register with our Dragon Swim School mobile app available on Apple or Google Play.

SESSION PRICING

6 weeks

Group: \$72/student Private: \$216/student

7 weeks

Group: \$84/student Private: \$252/student

ASK ABOUT SPRIVATE SWIMMING LESSONS!!!



SWIM LEVEL DESCRIPTIONS

Swim level descriptions can be found at msumdragons.com/swim or on the Dragon Swim School mobile app.

One-on-one lessons provide more individualized attention for students of all ages in a flexible, first-rate environment. Call 218.477.2313 to arrange lessons.



FALL SESSION TWO: M, T, W, or TH 4:50pm, 5:30pm, or 6:10pm

October 22nd - December 13th

*NO LESSONS THE WEEK OF NOV 22nd DUE TO THANKSGIVING

*NO LESSONS ON OCT 31st DUE TO HALLOWEEN

Sign up for classes early as sessions fill quickly

For more information on additional offerings, visit **msumdragons.com/swim**

- ▶ Open swim
- ▶ Lap swim
- ▶ Pool rental
- ► Adult classes
- ▶ Triathlete and master's training
- ► Lifequard certification
- Springboard diving class

Participants who pass Levels 6-8 are encouraged to register for Springboard Diving or Swim Team.



CONTACT US

Monday - Thursday | 9 a.m. - 6:30 p.m. msumdragons.com/swim | 218.477.2313 | msumswim@mnstate.edu Alex Nemzek Hall 17th Street South & 6th Avenue South Moorhead, MN 56563



Boys and Girls grades K-5 it's not too late to Join Cub Scouts!

Scouting is a Family-Friendly program focused on fun in the outdoors!

Moorhead is home to many active Cub Scout packs! This fall our Cub Scout packs are gearing up to have a great year, and now is the time to start! It doesn't matter if you join in Kindergarten or 5th grade – there are lots of fun activities to participate in!

For more Information contact: Brett Drevlow or Kevin Mehrer at 701-293-5011.

** Flip this flyer to find a sign up night near you! **



BeAScout.org



The Boy Scouts of America provides one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for youth that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. Don't forget that there's no Scouting without Outing! Outdoor Leadership is a fundamental pillar of scouting's methods.

The Purposes of Cub Scouting

Character Development, Good Citizenship, Spiritual Growth, Sportsmanship & Fitness, Family Understanding, Respectful Relationships, Personal Achievement, Friendly Service, Fun & Adventure, and Preparation for Leadership.

WHERE TO SIGN UP FOR CUB SCOUTS (by school):

WHERE TO SIGN OF TOR CODE SCOOLS (Sy series)				
School (Pack)	Meeting Information	Contact	Phone	Email
Ellen Hopkins (Pack 626) Accepting Boys and Girls	Meetings on Thursdays @ 6:30pm @ Grace Lutheran	Chris Kulish	C: (701) 205-2727	moorheadpack626@gmail.com
Robert Asp (Pack 633) Accepting Boys and Girls	Meetings on Mondays @ 6:30pm @ St. Francis	Erica Lavoi	C: (218) 410-1540	phyl_16@hotmail.ocm
St. Joseph's (Pack 640) Accepting Boys and Girls	Meetings on Mondays @ 6pm @ St. Joseph's	Casey Davis	C: (701) 478-0424	caseydavis_1@hotmail.com
SG Reinertson (Pack 644) Accepting Boys and Girls	Meetings on Tuesday's @ 6:30pm @ Christ the King Lutheran Church	Sean Helgeson	C: (218) 291-9446	sahelgeson@yahoo.com
Dorothy Dodds (Pack 643) Accepting Boys and Girls	Meetings on Monday's @ 6:30pm @ Dorthy Dodds	Shawn Stumphf	C: (218) 790-1904	shawn@slandst.com
Dilworth (Pack 652) Accepting Boys Only	Oct. 11 th 6:30pm @ Dilworth Lutheran Church	Mike Stulz	C: (701) 361-8852	mdstulz@gmail.com

Check out Scouting in the F/M Area on our Facebook page!

Go to facebook.com/NorthernSkyDistrict or scan this QR Code





Northern Lights Council Boy Scouts of America 4200 19th Ave. South Fargo, ND 58103 (701) 293-5011

Questions? Contact Brett at <u>brett.drevlow@scouting.org</u> OR Kevin at kevin.mehrer@scouting.org