

KiDsource

FEBRUARY 2019

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org/KIDsource. KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.



TRI-CITY STORM SOCCER IGNITE THE PASSION



RECREATIONAL

- ~Pre-k to 8th grade
- ~Weekly games
- ~Optional training



SELECT

- ~Ages 13-19
- ~Professional Training
- ~Competitive Soccer



ACADEMY

- ~Ages 3-8
- ~Professional Training
- ~Learn the game



ADULT

- ~Ages 17+
- ~Indoor leagues
- ~Multiple Divisions



TRAVELING ACADEMY

- ~Ages 9-12
- ~Professional Training
- ~Competitive Soccer



CAMPS/CLINICS

- ~Ages 4-18
- ~College & International coaches
- ~Take your game to the next level

All programs are offered year-round
Register online @ www.tricitystorm.org



KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.





Moving Forward Together

For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. ***Strong schools means a strong community.***

Learn more. Ask questions. Get answers. Here's how.

Website

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars, curriculum guides, examples of excellence, Hall of Honor, district history, and much more.

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually: fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Social Media

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools), Twitter (@MoorheadSchools) and Instagram ([moorheadschoools](https://www.instagram.com/moorheadschoools)).

Learn new skills in Moorhead Community Education classes!

Register now for winter Moorhead Community Education classes online at <https://communityed.moorheadschoools.org> or call 218-284-3400.



MOORHEAD
AREA PUBLIC SCHOOLS

Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area.

Learn more about the district at www.moorheadschoools.org.



Fargo Safety Town

*For kids entering kindergarten
Fall of 2019*

Sessions held at
Lewis & Clark Elementary
June 3-14 & June 17-28

Safety Town is a 20 hour course on safety procedures. Taught by professional teachers and includes visits from Fargo Police & Fire Department.

Registration information and forms
can be found at
www.fargooptimist.org

Sponsored by Fargo Optimist Club



Check out our Grades 5-6 Community Education Art Camp

March 13-May 29, 2019
12 Wednesdays, 7:45-8:45 a.m.
Horizon Middle School West Campus
Art Room: 417 & 420
Instructors:
Xandra Stowman
Jorddan Kleindl Wadholm
Course No: YAS11C
Fee: \$85

Art camp is a fun way to get to do projects outside of the art room. It is a way for you to explore a variety of art materials while making new friends. You also will get to spend more time with Mrs. Stowman and Mrs. K! We will be doing all types of projects ranging anywhere from oil pastels to clay to murals. Please join us for an awesome art experience!

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.

EVENTS FOR KIDS

Moorhead Public Library

Kids Book Club

Join us as we solve mysteries with the Scooby-Doo Gang during meetings of this monthly book club that is just for kids! We'll discuss the books and enjoy crafts and activities.

February 11 at 6:30 PM:

"Scooby-Doo and the Cactus Creature"



March 11 at 6:30 PM:

"Scooby-Doo and the Deep-Sea Diver"



Dr. Seuss Scavenger Hunt

March 4 - 9

The Moorhead Public Library is hosting a scavenger hunt in celebration of the birthday of Dr. Seuss and Read Across America Week. Come to the library and look for famous characters from Dr. Seuss books. If you find them all, collect a prize at the desk!

Ballet Storytime Featuring Fargo-Moorhead Ballet

March 28 and May 2 at 6:30 PM

Children of all ages are welcome to join the Moorhead Public Library and Fargo-Moorhead Ballet for this fun dance-themed storytime! Dancers from Fargo-Moorhead Ballet will read a story and teach ballet dance steps. The program will run about 30 minutes.

Storytime

Tuesdays at 6:30 PM, Wednesdays at 10:30 AM and 2nd Saturday at 11 AM

Children of all ages are invited to join us for stories, songs, and poems on a weekly theme. The program runs about 30 minutes.

Baby Bounce

Thursdays at 10:15 AM

Join us for songs, stories, and action poems for infants through preschoolers and their caregivers.

Therapy Pets

First Saturday of the Month at 2 PM

Boost your kids reading confidence with a 15-minute read-aloud session with a local therapy pet.

LEGO Club

2nd Thursday at 6 PM and 4th Saturday at 2 PM

All are welcome to make their own LEGO creation at the library's LEGO Club. Supplies provided.

All events are offered free of charge!
118 5th St. S. | 233-7594 | www.larl.org

MOORHEAD PARKS & RECREATION HAS SOMETHING FOR EVERYONE!

Art Programs & Camps

These popular art classes give kids the opportunity to explore their creative side while meeting new friends! Art can encourage your child to grow in many ways, giving them confidence, observation skills, self expression, and a feeling of accomplishment. Kids naturally love art! Classes and camps available for ages 6-14.

Tiny Treasures

Let your preschooler explore with us! These camps include art, story-time, music, games, and science, as well as unstructured play for ages 3-5. This is a drop off program and all participants must be toilet trained.

Big Bopper Baseball

This introductory program for 5-year-old boys and girls focuses on fundamentals, teamwork, and having fun! This program uses plastic bats and foam baseballs.

Youth Baseball

This program teaches the basic fundamentals and teamwork of baseball for boys and girls in first-fifth grade. Coaches are needed! Contact Jordan at 218.299.5078 if you are interested in volunteering.

SPRING & SUMMER REGISTRATION BEGINS MONDAY, FEBRUARY 4!

One Enchanted Evening

**February 23
6:00-8:30 pm
Hjemkomst Center**

This special evening for youth, ages 4-12 and their family, features a grand march, dancing, refreshments, photos, and memories to last a lifetime! Semiformal dress is encouraged.

Tickets are \$12.00 per person and will be available for purchase beginning February 4, at moorheadparks.com, or by calling 218.299.5340. A limited number of tickets are available so be sure to purchase yours early! Registration Deadline: February 14.



Parks and Recreation

MOORHEADPARKS.COM



**Martial Arts is
a FUN, SAFE and
EXCITING activity
the entire family
can enjoy.
More families
(over 900,000 students)
train at ATA.**



changing one million

LIVES

*Stop by and see
why we are the
LARGEST and BEST
in the country.*

*Ask about our
family specials!*



4480 23rd Avenue South
Fargo ND 58104

701.237.6800

www.ATAfargo.com atafargo@ideaone.net



"ATA Martial Arts of Fargo"

Winter Blues Happens to Children Too

It's that time of year again. That time between the ending of the holiday season and the wait for spring to show up. In our part of the country those three months are often thought of as the hardest months of the year. Why? Some would say it's because the afterglow of holidays fades, the cold, the endless possibility of snowstorms and did I mention the cold! Winter is typically a time when not many activities are planned, much of our time is spent inside and when we are outside the sun is not sunny and warm.

The majority of people in our part of the country can "weather" the change in seasons but for some adults it's not so easy. Often times these individuals are said to have what some call the winter blues or Seasonal Affective Disorder. But did you know that children also can suffer from the winter blues?

A diagnosable form of depression, Seasonal Affective Disorder (SAD) appears as winter approaches and disappears as soon as spring returns. It shows up as a change in mood and lasts a number of weeks that correlate with the changing of the seasons. Symptoms of SAD can be mild to severe and anywhere in between.

Symptoms of SAD in children can include:

- An increased difficulty in concentrating – more trouble than usual in completing homework on time or at the same level of past ability.
- A change in sleeping patterns – sleeping much more than usual, not wanting to get up in the morning and get ready for school; tiredness or unexplained fatigue
- Over eating or not feeling hungry; craving carbohydrates and sweets, weight gain
- Changes in mood – sadness, irritability, excessive worrying, crying or getting upset often or more easily
- Lack of interest in friends and activities
- Such changes can impact a child's self-esteem, interfere with extracurricular activities, and impair social and academic functioning.

If you are a parent and have noticed changes in your child's mood, how do you determine if your child is truly suffering from SAD, a milder form of the "Winter Blues" (which might include some symptoms described above, but is less debilitating than SAD) or just a situational case of cabin fever? Talk to your child if you are concerned with any changes you see. There may be something going on other than the changes in the season that result in the changes you are seeing. It is also important to remember that some changes in mood can be triggered by certain events or situations can be normal. After all, we all get a bit cranky when the weather turns bitter cold and we have to stay inside and deal with cabin fever. While some cases of seasonal depression are not severe enough to require medical intervention, you should mention your concerns to your child's pediatrician.

Here are some fun ways to beat the winter blues:

- Get moving! Throw a dance party in your living room; bundle up and take a brisk walk around the block; check for local indoor activities that are happening in your community
- Create a fun list for the family with activities the family can do together such as playing board games, craft projects, baking or movie and popcorn night.
- Plan a play date for your child and one or two of their close friends.

Here are some tips to help your child:

- If homework is a challenge break it down in to smaller work times with breaks.
- Set a bedtime routine and bed time. Keep that same routine and bedtime on the weekends as well as school nights
- Encourage your child to eat a well-balanced diet with lots of fruits and vegetables.

**This information provided by the Clay County Local Advisory Council
for Children's Mental Health**

TEAMWORK • INTEGRITY • RESPECT • PLAYER DEVELOPMENT • COMMUNITY



RED RIVER VALLEY UNITED

West Fargo and FM United soccer clubs merged in 2017. Together as the Wolfpack, we strive to create a fun, challenging, and collaborative soccer community in the Red River Valley.

RECREATIONAL | Pre-K to 5th

- volunteer coaches
- fun soccer for all abilities
- tuesday practice, thursday games
- no travel or weekends

ACADEMY | U6-U8

- experienced coaches
- developmental track
- weekly skill training
- no travel or weekends

TRAVEL ACADEMY | U9&U10

- experienced coaches
- pre-competitive
- no tryouts
- travel and weekends required

COMPETITIVE | U11+

- experienced coaches
- committed, competitive players
- tryouts required
- travel and weekends required



RRVUNITED.ORG





S'mores & More

Mondays, February 4 & 11 | 5:00 - 7:00 pm

Enjoy hot cocoa, s'mores, music and ice skating with friends and family.
The fun moves to a different outdoor rink each week.
Don't forget your ice skates, rentals are not available.



701.499.6060
FargoParks.com



Sponsored by:
SCHEELS



Youth Ice Fishing Derby

Woodhaven South Park & Fishing Pond

Saturday, February 23

Registration 1:30 pm | Derby 2:00 pm

Bring your ice-fishing rod and try your luck at the annual Youth Ice Fishing Derby! Holes will be pre-drilled for participants.
Trophies will be awarded.



701.499.6060
FargoParks.com



Butterfly Ball

**Tickets on sale
February 28 at 8am**

**Avalon Event Center West
March 29-30**

Create memories with the special role model in your life at a magical evening of music, dancing, photo opportunities and more.

Ages 4-12

Purchase tickets online at FargoParks.com.



701.499.6060
FargoParks.com



Awesome Art Afternoon

**February 9
1:00-3:00 pm**

RJD REC CENTER | 1104 2ND AVE S, FARGO

**Spend an afternoon creating
fun art projects to take home.**

FREE!



701.499.6060
FargoParks.com





Open Swim

Fargo South High School | 1840 15th Avenue S
Saturdays & Sundays | 1:00-5:00 pm
Now - March

Make a splash in the heated indoor pool.
 For complete details, visit FargoParks.com.



701.499.6060
FargoParks.com



Open Gym

Sundays | Now - March
Run off some energy during open gym.
For date, locations and complete details,
visit FargoParks.com.



701.499.6060
FargoParks.com



Register Early for Spring & Summer Programs

Swimming Lessons

March 18-April 8	Register By: March 15
April 15-May 7	Register By: April 12
June 10-21	Register By: June 7
July 8-19	Register By: July 5
July 24- August 6	Register By: July 19

Girls Volleyball League

March 25-May 23 Register By: March 13

Girls Volleyball Camp

June 10-13 Register By: June 5

Youth Baseball / T-ball

June 3-July Register By: April 15

Youth Golf Lessons

June 3-27	Register By: May 31
July 8-August 1	Register By: July 5

Youth Track & Field

June 3-27 Register By: May 20

Youth Flag Football

August 5-October Register By: July 1

Registration is now open.

All programs are first come, first serve and may fill prior to the deadline.

Register today at FargoParks.com



701.499.6060
FargoParks.com



FamilyWellness

A PARTNERSHIP BETWEEN

SANFORD
HEALTH



2019 SUMMER CAMP DATES

Creative Cooking Camp | June 3rd - June 7th

Creative Builders Camp | June 10th - June 14th

Soaking in the Sun | June 17th - June 21st

Super Summer Sports Camp | June 24th - June 28th

Imagination Station | July 8th - July 12th

Wild Wilderness Camp | July 15th - July 19th

Camp Summer Splash | July 22nd - July 26th

Camp Universe | July 29th - August 2nd

Cookapalooza | August 5th - August 9th

Spectacular Sports Camp | August 12th - August 16th

Camps run from 9am to 4pm (before & after care is available).

Summer Camp Registration is now open! Save 5% with Early Bird Registration February 1st - March 5th
\$185 Family Wellness & YMCA Members / \$205 Non-Members. *Financial Assistance is available.*
Camps are for children ages 6-11 years old.

Camp Carnival | Tuesday, March 5th from 5:00PM – 7:00PM | Camp Carnival is a fun, free, family event where you get to sample activities from our upcoming youth summer camps! Participants will get the opportunity to dip their toes into a little bit of each camp theme from sports to art, and even the wild wilderness. Come on by to see the sights, explore the hands on activities, and let your taste buds explode with carnival treats. Activities include: large bounce houses, obstacle courses and much more. Summer camp registration will be available at a discounted, early bird price, for all who are interested in signing up at the carnival. All ages are welcome! This event is free and open to the community!

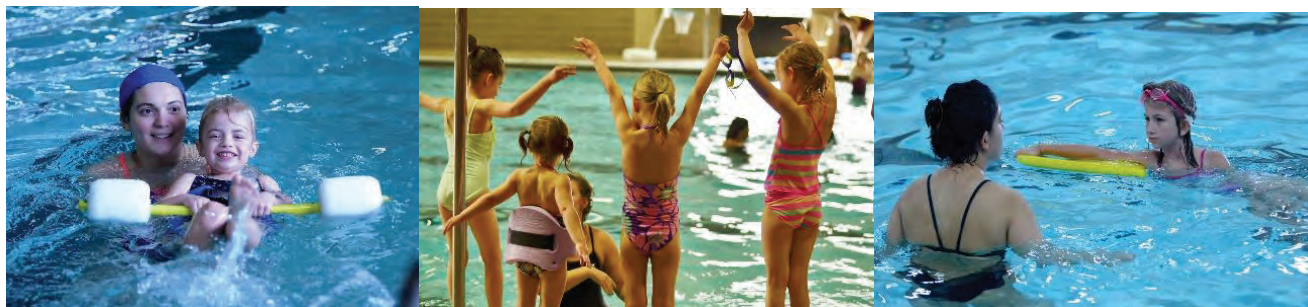
Other Programs and Classes available at www.FamilyWellnessFargo.org

Call 701-234-2400 or register online at www.familywellnessfargo.org
If you have questions contact Matt at matthew.melchior@sanfordhealth.org



2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org

Concordia Spring Swimming Lessons



Concordia offers American Red Cross swimming lessons. To find lesson times, dates, fees and registration information, please visit our website at www.concordiacollege.edu/swim or call (218) 299-4469. Registration opens Monday, February 11th.

Spring sessions are as follows:

March 11 th -27 th	M, W (4-7 p.m.),
March 12 th -28 th	T, Th (4-7 p.m.),
March 16 th -April 27 th	Saturdays (9 a.m.-1 p.m.),
April 1 st -17 th	M/W (4-7 p.m.)



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist

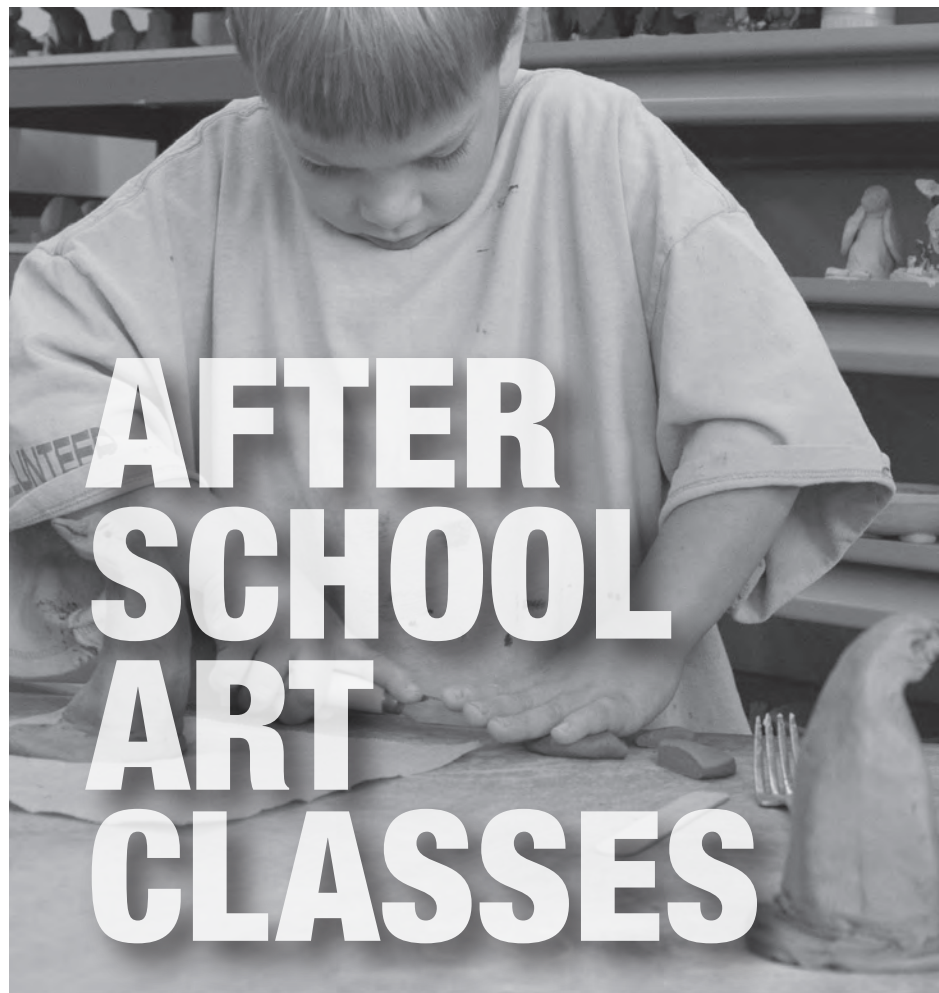
Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!
NO CONTRACT REQUIRED!

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com





AFTER SCHOOL ART CLASSES

Pottery, Painting, Printmaking and more.

Mondays beginning at 4 & 4:30 pm.
Classes are designed for students ages 6 – 18.

POTTERY ON THE WHEEL

Monday, March 4 • 4 – 6 PM

Monday, April 1 • 4 – 6 PM

HAND-BUILDING WITH CLAY

Monday, February 11 • 4:30 – 6 PM

Monday, March 11 • 4:30 – 6 PM

PAINTING

Monday, February 25 • 4:30 – 6 PM

Monday, April 29 • 4:30 – 6 PM

REGISTER TODAY! plainsart.org/create

ADULT + CHILD WORKSHOP: GARDEN GNOMES

Saturday, March 30, 10 – 11:30 AM

Each gnome will be appropriate for summer outdoor displays or for staying inside all year long.

PLAINS **Art** MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY

704 1st Ave., N, Fargo • 701.551.6100 • plainsart.org



YOUR Family counts

Being counted on the school district census is important, so your family can take advantage of early childhood programs and receive important school information when you need it. If you or someone you know recently moved into Moorhead Area Public Schools or had an addition to the family, including birth or adoption, complete the online census form at www.moorheadschoools.org/census or call Community Education at 218-284-3400.



MOORHEAD
AREA PUBLIC SCHOOLS



Kindergarten

REGISTRATION

2019

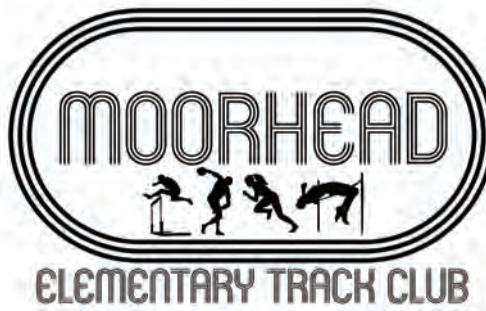
Registration opens online
at 8 a.m. February 6
at www.moorheadschoools.org/enroll

We're ready For our new SPUDS!

Students must be 5 years old on or before September 1, 2019. Proof of your child's birthday, proof of school district residency, and immunizations are required for registration. Registration packets with more information were mailed to age-eligible students on the school district census in mid January.

All children in the Moorhead School District entering kindergarten are eligible to register for the district's K-6 Spanish Immersion Program. More information about the program was included in the registration packets mailed in January. Register online beginning at 8 a.m. February 6 at www.moorheadschoools.org/enroll.

For more information call 218-284-3371, email enroll@moorheadschoools.org or visit www.moorheadschoools.org.



Making running, jumping, hurdling and throwing fun !

The Moorhead Track Club is an opportunity for elementary students to learn the fundamentals of track and field. Kindergarten, grade 1 and grade 2 participants will learn correct running mechanics, relay handoffs, hurdling, softball throwing and the long jump. Grades 3-6 participants will learn running mechanics, relay handoffs, hurdling, shot put, long jump and high jump.

Our first six sessions will be practices, and our last two sessions will be actual track meets.

Grades K-2 participants will compete in the 50-meter hurdles, 100-meter dash, 200-meter dash, 400-meter dash, softball throw, long jump and 4 x 100 meter relay.

Grades 3-6 will compete in the 100-meter hurdles, 100-meter dash, 200-meter dash, 400-meter dash, 800-meter run, shot put, long jump, high jump, and 4 x 100-meter relay.

Practices will take place at the Moorhead High School Track. In case of inclement weather we will use the indoor field house at Moorhead High School.

Grades K-2

Course Number: YAS40A

Coaches: Tom Dooher & Rachael Lexen

Practice days:

Sundays - 4/28, 5/5, 5/12 Time: 6-7 p.m.

Wednesdays - 5/1, 5/8, 5/15 Time: 6-7 p.m.

Track Meet:

Sunday - 5/19 Time: 5-7 p.m.

Wednesday - 5/22 Time: 5-7 p.m.

Location: Moorhead High School Track

Course fee: \$60

Grades 3-6

Course Number: YAS41A

Coaches: Tom Dooher & Rachael Lexen

Practice days:

Sundays - 4/28, 5/5, 5/12 Time: 7-8 p.m.

Wednesdays - 5/1, 5/8, 5/15 Time: 7-8 p.m.

Track Meet:

Sunday - 5/19 Time: 7-9 p.m.

Wednesday - 5/22 Time: 7-9 p.m.

Location: Moorhead High School Track

Course fee: \$60

Register online at <https://communityed.moorheadschoools.org> or use the form on the back. Questions? Contact Community Education at 218-284-3400.





MOORHEAD COMMUNITY EDUCATION

RELEASE OF LIABILITY CAMP/PROGRAM WAIVER

FOR PROGRAMS DURING THE SCHOOL YEAR, REFER TO THE STUDENT'S CURRENT GRADE.
For summer athletic camps, refer to the student's grade next fall.

Registration Form

All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education camp or program.

****Also accepting enrollments and liability waivers online ****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____ Date _____

Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

3 Easy Ways to Register:

MAIL-IN or WALK-IN:

Moorhead Community Education
2410 14th St. S.
Moorhead, MN 56560

ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the Courses for Youth and Family category, and select the course and session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

Phone registrations will not be accepted

A parent/guardian must submit a signed liability form for each participating student.

EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): _____

Student's Grade Next Fall: _____ Birthdate: _____

Parent/Guardian(s)(please print): _____

Address/City/State: _____

Phone: _____ Email: _____

Camp Number	Camp Title	Beginning Date	Fee

T-Shirt Size:

- ☐ YS
- ☐ YM
- ☐ YL
- ☐ YXL
- ☐ S
- ☐ M
- ☐ L
- ☐ XL
- ☐ XXL

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: _____ Exp. Date: _____

PODS
Game Design



**NEW classes at
Horizon Middle School , Moorhead
High School, Reinertsen, Ellen
Hopkins, Dorothy Dodds, and Robert
Asp Elementary Schools!**

Learn more and register at Moorhead Community Education's website!

701-936-4716
podsgamedesign@gmail.com
www.facebook.com/podsgamedesign
www.twitter.com/podsgamedesign



LITTLE LIGHTS PRESCHOOL OPEN HOUSE

Little Lights Preschool registration for the 2019-2020 School Year is now open! Join us for our Open House!

February 19 · Triumph's West Campus · 5:30-7:00 PM

February 21 · Triumph's East Campus · 5:30-7:00 PM



Triumph Church
(East Campus)
2901 20th St. S.
Moorhead

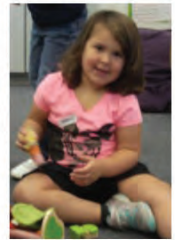
Mon./Wed./Fri. (4-Yr. Olds) · 9:00am - 11:30am

Tue./Thu. (3-Yr. Olds) · 9:00am - 11:30am

Mon. - Fri. (4-5Yr. Olds) · 12:30pm - 3:30pm

Triumph Church
(West Campus)
3745 Sheyenne St.
West Fargo

For registration forms and more information, please visit www.LittleLightsPreschool.org
email Little.Lights@TriumphLBC.org or contact the Little Lights office at **218-512-2201**.



RED RIVER DANCE & PERFORMING CO

At Red River Dance, we offer classes for ALL ages & abilities! Whether you're a beginner or experience dancers, with over 100 classes, we are sure you'll find something you'll LOVE!

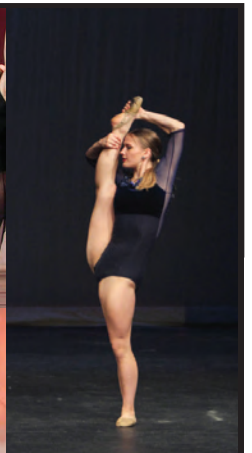
Hip Hop - Jazz - Tap - Lyrical - Ballet - Pointe
Creative Movement - Mommy & Me
Father & Daughter - Acro

Spring Session begins January 7th!

CONTACT US:

Call: 701.280.0004 | Email: info@redriverdance.com

Or Visit: www.redriverdance.com to learn more!





CELEBRATING 20 YEARS

COLLEGE FOR

▷▷ **KIDS & TEENS** ◁◁

▷ **2019 DATES**

June 10-13 | June 17-20 | July 8-11 | July 15-18

*Register for 3 classes and the 4th one is free!



MINNESOTA STATE UNIVERSITY
MOORHEAD

A member of the Minnesota State system

Learn more at
mnstate.edu/cfkt

Minnesota State University Moorhead is an equal opportunity educator and employer. This information will be made available in alternate format, or if a disability-related accommodation is required, please contact Accessibility Resources at 218.477.4318 (voice) or 1.800.627.3529 (MRS/TYY).



SANFORD Children's

Fargo **15 YEARS**
YOUTH RUN

HALF MILE
6:30PM

FARGODOME
May 16, 2019

FULL MILE
7:00PM

Register now at FargoMarathon.com



Check out 4-H "Things That Move" Classes for Grades 3-4



Course No: YAS48A

Course No: YAS48B

March 11-April 15, 2019
6 Mondays, 2:45-4:30 p.m.
Dorothy Dodds Elementary
Media Center Room: 140
Grades 3-4
Instructor:
Lisa Kasson-Bauer
Fee: \$15

March 13-April 17, 2019
6 Wednesdays, 2:45-4:30 p.m.
Robert Asp Elementary
Grades 3-4
Instructor:
Lisa Kasson-Bauer
Fee: \$15

How would you design a paper glider? Can you create a car out of items in a junk drawer that rolls far and straight? Build a rocket that shoots in the air. Work in teams with your friends to try your hand to design, build, redesign and share your creations just like real engineers. A light snack is provided. Scholarships are available.

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.

YMCA OF CASS AND CLAY COUNTIES



ymcacassclay.org | #ymcacassclay | 701.293.9622



WINTER/SPRING YOUTH PROGRAMS

Winter Session: runs through March 9 (You can still jump into this session!) | **Spring Session:** March 18 – May 11

See all programs and register online: ymcacassclay.org/programs



Basketball Skills
Ages 3 – 7



Wacky Science & LEGO® Club
Ages 5 – 11



Rock Climbing
Ages 7 – 14



Gymnastics
Ages 2+



Soccer Skills
Ages 3 – 7



FM Gator Swim Team
Ages 5+



Babysitting Training
Ages 11+
Great for older siblings!

SCHOOL OUT DAYS

Offered at
all YMCA School
Age Learning
Centers!

Feb. 15 | Mar. 6 – 8, 11–15, 18

Need something for your kids to do when there's no school? Join us for School Out Days! Each day is packed with activities to keep minds sharp and bodies moving. Breakfast, snack, and lunch provided! Must register at least one week in advance.

- Grades K – 5
- 6:30am – 6pm
- \$42/day for drop-ins
- To register, call 701.364.4117

MAKE A SPLASH!

Swimming Lessons | Infant – Adult
Learn water safety, lifelong skills and make new friends in swimming lessons at the YMCA!
ymcacassclay.org/swimschool

FM Gator Swim Team | Ages 6+
Join a team with a 50+ year history of sportsmanship, teamwork and skill building! All levels of skill and experience are welcome!
ymcacassclay.org/gators

GET READY FOR SUMMER CAMP!

2019 Summer Camp Registration is OPEN – get signed up today!!

- **Camp Cormorant** Overnight Camp | Ages 7-14
- **Camp Koda** Day Camp | Ages 6-11
- **Busy Beaver Camp** Day Camp | Ages 3-5
- and more!

Check out our Summer Camp Brochure insert for camp dates, details, and registration information!



Learn more and register:
ymcacassclay.org/camp

Upcoming Events



**GIVING
HEARTS
DAY**

Join us on February 14 for a community day of giving! Giving Hearts Day donations will benefit local kids through scholarships for YMCA programs like summer camp, child care, basketball, and more!

Learn more: givingheartsdays.org

Parents' Night Out



- February 16 | 4 – 7:30pm
- Schlossman YMCA
- Ages 6 weeks – 14 years

Parents – enjoy a night out, kid free! Your kiddos will have a blast playing in the Xerzone, Climbing Wall, PlayTown and more! Register: 701.293.9622

- YMCA Members: \$25/first child, \$15 each additional
- Non-Members: \$32/first child, \$22 each additional

Sunday Fun Day

- Every Sunday
- 2 – 5pm
- Fercho YMCA
- All ages

Don't spend your Sunday on the couch – join us for family fun in the Kids' Gym, Aquatic Center, Xerzone and more! PLUS, we'll bring out the Wibit, our giant aquatic obstacle course – only available on Sunday Fun Day!

- YMCA Members: FREE!
- Non-Members: Pay just \$15 for a discounted Family Day Pass!

LEARN & EXPLORE

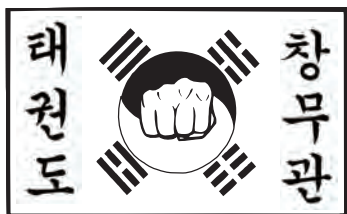
Grades K-5 | 25+ Area Sites

NEED BEFORE OR AFTER SCHOOL CARE?

We have openings in many YMCA School Age Learning Centers – maybe even in your own school!

Learn more online:
ymcacassclay.org/schoolage





3509 4th Ave S • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Same Great Classes



**Kids
Teens
Adults**



New, Bigger Gym



**Grand Master Jim Grimestad
with 40 years experience**

8th Degree Grand Master Jim teaches every class

This is a traditional martial arts school

277-1TKD • 3509 4th Ave S • rrtkd.com

go to **RRTKD.COM** for more information

FREE 2 week trial



PERFORMING ARTS TRAINING AND FUN FOR CHILDREN AGES 6-11



DREAM IT. LEARN IT. LIVE IT.

Five, one-week sessions, 8:30am-4:30pm daily
June 3-7, June 10-14, June 17-21, July 15-19, & July 22-26, 2019

- ★ ArtSpark provides children the opportunity to explore the performing arts, guided by music and theatre artists/educators. Each day, students participate in theatre games, singing, storytelling, movement, and more—all centered around creative, fun themes.
- ★ Best of all, kids become more confident, more creative, and better communicators!
- ★ Each session concludes with a showcase for family and friends.
- ★ Fee includes team-taught instruction by arts educators, class supplies, and t-shirt.
- ★ Students must provide their own lunches, snacks and beverages.

Register NOW! Students are encouraged to enroll early; program is filled on a first come, first served basis. Space is limited and sessions fill up quickly.

- Deadline is Friday, May 17 for June sessions and Friday, June 7 for July sessions (Registration remains open after this deadline. However, a \$25 late fee will be assessed.)
- See reverse side for locations, fee information and REGISTRATION FORM.
- West Fargo Public Schools offers a \$100 voucher for West Fargo School District enrolled students.
- ALL FORMS also available for download at www.trollwood.org or by contacting Trollwood.

* All ages refer to age by August 31, 2019

SAVE \$\$\$
 Register by March 1st
 and receive a \$15
 discount!



trollwood
 PERFORMING ARTS SCHOOL
 — at Bluestem Center for the Arts —

www.trollwood.org
 801 50th Ave S, Moorhead MN 56560
Phone 218.477.6500 **Fax** 218.477.6501
trollwood@fargo.k12.nd.us
 A program of the Fargo (ND) Public Schools

ARTSPARK REGISTRATION FORM 2019

Return this completed form along with fee payment, West Fargo voucher, and/or financial aid form (if applicable, available at www.trollwood.org).

Mail, email or fax completed registration form and payment to Trollwood Performing Arts School.
Mail: 801 50th Ave S, Moorhead, MN 56560 | Email: trollwood@fargo.k12.nd.us | Fax: 218-477-6501

Student Name _____

Date of Birth (M/D/Y) _____ Gender _____

Age (as of August 31, 2019) _____

Grade Completed (Spring 2019) _____

Current School (Spring 2019) _____

Address _____

City, State, Zip _____

Home Phone _____

Living with (check one): ☐ Mother ☐ Father ☐ Both ☐ Other

Check Relationship and Print Name:

☐ Mother ☐ Stepmother ☐ Guardian _____

Address (if different than above) _____

Employer _____

Job Position/Title _____

Work Phone _____ Home Phone _____

Mobile Phone _____

E-mail Address _____

Check Relationship and Print Name:

☐ Father ☐ Stepfather ☐ Guardian _____

Address (if different than above) _____

Employer _____

Job Position/Title _____

Work Phone _____ Home Phone _____

Mobile Phone _____

E-mail Address _____

Check the one category that best describes your predominant racial/ethnic identity:

☐ American Indian or Alaskan Native

☐ Asian or Pacific Islander ☐ Black or African American

☐ Bosnian ☐ Caucasian (white) ☐ Hispanic or Latino

☐ Middle Eastern or Arab American ☐ Other _____

T-shirt Size: YOUTH ☐ S ☐ M ☐ L ADULT ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Parent/Guardian: Please read, sign, and date below:

Consent is granted to Trollwood for the use of media images, interviews, and survey responses involving my child for publicity and marketing purposes for the organization.

Signature _____ Date _____

Note any conflicts with session schedule: _____

Emergency contact (English speaking):

Name _____

Relationship _____

Day Phone (very important!) _____

Please note medical issues/allergies or special needs including social, emotional or behavioral issues Trollwood should be aware of (this information is confidential):

Please note your preferred health care provider (only to be used in case of emergency): _____

Check Desired Session:

AGES 6–8 (age by August 31, 2019)

☐ June 3-7 Ben Franklin Middle School, 1420 8th St N, Fargo

☐ June 10-14 Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo

☐ June 17-21 Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo

☐ July 15-19 Trollwood, 801 50th Ave S, Moorhead

☐ July 22-26 Trollwood, 801 50th Ave S, Moorhead

AGES 9–11 (age by August 31, 2019)

☐ June 3-7 Ben Franklin Middle School, 1420 8th St N, Fargo

☐ June 10-14 Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo

☐ June 17-21 Carl Ben Eielson Middle School, 1601 S 13th Ave, Fargo

☐ July 15-19 Trollwood, 801 50th Ave S, Moorhead

☐ July 22-26 Trollwood, 801 50th Ave S, Moorhead

Fee: \$250 per one week session

\$15 Early Registration Discount (if by March 1) - \$ _____

West Fargo Voucher (if applicable; attach to form) - \$ _____

\$25 Late Fee if after May 17 or June 7 + \$ _____

Total Fee \$ _____

Payment Enclosed \$ _____

Balance Due \$ _____

Payment Options (please check one):

☐ Option 1: Fee payment in FULL with completed form.

☐ Option 2: Choose a payment plan (**Credit Card REQUIRED**):

☐ \$75 down payment w/2 equal monthly payments of \$ _____ to complete balance due.

☐ \$75 down payment w/3 equal monthly payments of \$ _____ to complete balance due.

☐ Option 3: Financial Aid application submitted. (In the event financial aid is not fully awarded, please indicate your payment preference. By completing option 2, monthly payment amounts may be determined after financial aid award has been decided.)

Payment Method (please check one):

☐ Check or Money Order/payable to Trollwood Performing Arts School

☐ Cash

☐ Credit Card (If choosing credit card, our office will contact you.)



Camp Invention®



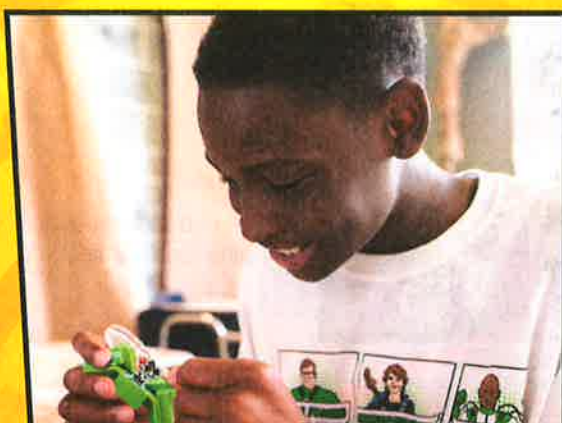
**ALL ACTIVITIES ARE INSPIRED BY OUR
NATIONAL INVENTORS HALL OF FAME INDUCTEES!**

AKA WORLD-CHANGING INNOVATORS!



COLLABORATE

COLLABORATE TO
BUILD PROTOTYPES!



HANDS-ON STEM

COMPLETE HANDS-ON
CHALLENGES INSPIRED
BY REAL INVENTORS!



DESIGN

DESIGN YOUR OWN
REMOTE CONTROL BOT!

VISIT US AT INVENT.ORG/CAMP

CAMP INVENTION: A HIGH-ENERGY, HANDS-ON STEM CAMP

CREATIVE PROBLEM SOLVING

Children team up to rebuild ships and design underwater equipment in DEEP SEA MYSTERY™.



STEM APPLICATION

In DIY ORBOT™, participants explore circuit boards, motors and gears as they design a remote control bot to take on obstacles from sports to dance.



A DIY Orbot, designed by 3rd grade camper Josh B.

INNOVATION

Children collaborate with inventor superheroes and take on roles of engineers, fabricators and innovators to conquer villains in INNOVATION FORCE™.



CONFIDENCE

Kids become successful entrepreneurs in FARM TECH™, as they code bots to turn a polluted wasteland into a money making machine and create devices to save animals.



SECURE YOUR SPOT TODAY

AND SAVE \$25 WITH PROMO CODE INNOVATE25
OFFER EXPIRES MARCH 22ND.

REGISTER AT INVENT.ORG/CAMP OR 800-968-4332

Your local Camp Invention site information:

Who: For children entering grades K-6

Location: Inspire Innovation Lab
423 Main Avenue, Moorhead, MN 56560

Date & Time: August 5 - August 9, 2019 from 9:00am - 3:30pm

Price: \$240 (before discount)

Director: Carrie Leopold
carrie@inspireinnovationlab.org | (218) 477-1370

If these dates/times don't work for you, please visit invent.org/camp for other locations near you.

Camp Invention® is a program of the National Inventors Hall of Fame®, a nonprofit organization dedicated to advancing the future of innovation. Camp Invention was designed 28 years ago to introduce children to the process of invention early on. Exposure to the invention process is valuable for all children because it inspires collaboration, encourages entrepreneurship, ignites creativity, exercises problem solving skills and builds an understanding that failure is a necessary point on the path to success. All programs are led by experienced local educators and grouped by grade level.

"It's impossible not to have fun."

Caden George, 2017 Camp Invention Attendee

Investors in Creativity and Innovation

AbbVie Foundation
Army Educational Outreach Program
Duck Tape®
Ford Motor Company

General Motors
Burton D. Morgan Foundation
Nordson Corporation Foundation
United Way of Summit County



National Inventors
Hall of Fame

Inspiring future innovators

In partnership with



UNITED STATES
PATENT AND TRADEMARK OFFICE



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFELONG FRIENDS LASTING MEMORIES

2019 SUMMER CAMP GUIDE

Camp Cormorant | Camp Koda | Busy Beaver Camp

ymcacassclay.org/camp

CAMP CORMORANT

Summer Overnight Camp for Ages 7-14

14563 YMCA Lane | Lake Park, Minnesota



For over 100 years YMCA Camp Cormorant has offered **spirit, tradition, leadership and exceptional facilities** to campers. Founded in 1903, Camp Cormorant is **one of the oldest overnight camps in the nation** and continues to be a tremendous growing up experience for children and teens. The camp is nestled on 80 acres of wooded property with an **extensive beach front on Big Cormorant Lake**. We are located approximately six miles south of Lake Park, MN, in the heart of Minnesota lakes country.

Cormorant provides a unique outdoor environment with cozy cabins, athletic fields, a sand volleyball court, horse trails, extensive beach front, full meal service, and much more to enhance the camping experience. Camp Cormorant provides just the right setting to encourage a camper's **mental, physical and spiritual growth**. Our camp mission is to provide a safe, enjoyable, creative and challenging camping opportunity that fosters individual growth in the areas of **self-esteem, responsibility, communication, independence, leadership, environmental awareness and Christian values**.

2019 Camp Sessions

Join us for one session, or many!

Session 1	June 9 - 14
Session 2	June 16 - 21
Session 3	July 7 - 12
Session 4	July 14 - 19
Session 5	July 21 - 26
Session 6	July 28 - August 2
Session 7	August 4 - 9
Session 8	August 11 - 16

NEW at Cormorant in 2019

- Brand new archery course!
- NEW Camp Welcome Center with a store, recreation areas, storm shelters, and more!





Camp Scholarships

Through the YMCA of Cass and Clay Counties' Annual Campaign, grants, and other special donations, income-based financial assistance is available to campers. In 2018, over \$120,000 was given for camp scholarships. For more information on Camp Cormorant scholarships, contact Dee Jones: 701.364.4130 or dee.jones@ymcacassclay.org

For More Information about Camp

Cormorant: Contact Dee Jones at 701.364.4130 or dee.jones@ymcacassclay.org | campcormorant.org

Cooking Camp (Ages 10 – 14)

Learn the basics of cooking and baking, both indoor and out! Campers will learn to cook over an open fire, in a conventional oven, fire pie irons and grill. Limited to 10 campers per session.

Sessions 1 – 6 Y Member: \$415 Non-Member: \$485

Adventure Camp (Ages 7 – 14)

This traditional camp program provides activities geared to the interests and skills of each camper. Some activities include: horseback riding, ropes course, archery, tent camping, arts and crafts, sports, swimming, canoeing and campfires, just to name a few!

Sessions 1 – 8 Y Member: \$410 Non-Member: \$480

Horsemanship Camp (Ages 10 – 14)

Take to the Camp Cormorant ranch trails for nearly two hours of riding each day! Learn a skill that will be enjoyable for a lifetime. Campers will learn basic riding skills and techniques as well as proper care and grooming of horses. Limited to 10 campers per session.

Sessions 1 – 8 Y Member: \$475 Non-Member: \$550

Wilderness Camp (Ages 7 – 14)

Learn to go on hikes and make dinner over an open camp fire. This camp includes learning about outdoor skills like canoeing, archery, recognizing plants, camping out in the woods and other basic survival skills. Limited to 20 campers per session.

Sessions 1 – 8 Y Member: \$415 Non-Member: \$485

Water Ski Camp (Ages 11 – 14)

Spend time on the lake learning basic water skiing skills, like getting up on two skis, one ski, wakeboards, and knee boards. Limited to 7 campers per session. (Campers under 11 years must have prior water ski experience and approval of the Camp Director)

Sessions 3 – 8 Y Member: \$460 Non-Member: \$530

Ropes Course Camp (Ages 10 – 14)

Experience the Y's ropes course! Campers will spend their mornings in groups to complete the high and low ropes challenge courses, climb the wall, ride the zip line, and learn proper safety techniques. This course builds confidence and teamwork among campers. Limited to 12 campers per session.

Sessions 1 – 8 Y Member: \$460 Non-Member: \$530

Art Camp (Ages 7 – 14)

This is not your typical art camp! Campers will be instructed by an art teacher in mediums like clay, drawing, painting and wood burning. They will also have the opportunity to screen print a t-shirt, make printed cards and do a leather craft (leather materials are available for purchase in camp store). Limited to 20 campers per session.

Sessions 1 – 8 Y Member: \$415 Non-Member: \$485

Fishing Camp (Ages 9 – 14)

Learn about baiting, hooking, seining for minnows and other fishing techniques as campers pursue Pan Fish, Walleyes, Bass, and Northern Pike on beautiful Big Cormorant Lake! Camp will provide supplies and equipment or you can bring your own. Limited to 10 campers per session.

Sessions 1 – 6 Y Member: \$415 Non-Member: \$485

Family Camp (All Ages)

Families can get together and experience quality time in a beautiful setting. Camp includes meals, horseback riding, canoeing, paddle-boating, kayaking, swimming and so much more! Staff will provide supervised times so adults can take time to relax. Each family gets their own cabin, or you may add to your cabin if you want to have a friend bring their kids too! (Regular rate will still apply for the second family in the cabin). Limited to 11 families.

June 7 – 9 Y Member: \$325 Non-Member: \$420

CAMP CORMORANT

Counselors in Training & Junior Counselors

Counselors in Training: Camp Cormorant is proud to host Counselor-in-Training (C.I.T) camps for youth interested in someday becoming a counselor. C.I.T.s are assigned counselor mentors. They must be 15 years old, sign an agreement, and attend a brief orientation. A two-week commitment is required (you pick which two sessions you'd like to attend). This is your interview for a future position at Camp Cormorant!

Junior Counselors: Previous C.I.T.s have the opportunity to become a Junior Counselor. Counselors must be at least 16 years old, attend a training, and will earn a stipend each week of camp.

Learn more and apply: campcormorant.org

Earn Money for Camp Cormorant or Camp Koda!

Volunteer to work at the YMCA of Cass and Clay Counties' Easter Eggstravaganza (April 13) and/or Healthy Kids Day (April 27) events and earn a \$25 credit towards camp for every two hours you help with the events! Volunteers must include a child and at least one parent. MUST register in advance – call Dee Jones to get signed up: 701.364.4130. Learn more: campcormorant.org



CONNECT & LEARN MORE!



WEBSITE
campcormorant.org



PHONE
701.293.9622



SOCIAL MEDIA
Search for "Camp Cormorant" on Facebook and share with us using #ymcacassclay



Typical Day at Camp

7:50am	Polar Plunge
8:25am	Flag/Breakfast
9:00am	Cabin Clean Up
9:30am	Activity 1*
10:45am	Activity 2*
12:00pm	Lunch
1:00pm	Rest
2:00pm	Store / Open Rec
4:00pm	Activity 3**
5:25pm	Flag / Dinner
6:15pm	Activity 4**
7:30pm	Evening Program
9:00pm	Campfire
10:30pm	Lights Out

*Camp specific activities **Bonus activities of choice

Bonus Activities

Not only do campers get to experience their own specialty camps, but they get to try a multitude of other exciting activities as well!

Arts & Crafts	Archery - new course!
Swimming	Paddle Boarding
Kayaking	Zipline & Ropes Course
Sports / Games	Horse / Trail Rides
Gaga Pit	Water Tramp & Rock Wall
Canoeing	and so much more!



Camp Scholarships

Through the YMCA of Cass and Clay Counties' Annual Campaign, grants, and other special donations, income-based financial assistance is available to campers at Camp Koda.

For more information on scholarships to Camp Koda, contact Ali Kellerman: 701.364.4153 or alayah.kellerman@ymcacassclay.org

CAMP KODA

Activities and Exploration Day Camp for Ages 6-11

Camp Koda is **packed each day with activities that will keep minds sharp and bodies moving**. Children arrive at the Fercho or Schlossman YMCA between 8:45am and 9:00am, with the camping experience beginning at 9:00am. Campers should be picked up at 4pm each day. Extended care available from 8-9am and/or 4-5pm for \$10/week per time slot (\$20 for both morning and evening.)

Each day's activities will be based around the theme for the week, and will include lots of adventure! Daily activities include: field trips, swimming, nature walks, science experiments, crafts, cultural exploration, sports, music and more! **Kids will unplug from technology and engage in activities, in a safe and fun environment, that keep them moving and building social and independent skills.**

One day each week (most weeks) campers also get to attend our very own YMCA Camp Cormorant on Big Cormorant Lake, MN! There they get the full camp experience and even more adventures like horseback riding, water fun, ropes course, and more! Parents will receive a schedule for the week on the Monday of their camp week. **Please send a swimming suit, towel, water bottle, and a sack lunch each day.** Campers should never bring money or anything of value to camp. An afternoon snack will be provided.

2019 Camp Sessions Join us for one session, or many!!

Session 1	June 3 - 7	Summer Is Here! (Fercho Only)
Session 2	June 10 - 14	Wacky Science
Session 3	June 17 - 21	Sports of All Sorts
Session 4*	June 24 - 28	Music, Melodies & Drama
Session 5	July 8 - 12	Wet & Wild
Session 6	July 15 - 19	Outdoor Adventure
Session 7	July 22 - 26	Super Heroes
Session 8	July 29 - Aug 2	Wacky Science
Session 9	Aug 5 - 9	Wet & Wild
Session 10*	Aug 12 - 16	Summer's Not Over!

*Sessions will not attend Camp Cormorant but will have the opportunity to go on another great field trip!

Cost Per Session: Y Member: \$175 | Non-Member: \$215

Camp fees include snacks and a t-shirt. Campers who attend more than one session of Camp Koda will only receive one t-shirt.

Typical Day at Camp

8:45am	Camper Drop Off / Sign-In
9:00am	Free Play, Ice Breakers, Theme-Based Activity
10:30am	Xerzone / Park / Outdoor Activities
11:30am	Lunch
12:00pm	Field Trip / Swimming / Water Park
2:30pm	Campers' Choice Activities
3:30pm	Snack
4:00pm	Camper Pick Up

*Camp activities may change based on weather.



For More Information: Contact Luke Hommerding at 701.364.4116 or luke.hommerding@ymcacassclay.org
ymcacassclay.org/koda

BUSY BEAVER CAMP

Half-Day Camp for Preschoolers Ages 3-5

Busy Beaver is a half-day "camping" experience designed just for preschoolers. Each session's activities are planned around a **weekly theme chosen to appeal to the interests and curiosities of this age group**. Picnics, swimming, field trips, arts and crafts, songs, games, and more add to the excitement!

Busy Beaver Camp is located at the Fercho YMCA in the Kindergarten Readiness Preschool rooms. Parents and

campers may use the YMCA southeast entrance. Swimming activities will be held in our Aquatic Center twice each week. Island Park is used for all outdoor activities and picnics.

The entire family is invited to join us on Thursdays for our noon picnic and short program. Bring lunch and enjoy the time with your busy beaver!

2019 Camp Sessions

Join us for one session, or many!!

Session 1	June 10 - 13	Camping
Session 2	June 17 - 20	Down by the Sea
Session 3	June 24 - 27	Little Chefs
Session 4	July 8 - 11	Dinosaurs
Session 5	July 15 - 18	Little Scientists
Session 6	July 22 - 25	Amazing Animals
Session 7	July 29 - Aug 1	Let's Make Music
Session 8	Aug 5 - 8	Fun in the Sun
Session 9	Aug 12 - 15	Let's Get Physical

Cost Per Session: Y Member: \$125 | Non-Member: \$145

Camp fees include milk for lunch and a t-shirt. Campers must bring their own sack lunch each day. Campers who attend more than one session of Busy Beaver Camp will only receive one t-shirt.

Typical Day at Camp

9:00am	Camper Drop Off / Registration
9:30am	Group Time - songs, discussions
10:00am	Art Activity
10:20am	Gym Activity - large muscle fun
10:45am	Game Time
11:00am	Picnic Lunch
11:30am	Sing-a-Long
11:45am	Park / Swimming / Field Trips
12:45pm	Story Time
1:00pm	Camper Pick Up

Camp Scholarships

Through the YMCA of Cass and Clay Counties' Annual Campaign, and special donations and grants, income-based financial assistance is available to Busy Beaver Campers.

For more information on Busy Beaver scholarships, contact Dee Jones: 701.364.4130 or dee.jones@ymcacassclay.org

For More Information: Contact Sandy Franchuk at 701.364.4123 or franchuk@ymcacassclay.org
ymcacassclay.org/busybeaver



2019 YMCA Summer Camp Registration Form

You may also register for YMCA Summer Camps online: ymcacassclay.org/camp | Each camper must fill out a separate form.

ALL CAMPERS

Date of Registration _____ Camper's Name: _____ Age at Camp _____
Camper's Address: _____ City _____ State _____ Zip _____
Date of Birth: _____ Boy ☐ Girl ☐ Home Phone: _____
Parent's Email: _____
Mother's Full Name: _____ Date of Birth*: _____ Home Phone: _____
Cell Phone: _____ Work Phone: _____
Father's Full Name: _____ Date of Birth*: _____ Home Phone: _____
Cell Phone: _____ Work Phone: _____

How did you hear about Camp?

Does this camper have food allergies? ☐ Yes ☐ No (If yes, please list) _____

CORMORANT

Camp Attending _____ Session ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8
i.e. Ropes Camp, Hoops Camp, etc.

Deposit/Payment Information **Please Do Not Send Cash** Deposit (\$100 per session | non-refundable): \$ _____

Payment Type: ☐ Money Order ☐ Check Enclosed

Cabin Mate (Limit One) _____
We will try our best to place campers together if similar age but is not a guarantee.

Remainder of camp fee is due 2 weeks prior to child's week at camp, or your spot will be given to a camper on the waiting list.

☐ **Family Camp Participants ONLY** (June 7 – 9): # of Adults: _____ # of Children: _____ Children's ages: _____

KODA

Camp(s) Attending _____ Sessions Attending ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9 ☐10
i.e. Super Hero, Outdoor Adventure, etc.

Camp Koda staff will provide an afternoon snack each day.
Campers with food allergies or a special diet should provide their own snack.

Extended Day Reservations: A camp staff member will be available for extended care each day from 8-9am and 4-5pm. Cost for extended care is \$10/week per time slot, or \$20/week for both am and pm

Please reserve care for my child before and/or after camp.

☐ AM ☐ PM ☐ NONE ☐ BOTH

Location ☐ Fercho ☐ Schlossman

Deposit/Payment Information **Please Do Not Send Cash**

Deposit (\$50.00 per session | non-refundable): \$ _____

Payment Type: ☐ Money Order ☐ Check Enclosed

Remainder of camp fee is due 2 weeks prior to child's week at camp

BUSY BEAVER

Camp(s) Attending _____ Sessions Attending ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9
i.e. Camping, Water World, etc.

Deposit/Payment Information **Please Do Not Send Cash**

Deposit (\$50.00 per session | non-refundable): \$ _____

Payment Type: ☐ Money Order ☐ Check Enclosed

Remainder of camp fee is due 2 weeks prior to child's week at camp

This section must be signed by parent or guardian before registration is accepted.

I understand that rules for campers are the same for everyone without regard to race, color, national origin, gender or disability. All campers will be treated as individuals and respect will be shown for a range of abilities and behaviors. I am aware of the following policies regarding camp fees: Deposits are non-refundable and due at the time of registration. Remainder of camp fee is due two weeks before the starting date of the session my child is registered for. No refunds will be given for cancellations received within 14 days of my child's camp session or after June 1, 2019. No refunds are given for campers who leave camp early, or do not attend for any reason.

We or I (Parents/Guardians) have read and agree to all the conditions of this registration.

Signature of parent/guardian: _____

Date: _____

Send Completed Registration and Deposit to:

YMCA of Cass and Clay Counties
ATTN: Summer Camp
400 1st Ave S. Fargo, ND 58103



YMCA of Cass and Clay Counties

ATTN: Summer Camp
400 1st Avenue S
Fargo, ND 58103

Non-Profit Org.
U.S. Postage
PAID
Fargo, ND 58103
Permit No. 682



Camp Staff, Health and Safety

At each of the Y's summer camps, the health and well-being of your child is our number one priority. Camp staff are trained in First Aid and CPR, and are chosen based on their maturity and experience working with the developmental age group specific to their campers.

All camp staff work to cultivate the values, skills and relationships that lead to positive behaviors, healthy habits and educational achievements. We provide developmental exercises in fun ways to help kids thrive, build confidence, and become healthy, caring, responsible adults. Camp Cormorant is also certified by the American Camping Association and the Minnesota State Board of Health.

Additional Information

Parents will receive a follow-up packet in the mail after registration with health forms, remaining balance, financial assistance information, and more!

