

KiDsource

OCTOBER 2019

Dear Families,

An online version of KiDsource is on the school district's website at www.moorheadschoools.org/KiDsource. KiDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KiDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.

Bowling = Scholarship \$\$\$!

Start earning as early as 3 years of age
just by participating in a Youth League at Sunset Lanes!

Kids have earned

THOUSANDS OF DOLLARS

towards their Education!

Call for more information!



**SUNSET
LANES**

www.bowlingsunset.com
620 Hwy 75 N., Moorhead
218-233-6153



Youth League Times

Saturdays 10 a.m.

Individuals Welcome - Sign-up Today

Try their New Scoring System
with Fun New Games & Animations!
Great for B-Day Parties!

Benefits:

Earning Scholarships,
Building Friendships,
Learning a Life Long Sport
Free Coaching

KiDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KiDsource does not constitute school district endorsement of a program.



Honoring our tradition & Reimagining our future



For our students to grow, our schools need continued support. For our community to grow, we must attract and keep strong families. One of the best ways to do that is through a strong school system.
Strong schools means a strong community.

Learn more. Ask questions. Get answers. Here's how.

Referendum Information Meetings

Attend a session to learn more about the district and upcoming referendum, ask questions and share your thoughts. Sessions will be at **6:30 p.m.** on the following dates. Registration is not required.

- Sept. 10 Robert Asp Elementary
Media Center, 910 11th St. N.
- Sept. 12 Dorothy Dodds Elementary,
Media Center, 4400 24th Ave. S.
- Sept. 17 Horizon Middle School West Campus
Media Center, 3601 12th Ave. S., Door W1
- Oct. 1 Ellen Hopkins Elementary
Media Center, 2020 11th St. S.
- Oct. 7 Moorhead High School
Conference Room, 2300 4th Ave. S.
- Oct. 8 S.G. Reinertsen Elementary
Media Center, 1201 40th Ave. S.

State of the District Session

The district leadership team will share the troubles and triumphs of leading one of the largest school districts in Minnesota, including information about the November bond referendum.

Call Moorhead Community Education at 284-3400 to RSVP for this free session or register online at <https://communityed.moorheadschoools.org>.

Oct. 24 Probstfield Center Board Room,
6 p.m. 2410 14th St. S.

Website & Social Media

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars and much more.

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools) and Twitter ([@MoorheadSchools](https://twitter.com/MoorheadSchools)).



MOORHEAD
AREA PUBLIC SCHOOLS

www.moorheadschoools.org

*Proudly serving the communities of Moorhead,
Georgetown, Sabin, Dilworth and surrounding area*



2019 BOND REFERENDUM FAST FACTS



HIGH SCHOOL FACILITIES

On November 5, 2019, residents of Moorhead Area Public Schools ISD 152 will decide whether to increase school funding to address high school student needs. The School Board approved holding a referendum after an extensive community driven high school facilities planning process involving three community task forces.

WHAT WILL MOORHEAD AREA PUBLIC SCHOOLS GET?

If the bond referendum is approved, the district will:

- ▶ Rebuild Moorhead High School on the existing site. This would include:
 - ▶ Enlarge facility to accommodate 2,200-2,400 students
 - ▶ Incorporate natural light
 - ▶ Improve efficiency
 - ▶ Provide safe, secure, welcoming entrance
 - ▶ Increase accessible classroom space
 - ▶ Create flexible learning spaces to promote collaboration, communication, critical thinking and creativity
 - ▶ Add performing arts space, athletic fields and multi-purpose activity spaces
- ▶ Renovate former Sam's Club building as a Career Academy
 - ▶ 143,000 square-foot building will accommodate large learning lab and classroom space
 - ▶ Provide all secondary students with multiple opportunities to explore career pathways
 - ▶ Career pathways include health and human potential, farm to table, transportation, business/entrepreneurship, information technology, design thinking, and maker trades

WHAT IS THE IMPACT?

- ▶ Annual tax impact for a \$200,000 home is only \$93.

IF VOTERS **APPROVE** THE REFERENDUM

- ▶ The referendum will address capacity, adequacy and building deficiency needs.
- ▶ Funds would support our community's values as outlined by the community-driven task forces and identified in community surveys.
- ▶ This would allow the district to:
 - Address growing enrollment.
 - Improve equity and access to quality learning environments for students.
 - Help protect and extend our community's 2015 investment in elementary and middle schools.

IF VOTERS **DO NOT APPROVE** THE REFERENDUM

- ▶ There will be continued deficiencies caused by an outdated and inadequate high school facility, resulting in:
 - Inability to accommodate growth
 - Increased class size
 - Increased costs due to outdated HVAC and 50+ year old building design
 - Lack of natural light — less than 30% of high school classrooms have windows
 - Lack of ability to support increased technology and 21st century learning environment

WWW.MOORHEADSCHOOLS.ORG/2019BOND



STEM, Fine Arts, Service Learning and more!

**We are now accepting registrations for the 2019-20 school year.
Complete the google form at**

<https://forms.gle/1p52ne2y26cyjTBd7>



New to DI?

**Check out the website at
www.destinationimagination.org**

or

**Attend the information meeting at
7-8 p.m. Monday, October 7
Performing Arts Center, Horizon Campus
(Students welcome)**

Questions?

Contact Kris Thompson at 218-284-3430

**NDSU Department of
Animal Sciences
Proudly Presents**



Sat, Oct 5, 2019

9 a.m. to 1 p.m.

**NDSU Equine Center
5140 19th Ave North, Fargo
FREE indoor family event!
Rain or Shine**

**Meet the animals that call NDSU home, watch
dog agility, wool spinning, sheep movement,
horsemanship demos, take a wagon ride,
and MUCH more! FREE breakfast for the first**

500 guests sponsored by



For more information call 231-7641

ag.ndsu.edu/ansc/news-events/moos-ewes-and-more



**ATTENTION ALL 5TH THROUGH 11TH GRADE GIRLS
MOORHEAD JUNIORS VOLLEYBALL WANTS YOU!**

New Parent and Player Informational Meeting:

- September 23, 2019 - 6:00 pm at Horizon East Middle School
■ (new parents only)
- Registration opens October 1, 2019

**Follow Moorhead Juniors on Facebook and
visit our website for more information:**

www.moorheadjuniors.com

**Moorhead Juniors Volleyball
PO Box 135
Moorhead, MN 56561**

Register now for fall Community Education and ECFE classes!

The Moorhead Community Education fall catalog includes more than 225 learning opportunities for people of all ages and interests.

See the fall catalog for adult enrichment classes, youth and family classes, and Early Childhood Family Education classes. Registration is underway.

To request a free catalog or to register for a class by credit card, call Community Education at 218-284-3400 or register online at <https://communityed.moorheadschoools.org>.



Moorhead Community Education is a program of Moorhead Area Public Schools.

After School Opportunities

Kung Fu Kids (Ages 5-7)

YCL83B - Alexis Potter, 6 Tuesdays, 10/22-11/26, 5:30-6 p.m., Shou Shu Self Defense, 900 1st Ave. N., \$49 (\$44 reduced fee for Moorhead School District residents)

Kung Fu Kids (Ages 8-12)

YCL70B - Alexis Potter, 6 Tuesdays, 10/22-11/26, 6-6:50 p.m., Shou Shu Self Defense, 900 1st Ave. N., \$74 (\$69 reduced fee for Moorhead School District residents)

Kids Pet Massage (Ages 7 and up)

YCL90A - Michele Gedgaud, Thursday, 10/24, 6-7 p.m., Probstfield 312, 2410 14th St. S., \$19 (\$14 reduced fee for Moorhead School District residents)

FamilyWellness

A PARTNERSHIP BETWEEN **SANFORD** HEALTH 

UPCOMING YOUTH ACTIVITIES

Fall into Fun! School's Out Two Day Camp | Thursday, October 17th - 18th from 9:00AM to 4:00PM |

This two-day camp will provide your child with high amounts of fun and excitement during their days off from school. This camp is a combination of our sports sampler and splash camp. Participants will spend their time in the gym playing a variety of games and sports, along with creating waves in the Family Wellness pool. Ages 6-11
\$70 Members / \$90 Non-members (*financial assistance and before and after care available*)

Lil' Stars Basketball | Tuesdays and Thursdays, October 8th - October 24th from 5:45PM to 6:30PM |

Lil' Stars Basketball is a fun and high-energy program that allows children to explore the game. They will be introduced to a variety of basketball skills such as dribbling, passing and shooting. Ages 4-6 | \$30 Members / \$60 Nonmembers

Youth Basketball | Tuesdays and Thursdays, October 8th - October 24th from 6:30PM to 7:30PM |

The Youth Basketball program focuses on the fundamentals of the game while developing teamwork. The kids will take their skills to the next level and get the opportunity to compete in games. Ages 7-9 | \$30 Members / \$60 Nonmembers

Spooktacular Night | Thursday, October 24th from 5:00PM to 7:00PM |

Family Wellness invites your family to get together for an exciting night, jam packed with Halloween FUN! Young, old, and everyone in between is encouraged to participate. Enjoy a healthy festive snack, Halloween themed games, prizes, and much more! Free and open to the community.

Kid's Healthy Cooking

Thanksgiving Turkey Veggie Tray | Sunday, November 17th from 1:30PM to 2:30PM | Your kids will love practicing their knife skills as we slice various veggies and then assemble this adorable veggie tray that looks like a turkey \$12 Members/ \$20 Nonmembers per class. Ages 5+

Youth Chef Series | Does your kiddo want to learn the art of cooking? Check out our Youth Chef Series. There is something for everyone!

- Edible Art and Play (Ages 3-5) | Mondays, November 4th - November 25th from 5:30PM to 6:00PM
- Kinder Chef (Ages 6-7) | Mondays, November 4th - November 25th from 6:15PM to 7:00PM
- Jr Chef (Ages 8-9) | Tuesdays, November 5th - November 26th from 5:30PM to 6:30PM
- Master Chef (Ages 10-12) | Tuesdays, November 5th - November 26th from 6:45PM to 7:45PM



Other Programs and Classes available at www.FamilyWellnessFargo.org

Call 701-234-2400 or register online at www.familywellnessfargo.org

If you have questions contact Matt at matthew.melchior@sanfordhealth.org

2960 Seter Parkway, Fargo ND 58104 | 701.234.2400 | www.familywellnessfargo.org



BONNIE HANEY DANCE & PERFORMING CO.

Ballet | Pointe | Jazz | Tap | Hip Hop | Lyrical | Irish | Contemporary | Ballroom | Latin

3051 25th St. S Suite S (Family Fare Plaza) Fargo



Jazz/Hip Hop

REGISTER NOW!!



Irish



Tap



Creative Ballet

**10% OFF
NEW STUDENTS
AGES 3 yrs - Adults**

*Discount applies to first month only: Oct. 1-31.
Excludes parent/college discount and ballroom.



Ballet/Pointe

**REGISTER NOW
FOR FALL SESSION**



Lyrical

**NUTCRACKER AND HOLIDAY
SHOW CLASSES STARTING NOW**



OPEN AUDITIONS

**NUTCRACKER AND
HOLIDAY SHOW
GUYS AGES 4-ADULT
OCT. 1st-26th**

FIND US ON FACEBOOK

@bonniehaneydanceschool and
@bonnie haney

INSTAGRAM

& @bonniehaneydance

701-232-9900

www.bonniehaneydance.com



TRI-CITY STORM SOCCER CLUB

"THE STORM SHELTER"

Join us this Winter in our new Indoor Facility

PRE-K - 8TH GRADE

RECREATIONAL

Indoor Winter Season
Saturday Games
January & February

AGES 3 - 9

ACADEMY

Indoor Winter Season
Monday Nights
January & February

REGISTER TODAY

FARGO * MOORHEAD * WEST FARGO * SURROUNDING AREAS

For More Information & Registration visit www.tricitystorm.org

HAUNTED MALL



FREE!

OCTOBER 31 • 5:00-7:00 PM

MOORHEAD CENTER MALL

Enjoy haunted spaces, games, trick-or-treating, and spooky fun!

Sponsored by Moorhead Parks & Recreation, InForum, and the Moorhead Center Mall

Youth Basketball for Boys & Girls!

Saturdays, January 4 - February 22

Ellen Hopkins Elementary



Mini Basketball (Grades 1 and 2)

This introductory program for young girls and boys teaches the basic fundamentals of the game, using junior-sized basketballs and six-foot baskets.

10:15 am or 11:30 am • \$40

Youth Coed Basketball (Grades 3 and 4)

Meet new friends and learn the value of teamwork! Youth basketball is an eight week program that focuses on participation and fun and not on high levels of competition. Participants will practice different types of basketball drills and techniques and learn through weekly team games.

9:00 am-10:00 am • \$45 (\$67.50 after Dec 7)

FREE OPEN GYM

Youth (Ages 15 and under): 1:00-4:00 pm

Adult (Ages 16+): 4:15-5:45 pm

Sundays: Oct 6, 13, 20, 27 Nov 3, 10, 17, Dec 8, 15
Community Life Center (4000 28th St S)

Jan 5, 12, 19, 26, Feb 2, 9, 16, 23
Ellen Hopkins Elementary (2020 11th St S)

Regular & junior basketballs/volleyballs are available.
One gym for volleyball and one gym for basketball.
No Adult Open Gym on Feb 2.

TAE KWON DO

Beginner, Advanced, and Adult Classes!

Tuesdays and Thursdays

4:30-5:30 pm and 5:30-6:30 pm

Ellen Hopkins Elementary



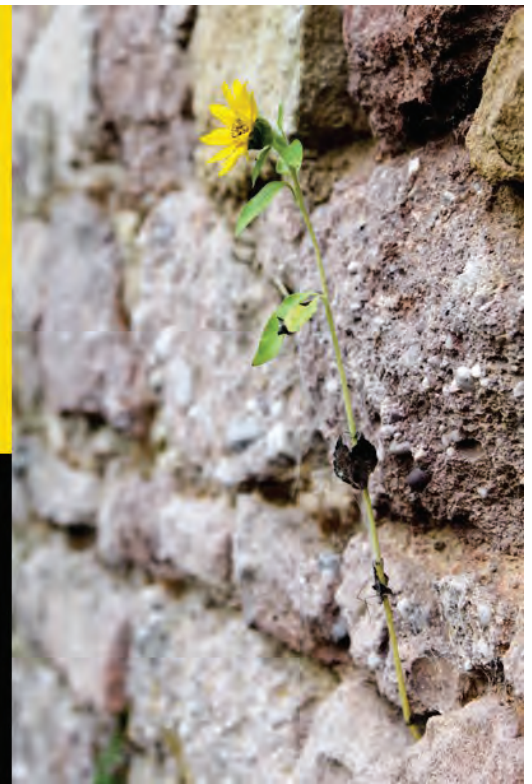
Parks and Recreation

Find more information for our fall and winter programs and events by visiting

www.moorheadparks.com

Community Resilience Conversation

Tuesday, October 8, 2019
11:00 am—3:00pm
Bright Sky Apartment Community
Room 3305 3rd Ave. N. Moorhead



Your ideas & input are needed—Lunch will be served—Free event!

WHO SHOULD ATTEND?

Community members, parents, grandparents, providers of services, policy makers . . . Anyone who cares about building resilient communities, where kids and adults can thrive, are encouraged to attend this important community conversation

The event includes a brief overview of Adverse Childhood Experiences and resiliency. A discussion on ways to develop resilience by listening to the stories of community members, looking at community data and identifying what we can do next! Facilitate by Becky Dale, MN Communities Caring for Children.

To register: Eventbrite link <https://www.eventbrite.com/e/community-resilience-conversation-tickets-70019268517>

Questions: Contact Carolyn at 218-443-3916 or
coordinator@claycountycollaborative.org



SOMETIMES IT HELPS TO TALK WITH OTHER PARENTS

...join us

Do you have a child who is struggling with behaviors? Are you looking for support and ideas from other parents going through the same thing? Looking for information on what services are out there? For parents who have a child with challenging behaviors we can often feel overwhelmed and not know what to do or who to turn to for help. Check out the information below for options on both support with parenting and a free workshop on how to navigate the children's mental health system.

The Clay County Collaborative in partnership with MN Communities Caring for Children are pleased to offer Circle of Parents to families in our community. Circle of Parents a facilitated support group for parents and children. Parents attending meet in a supportive environment to share their concerns and frustration, and to identify and commit to their own personal goals. Circle groups are guided by volunteer facilitators that are trained by MN Communities Caring for Children.

Circle of Parents is a place where anyone in a parenting role can openly discuss the successes and challenges of raising children. It's a place where parents can find and share support. This group is provided free of charge. The group runs every 2nd and 4th Tuesday afternoon from 1:00 pm – 3:00 pm at the Bright Sky Apartments Community Room.

*Feelings are always respected,
troubles are always treated gently,
tears never need apologies, &
caring is at the heart of everything we share*

Understanding the Children's Mental Health System workshop will be held on October 14th from 6:00 pm – 8:30 pm. The National Alliance of Mental Illness, Minnesota branch will be in town providing a free training on Understanding the Children's Mental Health System. Learn about Minnesota's children's mental health system. Gain information about the different types of services and supports available to families who have a child with a mental illness, and how to access them. This class is designed for parents, school staff and other providers who support children and families. The event is free and open to the public. A light supper and door prizes will be provided. Registration is requested. To register go to: <https://ucmhs-moorhead10-14.eventbrite.com>

For more information on these two events, please contact Carolyn at 218-443-3916

For information on children's mental health check out these two websites:

www.claycountycollaborative.org

<https://claycountymn.gov/191/Childrens-Mental-Health>

AFTER SCHOOL ART CLASSES

POTTERY, PAINTING, PRINTMAKING AND MORE.

Mondays beginning at 4 & 4:30 pm.
Classes are designed for students ages 6 – 18.

POTTERY ON THE WHEEL

Monday, October 7 • 4 – 6 PM

Monday, October 21 • 4 – 6 PM

Monday, November 18 • 4 – 6 PM

HAND-BUILDING WITH CLAY

Monday, October 14 • 4:30 – 6 PM

Monday, November 4 • 4:30 – 6 PM

PAINT YOUR PET IN ACRYLIC

Monday, November 25 • 4:30 – 6 PM

SCREENPRINTING

Monday, October 28 • 4:30 – 6 PM

REGISTER TODAY!

plainsart.org/create & 701.551.6100

PLAINS MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY

704 1ST AVE., N, DOWNTOWN FARGO

Come dance with us!

IT'S NOT TOO LATE TO REGISTER!



Paige Engels - JFK Program Director
moorhead_mn@justforkix.com | 320-760-3268
www.justforkix.com/danceclasses/moorhead-mn



COCO ONLY \$25!


Themed Dance
Camp

October 25th
5:30-7:30pm
3 years-3rd Grade

UPCOMING SPECIAL SESSIONS

| | |
|------------------------------|-----------------|
| Teeny Kix | 2-3 years old |
| Teeny Kix 2 | 3-5 years old |
| Lil Crew Hip Hop | 4 yrs-1st Grade |
| Mother/Daughter | 2nd-12th Grade |
| Ballet/Lyrical | 4th-12th Grade |
| Wishing Stars-Adaptive Class | K-5th Grade |

BENEFITS OF MARTIAL ARTS

FOR KIDS



☎ 701.238.7875

f ATA MARTIAL ARTS OF FARGO

📷 ATAMARTIALARTSFARGO

LISTENING

PRACTICING
LISTENING SKILLS
IN CLASS IMPROVES
SELF-CONTROL
AND DISCIPLINE

MEMORY

STAYING
MENTALLY-ENGAGED
IMPROVES FOCUS
AND SHARPENS MEMORY

COORDINATION

FOSTERING
EARLY DEVELOPMENT
THROUGH DRILLS, FORMS,
AND SPARRING TECHNIQUES

COMMUNICATION


LEARNING TO WORK
WITH A PARTNER
AND WITH THE CLASS
IMPROVES
SOCIALIZATION SKILLS

AGILITY

BETTER
BODY AWARENESS
AND COORDINATION
ENHANCES AGILITY
AND SPEED EARLY ON

GOAL-SETTING

SHORT-TERM
AND LONG-TERM
GOAL-SETTING
IS ENCOURAGED
THROUGHOUT



SOUTH: 4480 23RD AVE S FARGO
NORTH: 1100 19TH AVE N FARGO



Awesome Art Afternoon

October 12
1:00-3:00 pm

RDJ Rec Center | 1104 2nd Ave S Fargo

**Spend an afternoon creating
fun art projects to take home.**

FREE!



701.499.6060
FargoParks.com



Inspire + Create

Rheault Farm
October 19 | 11 am - 2 pm

**Celebrate everything
that STEM has to offer.
Make scientific observations
and play games while
having fun with science!**



701.499.6060
FargoParks.com



COMMUNITY HALLOWEEN CARNIVAL

OCTOBER 31
3:30-5:30PM

COURTS PLUS | 3491 S UNIVERSITY DR

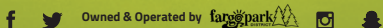
**Free carnival for kids of all ages featuring inflatables,
carnival games, face painting, candy and more!**

Open to the public.

Come in costume & join the fun!



CourtsPlus.org • 701.237.4805 • 3491 University Dr. S



Breakfast with *Santa*

December 7, 14, & 21
Rheault Farm | 2902 25th St S

\$8 for ages 2 & up

Tickets on sale November 8 at 8:00 am

**Get tickets & details online at FargoParks.com, tickets
sold online only & must be purchased in advance.**



701.499.6060
FargoParks.com



AN EXHIBITION BY SUPER市MONSTERCITY

AMERICA'S MONSTERS, SUPERHEROES, & VILLAINS



OUR CULTURE AT PLAY

OCTOBER 1 – JANUARY 31

**HISTORICAL & CULTURAL SOCIETY OF CLAY COUNTY
@ THE HJEMKOMST CENTER**

202 1st Avenue North | Moorhead, MN 56560

(218) 299-5511 | www.hcscconline.org

 **www.facebook.com/hcsc**

 **www.instagram.com/hcsc_hjemkomst**



 **Please contact us about accessibility & accommodations.**



YMCA OF CASS AND CLAY COUNTIES



ymcacassclay.org | #ymcacassclay | 701.293.9622

YMCA FALL YOUTH PROGRAMS

Fall Sessions: September 3 – October 19 (You can still jump into this session!) | **October 21 – December 7**

Learn more about YMCA Fall Youth Programs and register online: ymcacassclay.org/youth

Make new friends, have fun, and learn new things!



Sports of All Sorts
Ages 3-7



Rock Climbing
Ages 7-14



Dance
Ages 3-7



Basketball League
Grades 1-3



Gymnastics
Ages 2+



Wacky Science
Ages 5-11

SCHOOL OUT DAYS

Grades K-5 | 6:30am-6pm

Need something for your kids to do when there's no school? Join us for School Out Days at our School Age Learning Centers! Each day is packed with activities to keep minds sharp and bodies moving! \$45/day. Must register one week in advance. To register, call 701.364.4117.

Upcoming Dates:

Oct. 17-18 | Nov. 8, 27, 29
Dec. 23, 24, 26, 27, 31



MAKE A SPLASH!

Swimming Lessons | Infant – Adult

Learn water safety, lifelong skills, and gain confidence in the water!
ymcacassclay.org/swimschool

FM Gator Swim Team | Ages 5+

Learn sportsmanship, teamwork and skills in the pool! All levels welcome! Not ready for swim team? Check out our beginner options like Stroke Clinics and Pre-Swim Team!
ymcacassclay.org/gators

STILL NEED BEFORE OR AFTER SCHOOL CARE?

We have openings in many School Age Learning Centers!

Grades K-5 | 25+ Area Sites

We help kids learn, grow, and discover with STEM activities, homework help, reading, art projects, outdoor play, and more! Financial assistance available.

ymcacassclay.org/schoolage

Upcoming Events

Parent's Night Out

October 12 | 4 – 7:30pm
Schlossman YMCA
Ages 6 weeks – 14 years



Parents – need a break? Your kids will have a blast playing in the Xerzone, Climbing Wall, PlayTown and more, so you can have a night without the kids! Healthy dinner included!

Register: ymcacassclay.org/pno

- Members: \$15/first child, \$5/each additional
- Non-Members: \$25/child, \$5/each additional

NEW LOWER PRICE!

Spooky School Bus Ride

October 26 | 4:30-7:30pm
Fercho YMCA | All ages



Join us for a Frozen-themed Halloween adventure in Downtown Fargo! Put on your Halloween costume and have fun with Anna, Elsa, Olaf, and more! Plus, join us in the gym for fun and games like face painting, bouncy houses, and more!

Register: ymcacassclay.org/halloween
• Members: \$8 | Non-Members: \$10

Thanksgiving Day Burn the Bird 5/10k

November 28 | 8:30am
Fercho YMCA | All ages

Get some fresh air and a good 'burn' going before you sit down for your Thanksgiving dinner! Details and prices online: solemotionrace.com

Event includes food drive for Great Plains Food Bank!





MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



CHECK US OUT!
NO CONTRACT REQUIRED!

Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com



Children's Dental Services

Smiles Across Minnesota

Children's Dental Services and Smiles Across Minnesota provide preventive dental services, such as teeth cleaning, sealants, oral hygiene and dental fluoride, to uninsured or under-insured children, birth to 18 years, in the district. CDS makes the dental appointment for your child to be seen at his or her school.

Forms are available at the school office and should be returned to the health office in your child's school. Contact Children's Dental Services at 612-746-1530 with questions.



Unlocking Potential Through Movement

**Gymnastics * Special Needs * Ninja * Cheer
Birthday Parties * School's Day Out Camps**

Fall I Session • Sept. 3 - November 2
Register at www.tntkidsfitness.org



When school is out for the day,
come to TNT to play!

Upcoming Dates:

- Sept. 30
- Oct. 17 - 18
- Nov. 11
- Nov. 27
- Dec. 26 - 27
- Dec. 30 - 31

- **Cost:** \$44 per child, per camp
(\$10 deposit due per child, per camp at registration)
- **Ages:** Kindergarten - 5th Grade
- **Register at www.tntkidsfitness.org**

CELEBRATE
Your birthday at TNT!

Want to have an unforgettable birthday?
Celebrate your birthday at TNT
Friday Nights and Saturday & Sunday afternoons

For more information or to book a party,
visit tntkidsfitness.org





ATTENTION K-12 WRESTLERS IN THE FM AREA.....BECOME PART OF THE TECH TEAM TRADITION!!!!

WWW.TECHTEAMWRESTLING.COM

Registration Open Oct 7th

Regular Season Begins: November 4th

Parent Meeting Oct 29th at 6:00pm at Tech Team Training Center

524 7th Ave NE, West Fargo ND

WHAT TECH TEAM HAS TO OFFER:

- Foundation wrestling taught to beginning wrestlers
- Advanced skills taught to prepare wrestlers to compete at the National Circuit
 - In-season focus training for middle and high school wrestlers
 - Preparation for high school and college wrestling
 - Highly trained, experienced, and certified coaching staff
 - State of the Art training facility
 - A Tradition that is like no other!



Group 1: 1st & 2nd Year Wrestlers

Tuesday and Thursday 5:30– 6:30

Group 2: Advance Wrestlers

Monday 6-7:30, Tuesday, and Thursday
6:45-8:15

Monthly Fee \$50

\$30/month for siblings

For more information or if you have any questions,

Contact Jonathan Magnell

701-730-6610

Or on our Face Book Page

TECH TEAM WRESTLING



2019 BOND REFERENDUM LEARN MORE



HIGH SCHOOL FACILITIES

On November 5, 2019, residents of Moorhead Area Public Schools ISD 152 will decide whether to increase school funding to address high school student needs. The School Board approved holding a referendum after an extensive community driven high school facilities planning process involving three community task forces.

Here are upcoming ways that you can learn more.

INFORMATION MEETINGS

Attend a session to learn more about the district's upcoming referendum. Sessions will be at 6:30 p.m. on the following dates.

- ▶ Tuesday, October 1
Ellen Hopkins Elementary Media Center,
2020 11th St. S.
- ▶ Monday, October 7
Moorhead High School Conference Room,
2300 4th Ave. S.
- ▶ Tuesday, October 8
S.G. Reinertsen Elementary Media Center,
1201 40th Ave. S.

COMMUNITY FORUM

A community forum hosted by League of Women Voters will be held at the Moorhead Public Library.

- ▶ 7 p.m. Thursday, October 10

MOORHEAD HIGH TOURS

Tours of Moorhead High School, 2300 4th Ave. S., will be given on the following dates.

- ▶ 6 p.m. Friday, October 4
- ▶ 7 p.m. Thursday, October 17
- ▶ 7 p.m. Tuesday, October 29

STATE OF THE DISTRICT

The district leadership team will share the troubles and triumphs of leading one of the largest school districts in Minnesota, including information about the November bond referendum.

- ▶ 6 p.m. Thursday, October 24
Probstfield Center Board Room,
2410 14th St. S.

FIND INFORMATION ONLINE AT

WWW.MOORHEADSCHOOLS.ORG/2019BOND

Do you have a preschooler or know someone who does?

**All Minnesota children are required
to attend a free screening.
Please schedule screening soon after
your child's third birthday.**

Early Childhood Screening is a quick
and simple check of how your child is
growing and developing.

Call 218-284-3800
for appointments.

Friday, October 4
Friday, November 1
Friday, December 6
Friday, January 10

To make an appointment for
your child's screening or
if you have questions
please call the Early Learning Center at
218-284-3800 or visit us at
Probstfield Center for Education,
2410 14th St. S., Moorhead

Ready...Set...Grow!



Do You Have a Library Card?



**Sign up for a free card at the
Moorhead Public Library!**

All Clay County residents are eligible for a card.
Please be prepared to show a valid ID or official
document that lists your current address.

Unlock Free Access To:
Books for all ages, graphic novels, magazines,
DVDs, audiobooks and CDs.

**Downloadable eBooks and eAudiobooks
for kids and adults.**

Online homework and research tools.

Spooky Storytime with FM Ballet

Children of all ages are invited to join us for a special
Spooky Storytime with the FM Ballet. There will be fun
stories and songs, plus a dance lesson at the end.

October 15 at 6:30 p.m.

Not Another Teen Book Club

Join us to discuss "Illuminae" by Amie Kaufman and
Jay Kristoff and eat delicious snacks. This group meets
monthly to discuss great books.

New members are welcome!

October 12 at 3 p.m.

Moorhead Public Library

118 5th St. S. | 233-7594 | www.larl.org



presents

MOORHEADMAGIC YOUTH WRESTLING

Who: PreK-6th Grade



What: **Youth Wrestling**
www.moorheadwrestling.com

When: **Nov. 12th-March**

| | |
|------------|------------------------|
| PreK & K | Mondays 6:15-6:45 |
| Grades 1-3 | Tues & Thurs 6:15-7:00 |
| Grades 4-6 | Tues & Thurs 7:00-8:15 |

Where: **MHS Wrestling Room**

Cost: **PreK-K → Free**
Grades 1-6 → \$40/wrestler; \$80 max/family
(All wrestlers are required to purchase a USA wrestling card-\$45)
Scholarships are available on our website for those with financial need

Registration

Go to moorheadwrestling.squadfusion.com and click on registration



BECOME A CODE NINJA THIS SCHOOL YEAR!

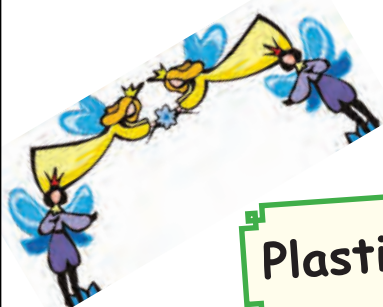
**Build Video Games, Learn to Code,
Have a Blast!**

- ★ Fun coding center for kids ages 7-14
- ★ Gain ninja coding skills from white to black belt
- ★ Drop-in learning, birthdays, camps, and more



GET STARTED NOW
(701) 404-7620
fargond@codeninjas.com

4480 23rd Ave S, Fargo, ND 58104 | codeninjas.com CodeNinjasFargo



Plastic Bottle Art: Fairy House Night Light

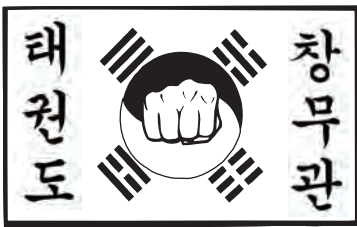
We will be turning recycled plastic water bottles into adorable little fairy house night lights. Fairies love nature, which means they really like recycling. It only makes sense, then, that the perfect fairy house is a recycled container creatively decorated with items from nature. Fee includes supplies.



Course Number: YAS56A
Date: Monday, October 28
Time: 3:30-5 p.m.
Instructors: Sheila Waclawik
Location: Probstfield Center/ Room 303
Course fee: \$15



Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400 for more information.



3509 4th Ave S • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Same Great Classes New, Bigger Gym



**Grand Master Jim Grimestad
with 40 years experience**

8th Degree Grand Master Jim teaches every class

This is a traditional martial arts school

277-1TKD • 3509 4th Ave S • rrtkd.com

go to **RRTKD.COM** for more information

FREE 2 week trial



**Red River Judo's kids classes:
Tue & Th 6:45 to 7:30 pm**

Train in the Japanese Grappling art of Judo.
Learn Respect, Discipline, Self Defense,
Focus, Improved Fitness and Confidence.

on Facebook, RedRiverJudo@gmail.com or call 701-730-6176

GIVE YOUR KID A SCOUTLOOK

ON LIFE

Boys and Girls grades K-5 are invited to Join Cub Scouts!

Scouting is a Family-Friendly program focused on fun in the outdoors!

Moorhead is home to many active Cub Scout Packs! This fall our Cub Scout Packs are gearing up to have a great year, and now is the time to start! It doesn't matter if you join in Kindergarten or 5th grade – there are lots of fun activities to participate in!

For more Information contact: Missy Halda or Megan Wiesneski at 701-293-5011.

**** Flip this flyer to find a sign up night near you! ****

ACTIVITIES- Adventure field trips, Pinewood Derby, camping, family outings, community service and fun.

COSTS- Fees vary by pack based on their program. Financial assistance is available to ensure every family can participate.

BENEFITS- *Making new friends and life-long memories, learning new skills, building self-reliance, responsibility, confidence, teamwork.* The skills learned in Scouting will last a lifetime and change how they see the world with a new **SCOUTLOOK**.



BEASCOUT.ORG

#SCOUTLOOK



The Boy Scouts of America provides one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for youth that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. Don't forget that there's no Scouting without Outing! Outdoor Leadership is a fundamental pillar of scouting's methods.

The Purposes of Cub Scouting

Character Development, Good Citizenship, Spiritual Growth, Sportsmanship & Fitness, Family Understanding, Respectful Relationships, Personal Achievement, Friendly Service, Fun & Adventure, and Preparation for Leadership.

WHERE TO SIGN UP FOR CUB SCOUTS (by school):

| School (Pack) | Meeting Information | Contact | Phone | Email |
|--|--|---------------|-------------------|--------------------------|
| Ellen Hopkins (Pack 626) <i>Accepting Boys and Girls</i> | Meetings on Thursdays @ 7:00pm @ Grace United Methodist Church, Moorhead | Leonard Beck | C: (701) 799-5199 | beckleo@mnstate.edu |
| Robert Asp (Pack 633) <i>Accepting Boys and Girls</i> | Meetings on Mondays @ 6:30pm @ St. Francis | Erica LaVoi | C: (218) 410-1540 | phyl_16@hotmail.com |
| St. Joseph's (Pack 640) <i>Accepting Boys and Girls</i> | Meetings on Mondays @ 6pm @ St. Joseph's | Casey Davis | C: (701) 478-0424 | caseydavis_1@hotmail.com |
| SG Reinertson (Pack 644) <i>Accepting Boys and Girls</i> | Meetings on Tuesdays @ 6:30pm @ Christ the King Lutheran Church | Sean Helgeson | C: (701) 318-5666 | sahelgeson@yahoo.com |
| Dorothy Dodds (Pack 643) <i>Accepting Boys and Girls</i> | Meetings on Mondays @ 6:30pm @ Dorothy Dodds | Chris Ford | C: (701) 371-7739 | chriswford80@gmail.com |
| Dilworth (Pack 652) <i>Accepting Boys Only</i> | Meetings on 2 nd Thursdays 6:30pm @ Dilworth Lutheran Church | Mike Stulz | C: (701) 361-8852 | mdstulz@gmail.com |

Check out Scouting in the F/M Area on our Facebook page!

Go to facebook.com/NorthernSkyDistrict or scan this QR Code



Northern Lights Council
Boy Scouts of America
 4200 19th Ave. South
 Fargo, ND 58103
 (701) 293-5011

Questions? Contact Missy at missy.halda@scouting.org OR
 Megan at megan.wiesneski@scouting.org

DRAGON

SWIM SCHOOL



KEEP YOUR KIDS SAFE AROUND WATER

- MSUM is the only accredited swim program in North Dakota and one of only six in Minnesota.
- All of our highly trained instructors are MSUM college students. Many of our instructors are education majors.
- We are the only program in the area to serve the special needs community by offering specialized one-on-one instruction.

Accreditations:

USA Swimming Foundation
United States Swim School Association USMS
Swimming Saves Lives Foundation



CELEBRATING 22 YEARS



9 SWIM LEVELS



**3:1 INSTRUCTOR RATIO
(LEVELS 1-2)**



**4:1 INSTRUCTOR RATIO
(LEVELS 3-8)**

DATES & TIMES (40-minute classes)

Evening Lessons

Monday, Tuesday, Wednesday or Thursday

> 4:50 p.m., 5:30 p.m., 6:10 p.m.

Fall 1: 9/2/19-10/17/19 [7 weeks]

No lessons Monday, September 2 (Labor Day)

Fall 2: 10/21/19-12/12/19 [7 weeks]

No lessons November 25-28 (Thanksgiving)

Sign up for classes early as sessions fill quickly

1. Register online with a credit or debit card at msumdragons.com/swim
2. Register with our Dragon Swim School mobile app available on Apple or Google Play.

SESSION PRICING

7 weeks

Group: \$84/student

Private: \$252/student

SWIM LEVEL DESCRIPTIONS

Swim level descriptions can be found at msumdragons.com/swim or on the Dragon Swim School mobile app.

CONTACT US

Monday - Thursday | 9 a.m. - 6:30 p.m. | 218.477.2313
msumdragons.com/swim | msumswim@mnstate.edu
Alex Nemzek Hall
17th Street South & 6th Avenue South
Moorhead, MN 56563



MINNESOTA STATE UNIVERSITY
MOORHEAD.

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