

# KiDsOURCE

APRIL 2019

Dear Families,

An online version of KIDsource is on the school district's website at [www.moorheadschoools.org/KIDsource](http://www.moorheadschoools.org/KIDsource). KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

## School's Out for Summer!

Time for some fun!! Let your school ager be an ALL STAR this summer!

- ★Water play
- ★Swimming lessons
- ★science
- ★Friends
- ★Special visitors
- ★Art
- ★Fun
- ★Games and sports
- ★Field trips
- ★Park trips
- ★Library
- ★Picnics

Child Care Hours:  
Monday-Friday, 7am-6pm

Enroll before April 15th  
For \$0 registration fee

**SUMMER ONLY**  
**School Age**  
**openings**  
**available June—**  
**August 2019!**  
**Only \$32/day!**



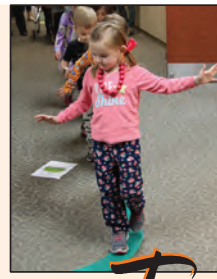
401 40th Ave. South,  
Moorhead, MN 56560  
(701) 212-6637  
[www.bethesdaallstars.com](http://www.bethesdaallstars.com)

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at [www.moorheadschoools.org](http://www.moorheadschoools.org).

Publication in KIDsource does not constitute school district endorsement of a program.





# Moving Forward Together

For our students to grow, our schools need continued support. For our community to remain vibrant, we must attract and keep strong families. One of the best ways to do that is through a strong school system. ***Strong schools means a strong community.***

## Learn more. Ask questions. Get answers. Here's how.

### Website

Visit [www.moorheadschoools.org](http://www.moorheadschoools.org) for news, School Board meeting updates, calendars, curriculum guides, examples of excellence, Hall of Honor, district history, and much more.

### Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually: fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

### Social Media

Follow Moorhead Schools on Facebook ([facebook.com/MoorheadSchools](https://facebook.com/MoorheadSchools)), Twitter (@MoorheadSchools) and Instagram ([moorheadschoools](https://moorheadschoools)). Find Community Education on Facebook ([facebook.com/MoorheadCommunityEducation](https://facebook.com/MoorheadCommunityEducation)).

**Learn new skills in Moorhead Community Education classes!**  
Register now for spring and summer classes online at <https://communityed.moorheadschoools.org> or call 218-284-3400.



**MOORHEAD**  
AREA PUBLIC SCHOOLS

Moorhead Area Public Schools proudly serves the communities of Moorhead, Georgetown, Sabin and surrounding area.

Learn more about the district at [www.moorheadschoools.org](http://www.moorheadschoools.org).



# CAMP REGISTRATION IS OPEN!

Visit [Familywellnessfargo.org](http://Familywellnessfargo.org) or the Front Desk for more details!

\$185 Family Wellness and YMCA Members / \$205 Non-Members



## 2019 SUMMER CAMP DATES

Creative Cooking Camp | June 3rd - June 7th  
Creative Builders Camp | June 10th - June 14th  
Soaking in the Sun | June 17th - June 21st  
Super Summer Sports Camp | June 24th - June 28th  
Imagination Station | July 8th - July 12th  
Wild Wilderness Camp | July 15th - July 19th  
Camp Summer Splash | July 22nd - July 26th  
Camp Universe | July 29th - August 2nd  
Cookapalooza | August 5th - August 9th  
Spectacular Sports Camp | August 12th - August 16th

Camps run from 9am to 4pm. Before & after care is available. Camps are for children ages 6 -11. Financial Assistance is available. If you have questions contact Matt at [matthew.melchior@sanfordhealth.org](mailto:matthew.melchior@sanfordhealth.org).

# Familywellness

A PARTNERSHIP BETWEEN **SANFORD** HEALTH 

## YOUTH BASEBALL REGISTRATION OPEN!

Big Bopper (Kindergarten/5 years) June 3-July 11 - \$45.00

T-Ball (First Grade) May 13-July 10 - \$52.00

Rookie (Second and Third Grade) May 14-July 11 - \$52.00

Pop-Up (Fourth and Fifth Grade) May 14-July 11 - \$52.00

Registration Deadline: April 15



## TAE KWON DO

Reach your full potential with our confidence-building martial arts program. Experience expert training in a fun and safe environment, building skills that will last a lifetime!



Ages 5-Adult  
Beginner, Advanced, Black Belt  
Tuesdays and Thursdays  
\$60.00

218.299.5340

MOORHEADPARKS.COM



## CODE NINJAS CAMPS



YOUR KIDS CAN  
BECOME CODE NINJAS

Registration Now Open for  
Coding, Game Building, Minecraft®,  
Roblox® and Drone Camps!

(701) 404-7620



4480 23rd Ave S, Fargo, ND 58104  
codeninjas.com @ CodeNinjasFargo

# BIS N

## WOMEN'S SOCCER YOUTH DAY CAMPS

### YOUTH CAMP 1

JUNE 10-14 | 9:00AM - 11:30AM | AGES 5-14

### YOUTH CAMP 2

JULY 15-19 | 9:00AM - 11:30AM | AGES 5-14

FOR MORE INFORMATION VISIT: [WWW.NDSUSOCCERCAMPS.COM](http://WWW.NDSUSOCCERCAMPS.COM)

ALL NDSU CAMPS OR CLINICS ARE OPEN TO ANY AND ALL ENTRANTS  
LIMITED ONLY BY NUMBER, AGE, GRADE LEVEL AND/OR GENDER



# MARQUART'S MARTIAL ARTS

## "JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist

Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

CHECK US OUT!  
NO CONTRACT REQUIRED!

2615 12<sup>th</sup> Ave. S  
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION  
OR VISIT [www.marquartstk.com](http://www.marquartstk.com)



## Need Help to Pay Your Heating Bills?

The **Energy Assistance Program (EAP)** helps pay for home heating costs and furnace repairs for income-qualified households.

APPLICATIONS ARE AVAILABLE. CONTACT WCMCA  
TODAY TO REQUEST AN APPLICATION!

### Eligibility Examples:

Size of Household	Past 3 Months Income
1	\$6,495
2	\$8,494
3	\$10,493
4	\$12,492

- Grants range from \$200 up to \$1,400.
- Eligibility based on past 3 months income.
- Average grant of about \$520.

### Questions?

Call 218-477-1208 or 218-477-0298

Or visit our website at [www.WCMCA.org](http://www.WCMCA.org)

715 11<sup>th</sup> St N, Suite 100 Moorhead, MN 56560





(701) 212-8775 | [WWW.FMATHLETICS.COM](http://WWW.FMATHLETICS.COM) | [FMAFOOTBALL@GMAIL.COM](mailto:FMAFOOTBALL@GMAIL.COM)

**REGISTRATION FOR THE 2019 SEASON IS NOW OPEN!**

**STUDENTS ENTERING 4 - 8TH GRADE\* (FALL OF 2019)  
ARE ELIGIBLE TO PLAY.**

### 2019 Dates to Note:

<b>May 15</b>	Priority pricing ends at <b>11:59pm TONIGHT</b> . Fees increase by \$50 May 16th.
<b>July 1</b>	Registration fees increase by an additional \$50. Register <b>BEFORE</b> this date to avoid team wait lists!
<b>July 29</b>	Non-contact practice begins this week.
<b>August 2, 3, 4</b>	Equipment Pick-Up and Mandatory Weigh-In. <i>Metro Rec Center, 3110 Main Avenue, Fargo</i>
<b>August 5</b>	Contact (padded) practice starts this week.
<b>August 7</b>	Alternate weigh-in and equipment pick-up date. <i>No practice this date!</i>
<b>August 17</b>	Jamboree Day for 4, 5 and 6th grade teams. <i>Southside Regional Park, 2000 40th Avenue S., Moorhead</i>
<b>August 19</b>	Regular season games for all grade levels begin this week.
<b><i>NO games will be scheduled Labor Day Weekend (Aug 31st-Sept 2nd)</i></b>	

**\*7/8th grade programs available in FM Metro Area only**

**ONLINE REGISTRATION  
AND SEASON DETAILS  
AVAILABLE HERE:  
[FMATHLETICS.COM](http://FMATHLETICS.COM)**



# MOORHEAD COMMUNITY EDUCATION

## 2019 SUMMER ATHLETIC CAMPS

*Register now and join us for our exciting summer camps!*

ALL ELIGIBLE GRADES LISTED FOR CAMPS BELOW REFER TO THE STUDENT'S GRADE NEXT FALL.

Camp #	Camp Title	Dates	Time	Fee
<b>GIRLS &amp; BOYS VOLLEYBALL CAMPS • MHS FIELDHOUSE • HEAD COACH: CHAR LIEN</b>				
YSC87A	Volleyball Camp (Grades K-2)	6/6, 6/7, 6/10 & 6/11	8-9 a.m.	\$45
YSC88A	Volleyball Camp (Grades 3-4)	6/12, 6/13, 6/17 & 6/18	8-9 a.m.	\$45
<b>GIRLS VOLLEYBALL CAMPS • MHS FIELDHOUSE • HEAD COACH: CHAR LIEN</b>				
YSC15A	Volleyball Camp (Grades 5-6)	M-F, 6/6-6/18	12-1:30 p.m.	\$80
YSC16A	Volleyball Camp (Grades 7-9)	M-F, 6/6-6/18	1:30-3 p.m.	\$80
YSC14A	Volleyball Camp (Grades 10-12)	M-F, 6/6-6/18	9:15-11:15 a.m.	\$85
<b>BASEBALL CAMPS • MHS BASEBALL FIELD • HEAD COACH: GREG SALVEVOLD</b>				
YSC17A	Baseball Camp (Grades K-4)	M-TH, 6/17-6/20	9:30-11 a.m.	\$75
YSC19A	Baseball Camp (Grades 5-8)	M-TH, 6/17-6/20	11 a.m.-12:30 p.m.	\$75
<b>BOYS BASKETBALL CAMPS • HORIZON WEST GYM / MHS MAIN GYM • HEAD COACH: TYLER BORMANN</b>				
YSC29A	Boys Basketball Camp (Grades K-2), Horizon West	M-TH, 6/10-6/13	9:15-10:30 a.m.	\$45
YSC30A	Boys Basketball Camp (Grades 3-4), Horizon West	M-TH, 6/10-6/13	10:30-11:45	\$45
YSC31A	Boys Basketball Camp (Grades 5-6), MHS Main Gym	M/T/TH, 6/17-6/27	10-11:30 a.m.	\$70
YSC32A	Boys Basketball Camp (Grades 7-8), MHS Main Gym	M/T/TH, 6/17-6/27	8:30-10 a.m.	\$70
YSC33A	Boys Basketball Camp (Grades 9-12), MHS Main Gym	M-TH, 6/10-6/13	1-3 p.m.	\$50
<b>GIRLS BASKETBALL CAMPS • HORIZON EAST/WEST GYM • HEAD COACH: JED CARLSON</b>				
YSC34A	Girls Basketball Camp (Grades K-2), Horizon West	M-F, 6/10-6/14	8-9 a.m.	\$45
YSC35A	Girls Basketball Camp (Grades 3-4), Horizon East	M-F, 6/10-6/14	12:15-1:30 p.m.	\$50
YSC36A	Girls Basketball Camp (Grades 5-6), Horizon East	M-F, 6/10-6/14	9:15-10:30 a.m.	\$50
YSC37A	Girls Basketball Camp (Grades 7-9), Horizon East	M-F, 6/10-6/14	10:30-11:45 a.m.	\$50
YSC38A	Girls Basketball Camp (Grades 10-12), Horizon East	M-F, 6/10-6/14	1:30-3:30 p.m.	\$55
<b>SOCCER CAMPS • MHS STADIUM • HEAD COACHES: NICOLE WIESNER &amp; BEN PATRIE</b>				
YSC73A	Soccer Camp (Grades K-5)	M-TH, 6/17-6/20	5-6:30 p.m.	\$40
YSC71A	Soccer Camp (Grades 6-8)	M-TH, 6/24-6/27	4:30-6 p.m.	\$60
YSC72A	Soccer Camp (Grades 9-12)	M-TH, 6/24-6/27	6:15-7:45 p.m.	\$60
<b>STRENGTH AND SPEED CAMPS • MHS WEIGHT ROOM • HEAD COACH: CORY HERRMANN, no class July 1-5</b>				
YSC60A	Boys Strength and Speed (Grades 6-8)	M-TH, 6/10-8/1	10:30 a.m.-12:30 p.m.	\$115
YSC25A	Boys Strength and Speed (Grades 9-10)	M-TH, 6/10-8/1	10 a.m.-noon	\$115
YSC26A	Boys Strength and Speed (Grades 11-12)	M-TH, 6/10-8/1	8:30-10:30 a.m.	\$115
YSC27A	Girls Strength and Speed (Grades 6-12)	M-TH, 6/10-8/1	9:15-11:15 a.m.	\$115
<b>OLYMPIC WEIGHTLIFTING CAMPS • MHS WEIGHT ROOM • HEAD COACH: CORY HERRMANN, no class July 1-5</b>				
YSC50A	Olympic Weightlifting Camp (Grades 6-8)	M & W, 6/10-7/31	7:30-8:30 a.m.	\$75
YSC51A	Olympic Weightlifting Camp (Grades 9-12)	T & TH, 6/11-8/1	7:30-8:30 a.m.	\$75
<b>FOOTBALL CAMPS • MHS FOOTBALL FIELD/ SHANLEY HS, FARGO • HEAD COACH: KEVIN FEENEY</b>				
YSC21A	Football Camp (Grades 1-4)	T-TH, 7/9-7/11	noon-2 p.m.	\$50
YSC22A	Football Camp (Grades 5-7)	T-TH, 7/9-7/11	2-4:30 p.m.	\$70
YSC23A	Football Camp (Grades 8-9)	T-TH, 7/23-7/25	1:30-4 p.m.	\$70
YSC20A	Football Camp (Grades 10-12)	M, 6/17 (Shanley) T, 6/18 (Shanley) T-TH, 7/23-7/25 (MHS)	3-8 p.m. 9-11:45 a.m. 6-8 p.m.	\$80



# MOORHEAD COMMUNITY EDUCATION

## RELEASE OF LIABILITY CAMP/PROGRAM WAIVER

FOR PROGRAMS DURING THE SCHOOL YEAR, REFER TO THE STUDENT'S CURRENT GRADE.

For summer athletic camps, refer to the student's grade next fall.

### Registration Form

All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education camp or program.

**\*\*Also accepting enrollments and liability waivers online \*\***

#### Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature \_\_\_\_\_ Date \_\_\_\_\_

#### Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

### 3 Easy Ways to Register:

#### MAIL-IN or WALK-IN:

Moorhead Community Education  
2410 14th St. S.  
Moorhead, MN 56560

#### ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the Courses for Youth and Family category, and select the course and session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

#### \*Phone registrations will not be accepted\*

A parent/guardian must submit a signed liability form for each participating student.

### EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): \_\_\_\_\_

Student's Grade Next Fall: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian(s)(please print): \_\_\_\_\_

Address/City/State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Camp Number	Camp Title	Beginning Date	Fee

#### T-Shirt Size:

- ☐ YS
- ☐ YM
- ☐ YL
- ☐ YXL
- ☐ S
- ☐ M
- ☐ L
- ☐ XL
- ☐ XXL

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

TEAMWORK • INTEGRITY • RESPECT • PLAYER DEVELOPMENT • COMMUNITY

# RED RIVER VALLEY UNITED



With our growing recreational program,  
we are excited to announce a new second location  
in South Fargo at Centennial School and a  
'Pay As You Can' rec sliding scale fee structure!



## RECREATIONAL | PreK-5th

- fun environment, volunteer coaches
- tuesday practice, thursday games
- no travel or weekends
- WF soccer complex and Centennial School

## ACADEMY | U6-U8

- experienced coaches
- developmental track
- no travel or weekends
- must also enroll in rec program

## TRAVEL ACADEMY | U9 & U10

- experienced coaches
- pre-competitive track
- no tryouts
- travel and weekends required

## COMPETITIVE | U11+

- experienced coaches
- committed, driven players
- tryouts required
- travel and weekends required



RRVUNITED.ORG



**BONNIE HANEY DANCE**  
& PERFORMING CO.

BALLET | POINTE | TAP | JAZZ | HIP HOP | LYRICAL | IRISH | CLOGGING | BALLROOM | LATIN  
3051 25th St S Suite S Fargo (Family Fare Plaza) | 701-232-9900 | www.bonniehaneydance.com

**COME DANCE WITH US!**

**10% OFF**  
**April Dance Sessions**  
Starting April 5th-30th  
\*\*Discount applies to first month.  
New students only. Expires 4.30.19.  
One discount per dancer.

**GOTTA DANCE SHOW 2019**  
Thursday, May 23rd, 2019 - 7:00 PM  
Friday, May 24th, 2019 - 7:00 PM  
Moorhead High School Auditorium  
2300 4th Ave S, Moorhead

**5-10% OFF**  
**3 SUMMER DANCE SESSIONS**  
\*Including our 4-Day workshop  
with a special guest instructor  
from Royal Winnipeg Dance!

**701-232-9900**    **www.bonniehaneydance.com**

Learn Ping Pong in Community Education Summer Camps

## Grades 5-12 Camp (June 10-20)

### Ping Pong Summer Camp

June 10-June 20, 9 a.m.-noon  
Horizon Middle School East Campus  
Room 361  
Course No: YSC58A  
Instructor: Xuejun Zhang  
Fee: \$69



Students will learn the essential foundations of playing Ping Pong (single and double play). This includes holding the paddle in two ways; serving the ball with different strategies; receiving the ball properly; chopping/spinning the ball; striking the ball; how to move your body; how to cooperate with your teammates in double play, and more. Students should bring water bottle and snack.

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.

# Cobber Soccer Camp



**Longest Running  
Soccer Camp in the Region**



**July 8-11, 2019 at Concordia College**

### Morning Camp (ages 4-12)

Ages 4-5, 9-11 AM: \$25 per day or \$85 for all 4 days

Ages 6-12, 9 AM - Noon: \$35 per day or \$125 for all 4 days

### Afternoon Camp (ages 13-18)

Ages 13-18, 1:30-4:30 PM: \$35 per day or \$135 for all 4 days

### Goal Scoring and Goalkeeping Session (ages 13-18)

Ages 13-18, 6-7:30 PM, \$30 per day or \$75 for all 3 days  
(this camp is only Monday, Tuesday, and Wednesday nights)

**COME TO BOTH THE AFTERNOON AND EXTRA SESSION FOR \$185!**

Visit [www.cobbersoccercamp.com](http://www.cobbersoccercamp.com) to register!

# SCHOOL'S OUT, MARTIAL ARTS IS IN!



Just because **school is out**, it doesn't mean that your child should **stop learning**. At our **ATA-certified** school, we will not only keep your children's bodies in shape, but we will keep their **minds SHARP** too! Stop by and see why over 900,000 people are training in **ATA Schools** across the country.



4480 23<sup>rd</sup> Avenue South  
Fargo ND 58104

701.237.6800  
[www.ATAfargo.com](http://www.ATAfargo.com)

Bring in this  
ad for  
One Week of  
Classes  
**FREE!!**



"ATA Martial Arts of Fargo"

# KIDS FEST

**Saturday, April 6**  
**10 a.m. - 2 p.m.**  
**Moorhead Center Mall**

- ★ Inflatable Games
- ★ Face Painting
- ★ Magic Show
- ★ Child IDs
- ★ Dental Screenings
- ★ Balloon Creations
- ★ Stage Performances
- ★ and more all free of charge!

*For more info visit the Clay County Early Childhood Initiative on Facebook*



# Concordia 2019 Summer Swimming Lessons



Concordia offers American Red Cross swimming lessons.

To find lesson times, dates, fees and registration information,  
please visit our website at  
[www.concordiacollege.edu/swim](http://www.concordiacollege.edu/swim) or call (218) 299-4469.

**REGISTRATION OPENS APRIL 15 at 9 AM!**

Summer sessions are M-TH : June 3-13

June 17-27

July 8-18

July 22-August 1

August 5-15



Camp Invention®

**A HIGH-ENERGY, HANDS-ON STEM CAMP**

**INSPIRE INNOVATION LAB  
AUGUST 5 - 9, 2019  
DIRECTED BY CARRIE LEOPOLD**

**SAVE \$15 USING PROMO CODE  
PLAY15REGPRINT (EXPIRES 5/10) AT [INVENT.ORG/CAMP](http://INVENT.ORG/CAMP)**



National Inventors  
Hall of Fame®

*Inspiring future innovators*

*In partnership with the USPTO*

# Hello Spring!

(Formerly known as Garden Party)

**Saturday, April 27 11 am - 4 pm**

Say hello to Spring at this fun family event. Learn about bugs, plants, weather, and animals. Plus, make crafts and get your face painted.

**Free Admission**

Rheault Farm  
2902 25th St S, Fargo



Sponsored by Blue Cross Blue Shield of North Dakota & Noridian Healthcare Solutions.



701.499.6060  
FargoParks.com



## Register for Summer Baseball/T-ball

Leagues are offered for participants ages 5-9.

Boys and girls play together in all levels.

Daytime & evening sessions now available (ages 5 & 6).

**Leagues run June 3-July.**



**Register online by April 15 to reserve your spot!**

\*All programs are first come, first serve and may fill prior to the deadline.



701.499.6060  
FargoParks.com



**Awesome  
Art Afternoon**

**April 13  
1:00-3:00 pm**

RJD REC CENTER | 1104 2ND AVE S, FARGO

**Spend an afternoon creating  
fun art projects to take home.**

**FREE!**



701.499.6060  
FargoParks.com



## Register Today!

**Bring your clubs and learn the basic  
fundamentals of golf this summer!**



\*Lessons are first come, first serve and may fill prior to the deadline.



701.499.6060  
FargoParks.com





# SPUD GYMNASTICS CAMP



Gymnastics can provide many cognitive and psychological benefits that will continue throughout your child's life. They learn social interaction, discipline, improved mental focus and concentration, flexibility and coordination. Gymnasts will improve overall fitness, strength, balance and body control in class. Your child may be at a beginner, intermediate, or advanced level of gymnastics to be eligible. Coaches will strive to provide a fun and challenging environment for your gymnasts as they practice appropriate skills on the vault, bars, beam and floor. Girls must wear a leotard and workout shorts. Email Toni Kleber, [tkleber@moorheadschoools.org](mailto:tkleber@moorheadschoools.org) with gymnastics questions.

## **Beginning Junior Spud Recreational Gymnastics (Ages 5-12)**

**YSC40A, YSC40B and YSC40C**

This is a beginning-level course. No prior gymnastics skills necessary.

## **Advanced Junior Spud Recreational Gymnastics (Ages 5-12)**

**YSC41A, YSC41B and YSC41C**

Your child must be at an advanced level of gymnastics to be eligible (round offs, front/back walkovers, and back handsprings without assistance).

## **High School Off-Season Gymnastics Training (Grades 7-12)**

**YSC42A and YSC42B**

Gymnasts will improve overall fitness, strength, balance and body control at class. Your child must be committed to competing for the Spud Gymnastics team.



Register online at <https://communityed.moorheadschoools.org>  
You can find more registration information on the reverse side of this form.  
For further information contact Moorhead Community Education at 218-284-3400



# MOORHEAD COMMUNITY EDUCATION

# GYMNASTICS CAMP

ALL GRADES LISTED FOR CAMPS REFER TO THE STUDENT'S GRADE NEXT FALL.

EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): \_\_\_\_\_ Birthdate: \_\_\_\_\_

Student's Grade Next Fall: \_\_\_\_\_

Parent/Guardian(s)(please print): \_\_\_\_\_

Address/City/State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## GYMNASTICS CAMP • MHS-FIELDHOUSE • Toni Kleber - (no class July 1-5)

Select one	Camp #	Camp Title	Dates	Time	Fee
<input type="checkbox"/>	YSC40A	Beginning Junior Spud Recreational Gymnastics (Ages 5-12)	Tuesdays, June 11-July 23	1-2:30 p.m.	\$90
<input type="checkbox"/>	YSC40B	Beginning Junior Spud Recreational Gymnastics (Ages 5-12)	Wednesdays, June 12-July 24	1-2:30 p.m.	\$90
<input type="checkbox"/>	YSC40C	Beginning Junior Spud Recreational Gymnastics (Ages 5-12)	Thursdays, June 13-July 25	1-2:30 p.m.	\$90
<input type="checkbox"/>	YSC41A	Advanced Junior Spud Recreational Gymnastics (Ages 5-12)	Tuesdays, June 11-July 23	3-4:30 p.m.	\$90
<input type="checkbox"/>	YSC41B	Advanced Junior Spud Recreational Gymnastics (Ages 5-12)	Wednesdays, June 12-July 24	3-4:30 p.m.	\$90
<input type="checkbox"/>	YSC41C	Advanced Junior Spud Recreational Gymnastics (Ages 5-12)	Thursdays, June 13-July 25	3-4:30 p.m.	\$90
<input type="checkbox"/>	YSC42A	High School Off-Season Gymnastics Training (7-12)	T-Th, June 11-27	5-7 p.m.	\$145
<input type="checkbox"/>	YSC42B	High School Off-Season Gymnastics Training (7-12)	T-Th, July 9-25	5-7 p.m.	\$145

Make Checks payable to ISD 152 or charge to: ☐ VISA ☐ MasterCard ☐ Discover

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

.....  
All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education summer athletic camp program.

**\*\*NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE\*\***

### Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature \_\_\_\_\_ Date \_\_\_\_\_

### Tennessen Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

### 3 Easy Ways to Register:

#### MAIL-IN or WALK-IN:

Moorhead Community Education  
2410 14th St. S.  
Moorhead, MN 56560

#### ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the YOUTH SUMMER ATHLETIC CAMPS category, and select the session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

**\*Phone registrations will not be accepted\***

A parent/guardian must submit a signed liability form for each participating student.

# Create your video game!

**PODS**  
Game Design  
www.pods  
gamedesign.com



Design your game

## SUMMER CAMPS in JULY!



```
Variables: #0006 Mine Coins = 300  
Variables: #0007 Pickaxe = 33  
When Great Pickaxe (500 coins)  
  Control Variables: #0006 Mine Coins = 500  
  Control Variables: #0007 Pickaxe = {5  
    Start ()  
  When No thanks  
  Exit Event
```

Code your Game }



Play your game

Summer Camps:  
July 8 - 12  
More Classes:  
August 12 - 16

REGISTER @  
<https://communityed.moorheadschoools.org>  
(218) 284-3400

Learn more and  
*register* at Moorhead  
Community  
Education's website!

# Keeping the Conversation Going



In a world of text messaging, Twitter and Facebook, the face-to-face/person-to-person conversation format is becoming as extinct as the dinosaurs. It begs the question – is starting a conversation and keeping it going a necessary skill our kids should have or is it just one more of the “old” way of doing things that can go by the wayside?

Parents who talk with their kids not only help increase their child’s vocabulary, they are teaching them important social skills and expanding their awareness of the world around them. Learning the art of conversing with your child while he or she is younger will help build an open communication channel that will come in handy for the “older child” conversations about curfews, sex and substance use. Having a conversation with younger children is much easier than cornering that independent adolescent! Unless you are good at deciphering grunts and eye rolling, starting and keeping a conversation going can be a challenge. Here are a few suggestions to starting a conversation and keeping it going:

- **Follow your child’s lead** in conversations. If she or he initiates a conversation, respond to it. Don’t use it as a time to tell them what chores they need to do or lecture them on something they did wrong.
- **Encourage talk** by talking about the things you both know about.
- **Reply to your child’s comments.**
- **Designate a time** that is for face-to-face conversation only – a no cellphone zone for both child and parent!
- **Use a conversation jar** or something similar. Fill a decorated jar, bowl or even a small notebook. Keep it on the dining room table. Fill it with slips of papers that contain questions. (See below for examples.) Each night while eating dinner or during your “No cellphone zone,” have the child pick a slip out of the jar. Make the activity fun by having all members of the family answer the question. You will be amazed at the things you can learn about your children and them about you with a few simple questions and rich conversations! Here’s a few questions to get you started on your conversation jar ☺

If you had three wishes what would they be?	If you won a million dollars, what would you do with it?	What was your least favorite subject in school?	What is your favorite subject in school?
If you could take a trip on a spaceship, which two friends would you take with?	Who is your best friend and why?	If you were allowed to stop doing one chore around the house, what would it be?	What are some of the things you want to do in life that you probably couldn’t do if you got into drugs and alcohol?
Tell one thing that you are proud of about yourself.	What is one thing you wish someone would invent? Why?	If you could have anything in the world for dinner, what would it be?	What makes you laugh?
If you could be on any television show, which show would it be?	Tell us a favorite memory.	If you could invite any famous person to dinner, who would you pick?	What could you do to make the world a better place?

# RED RIVER DANCE & PERFORMING CO

At Red River Dance, we offer classes for all ages and abilities! Whether you're a beginner or an experienced dancer, with over 100 classes, we are sure you'll find something you'll LOVE!

## Classes include:

Hip Hop - Jazz - Lyrical - Ballet - Tap  
Pointe - Acro - Flexibility & Skills  
Creative Movement - Darby's Dancers

## Contact Us:

701.280.0004 | [info@redriverdance.com](mailto:info@redriverdance.com)  
Or Visit [www.redriverdance.com](http://www.redriverdance.com)



SAVE THE DATE: **JUNE 10-14**  
**VACATION BIBLE SCHOOL**

**TRIUMPH LUTHERAN CHURCH**  
**(2901 20TH ST. S., MOORHEAD)**

Games • Crafts • Songs • Bible Stories • Ages: 5 - 5th Grade

FIND OUT MORE & REGISTER BEGINNING APRIL 14<sup>TH</sup>

[WWW.TRIUMPHLBC.ORG/VBS](http://WWW.TRIUMPHLBC.ORG/VBS)



## Fargo Safety Town

*For kids entering kindergarten  
Fall of 2019*

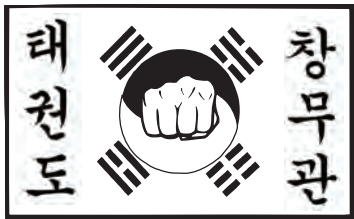
Sessions held at  
Lewis & Clark Elementary  
June 3-14 & June 17-28

*Safety Town is a 20 hour course on safety procedures. Taught by professional teachers and includes visits from Fargo Police & Fire Department.*

Registration information and forms  
can be found at  
[www.fargooptimist.org](http://www.fargooptimist.org)

Sponsored by Fargo Optimist Club





3509 4th Ave S • 277-1TKD

# Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

## Same Great Classes



**Kids  
Teens  
Adults**



## New, Bigger Gym



**Grand Master Jim Grimestad  
with 40 years experience**

8th Degree Grand Master Jim teaches every class

This is a traditional martial arts school

277-1TKD • 3509 4th Ave S • [rrtkd.com](http://rrtkd.com)

go to **RRTKD.COM** for more information

# FREE 2 week trial



## KEEP YOUR KIDS SAFE AROUND WATER

- MSUM is the only accredited swim program in North Dakota and one of only six in Minnesota.
- All of our highly trained instructors are MSUM college students. Many of our instructors are education majors.
- We are the only program in the area to serve the special needs community by offering specialized one-on-one instruction.

### Accreditations:

USA Swimming Foundation  
United States Swim School Association USMS  
Swimming Saves Lives Foundation



**CELEBRATING 21 YEARS**



**9 SWIM LEVELS**



**3:1 INSTRUCTOR RATIO  
(LEVELS 1-2)**



**4:1 INSTRUCTOR RATIO  
(LEVELS 3-8)**

### CONTACT US

Monday – Thursday | 9 a.m. – 6:30 p.m. | 218.477.2313  
[msumdragons.com/swim](http://msumdragons.com/swim) | [msumswim@mnstate.edu](mailto:msumswim@mnstate.edu)  
Alex Nemzek Hall  
17th Street South & 6th Avenue South  
Moorhead, MN 56563

## DATES & TIMES [40-minute classes]

Spring 2: 4/8-5/16 [6 weeks] - No lessons April 22  
Monday, Tuesday, Wednesday & Thursday

> 4 :50 p.m., 5:30 p.m., 6:10 p.m.

Saturday Lessons: 4/6-5/11 – No lessons April 20

10:00 and 10:40 am - Please call or email to register

Summer Evenings

1: 5/28-7/11 [6 weeks] - no lessons May 27 [Memorial Day]

2: 7/15-8/15 [5 weeks]

Summer Mornings

1: 6/3-6/13 [2 weeks]      4: 7/22-8/1 [2 weeks]

2: 6/17-6/27 [2 weeks]      5: 8/5-8/15 [2 weeks]

3: 7/8-7/18 [2 weeks]

### Sign up for classes early as sessions fill quickly

1. Register online with a credit or debit card at [msumdragons.com/swim](http://msumdragons.com/swim)
2. Register with our Dragon Swim School mobile app available on Apple or Google Play.

## SESSION PRICING

### 5 weeks

Group: \$60/student  
Private: \$180/student

### 6 weeks

Group: \$72/student  
Private: \$216/student

## SWIM LEVEL DESCRIPTIONS

Swim level descriptions can be found at [msumdragons.com/swim](http://msumdragons.com/swim) or on the Dragon Swim School mobile app.



MINNESOTA STATE UNIVERSITY  
**MOORHEAD**

Minnesota State University Moorhead is an equal opportunity educator and employer and is a member of the Minnesota State system. This information will be made available in alternate format, or if a disability-related accommodation is required, please contact Accessibility Resources at 218.477.4318 (voice) or 1.800.627.3529 (MRS/TYY).

# May 16

SANFORD  
Children's

# Fargo

YOUTH RUN

15 YEARS

## HALF MILE

## FULL MILE

Register Online at [FargoMarathon.com](http://FargoMarathon.com)



First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Race Distance: 1/2 Mile 1 Mile

Gender: M F Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Telephone: \_\_\_\_\_

Shirt Size: YS YM YL Adult S Adult M Adult L

Email: \_\_\_\_\_

Registration Fee: \$10 (Payable to Fargo Marathon)

*Waiver: In consideration of the acceptance of this entry, I hereby, as the parent or guardian for the above listed person waive any and all rights, claims, and damages I may have against Fargo Marathon, Inc., Go FarEvents, Inc., the sponsors, coordination groups, Cities of Fargo, Moorhead, and any individuals associated with said event. Also, none of the above is responsible for neither the loss of personal items nor aggravation in connection with said event. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of the event or events managed by Go Far Events, Inc. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions. I also understand that all race fees are non-refundable, bib numbers are non-transferable and the changing of races is prohibited.*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Register Today

Use promo Code: MHDSCH19  
for \$10 off registration.



## Two Locations

### Downtown Fargo

524 7th St N, Fargo, ND 58102  
(701) 234-9440

### South Fargo

3650 Veterans Blvd S, Fargo, ND 58104  
(701) 234-9441



**Summer Classes**  
**Summer Camps**  
**TWO Locations**

## Contact Us

info@gaspersschoolofdance.com  
gasperschoolofdance.com

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## OPEN ENROLLMENT

All Levels

Ages 3-Adult

Teen Program

Mens Classes

Professional Staff

