



KIDSOURCE

JUNE 2020

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org/KIDsource. KIDsource is distributed to all grades K-6 students in Moorhead elementary schools and at Horizon West. Copies of KIDsource are available in the Horizon East main office each month for grades 7-8 middle school students to pick up if interested.



FUN AND REWARDING TECH CAMPS!

A wide variety of camp options for kids ages 5-14.*

* Age range may vary. Contact us for details

- * Learn to code and build games you'll want to show off in Game Builders' Club!
- * Enhance your creative skills in Minecraft Create and Roblox Create camps.
- * Week long camps and day camps available!
- * Register today at codeninjas.com



Scan for Virtual Tour!



Scan for Camp Schedule!



FUN AND FLEXIBLE CODING EDUCATION

An exciting learning adventure for tech-loving kids ages 7-14.*

* Age range may vary. Contact us for details

- * Learn to code and have a blast while building awesome video games.
- * Advance to black belt and gain ninja skills in coding, robotics, and problem solving.
- * Drop-in 2 hours a week at your convenience!
- * Create, play, and learn at your own pace.



CODE NINJAS®

(701) 404-7620 | fargond@codeninjas.com | codeninjas.com

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 218-284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



MOORHEAD
AREA PUBLIC SCHOOLS

Honoring our tradition & Reimagining our future



For our students to grow, our schools need continued support. For our community to grow, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*

Learn more. Ask questions. Get answers. Here's how.

Website

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars, curriculum guides, examples of excellence, Hall of Honor, district history, and much more.

Moorhead Community Education Learning Opportunities Catalog

Read district updates included in the Community Education catalogs published three times annually: fall, winter and spring. Catalogs are mailed to school district residents and are available in the community.

Social Media

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools), Twitter (@[MoorheadSchools](https://twitter.com/MoorheadSchools)) and Instagram ([moorheadschoools](https://instagram.com/moorheadschoools)).

**Learn new skills in Moorhead
Community Education classes!**
Register now for summer classes online at <https://communityed.moorheadschoools.org>
or call 218-284-3400.
Watch for your fall catalog in late August!



MOORHEAD
AREA PUBLIC SCHOOLS

Proudly serving the communities of Moorhead, Georgetown, Sabin, Dilworth and surrounding area

Learn more about the district at www.moorheadschoools.org.

FARGO * MOORHEAD * WEST FARGO * SURROUNDING AREAS



SOCCER FOR EVERYONE (18 months to Adult)

Year Round Programs, Leagues, Training, Camps and Clinics



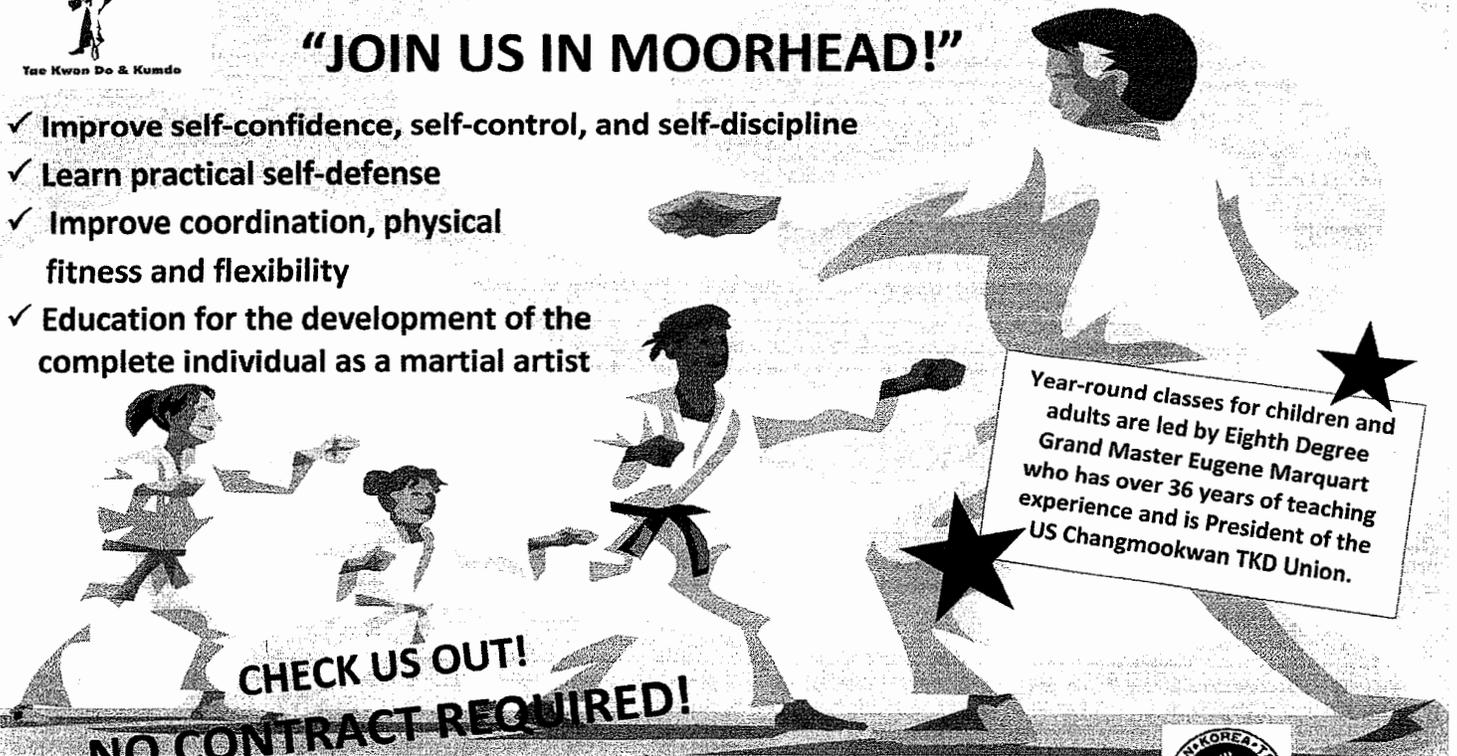
www.tricitystorm.org



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist



Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

**CHECK US OUT!
NO CONTRACT REQUIRED!**

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com



SUMMER BAND FOR BEGINNERS

INCOMING 5TH GRADERS

Session: August 24-28, 2020



Students enrolled in summer band will learn and practice the three foundations of becoming a successful instrumentalist. 1) Producing a characteristic sound, 2) Reading and playing music, 3) Proper assembly and care of their band instrument. The summer band curriculum covers in one week what usually takes one month for a beginning band student. Accelerate your student's musical experience and join us this summer.

The fee for this program is \$40. Scholarships are available. Please enroll in only one session for your instrument. Lessons will be held at the Horizon Middle School Band Room.

Session: August 24-28, 2020

- | | |
|--|---|
| <input type="checkbox"/> YSC99A-8:30-9 - Percussion | <input type="checkbox"/> YSC103A-10:30-11 - Clarinet, Trumpet |
| <input type="checkbox"/> YSC100A-9-9:30 - Percussion, Trumpet, Saxophone | <input type="checkbox"/> YSC104A-11-11:30 - Clarinet, Trombone |
| <input type="checkbox"/> YSC101A-9:30-10 - Saxophone, Tenors, Trumpet | <input type="checkbox"/> YSC105A-11:30-noon - Trombone, Tuba, Baritone, Flute |
| <input type="checkbox"/> YSC102A-10-10:30 - Clarinet, Trumpet, Horn | <input type="checkbox"/> YSC106A - noon-12:30 p.m.- Trombone, Flute, Oboe |

Student's name: _____ Birthdate: _____

Parent/Guardian(s): _____

Address/City/State: _____

Work Phone: _____ Home Phone: _____

**Email _____ Current School: _____

3 Ways to Register

Online: Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

Mail In: Mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560

Bring In Person: Bring in person this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

Make checks payable to ISD 152 or charge to:

VISA MasterCard Discover Card No. _____ Exp. date: _____

Phone registrations will not be accepted. Please see Liability Waiver and Tennessee Warning below.

All registrants MUST have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.

**** NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian name printed _____

Parent/legal guardian signature _____

Date _____

Tennessee Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.

Summer Band Camp is a Community Education program of the Moorhead School District. Register online at <https://communityed.moorheadschoools.org>. For more information, you can call us at 218-284-3400.



(701) 212-8775 | WWW.FMATHLETICS.COM | FMAFOOTBALL@GMAIL.COM

REGISTRATION FOR THE 2020 SEASON IS NOW OPEN!

**STUDENTS ENTERING 4 - 8TH GRADE* (FALL OF 2020)
ARE ELIGIBLE TO PLAY.**

2020 Dates to Note:

May 15	Priority pricing ends at 11:59pm TONIGHT . Fees increase by \$50 May 16th.
July 1	Registration fees increase by an additional \$50. Register BEFORE this date to avoid team wait lists!
July 27	Non-contact practice begins this week.
July 31, August 1, 2	Equipment Pick-Up and Mandatory Weigh-In. <i>Metro Rec Center, 3110 Main Avenue, Fargo</i>
August 3	Contact (padded) practice starts this week.
August 5	Alternate weigh-in and equipment pick-up date. <i>No practice this date!</i>
August 15	Jamboree Day for 4, 5 and 6th grade teams. <i>Southside Regional Park, 2000 40th Avenue S., Moorhead</i>
August 17	Regular season games for all grade levels begin this week.
<i>NO games will be scheduled Labor Day Weekend</i>	

*7/8th grade programs available in FM Metro Area only

**ONLINE REGISTRATION
AND SEASON DETAILS
AVAILABLE HERE:
F~~M~~ATHLETICS.COM**

EXPLORE!

Summer Library Experience



Explore what's under the surface with a virtual Summer Library Experience with the Moorhead Public Library.

Sign up for an account, track your reading and earn tickets for prize drawings at www.larl.org/explore!

LARL.ORG/EXPLORE
JUNE 15-AUGUST 15

Discover the many digital options available to cardholders of all ages at larl.org.



LITTLE LIGHTS PRESCHOOL
at TRIUMPH LUTHERAN BRETHREN CHURCH • 2901 20TH STREET SOUTH, MOORHEAD MN 56560
218-233-4048 • WWW.LITTLELIGHTSPRESCHOOL.ORG

GROUNDING IN FAITH, WITH AN EMPHASIS ON SOCIAL DEVELOPMENT & KINDERGARTEN READINESS

PRE-KINDERGARTEN: 5 DAY
4 & 5 YEAR-OLDS: 3 DAY
3 YEAR-OLDS: 2 DAY

BUILDING AN EXCELLENT FOUNDATION!



2020
Screening Dates
Call 218-284-3800 for appointments

Tuesday, August 11
Wednesday, August 12
Thursday, August 13

All Minnesota children ages 3 to 5 years old are required to attend a free screening before they enter kindergarten.

Early Childhood Screening is a quick and simple check of how your child is growing and developing.

To make an appointment for your child's screening or if you have questions please call the Early Learning Center at **218-284-3800** or visit us at **Probstfield Center for Education, 2410 14th St. S., Moorhead.**

Virtual Art Camp 2020

Ages: 5-15



Come draw with Young Rembrandts and get 90-100 minutes of developing vocabulary, fine motor skills and art techniques every day. Each time your child takes a class, he/she will be walking away with a complete piece of artwork. A unique link will be sent to the email address that was used at registration to create 2 to 3 drawings each day for 5 days (part one: drawing, part two: coloring) 90-100 minutes per day. You will be able to access the video anytime by logging in with that email address. Students will be able to watch the videos at their convenience, pausing when needed. Each video can be viewed up to five times.

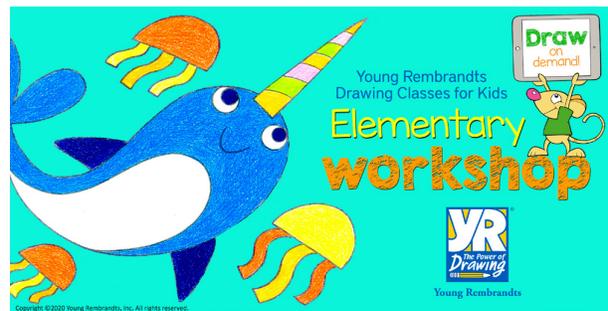
Anime Manga-On Demand June 8th-Sept 4th



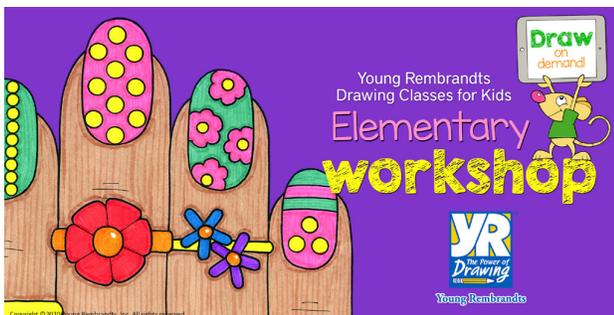
Calling all Otaku kids! Join the Anime Manga workshop and learn to draw your favorite Japanese style art. This five-day workshop will tap into everyone's imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child's talent is about to take off.

This workshop gives students the chance to draw all the different things we see and imagine under the sea! Friendly and fun characters like narwhals, puffer fish, jellyfish, mermaids and more will fill our pages! We look forward to using bold colors and learning how to create strong, defined shapes.

Junior Under the Sea-On Demand June 26th-Sept 4th



Faces. Fashion and Flowers-On Demand July 20th-Sept 4th



For fashionistas, florists and budding makeup artists! Every day, students will be challenged and delighted by drawing images that exude femininity and loveliness. Students will draw and color facial features, stretch their imaginations illustrating whimsical flowers, and challenge their creativity when tying them all together in fanciful settings. Prepare for elegance and a heap of drawing excellence!

Chinese Language and Culture

China is a big country with a long history and a deep culture. China today is totally different from China 20 years ago, and China grows faster and stronger now than ever before. China changes almost every day. If you want to know or learn more about this wonderful country, and if you want to know or learn some fundamental and basic Chinese language and Chinese traditions and cultures, you may think about joining the Summer Chinese class taught online by Xuejun Zhang, Chinese teacher at Horizon Middle School East. This is a beginner level course.

Course Number: AWL15A

Monday-Friday - 6/15-8/14

(no class 7/1-7/7)

Time: 9-11 a.m

Location: Virtual

Course fee: \$119



Register online at <https://communityed.moorheadschoools.org> or use the form on the back. Questions? Contact Community Education at 218-284-3400.



Summer Orchestra Camp

Monday, July 27 - Thursday, July 30, 2020

Horizon Middle School-East, 3601 12th Ave. S., Moorhead

Camp

Camp	Time	Fee
<input type="checkbox"/> YSC75A - Completing Grade 5	8:30-10:30 a.m.	\$50
<input type="checkbox"/> YSC76A - Completing Grade 6	11 a.m.-1 p.m.	\$50
<input type="checkbox"/> YSC77A - Completing Grade 7	1:30-3:30 p.m.	\$50

Instrument

Violin Viola Cello Bass

(please print)

Student's name: _____ Birthdate: _____

Parent/Guardian(s): _____

Address/City/State: _____

Work Phone: _____ Home Phone: _____

**Email _____

**(An informational email will be sent two weeks prior to the camp)

Current School: _____

****Now accepting enrollments and liability waivers online.****

3 Ways to Register

Online: Go to <https://communityed.moorheadschoools.org>. Pay with Visa, MasterCard or Discover.

Bring In Person or Mail In: Bring in or mail this registration form and payment to Moorhead Community Education, 2410 14th St. S., Moorhead, MN 56560.

Make checks payable to ISD 152 or charge to:

VISA MasterCard Discover

Card No. _____ Exp. date: _____

Phone registrations will not be accepted. Please see reverse side for Liability Waiver and Tennes- sen Warning



All registrants MUST have a guardian read and sign the waiver below before participating in any Moorhead Community Education summer camp program.

****NOW ACCEPTING ENROLLMENTS AND LIABILITY WAIVERS ONLINE.****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____

Date _____

Tennessee Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the advisor in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp advisors. Limited information (including name and home phone number) may be included on a team roster.



MOORHEAD
AREA PUBLIC SCHOOLS

See previous page for camp information

Register online at <https://communityed.moorheadschoools.org>

Jump Start Preschool

Although Jump Start sections may be full, you can call and be added to our waiting list. We will contact families as space becomes available during the year.



2020-21 Jump Start

Jump Start is available to 3, 4 and 5-year-old children living in the Moorhead Public School District. Jump Start Preschool offers age-appropriate activities, curriculum and assessment. The preschool also will include circle time, snack, art and learning centers. This is a collaborative venture with Early Intervention Services. Children working on special areas of development will participate with typically developing peers.

Jump Start Preschool (Must be 4 years old by September 1, 2020)

This class is for children who will be attending kindergarten in the fall of 2021.

Monday-Thursday, 8:30-11 a.m., Probstfield, \$185/month

Monday-Thursday, noon-2:30 p.m., Probstfield, \$185/month

Jump Start for Threes (Must be 3 years old by September 1, 2020)

This class is uniquely designed with the needs of 3-year-olds in mind.

Mondays & Wednesdays, 8:30-11 a.m., Probstfield, \$93/month

Mondays & Wednesdays, noon-2:30 p.m., Probstfield, \$93/month

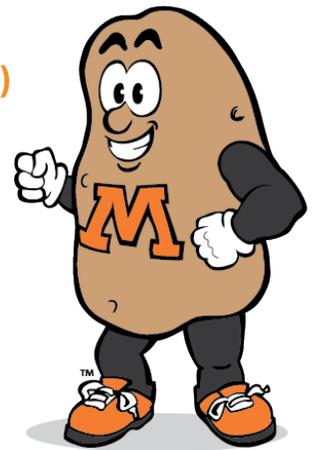
Tuesdays & Thursdays, 8:30-11 a.m., Probstfield, \$93/month

Tuesdays & Thursdays, noon-2:30 p.m., Probstfield, \$93/month

Register at Probstfield Center for Education, 2410 14th St. S.,
or online at <https://communityed.moorheadschoools.org>.

To register, visit <https://moorheadcommunityed.ce.eleyo.com/>

For more information call **Community Education** at 218-284-3400.





Summer Camps Safety Guidelines

Moorhead Community Education wants you to stay healthy and connected this summer! Your health and safety are important to us, so we have added health and safety modifications to our classes and activities based on the MDE, MDH and CDC guidelines.

Communication

- Social distancing guidelines, hygiene protocols and class procedures are available in the course description online when registering.
- An email will be sent several days before class starts reminding students of class date, time and location, along with social distancing guidelines, hygiene protocols and class procedure.
- You will be notified of what supplies/equipment to bring to class (if applicable). Students should use their own supplies/equipment brought or assigned to them and avoid sharing with others.
- Face masks are encouraged but not required; students must provide their own face mask.
- Stay home if you do not feel well.

Arrival to Class

- We ask that parents screen children and adults do self-screening before attending class. Please do not attend class if participant has the following:
 - new onset or worsening cough OR
 - shortness of breath OR
 - at least two of the following symptoms: fever (100.4° F or higher); chills; muscle pain; headache; sore throat; new loss of taste or smell.
- Stay home if you do not feel well.
- Use designated arrival door or field entrance; this information if provided during registration. Class arrive times may be staggered; you will be notified of any changes in times.
- Students may be screened onsite upon arrival.
- Wash or sanitize hands immediately upon entry to the building.
- Sit in an assigned seat or wait in a designated outdoor location for the start of class.
- Maintain social distancing.
- Bring your own labeled water bottle, there will not be access to a drinking fountain.

During Class

- Face masks are encouraged, but not required; please provide your own face mask if desired.
- Sit in an assigned seat or area throughout class and maintain social distancing.
- You will be notified of what supplies to bring to class (if applicable); students should use their own supplies/equipment brought or assigned to them and avoid sharing with others.
- Wash or sanitize hands as needed.
- Cover your cough with a tissue or use your elbow. Wash or sanitize hands after.
- Spectators will not be allowed.

Departure from Class

- Clean your area as directed by the instructor or coaches.
- Take all personal supplies and equipment with you.
- Exit building using designated departure door or field entrance.
- Wait in a designated area for pick up, maintaining social distancing from others also waiting.
- Community Education and custodial staff will clean and sanitize all facilities, materials, equipment, chairs and tables following each class.

Guidelines are subject to change and we will contact you by email with any updated protocols and procedures. Please verify that your contact information is current in your registration accounts.



MOORHEAD COMMUNITY EDUCATION

2020

SUMMER ATHLETIC CAMPS

Soccer Camp

July 16-19



Girls Basketball Camp

July 27-31



Boys Basketball Camp

July 20-24

Football Camp

July 14-16 (Grades 1-7)

July 28-30 (Grades 8-12)



Gymnastics

July 14-August 6



Volleyball Camp

July 8-17

July 13-17 (Grades K-3)



Strength and Speed

June 15-August 6

Baseball Camp

June 15-June 18

Register online at <https://communityed.moorheadschoools.org> or call 218-284-3400.



MOORHEAD COMMUNITY EDUCATION

RELEASE OF LIABILITY CAMP/PROGRAM WAIVER

FOR PROGRAMS DURING THE SCHOOL YEAR, REFER TO THE STUDENT'S CURRENT GRADE.

For summer athletic camps, refer to the student's grade next fall.

Registration Form

All registrants **MUST** have a guardian read and sign the waiver below or online before participating in any Moorhead Community Education camp or program.

****Also accepting enrollments and liability waivers online ****

Release of Liability

In consideration of your accepting me or my child or ward's entry, I hereby for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against Moorhead Community Education or ISD 152, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the activities listed herein. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached.

I further understand that Moorhead Community Education staff or their representatives may photograph participants enrolled in programs, classes, or events and use these photos for promotional purposes.

Parent/legal guardian signature _____ Date _____

Tennessee Warning, Minn.Stat.13.04, Subd. 2

The information requested on this form is for registration purposes. Its intended use is to assist the coach in knowing who is enrolled in his or her camp. You are not legally obligated to supply the data. However, failure to do so could result in this office's inability to contact you in the case of any camp change/update or any student emergency. Persons authorized to access information include Community Education staff and summer camp coaches. Limited information (including name and home phone number) may be included on a team roster.

3 Easy Ways to Register:

MAIL-IN or WALK-IN:

Moorhead Community Education
2410 14th St. S.
Moorhead, MN 56560

ONLINE:

<https://communityed.moorheadschoools.org>. Click on Register for Classes, choose the Courses for Youth and Family category, and select the course and session. Parents must create an account first before making one for their child. Pay with Visa, MasterCard or Discover.

Phone registrations will not be accepted

A parent/guardian must submit a signed liability form for each participating student.

EACH STUDENT MUST HAVE THEIR OWN REGISTRATION FORM

Student's Name (please print): _____

Student's Grade Next Fall: _____ Birthdate: _____

Parent/Guardian(s)(please print): _____

Address/City/State: _____

Phone: _____ Email: _____

Camp Number	Camp Title	Beginning Date	Fee

T-Shirt Size:

- YS
- YM
- YL
- YXL
- S
- M
- L
- XL
- XXL

Make Checks payable to ISD 152 or charge to: VISA MasterCard Discover

Card Number: _____ Exp. Date: _____

THE YMCA IS HERE FOR OUR COMMUNITY!



Stay Healthy at Home!

We have tons of **FREE** online content to help your family stay active, engaged, and healthy during this time. ymcassclay.org/stayhealthy

- At-home video workouts
- Activities for kids/families
- Downloadable resources

- Virtual Group Fitness classes
- Parent/Child workouts and more!



COVID-19 Meal Program

ALL kids ages 18 and younger can get **FREE** suppers and snacks at many area locations! Learn more and view locations/distribution details online: ymcassclay.org/covidmeals

- Monday – Friday
- Many area sites

- To-go style suppers & snacks
- No eligibility requirements!



Provided in partnership with the State of North Dakota and U.S. Department of Agriculture (USDA).



Summer Child Care

Need summer child care? We have openings for ages 3 years - 5th grade at many area sites! Learn more: ymcassclay.org/childcare

- 3 years - 5th Grade
- Many area sites
- 6:30am - 6:00pm

- STEM, art, & literacy activities
- Outdoor play, field trips, and more!
- Healthy meals & snacks included



Moorhead Counts 2020 Census Challenge

Are you Moorhead Proud? If so, make sure you are counted in the 2020 Census and enter to win awesome Moorhead-related prizes! Complete the Census online at my2020census.gov today! Moorhead's census count directly impacts our community representation and funding from state and federal programs for schools, healthcare, roads and bridges, and other vital assistance programs. You can help - fill out your 2020 Census!

Challenge Details

Once you have completed your Census, you are eligible to register to win prizes in the Moorhead Counts Challenge. Fill out the entry form below or online at cityofmoorhead.com/census with your home address and confirm you have responded to the Census. Entry forms must be submitted or received by midnight on Thursday to be considered for that week's drawing. Drawings will be held the first four Fridays in May. Winners will be announced by noon on the [City of Moorhead's Facebook page](#) and contacted via phone or email. Entry forms not selected in the weekly drawing will remain eligible throughout the duration of the contest.

Weekly Challenge Prizes

- (1) - \$25 Moorhead food establishment gift card
- (1) - Moorhead Golf Course package valued at \$100 (18 holes of golf for two people with a golf cart)
- (5) - 'Moorhead Proud' insulated mugs

BONUS CHALLENGE: Moorhead Proud Ward Challenge Winners

On Friday, May 29, 2020, entries already submitted by this date and located in the Ward with the highest participation rate will be eligible for the following additional prizes:

- (6) - \$50 Moorhead food establishment gift card
- (1) - \$100 Moorhead food establishment gift card
- (1) - Moorhead Golf Course package valued at \$100 (18 holes of golf for two people with a golf card)
- (5) - 'Moorhead Proud' insulated mugs

Disclaimer: Only one prize per address. Privacy Notice: Information submitted on the Entry Form is being collected by the City of Moorhead and is being used for the sole purpose of conducting the drawing. Failure to complete the Entry Form may disqualify you from the weekly drawing. Information submitted on the Entry Form may be subject to release under the Minnesota Data Practices Act.



ENTRY FORM

Mail to: City of Moorhead
Attn: Census Challenge—4th floor
PO Box 779
Moorhead, MN 56561-0779

Name: _____

Address: _____

Ward: (circle one) 1 2 3 4

Email: _____

Phone Number: _____

- I certify I have completed my 2020 Census response form.
- I certify I have a City of Moorhead home address



3509 4th Ave S • 277-1TKD

Red River Traditional Taekwondo

The Area's Only Traditional Taekwondo School

**F-M's Highest Ranking Instructor
just returned from training and
testing in
Korea**



**Come see why we are the areas
largest martial arts school**

**Grand Master Jim Grimestad
with 40 years experience**

277-1TKD • 3509 4th Ave S • rrtkd.com

go to RRTKD.COM for more information

FREE 2 week trial



**Red River Judo's kids classes:
Tue & Th 6:45 to 7:30 pm**

Train in the Japanese Grappling art of Judo.
Learn Respect, Discipline, Self Defense,
Focus, Improved Fitness and Confidence.

on Facebook, RedRiverJudo@gmail.com or call 701-730-6176